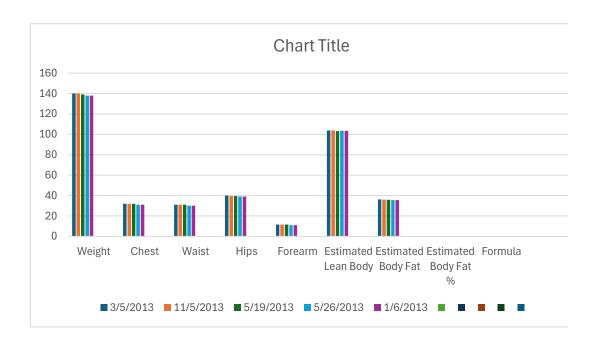
FITNESS PROGRESS CHART					
Date	Weight	Chest	Waist	Hips	Forearm
3/5/2013	140	32	31	40	11.5
11/5/2013	140	32	31	39.5	11.5
5/19/2013	139	32	31	39.5	11.5
5/26/2013	138	31	30	39	11
1/6/2013	138	31	30	39	11



Estimated Lean Body	Estimated Body Fat	Estimated Body Fat %	Formula	
103.8	36.2	0.259		ADD
103.9	36.1	0.258		SUM
103.2	35.8	0.258		MUL
103.4	35.6	0.256		DIV
103.4	35.6	0.256		EXP