

## **Asperger Adult Group Sydney North**

An Asperger educational/support group for adults is held on the upper North Shore in Sydney. This group commenced in June 2009. The aim of the group is mutual support and skills learning and has on average 6 people attending ages ranging from early twenties to fifties. The group is guided by Jeroen Decates, who has many years experience with Aspergers across the spectrum, genders and age range.

Some comments from current group members:

"The group provides an opportunity to compare experiences as the AS experience is rather unique for everyone. It provides a forum to discuss common issues and to gain more understanding."

"We learn how others have similar life experiences to us, and how they deal with those experiences"

The group is held in the Wahroonga clinic on a monthly basis and it runs Saturdays from 2 PM to 3.30 PM. The cost for a group session is \$50.= per session per person with some eligible for a Medicare rebate after Medicare referral. An initial interview is required before attending.

For bookings email Jeroen Decates on <a href="mailto:info@jdpsy.org">info@jdpsy.org</a>

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