

guidance, which says to avoid the term "people with

in the week!) 22Z Hope I'll feel refreshed by the morning! #autism #exhaustion #socialising #sleeping #ASD #friends

What a week. More socialising than I'm used to:

Spent most of Saturday sleeping (despite getting ov

*Went into office

*Had dinner with friends

Here you can see people using **hashtags** on Twitter, some related to autism. These hashtags can be used to connect each tweet to a larger community interested in these hashtags.