

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday (Baking Day)
Breakfast	Cereal e.g. Cornflakes, Rice Crispies, Weetabix, Ready Brek	Toast e.g. Bread, Muffin, Bagel & Drink of Milk	Cereal	Toast & Drink of Milk	Cereal
Morning Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Quorn Chilli Non Carne With Rice	Quorn Pieces, Potato & Vegetable Stew	Quorn Shepherd's Pie With Carrots & Peas	Cheesy Bean Bake	Vegetable & Chickpea Curry With Rice
	Dessert: Banana & Oat "Cookies"	Dessert: Yoghurt	Dessert: Banana Yoghurt/"Ice Cream"	Dessert: Yoghurt	Dessert: Fruit
Tea	Bagel & Cream Cheese	Tomato Pasta With Cheese	Stuffed Pitta Breads With Cheese, Salad & Houmous.	Creamy Pasta With Peas & Spinach	Homemade Vegetable Pizza
	Dessert: Fruit & Yoghurt	Dessert: Fruit	Dessert: Fruit	Dessert: Fruit	Dessert: Fruit Crumble

Fruit: Apple, Pear, Banana, Clementine, Pineapple, Apricot, Peach, Grapes, Strawberries, Blueberries, Raspberries, Blackberries

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday (Baking Day)
Breakfast	Toast e.g. Bread, Muffin, Bagel & Drink of Milk	Cereal e.g. Cornflakes, Rice Crispies, Weetabix, Ready Brek	Toast & Drink of Milk	Cereal	Toast & Drink of Milk
Morning Snack	Fruit	Fruit	Fruit	Fruit	Fruit
Lunch	Quorn Spaghetti Bolognese With Peas	Quorn Pieces & Noodles in Tomato & Spinach Sauce	Creamy Potato & Broccoli Soup With Bread	Cauliflower & Broccoli Bake	Sage & Butternut Squash Risotto
	Dessert: Banana & Oat "Cookies"	Dessert: Yoghurt	Dessert: Banana & Oat "Cookies"	Dessert: Yoghurt	Dessert: Fruit & Yoghurt
Tea	Green Vegetable Omelette	Cheesy Garlic Bread	Crackers & Cream Cheese	Stuffed Pitta Breads With Cheese, Salad & Houmous.	Homemade Potato Wedges & Beans
	Dessert: Fruit & Yoghurt	Dessert: Fruit	Dessert: Yoghurt	Dessert: Fruit	Dessert: Fairy Cakes/ Biscuits

Fruit: Apple, Pear, Banana, Clementine, Pineapple, Apricot, Peach, Grapes, Strawberries, Blueberries, Raspberries, Blackberries