| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday (Baking Day) |
|---------------|---|--|---|--|--|
| Breakfast | Cereal e.g. Cornflakes, Rice Crispies, Weetabix, Ready Brek | Toast e.g. Bread, Muffin, Bagel & Drink of Milk | Cereal | Toast & Drink of Milk | Cereal |
| Morning Snack | Fruit | Fruit | Fruit | Fruit | Fruit |
| Lunch | Quorn Chilli Non Carne With Rice | Quorn Pieces, Potato & Vegetable Stew | Quorn Shepherd's Pie With Carrots & Peas | Cheesy Bean Bake | Vegetable & Chickpea Curry With Rice |
| | Dessert: Banana & Oat "Cookies" | Dessert: Yoghurt | Dessert: Banana Yoghurt/"Ice Cream" | Dessert: Yoghurt | Dessert: Fruit |
| Теа | Bagel & Cream Cheese | Tomato Pasta With Cheese | Stuffed Pitta Breads With Cheese, Salad & Houmous. | Creamy Pasta With Peas & Spinach | Homemade Vegetable Pizza |
| | Dessert: Fruit & Yoghurt | Dessert: Fruit | Dessert: Fruit | Dessert: Fruit | Dessert: Fruit Crumble/ Scones/ Banana Bread |

Fruit: Apple, Pear, Banana, Clementine, Pineapple, Apricot, Peach, Grapes, Strawberries, Blueberries, Raspberries, Blackberries

| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday (Baking Day) |
|------------------|--|---|---|---|---|
| Breakfast | Toast e.g. Bread, Muffin, Bagel & Drink of Milk | Cereal e.g. Cornflakes, Rice Crispies, Weetabix, Ready Brek | Toast & Drink of Milk | Cereal | Toast & Drink of Milk |
| Morning Snack | Fruit | Fruit | Fruit | Fruit | Fruit |
| Lunch | Quorn Spaghetti Bolognese With Peas | Quorn Pieces & Noodles in Tomato & Spinach Sauce | Creamy Potato & Broccoli Soup With Bread | Cauliflower & Broccoli Bake | Sage & Butternut Squash Risotto |
| | Dessert: Banana & Oat "Cookies" | Dessert: Yoghurt | Dessert: Banana & Oat "Cookies" | Dessert: Yoghurt | Dessert: Fruit & Yoghurt |
| Теа | Green Vegetable Omelette | Cheesy Garlic Bread | Crackers & Cream Cheese | Stuffed Pitta Breads With Cheese, Salad & Houmous. | Homemade Potato Wedges & Beans |
| | Dessert: Fruit & Yoghurt | Dessert: Fruit | Dessert: Yoghurt | Dessert: Fruit | Dessert: Banana Bread/ Fruit Pancakes |

Fruit: Apple, Pear, Banana, Clementine, Pineapple, Apricot, Peach, Grapes, Strawberries, Blueberries, Raspberries, Blackberries