July 2007

©Jeroen Decates www.jdpsy.org

The following slides are a summary of the full presentation which is updated weekly

Schools and Internet

- Within schools we provide a very safe environment because we have a range of filtering mechanisms on the internet so inappropriate sites cannot be accessed, but of course students access the internet outside of schools.
- The access of students to the internet outside of that safe environment requires some care and attention by parents and the community generally.

NSW Education Department director for Illawarra and southeast region Graeham Kennedy (on ABC radio following the Crookwell incident)

Social networking sites:

60% of 12 to 17 year olds and 80% of 18 to 21 year olds

(US data Forrester Research report, June 2007)

 Girls (83%) are more likely than boys (74%) to post pictures of themselves

(Pew Internet & American Life Project, 2007)

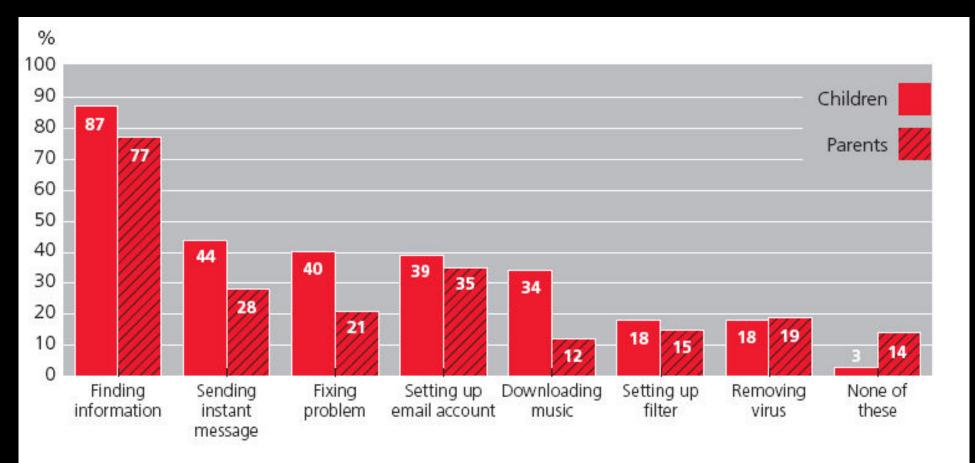
 One in 25 online youth (aged 10 to 17) were asked to send sexual pictures of themselves

> (Crimes against Children Research Center, Journal of Adolescent Health, 2007)

- July 2007 Global Youth Study on Differences in Technology Use undertaken by MTV and Nickelodeon, in association with Microsoft Digital Advertising Solutions
- 59% of 8-14 year olds prefer TV to their PCs
- favourite pastimes among 14-24 year olds was
 - listening to music (70%)
 - watching TV (65%)
 - hanging out with friends (65%)
- technology has enabled young people to have more and closer friendships thanks to constant connectivity

- Young people watch TV for stress relief: 60% said they watched most of their TV lying down
- The Internet, on the other hand, is cognitive and active, especially if kids are using it for homework or social situations
- Despite advances in communication technology, almost all young people use technology to enhance, rather than replace, face-to-face interaction
- Social networking has also become a frequent online activity for over half of youth, with 35 percent claiming they now use these sites because all their friends are on them

Young people & their parents



Base: 9-19 year olds who use the internet at least once a week (N=1,257); Parents who have ever used the internet (N=629)

UKChildrenGoOnline

Final report of key project findings

Young people have found
electronically more advanced ways
of communicating and
we parents and teachers
are struggling if not failing
to keep up with the technology

So what do children and adolescents do when they access the internet?

Technologies: Mobile Phone

Mobile Phone

- Parent driven: accessibility: "are you safe?"
- Peer driven: SMS technology: 4.1 billion per year in Australia
- Digital Camera: 5 Megapixels (photo & video)
- GPRS and 3G: give internet capabilities to the phone: IM & video chat

What next

Internet Tablets, smart phones means Social Networking goes mobile

Access & availability

- Young person feels/is underprivileged
 - "everybody has a"
- Schools rely on availability:
 - searches for homework, study
 - homework posted and or emailed by teachers
 - study forums run online by teachers

Entertainment

- Game Playing
 - Age of Empires, Lego Star Wars
- Music
 - Windows Media Player, iTunes (iPod)
- Video, Photo
 - YouTube, Flickr
- Online Game Playing
 - WoW, Runescape
- Online Virtual Worlds
 - Second Life

MMORPG

- Massively Multiplayer Online Role-Playing Game
 (MMORPG) is online role-playing video games in
 which a large number of players interact in a virtual
 world
- players assume the role of a fictional character and take control over many of that character's actions
- MMORPGs combined global memberships exceeding 15 million as of 2006
- revenues for MMORPGs exceeded
 - half a billion dollars Worldwide in 2005
 - one billion USD Western revenues in 2006

File sharing - P2P - Peer to Peer

- Software used
 - Napster, LimeWire, eMule, Torrents, Usenet
- Downloading of
 - Music
 - Movies
 - TV shows: Lost, Heroes, Scrubs, House

Communication with peers

- IM technology: (Instant Message)
 - MSN, ICQ, AOL, Yahoo, Google Talk, Orkut
- IRC technology: Chat rooms (Internet Relay Chat)
 - Interest groups
 - Community and commercially run
 - Age limitations monitored 24/7
 - Text based or
 - Visual interface (Habbo Hotel)

Social Networking

- Personal Websites: MySpace, Facebook
- Video Sharing: YouTube
- Photo sharing: Flickr
- Travel log sharing: Get Jealous
- Virtual worlds & lives: Second Life

en Decates

MySpace

- MySpace is the US most trafficked website
- More than 70 million active monthly unique users
- one in every four Americans used MySpace last month
- 80% of 12-17 year olds uses MySpace at least weekly
- 80% of all visits to all online social networking websites
- world's fifth most popular English-language website
- world's fifth most popular website in any language
- 100 millionth account was created on August 9, 2006
- the site reportedly attracts new registrations at a rate of 230,000 per day

Social Networking & religion

- Christian social sites like
 - www.holypal.com
 - www.hisholyspace.com
 - www.xianz.com
 Faith-Based MySpace
 - <u>www.mypraize.com</u> Christian MySpace Alternative
- Muslim users can log onto
 - www.muslimspace.com
 - www.naseeb.com
 - www.muslimsocial.com
- Jewish sites include
 - www.shmooze.com
 - www.koolanoo.com.

pen Decates 16

Second Life

- Second Life (SL) is an Internet-based virtual world
- Residents interact with each other through avatars
- Residents socialise and participate in education
- Residents create and trade virtual property and services
- Linden is working ways for users to use hand-held devices that allow Second Life access away from the PC
- Tablets or mobile phones are likely to be the first such bridge Linden Labs is also currently working on.
- Teen Second Life is Second Life for teenagers aged 13-17

Second Life expansion

October 18, 2006 1 million accounts

December 14, 2006 2 million accounts

December 29, 2006 20,000 concurrent Residents

January 28, 2007
 3 million accounts

February 1, 2007 30,000 concurrent Residents

February 24, 2007 4 million accounts

March 26, 2007
 5 million accounts

May 1, 2007 6 million accounts

by March 200825 million account

• Second Life: 100,000 active users

World of Warcraft: 8 million active users

Issues

■ Financial Interests: Advertising dollars on social-networking: \$350 million in 2006, \$900 million in 2007

- Risks of IT usage:
 - Personal privacy concerns: internet users and their parents and educators are needing to adjust
 - Addiction WOW
 - Inappropriate content: online Pornography
 - Bullying a more intense experience

Cyber bullying & relational aggression

- Aggression in schools is not only physically and verbally harmful behaviours
- Another form of aggression targets victims' relationships and peer standing
- Relational aggression is associated with social anxiety, loneliness and depression, peer difficulties and substance use

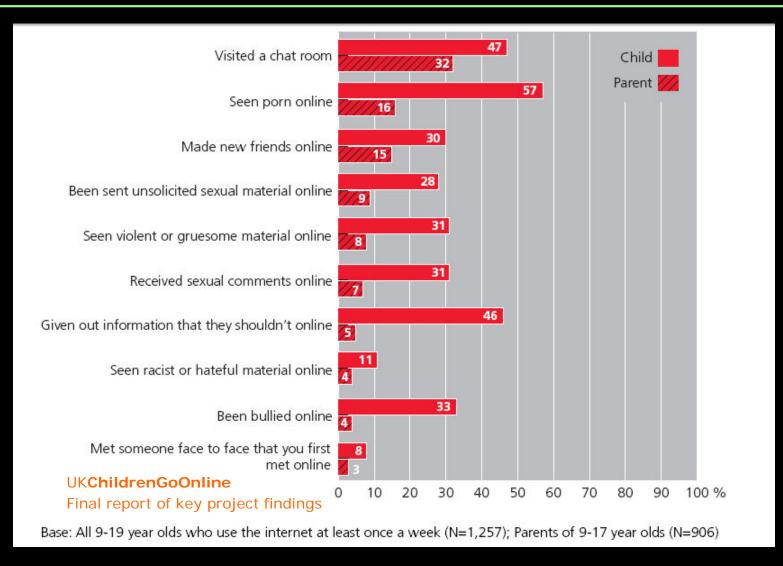
Goldstein SE, Young A, Boyd C (2007). "Relational aggression at school"

pen Decates 20

Inappropriate sexual exposure

- Access to inappropriate sexual information: Pornography
 - Searched for
 - Accidental discovery (deliberate misnaming)
 - Pushed (spam email)
 - Asked for (photos)
- Social networking allows communication between friends however they can also be contacted by strangers
- Kids tend not to report the incidents to their parents because of fear of having internet access or the computer taken away from them

Inappropriate sexual exposure



Inappropriate sexual exposure

- More than half have seen pornography online: 57%
- Most porn is viewed unintentionally:
 - 38% have seen a pornographic advertisement
 - 36% have accidentally come across a porn site
 - 25% have received pornographic junk mail
 - 45% of 18-19 year old internet users think they were too young to have seen it when they first did
- 46% say that they have given out personal information to someone that they met online.
- 30% have made an online acquaintance and 8% have met face to face with someone whom they met online

Control options

Access restrictions

- time restrictions
- content restrictions
- financial restrictions

Check virtual footsteps

- Check chatlogs
- Log movements
- Key stroke software

Parental Control

Hardware

- Content filtering ISPs
- Switch it off!
- Remove the cable

Software

- Filtering programmes
 - NetNanny, CyberPatrol, CyberSitter
- Access control Programmes
 - ComputerTime
- Checking programmes
 - SpyBuddy, ChatBlocker

Ethical issues

Is it OK...

- to read a young person's diary?
- to read a young person's chat logs?
- to check a young person's net movements?

■ What if...

- serious Mental Health concerns exist?
- serious Bullying concerns exist?
- serious Stalking/Preying concerns exist?

Parental Control

- Keep the computer in an open area,
- Use the Internet with your kids
- Be open to learning about the technology
- Explain why it's important to keep safe information
- Caution about sharing any information like school etc
- Make sure your kids' screen names are untraceable

27 con Decates

Parental Control

- Your kids should post only information that you — and they — are comfortable with
- Remind your kids that once they post information online, they can't take it back
- Warn your kids about the dangers of flirting with strangers online
- Tell your children to trust their gut if they have suspicions and do tell
- Check sites' privacy policies

Internet safety websites

- NetAlert (Australian Government) http://www.netalert.net.au/
- UK children internet http://www.children-go-online.net/
- A nonprofit public service providing "kid-tech news" for parents and educators
- http://www.netfamilynews.org/
- the world's largest Internet safety and help group http://www.wiredsafety.org/ http://www.wiredkids.com/

Internet links

- Set time limits on your kid's computer use http://www.softwaretime.com/
- Computer Monitoring Spy Software Solutions http://www.exploreanywhere.com/
- Mapping online gaming: Genres, characteristics and revenue http://www.game-research.com/art_mapping_online.asp
- Explore the World of Massively Multiplayer Online Gaming http://www.microsoft.com/windowsxp/using/games/learnmore/m mog.mspx
- Internet Filter Software—Shield Your Family from Pornography http://internet-filter-review.toptenreviews.com/
- What to Do If You or Your Child Experiences Problems on MySpace http://www.wiredsafety.org/internet101/myspaceguide.html

en Decates 30

Internet links Cyber Bullying

- Cyber Bullying http://www.stopcyberbullying.org/index2.html
- Cyber Bullying
 http://www.theage.com.au/news/national/schools-ban-youtube-sites-in-cyberbully-fight/2007/03/01/1172338796092.html
- Cyber Bullying
 http://www.theage.com.au/news/national/cyber-cop-starts-internet-beat-as-bullies-run-rampant/2007/04/01/1175366078758.html
- Cyber Bullying http://en.wikipedia.org/wiki/Cyber-bullying
- Cyber Bullying http://www.netalert.net.au/01569-What-is-Cyber-Bullying.asp
- Cyber Bullying http://www.bullyingnoway.com.au/talkout/spotlight/cyberBullying.shtml

Jeroen Decates

Further enquiries
www.jdpsy.org
info@jdpsy.org
0402 028588
Workshops
for teachers and school staff
parents and children/adolescents