**Page 50**

**Worksheet I**  
**(FOR LESSONS 1 to 3)**  
**Time: 30 min**  
**Maximum Marks: 20**  
**Grade: 5**

**I. Fill in the blanks.** *(5 marks)*

1. A diet that contains all nutrients in the right quantity is called a \_\_\_\_\_\_\_\_\_\_\_ diet.
2. A \_\_\_\_\_\_\_\_\_\_\_ is formed where two or more bones meet.
3. The vertebral column is made up of \_\_\_\_\_\_\_\_\_\_\_ bones.
4. \_\_\_\_\_\_\_\_\_\_\_ nerves receive impulses from the sense organs and carry them to the brain.
5. The ability of the body to resist \_\_\_\_\_\_\_\_\_\_\_ is known as immunity.

**II. Match the following:** *(5 marks)*

| **Column A** | **Column B** |
| --- | --- |
| 1. tongue | a. mosquito bite |
| 2. skin | b. taste buds |
| 3. malaria | c. knees |
| 4. hinge joint | d. red blood cells |
| 5. bone marrow | e. temperature |

**III. What is it called?** *(5 marks)*

1. a disease that can be passed from one infected person to another
2. the part of the skeletal system that protects the heart and lungs
3. muscles are attached to the bone by
4. the lowest part of the brain is
5. a substance that contains dead or weakened germs

**IV. Answer the following questions in one sentence.** *(5 marks)*

1. What are involuntary actions?
2. What is an impulse?
3. Give examples of gliding joints.
4. What is immunity?
5. Give examples of food items that are rich in vitamin C.