

## **CHECK LIST -NECESSARY ITEMS**

- ☐ Medications; for the nurse with directions
- ☐ Pillow and 2 pillow cases
- ☐ Sleeping bag, with one sheet and a blanket
- ☐ Mesh laundry bag
- ☐ 2 Bath towels\*
- ☐ Flashlight with extra batteries\*
- ☐ Stamped postcards\*
- ☐ Toiletries\*
- ☐ Insect repellant\*
- ☐ Suntan lotion and chapstick\*
- ☐ Pencil and/or pen
- ☐ Water bottle\*
- ☐ Belt
- ☐ Flip flops
- ☐ 2 Pairs of sneakers
- ☐ 2 Pairs of pajamas
- ☐ 2 Bathing suits
- ☐ 7 Pair of cotton socks
- ☐ 1 Pair heavy wool socks
- ☐ 7 Pair underwear
- ☐ 4 Pairs of shorts\*
- ☐ 7 Cotton t-shirts\*
- ☐ 2 Pairs of long pants (one not denim)
- ☐ Sweatshirt and sweatpants\*
- ☐ Wool or polar fleece outerwear
- ☐ Waterproof raingear or poncho\*
- ☐ Lined jacket
- ☐ Hat\*
- ☐ Day pack

(2011)

## **TRIP GEAR NEEDED FOR MIDDLELS AND SENIORS**

- ☐ Wool or polar fleece sweater
- ☐ Waterproof raingear including pants
- ☐ String
- ☐ Cap with visor
- ☐ Hiking boots (broken in)
- ☐ 2 pair heavy socks (one wool)
- ☐ Lightweight long sleeved shirt\*
- ☐ Non-denim long pants
- ☐ Plastic bowl, cup and spoon
- ☐ Sleeping bag with stuff sack
- ☐ Backpack (optional)
- ☐ Plastic, screw top water bottle\*

## **OPTIONAL ITEMS FOR ALL CAMPERS**

- ☐ Musical instrument
- ☐ Inexpensive camera\*
- ☐ Baseball glove and bat
- ☐ Tennis racquet
- ☐ Fishing gear
- ☐ Lacrosse stick
- ☐ Street hockey stick
- ☐ Running shoes
- ☐ Inexpensive music device
- ☐ Snorkeling gear
- ☐ Books & Notebook/Journal

**PLEASE PLACE NAMES ON ALL ITEMS**

*\* items sold in camp store*