

```
<!DOCTYPE html>
<html lang="en">
<head>
<meta charset="UTF-8">
<meta name="viewport" content="width=device-width, initial-scale=1.0">
<title>Your Healing Journey</title>
<style>
body {
font-family: Arial, sans-serif;
background-color: #f4f4f9;
color: #333;
margin: 0;
padding: 0;
}
header {
background-color: #4CAF50;
color: white;
padding: 20px 0;
text-align: center;
}
header h1 {
margin: 0;
}
nav {
display: flex;
justify-content: center;
background-color: #333;
}
nav a {
color: white;
padding: 14px 20px;
text-decoration: none;
text-align: center;
}
nav a:hover {
background-color: #ddd;
color: black;
}
}
```

```
.container {
padding: 20px;
}
.about-me {
margin-bottom: 40px;
}
.about-me h2 {
color: #4CAF50;
}
.blog-posts h3 {
color: #333;
}
.blog-posts p {
color: #555;
}
footer {
background-color: #333;
color: white;
text-align: center;
padding: 10px 0;
position: fixed;
width: 100%;
bottom: 0;
}
</style>
</head>
<body>
```

```
<header>
<h1>Your Healing Journey</h1>
<p>Discover the power of resilience and growth through personal experiences and
poetry.</p>
</header>
```

```
<nav>
<a href="#about-me">About Me</a>
<a href="#blog-posts">Blog</a>
<a href="#contact">Contact</a>
```

</nav>

<div class="container">

<section id="about-me" class="about-me">

<h2>About Me</h2>

<p>Welcome to my blog. I am on a journey of healing, resilience, and personal growth. My experiences, including challenges and breakthroughs, shape the stories I share. Through poetry, I express my inner thoughts and emotions, helping myself and others to heal.</p>

</section>

<section id="blog-posts" class="blog-posts">

<h3>Latest Blog Posts</h3>

<article>

<h4>Healing Through Poetry</h4>

<p>Poetry has always been a way for me to express my deepest feelings and struggles. In my latest poem, I reflect on the road to recovery and the lessons learned along the way...</p>

Read More

</article>

<article>

<h4>Resilience in the Face of Adversity</h4>

<p>Life has a way of throwing obstacles in our path, but it's in these moments that we discover our true strength. I share how resilience has helped me overcome challenges...</p>

Read More

</article>

</section>

<section id="contact">

<h2>Contact Me</h2>

<p>Feel free to reach out if you'd like to share your own story or simply connect. I'm here to listen and support.</p>

</section>

</div>

<footer>

<p>© 2025 Your Healing Journey | All Rights Reserved</p>

</footer>

</body>

</html>

