



Classification Note. The parent Calm Thinking study attempted to use an algorithm to classify CBM-I participants as lower- vs. higher- risk of dropout so that higher-risk participants could be randomized to either receive supplemental telecoaching or continue with only CBM-I. However, the accuracy of the algorithm was not better than chance, suggesting that the risk classification does not reflect meaningful differences in risk. Thus, the “Lower risk (LR) for dropout” and “Higher risk (HR) for dropout” participants have comparable dropout risk, and the present study’s exclusion of “HR CBM-I + Coaching” participants is an exclusion of participants assigned to an additional intervention, not an exclusion of participants at meaningfully higher risk. For details, see Calm Thinking main outcomes paper.

Note. Adapted from the Calm Thinking main outcomes paper CONSORT diagram. Analysis exclusions are included in flow but not analyzed. S1-5 = Session 1-5; FU = Follow-Up.^a needed for stratification. ^b analyzed sample before exclusions. ^c condition classification count before exclusions. ^d 1 did not start S1 training; 1 started S1 training but did not complete classification measures.