Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ DOB:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

A scale between 1-10.

1-3: Mild

4-6: Moderate

7-10: Severe

Questionnaire:

1. On average, how do you rank your shortness of breath at rest?
2. On average, how do you rank your shortness of breath during activities?
3. On average, how do you rank your concern level about getting a cold or breathing getting worse?
4. On average, how do you rank your cough symptoms?
5. On average , how do you rank your production of phlegm?
6. On average, how limited were you in performing strenuous physical activities (such as climbing stairs, hurrying, doing sports)?
7. On average, how limited were you in performing moderate physical activities (such as walking, housework, carrying things)?
8. On average, how limited were you in performing daily activities at home ( such as dressing, washing yourself)?
9. On average, how limited were you in performing social activities (such as talking, being with children, visiting friends/relatives)?
10. Based on Gold 1-4 Classification of airflow limitations severity in COPD patients on post-bronchodilator FEV1).

Please indicate the number as provided my your physician on your last medical visit.

In patients with FEV1/FVC <0.70:

* Gold 1: Mild FEV1 ≥ 80% predicted
* Gold 2: Moderate 50% ≤ FEV1< 80% predicted
* Gold 3: Severe 30% ≤ FEV1< 50% predicted
* Gold 4: Very Severe FEV1< 30% predicted

Adapted from

<https://goldcopd.org/wp-content/uploads/2018/02/WMS-GOLD-2018-Feb-Final-to-print-v2.pdf>