Physics I: Classical Mechanics

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Primary Textbook: Fundementals of Physics by Walker, Halliday, and Resnick

Teacher: Ali

1 Chapter 1 and 3 - Mathematics, Vectors, and Units

1.1 Fundamental Units

- 1. Unit = SI = CGS = Alternate
- 2. Length (l) = Meters (m) = Centimeters (cm) = Angstrom (10^{-10} m, or the size of an atom)
- 3. Mass (m) = Kilogram (kg) = Grams (g)
- 4. Time (t) = Seconds (s) = Seconds (s)
- 5. Electric Current (I) = Ampere (A)
- 6. Temperature (T) = Kelvin(K)
- 7. Amount of Substance (n) = Moles (mol)
- 8. Dimensional analysis can be used to find an unknown unit, check a answer or formula, or find the unit of a constant, such that if the fundamental units on both sides are equal, it is possibly correct
 - (a) Functions take and return unitless values, such that constants must assure that

1.2 Prefixes

- 1. Kilo 10^3 k
- 2. Mega 10^6 M
- 3. Giga 10^9 G
- 4. Terra 10^{12} T
- 5. Peta 10^{15} P
- 6. Milli 10^{-3} m
- 7. Micro 10^{-6} μ
- 8. Nano 10^{-9} n
- 9. Pico 10^{-12} p
- 10. Femto 10^{-15} f

1.3 Scalars

- 1. Quantities with only value and a unit (magnitude)
- 2. Examples are time, distance, speed, kinetic or potential energy, mass, pressure, volume, temperature, charge, electric potential, current, resistance, or capacitance

1.4 Vectors

- 1. Quantities with a magnitude and direction
- 2. Examples are displacement, velocity, acceleration, force, momentum, or electric and magnetic fields
- 3. The magnitude of a vector must be ≥ 0 , but direction can be shown with a negative value
- 4. Vectors have an x and y component
 - (a) $A_x = \vec{A}\cos(\theta)$
 - (b) $A_y = \vec{A}sin(\theta)$
 - (c) $|A| = \sqrt{A_x^2 + A_y^2}$

- (d) $tan(\theta) = \frac{A_y}{A_x}$
- 5. Vectors can be written in $\vec{A} = \langle A_x, A_y, A_z \rangle$ or $\vec{A} = A_x \vec{i} + A_y \vec{j} + A_z \vec{k}$, where \vec{i}, \vec{j} , and \vec{k} are dimensional unit vectors
 - (a) Unit vectors are those with a magnitude of 1

1.5 Vector Mathematics

- 1. Arithmetic
 - (a) Vectors are put tip-to-tail, finding the vector going from the tail of the first to the tip of the last, calculating that vector
 - (b) Sum the x components of the vectors to get the final x component, do the same for y
 - (c) Parallelogram can be drawn with the vectors to and from both sides of the resultant vector, using that to calculate the vector measurements
- 2. The law of sines and cosines can be used to solve for vectors and vector angles
- 3. The dot product of two vectors produces a scalar, such that $\vec{A} \cdot \vec{B} = |\vec{A}| |\vec{B}| cos(\theta) = A_x B_x + A_y B_y + A_z B_z$
 - (a) Thus, it is the magnitude of the projection of the first vector onto the second, multiplied by the second
- 4. The cross product of two vectors produces a vector, perpendicular to the other two by the right hand rule, noncommutative, such that the right hand rule of the curling from first to second, the thumb points toward the vector

(a)
$$|\vec{A}x\vec{B}| = |\vec{A}||\vec{B}|sin(\theta) = \begin{vmatrix} \vec{i} & \vec{j} & \vec{k} \\ ax & ay & az \\ bx & by & bz \end{vmatrix} = (\begin{vmatrix} ay & az \\ by & bz \end{vmatrix})\vec{i} + (\begin{vmatrix} az & ax \\ bz & bx \end{vmatrix})\vec{j} + (\begin{vmatrix} ax & ay \\ bx & by \end{vmatrix})\vec{k}$$
, where $\begin{vmatrix} 1 & 2 \\ 3 & 4 \end{vmatrix} = 1 * 4 - 2 * 3$

- (b) This procedure to take the discriminant of a square matrix can be extended to higher dimensions, taking an item from the top, multiplied by the matrix of the square which is not in the same row or column
- (c) The Jacobian matrix is the matrix of the partial derivatives of the function with respect to each variable as the column, with each row as a different function in the set of functions

1.6 Mathematics

- 1. Vectors can be measured in spherical coordinates, such that the 3 components are θ (angle from the positive x-axis), r (distance from the origin), and ϕ (angle from the positive z-axis)
 - (a) Cartesian coordinates can be measured in terms of the angles of the vector (\vec{F}) from each of the positive axes, such that $x = \vec{F}cos(\theta_x)$, and so on
 - (b) When doing integrals of spherical coordinates, it must be noted that ϕ is the angle from the positive z-axis, not the x-axis
- 2. Functions are graphed by the roots and relative maxima, where the second derivative is found to determine the concavity of the maxima
- 3. All problems must state the conventions taken, such that the positive and negative directions are defined
- 4. Partial derivatives with respect to some variable $(\frac{\partial f}{\partial x})$, assume all variables other than x are constant

5. Integrals have the product of the differential, such that the order parsed through the region determines if it is positive or negative

1.7 Approximations

- 1. $(1+x)^n \to 1 + nx \text{ as } x \to 0$
- 2. $e^x \to 1 + x$ as $x \to 0$
- 3. $sin(x) \rightarrow x \text{ as } x \rightarrow 0$
- 4. $ln(1+x) \rightarrow x$ as $x \rightarrow 0$

1.8 Multiple Integral Mathematics

- 1. $\int_D \int f(x,y) dA = \int_a^b \int_{f(x)}^{g(x)} f(x,y) dy dx$
- 2. $\int_D \int f(x,y) dA = \int_a^b \int_c^d f(x)g(y) dy dx = \int_c^d g(y) dy \int_a^b f(x) dx$ 3. When parsing through in higher dimensions, it can also be done by sections if there is a formula for area in the other direction, rather than by point
- 4. $dV = dxdydz = rdzdrd\theta$, such that $a \le \theta \le b, g(\theta) \le r \le h(\theta)$, and $u(r,\theta) \le z \le v(r,\theta)$, bounding the function $w = f_{cyl}(r, \theta, z) = f_{cart}(x, y, z)$
- 5. $dV = dxdydz = p^2sin(\phi)dpd\theta d\phi$, such that $a \le p \le b, c \le \theta \le d$, and $e \le \phi \le f$, bounding the function $w = f_{sph}(p, \theta, \phi) = f_{cart}(x, y, z)$
- 6. dA = dxdy = $rdrd\theta$, such that $a \leq \theta \leq b$, and $g(\theta) \leq r \leq h(\theta)$, bounding the function $z = f_{pol}(r, \theta) = f_{cart}(x, y)$
- 7. The coefficients to the differentials, or the scaling factor, is equal to the discriminant of the Jacobian matrix of the $x = f(r, \theta), y = g(r, \theta)$ functions for 2D, or the corresponding for 3D

1.9 Differential Equations

- 1. Differential equations are those containing derivatives, where the order of the equation is the highest numbered derivative
 - (a) Homogeneous equations are those without an f(x) constant as the right-hand side, while inhomogeneous are those with
 - (b) Linear differential equations are those where the derivative coefficients are constants
- 2. Homogeneous second order linear differential equations are solved by assuming $y = Ae^{rx}$ where the equation is of the form ay'' + by' + cy = 0
 - (a) Thus, the equation can be turned into $ar^2y + bry + cy = 0$, able to be solved for y, such that $y_1 = A_1 e^{r_1 x} and y_2 = A_2 e^{r_2 x}$
 - (b) The superposition principle or linear combination allows there to be two solutions for y, such that the general solution is the sum
 - (c) If the two roots are real, that is the final solution, if the two roots are the same, the equation is $y = Ae^{rx} + Bxe^{rx}$
 - (d) If the two roots are imaginary $(\alpha + \beta i)$, it can be changed by the equation $e^{ix} = cis(x)$ such that $y = e^{\alpha x} (A\cos(\beta x) + B\sin(\beta x))$
- 3. Inhomogeneous second order linear differential equations have two separate solutions found, the left-hand side are the y_c (compliment solution), solved the same as homogeneous

- (a) y_p (particular solution) is solved based on the format of the right-hand side, f(x), where c is A, x is Ax + B, $\sin x/\cos x$ is Acosx + Bsinx, e^x/e^{-x} is Ae^x/Ae^{-x} , and $e^x\sin x$ is $Ae^x(B\sin x + C\cos x)$
- (b) y_p ' and y_p " are then found, and plugged into the original equation as y, y', and y", after which the general solution is the sum of the particular and compliment solutions, related by plugging in

2 Chapter 2 - One Dimensional Motion

2.1 Displacement, Time, and Average Velocity

- 1. All objects are placed on a coordinate system, and viewed as a particle, or a single point of negligible size and shape
- 2. The displacement is equal to the vector from the initial point to the final point, written $\Delta x = x_f x_i$, measured in meters (m)
 - (a) Displacement is typically drawn as a function of time on an x-t graph, such that the secant line from two points is the average velocity within
 - (b) Distance is defined as the scalar quantity of the movement of the particle in the time interval
- 3. Velocity is the rate of change of position with respect to time, in m/s
- 4. $v_{average} = \frac{\Delta x}{\Delta t}$, such that Δt is the scalar change in time during the movement
 - (a) Speed is defined as the scalar distance over change in time, or $s = \frac{d}{\Delta t}$
 - (b) Δt is typically represented as going from 0 to t, such that Δt is often represented at t

2.2 Instantaneous Velocity

- 1. Instantaneous velocity is the velocity at a specific point in time or position
 - (a) $v \neq 0$ is moving backward, $v \neq 0$ forward, and v = 0 is not moving
 - (b) Instantaneous speed is the instantaneous velocity, as a scalar quantity
- 2. $v_{instantaneous} = \frac{dx}{dt}$
 - (a) Can be drawn on a graph as the slope of the secant line at a specific time and point
- 3. Velocity can be drawn on a motion diagram, drawing a line for the x-axis, then a specific point in time on the line, with an instantaneous velocity vector drawn on it at that time

2.3 Average and Instantaneous Acceleration

- 1. Acceleration is the rate of change of velocity with respect to time, in m/s^2
 - (a) On a v-t graph, it is interpreted the same as velocity is on an x-t graph
 - (b) On an x-t graph, it is viewed as the concavity of the graph, equal to 0 at a point of inflection, or where there is no concavity
 - (c) Can be drawn on a motion diagram showing the change in velocity from one point in time to another, similarly to how velocity is drawn
 - (d) On an a-t graph, Δv is the area under the curve to the x-axis
- 2. $a_{average} = \frac{\Delta v}{t}$
- 3. $a_{instantaneous} = \frac{dv}{dt} = \frac{d^2x}{dt^2}$

2.4 Motion with Constant Acceleration

- 1. Drawn by a straight line on an a-t graph, or a parabola on an x-t graph such that there is a constant rate of change of velocity
- 2. $v_f = v_i + at$
- 3. $v_{average} = \frac{v_i + v_f}{2}$
- $4. \ \Delta x = v_i t + \frac{at^2}{2}$
- 5. $v_f^2 v_i^2 = 2a\Delta x$

2.5 Freely Falling Bodies

1. Particles falling without any force other than gravity acting on them are said to be in free fall, and move with constant acceleration of g, which is $9.8 \ m/s^2$

2.6 Motion with Non-Constant Acceleration

- 1. $\Delta v = \int_0^t a(t)dt$
- $2. \ \Delta x = \int_0^t v(t)dt$
- 3. $\Delta d = \int_0^t |v(t)| dt$
- 4. To get proper functions and values, the boundary conditions must always be used on integrals, rather than simply used as indefinite integrals

3 Chapter 4 - Multidimensional Motion

8.1 Position, Velocity, and Acceleration Vectors

- 1. Position Vector $(\vec{r}) = x\vec{i} + y\vec{j} + z\vec{k}$
- $2. \ \Delta \vec{r} = \Delta x \vec{i} + \Delta y \vec{j} + \Delta z \vec{k}$
- 3. Speed (s) = -v
- $4. \ \vec{v} = \frac{d\vec{r}}{dt}$
- 5. Velocity can be thought of in two perpendicular components and a parallel component, such that the perpendicular signify the change in direction, while the parallel signifies the change in speed
- 6. $a = \frac{d\vec{v}}{dt}$

3.2 Projectile Motion

- 1. Projectiles are a body with initial velocity, such that the only force acting on it is air resistance and gravitational acceleration
- 2. Idealized projectiles move with gravitational acceleration that is constant, ignoring air resistance, earth rotation, and earth curvature
 - (a) Ideal projectiles follow their parabolic 2D trajectory path
- 3. It is measured, so that $a_x = 0$ and $a_y = -g = 9.81 m/s^2$, with initial velocity (v_0) , so $v_{0x} = v_0 cos\theta$, and $v_{0y} = v_0 sin\theta$, typically using the starting point as the origin

- 4. Air resistance pushes against all directions of motion, such that the ideal angle for maximum distance is $< 45^{\circ}$, and max height and range are less than expected
- 5. Range = $\frac{2\sin(\theta)\cos(\theta)v^2}{g}$ 6. Height = $\frac{v^2\sin^2(\theta)}{2g}$ 7. Flight Time = $\frac{2v\sin\theta}{g}$

3.3 Circular Motion

- 1. Cartesian vectors can be converted to polar form, such that \vec{r} and $\vec{\theta}$ are the unit vectors. where \vec{r} is coming from the origin, while $\vec{\theta}$ is perpendicular, such that it is tangential to the circle, both dependent on the angle from the origin (ø), while r is a fixed vector length
 - (a) $\vec{r} = \vec{i}cos(\theta) + \vec{j}sin(\theta)$
 - (b) $vec\theta = \vec{i}(-sin(\theta)) + \vec{j}cos(\theta)$
 - (c) \vec{r} (position vector) = $r\vec{r}$ by polar conversion $(x = r\cos\theta, y = r\sin\theta)$
 - (d) Thus, $\vec{v} = r\vec{\theta}\frac{d\theta}{dt} = v\vec{\theta}$, where v is tangential velocity, such that if $\theta = \omega t$ where ω is angular velocity, then $\vec{v} = r\omega \vec{\theta}$
 - (e) $\vec{a} = \vec{\theta} \frac{dv}{dt} + v \frac{d\theta}{dt}$, where the first part is tangential acceleration, and $\vec{a}_c = -v(\frac{d\theta}{dt}\vec{r}) = -v\omega\vec{r}$, where if $\theta = \omega t$, then $\vec{a}_c = \frac{-v^2}{r}$
- 2. Uniform circular motion is moving around a circle with constant speed, such that the acceleration is purely perpendicular
- 3. $a_{radial} = \frac{v^2}{R} = \frac{4\pi^2 R}{T^2}$
 - (a) T is the time for one revolution around the circle, while R is the radius
 - (b) This acceleration is called centripetal acceleration, due to going toward the center of the
- 4. Nonuniform circular motion is motion around a circle with non constant speed, such that radial acceleration is still the same, but there is also tangential (parallel) acceleration due to the change in speed
 - (a) Radial acceleration changes based on the speed at that moment
 - (b) $a_{tan} = \frac{d|v|}{dt}$

Relative Velocity 3.4

- 1. The appearance of velocity relative to the observer is called relative velocity, determined by the movement of the frame of reference of the observer
 - (a) $x_{P/A} = x_{P/B} + x_{B/A}$, meaning the position of P relative to frame A is equal to the position of P relative to B plus the position of B relative to frame A
 - (b) Thus, $\frac{dx_{P/A}}{dt} = \frac{dx_{P/B}}{dt} + \frac{dx_{B/A}}{dt}$, and $v_{P/A} = v_{P/B} + v_{B/A}$
- 2. If \vec{v} is the constant velocity of the origin, such that origin O moves to O', then $\vec{r} = \vec{v}t + \vec{r}'$
 - (a) If \vec{v}_r is the velocity of the point, \vec{v}_r' (velocity of the point relative to O') = $\vec{v}_r \vec{v}$, while acceleration is the same
- 3. This is referred to as the Galilean Velocity Transformation
 - (a) At frame of reference speeds nearing the speed of light, real velocity can be greater than c, which is impossible, leading to the Relativistic Transformation

4 Chapter 5 - Newton's Laws of Motion

4.1 Force

- 1. Force is a vector quantity that one body or the environment exerts on another, measured in Newtons (N), or $kg * m/s^2$
 - (a) Measured with a spring balance, which stretches a spring to measure the force with a meter, or an inverse, which compresses to measure
- 2. Contact force is a force through direct contact between the bodies, including normal and tension force
 - (a) Normal force is exerted by any surface a body is in contact with, perpendicular to the surface, only existing through direct contact
- 3. Tension force is the force through a body in tension (being pulled from both sides), such as a frictionless rope, acting on the body attached in the direction the attached body is being pulled
 - (a) Tension forces is constant throughout a string, going in each direction being pulled, so that a block connected to a pulley has double the force, though a string separating into other strings has different forces on each
 - (b) Tension force is equal to the force being exerted on the object through the rope, if there is no responsive force on that exerting
- 4. Spring force is the force exerted by the spring being stretched by some mass, such that F = kx, where x is the displacement from equilibrium
 - (a) The spring constant of springs in series is the reciprocal of the reciprocal sum, while parallel springs are the sum of the forces
- 5. Long range forces are forces which act on separate bodies, such as electromagnetic force
 - (a) Weight is the gravitational force, exerted by the planet
- 6. Net force on an object is equal to the vector sum of individual forces, allowing individual forces to be replaced by their component vectors
- 7. Free body diagrams use vectors coming out from a particle to show all external forces acting on a specific body, to help understand the net force on the body

4.2 Newton's First Law

- 1. A body acted on by no net force moves with constant velocity, and zero acceleration, thus staying at rest or at motion, due to the inertia of matter
 - (a) A body is at equilibrium if the net force is 0
 - (b) Assumes each body can be represented as a point particle
- 2. The law is valid with an inertial frame of reference, such that the reference itself doesn't have a force acting on it
 - (a) If a non-inertial reference has force acting on it, the relative velocity to the reference would change, though it would not change relative to another inertial reference
 - (b) The Earth is approximately inertial, though not, due to rotation and revolution around the Sun

4.3 Newton's Second Law

- 1. $\sum F = ma$, such that $\sum F$ is the sum of external forces (forces exerted by other bodies on the body in question)
- 2. The law is only valid in inertial frames of reference and when mass is constant
- 3. m is the inertial mass of body, defined as the constant by which force is directly proportional to acceleration, measured typically in Kilograms (kg)
 - (a) Mass of bodies added together is summed
 - (b) Mass is determined by the number of subatomic particles in the matter
 - (c) Within the CGS metric system, 1 dyne = 1 $g*cm/s^2 = 10^{-5}$ N, and in the British Imperial system, 1 pound = 4.4 N
- 4. Acceleration can thus be gained, use to calculate velocity, displacement, or time, but the equations should be put in terms of the constants given, not time

4.4 Weight

- 1. Weight is the gravitational force of the planet on a body
- 2. $F_w = mg$, such that g is the gravitational acceleration of the planet
 - (a) Gravitational acceleration on the Earth is 9.8 m/s^2 , though it varies throughout the Earth slightly due to rotation and revolution
 - (b) Mass measured through a scale, using weight to measure it is called gravitational mass, and ideally, is equal to inertial mass
- 3. Apparent weight is the normal force of an object when the surface has additional upward or downward forces acting on it, changing the scale measurement, since scales measure by the normal force they exert
 - (a) Apparent weightlessness is when in free fall, such that apparent weight is zero

4.5 Newton's Third Law

- 1. If one body exerts a force on another, then the other body exerts an equal but opposite force on the first body $(F_{aonb} = -F_{bona})$
 - (a) This law applies to both long range, and contact forces
 - (b) The two forces are called an action-reaction pair

5 Chapter 6 - Applications of Newton's Laws

5.1 Friction Force

- 1. Friction force opposes movement, parallel to the surface, opposite the contact force of an object being pushed or pulled on a surface
 - (a) Friction forces result from the microscopic ridges in two surfaces coming together and apart as surfaces come into contact, changing slightly throughout movement
 - (b) Oil is used to prevent friction by producing a film over the ridges, preventing them from touching
 - (c) $\mu_s \ge \mu_k \ge \mu_r$

- 2. The friction force as an object slides over a surface is kinetic friction force (f_k)
 - (a) $f_k = \mu_k F_n$, where F_n is the normal force and μ_k is the coefficient of kinetic friction, determined by the object and surface material
- 3. The friction force when there is no relative motion between an object and a surface is static friction force (f_s)
 - (a) $f_s \leq \mu_s F_n$, where μ_k is the coefficient of static friction, determined by the object and surface material
 - (b) As the contact force attempts to move the object, static friction rises to counter it, until it reaches the maximum, at which point it drops to kinetic
 - (c) Vehicles are able to move due to the wheels rotating, pushing backward, such that static friction pushes it forward, such that they can move in uniform circular motion using the same friction as the centripetal force
- 4. Rolling friction or tractive friction (μ_r) is the coefficient of friction used to calculate the kinetic friction with wheels
- 5. Fluid resistance is the force a gas or liquid exerts on a body moving through it, opposite the movement of the body itself
 - (a) Drag $(F_d) = bv^2$ for larger bodies (tennis balls or larger), $F_d = bv$ for smaller bodies where b is the drag constant depending on size/cross-section, speed and shape of the body, and the viscosity fluid
 - (b) Terminal speed is the speed where the contact force equals the drag resistance, at which point it cannot increase any further
 - (c) $v = \frac{mg(1-e^{-bt/m})}{b}$ for a dropped body, such that as $b \to 0$, $e^x = 1 + x + x^2 + ... \approx 1 + x$, such that v = -gt, while as $t \to \infty$, $v \to v_{terminal} = \frac{mg}{b}$
- 6. Centripetal force is the net force which allows circular motion, toward the center of the circle, but is not a force in its own right

5.2 Fundamental Forces

- 1. All forces are a combination of or fall within the category of four fundamental forces of particle interaction
- 2. Gravitational interactions are those resulting from different bodies interacting on each other through gravitational force, such as weight, affecting larger bodies vastly more than smaller ones
- 3. Electromagnetic interactions include electric and magnetic forces
 - (a) Electric forces result from the positive and negative charge of atoms, exerting forces on each other
 - (b) Magnetic forces result from the movement of electric charges
 - (c) These forces tend to cancel out as the bodies get larger, affecting smaller particles more
- 4. Strong interactions include the strong nuclear force which holds nuclei together, overcoming the electromagnetic repulsion, working only under vastly minute distances
- 5. Weak interactions include the weak nuclear force, which allows beta decay through ejection of an antineutrino and an electron, letting supernovae occur
- 6. Electroweak interactions were developed to encompass electromagnetic and weak interactions, leading to the grand unified theory containing electroweak and strong interactions
 - (a) This has led to attempts to produce a theory of everything, containing all four types of interactions

Chapter 7 - Work and Kinetic Energy 6

6.1 Work

- 1. Work is the scalar product of displacement and the force in the direction of displacement, such that W = Fx and $W_{tot} = F_{net}x$ when force is constant
 - (a) $W = \int_{x_1}^{x_2} F_{||}(x) \cdot dx$ for non-constant force, where $F_{||}$ is the force function tangential/parallel to the movement at that point, called a line integral
 - (b) Work is measured in Joules (J), or N*m
 - (c) Measured in the British Imperial System with ft*lb, since lb is the measurement for force
- 2. Work is zero if the force is perpendicular to the displacement, and negative if the force is opposite the displacement
- 3. Stable equilibrium is the point where a shift in any direction would cause movement back to equilibrium, unstable is where it would cause a shift from, and neutral equilibrium causes a lack of shift after slight movement
- 4. $W_{net} = \int_{x_1}^{x_2} F_{net}(x) \cdot dx = \sum_n W_n$

Kinetic Energy 6.2

- 1. $K = \frac{1}{2}mv^2$
- 2. Increase in speed means positive acceleration in the direction of displacement, work is positive, showing the relationship between work and velocity
- 3. The Work Energy Theorem states that $W_{total} = \Delta K$ for any single particle or composite system within any inertial frame of reference
 - (a) This is true for any forces, conservative or nonconservative

6.3 Power

- 1. Power is the rate at which work is done, measured in Watts (W), or J/s
 - (a) Can also be measured in ft*lb/s, or horsepower (hp), such that 1 hp = 500 ft*lb/s
- 2. $P_{av} = \frac{\Delta W}{\Delta t}$ 3. $P = \frac{dW}{dt} = F \cdot v$ (if F is constant)

Chapter 8 - Potential Energy and Conservation of Energy

7.1Gravitational Potential

- 1. Potential energy is the energy associated with position, which can be converted through work into kinetic energy, such that the change in potential energy is useful, rather than the actual potential energy
 - (a) Thus, any point can be chosen as the zero point within convention, such that it is measured from that
- 2. Gravitational Potential Energy $(U_{qrav}) = F_{weight} \Delta h$
 - (a) Thus, $W_{qrav} = -\Delta U_{qrav}$

- (b) If F_q is the only force acting on a body, then $\Delta K = -\Delta U_{qrav}$
- (c) Gravitational potential energy is considered a shared property of both bodies the force exists between, considered part of the same system
- (d) Gravitational potential of a single body = $-\frac{GmM}{r}$, where r is the distance between the centers, m is the body, and M is the attracting body

7.2 Elastic Potential Energy

- 1. Elastic potential energy is the energy stored in a stretched elastic body, or a body which returns to its original shape and size after being changed
 - (a) $U_{el} = \frac{1}{2}kx^2$, where x is the distance stretched from the relaxed position
 - (b) $W_{el} = -\Delta U_{el}$

7.3 Conservative Forces

- 1. Conservative Forces are forces where the work is reversible, can be expressed as ΔU , if $\Delta x = 0, W = 0$, and depends only on Δx , not on the path taken
 - (a) $W_{conservative} = -\Delta U$, where W is the work done by conservative forces and U is the total potential energy of the system
 - (b) Total Potential Energy of the System (U) is the sum of all forms of potential energy within the system
 - (c) E is constant if only conservative forces act on the body
 - (d) Conservative forces include elastic, gravitational, and electric force
- 2. Nonconservative forces include friction or fluid resistance
 - (a) Nonconservative forces which cause a loss in mechanical energy are called dissipative forces
- 3. Internal Energy (U_{int}) is the energy of the molecular state of the body, such as the body temperature, increasing when mechanical energy is lost
 - (a) $W_{nonconservative} = -\Delta U_{int}$
 - (b) Work on a closed path is not equal to 0, due to energy lost based on path
 - (c) The increase in internal energy due to friction is generally considered to be the rotational kinetic energy for a rolling body
- 4. The Law of Conservation of Energy states $\Delta K + \Delta U + \Delta U_{int} = 0$
 - (a) Thus, energy is never created or destroyed, but its form can be changed
 - (b) Total Mechanical Energy of the System (E) = K + U_{grav} , such that $\Delta E + \Delta U_{int} = 0$, or $\Delta E = W_{nonconservative}$
- 5. Energy diagrams can be used to understand motion, graphing U(x), such that if there are only mechanical forces acting on it, y = E can be drawn to show the limits of motion
 - (a) The relative minimums of the curve are stable equilibrium, which the force always attempts to restore
 - (b) The relative maximums of the curve are unstable equilibrium, such that any force tends to push it away from the equilibrium
 - (c) Since it cannot go beyond the bounds of the E line, the region between is the potential well, where the endpoints are the turning points where the particle is forced to change direction

Force and Potential Energy

- 1. $F = -\frac{dU}{dx}$, when U is a one dimensional potential energy
- 2. $\vec{F} = -(\frac{\partial U\vec{i}}{\partial x} + \frac{\partial U\vec{j}}{\partial y} + \frac{\partial U\vec{k}}{\partial z}) = -\vec{\nabla}U$, for 3 dimensional potential energy, able to be extended to other dimensions

Chapter 9 - Momentum and Center of Mass 8

Momentum and Impulse

- 1. Momentum (p) is a vector quantity, measured in kg^*m/s , such that p = mv
- 2. $Fnet = \frac{dp}{dt}$
 - (a) This is a way of writing Newton's Second Law, and such is valid only within inertial frames of reference
- 3. Impulse (J) = $F_{av}\Delta t = \int_{t_1}^{t_2} \sum F dt = \Delta p$
 - (a) Impulse is measured in N*s

8.2 Conservation of Momentum

- 1. Within a system of particles, forces the particles exert on each other are internal forces, while forces exerted by objects outside the system are external
 - (a) An isolated system is one such that there are no external forces
- 2. By the Principle of Conservation of Momentum, in an isolated system, in an inertial reference frame, the total momentum of the system is constant
 - (a) $\Delta p_{system} = 0$

8.3 Collisions

- 1. Collisions are strong, short interactions between bodies
 - (a) If the force between them is stronger than external forces, those forces can be thought to be negligible, as if it was a closed system
- 2. Elastic collisions are those with only conservative forces between the bodies during the collision, such that no kinetic (and mechanical) energy is lost
 - (a) Elastic collisions can occur even if the kinetic energy is temporarily used in a conservative force, such as converted to elastic potential energy
- 3. Inelastic collisions are those such that kinetic energy is lost from the system during the collision
 - (a) Completely inelastic collisions are those such that the bodies stick together after the collision, and move as one
- 4. Head-on collisions occur aligned with the movement, such that direction doesn't change of any of the particles

8.4 Center of Mass

- 1. If a system has n particles, the center of mass is such that $x_{cm} = \frac{\sum_{i=1}^{n} m_i x_i}{\sum_{i=1}^{n} m_i}$ (for point masses)
 - $=\frac{\int_L x dm}{\int_L dm}$ (for rigid bodies), broken into small pieces of mass, rather than space
 - (a) The denominator is equal to the overall mass of the body
 - (b) $m = \lambda L, m = \sigma A, m = \rho V$, where λ, σ , and ρ are linear, area, and volume mass density constants for uniform density
 - (c) $m = \int_L \lambda(r) ds, m = \int_A \sigma(r) dA, m = \int_V \rho(r) dV$, where $\lambda(r), \sigma(r), \rho(r)$ are linear, area, and volume mass density functions of position for nonuniform density
 - (d) Mass-density equations are used to convert small pieces of mass (element of mass) to values based on position (element of length)
- 2. Homogeneous bodies with a geometric center have the center of mass at that point, and bodies with continual distribution can use integrals to find the point
 - (a) Bodies with an axis of symmetry have the point on the axis of symmetry
 - (b) The center of mass does not need to be within the object
 - (c) Bodies can also be broken up into multiple homogeneous or symmetrical pieces, finding the center of mass of those, then finding the overall center of mass using the sub-centers
 - (d) It can also be broken up by nonexistent pieces, subtracted by mass from the center of mass of the larger area to find the new center
- 3. The derivative can be taken to get a similar formula for velocity of the center of mass in terms of the particles, such that $P = \sum_{i=1}^{n} m_i v_{cm} = \sum_{i=1}^{n} m_i v$
 - (a) This enables the system to be viewed as a single mass
- 4. By Newton's Laws, $\sum F_{external} = \sum_{i=1}^{n} m_i a_{cm}$, proving why complex bodies, or systems with separate parts, can be viewed as a single particle
 - (a) By extension, in a system of particles, $\sum F_{external} = \frac{dP}{dt}$

8.5 Rocket Propulsion

- 1. As the rocket mass changes by dm/dt, such that the Δm is negative, momentum must stay constant within the system of the fuel and the rocket
 - (a) v_{ex} can be deemed the velocity of the fuel relative to the rocket, denoted positively, while v is the velocity of the rocket, and m is the initial mass of the rocket
 - (b) As a result, it can be evaluated, removing values which are purely differential due to being negligible
- 2. Thus, using conservation of momentum, $F_{external} = m * (\frac{dv}{dt}) + v_{ex} \frac{dm}{dt}$, such that $F_{thrust} = -v_{ex} \frac{dm}{dt}$ and $F_{rocket} = m * (\frac{dv}{dt})$
 - (a) Thus, $\Delta v = v_e ln(\frac{m_i}{m_f})$ is true with no external forces acting

9 Chapter 10 - Rotation of Rigid Bodies

9.1 Angular Velocity and Acceleration

1. Rigid bodies are ideal objects with definite and unchanging shape and size, such that any two points have the same distance during rotation, generally solid

- 2. Bodies with a fixed axis are those such that the axis is rotating in a specific dimension solely, such that \emptyset can show the position
 - (a) Almost any motion can be considered rotational around some fixed axis, such that it is calculated based around that
- 3. Angular velocity $(\omega) = \frac{d\theta}{dt}$
 - (a) Angular velocity, such that the object is rotating in the x-y plane, is a vector on the z-axis
 - (b) The direction is found by the right hand rule, such that the fingers curl in the direction of the rotation, and the thumb points in the vector direction
 - (c) By the definition of radians $(s = r\theta)$, $v = r\omega$, such that v is tangential to the axis in the direction of rotation
- 4. Angular acceleration $(\alpha) = \frac{d\omega}{dt}$, such that $a = r\alpha$
- 5. Kinematics formulas for linear velocity and acceleration apply equally to angular velocity and acceleration, with the variables changed to the corresponding one
 - (a) By the formulas for circular motion, the same formulas can be used to derive acceleration formulas
 - (b) $a_{tan} = r\alpha$
 - (c) $a_{rad} = \omega^2 r$
- 6. The principles of fixed body velocity also apply to any object acting as part of a rotating rigid body with tangential velocity, even if not with a fixed axis, with the exception of radial angular acceleration
- 7. Angular variables are vectors or scalars the same as their regular counterpart

9.2 Rotational Motion Energy

- 1. Bodies can be considered to be particles of certain masses, a certain distance from the axis of rotation, while rigid bodies are those with constant distances
- 2. $K = \sum_i \frac{1}{2} m_i v_i^2 = \sum_i \frac{1}{2} m_i r_i^2 \omega^2 = \frac{1}{2} I \omega^2$, where I is the moment of inertia, or rotational inertia, such that $I = \sum_i m_i r_i^2$, or the mass distribution of the body
- 3. $I = \int r^2 dm$ for continuous bodies
 - (a) It must be noted that r is not the distance from the origin, but the distance from the axis of revolution
- 4. Total kinetic energy of an object is the combination of translational and rotational in the case of rolling bodies

9.3 Moment of Inertia Formulas

- 1. Solid cylinder around axis = $\frac{1}{2}MR^2$
- 2. Solid sphere around axis = $\frac{2}{5}MR^2$

9.4 Parallel and Perpendicular Axis Theorems

- 1. $I_P = I + Md^2$, where d is the distance of the new axis from the center axis, I is the moment of inertia on the axis through the center of mass, I_P on the new axis, parallel to the previous, and M as the body's mass
- 2. $I_z = I_x + I_y$, for some 2D object entirely within the x-y plane

10 Chapter 11 - Rotational Motion Dynamics

10.1 Torque

- 1. Motion can be either translational, moving as a whole through space, or rotational, which also depends on the point where force is applied
- 2. τ (Torque) = r x F, where F is the force perpendicular to the axis of rotation, and r is the lever/moment arm distance, or the perpendicular distance to the axis from the line of action, which is the line of the force vector
 - (a) Torque is measured in N-m, but is not J, due to not being energy
 - (b) Counterclockwise rotation has positive torque, and clockwise is negative
 - (c) Net torque can be calculated from any point, which would then be considered the axis of rotation

10.2 Torque and Rigid Body Angular Acceleration

- 1. $\sum \tau = I\alpha$, though this only applies to rigid bodies where α is uniform for the body
 - (a) This is the supplement to Newton's Second Law, such that it is the sum of external torque, since internal torques cancel out by the Third Law
 - (b) This is valid when the axis moves, though the axis must not change direction, and must be an axis of symmetry

10.3 Rigid Body Rotation with a Moving Axis

- 1. When the axis moves, the body has both types of motion, such that the body can be viewed as rotating about an axis through the center of mass
 - (a) Thus, the object's dynamics equations must be broken up
 - (b) Velocity of specific points as a result is the sum of rotational/tangential and translational velocities
- 2. The kinetic energy is the sum of translational and rotational kinetic energy
- 3. One major example is that wheels must have instantaneous velocity of 0 at the point it touches the ground, due to not slipping
 - (a) Thus, $v_{cm} = R\omega$
- 4. Rolling friction is another example, due to the fact that if the body and surface are rigid, normal force produces no torque, but if not, normal force can shift position, creating torque countering rotation

10.4 Rotational Work and Power

- 1. $W = \int \tau d\theta = \Delta \frac{1}{2} I \omega^2$
- 2. $P = \tau \omega$

10.5 Angular Momentum

1. L (Angular Momentum) = $r \times p$, where r is the lever distance

- (a) The right hand rule can be used to determine the vector direction for any body rotating around an axis of symmetry
- (b) For any rigid body rotating around an axis of symmetry, $L = I\Omega$
- 2. $\tau = \frac{dL}{dt} = rx\frac{dp}{dt}$ within any system of particles, since only external forces produce torque on the system

10.6 Conservation of Angular Momentum

1. If the net torque on a system is 0, then total angular momentum is constant, though angular momentum can be transferred within the system

10.7 Gyroscopes and Precession

- 1. Precession is the rotation of the axis of rotation, combined the torque created by gravity acting on the circle, causing the axis to rotate around the pivot
- 2. Due to the initial momentum outward from the pivot, instead of the torque from gravity pulling it down, it changes the direction of the original momentum
 - (a) Since it is perpendicular, it doesn't change the magnitude, and the movement counters the gravitational movement
 - (b) The original momentum can manifest itself as the spinning of the wheel, rather than the fall of gravity, due to the direction
 - (c) To overcome the gravity due to the axis combined with the circle, the pivot must supply normal force equal to the overall weight
- 3. Ω)Precession Angular Speed) = $\frac{d\theta}{dt} = \frac{\frac{|dL|}{|L|}}{dt}$, where L is that of the wheel
 - (a) Thus, $\Omega = \frac{F_w d}{I\Omega}$
 - (b) The greater the torque is compared to the angular velocity, the more the object will nutate due to the adjustment caused by the gravitational momentum
 - (c) The object must have force from the center to sustain centripetal motion, such that F $= m\Omega^2 r$

11 Chapter 12 - Equilibrium

Note: Ignores all sections on Elasticity

11.1 Equilibrium Conditions

- 1. $\sum F = 0$
- 2. $\sum \tau = 0$ about every point
- 3. Thus, the body at equilibrium has no tendency to gain acceleration or angular acceleration
- 4. If a body is at static equilibrium, it is at equilibrium while at rest, such that there is no translational or rotational motion

11.2 Center of Gravity

- 1. The torque due to gravity can be calculated by assuming it only applies to a specific point, at the center of gravity
- 2. If the change in gravity due to elevation on the body can be ignored, such that gravitational acceleration is the same on all points, the center of gravity is the center of mass
- 3. If a body is suspended or supported by a point and the body is at equilibrium, the center of gravity is on the vertical axis from that point
 - (a) If the body is suspended or supported by several points and at equilibrium, the center of gravity is in the region within the points

12 Chapter 13 - Gravitation

12.1 Newton's Law of Gravitation

- 1. $F_g = \frac{Gm_1m_2}{r^2}$, where m is the mass of each of the particles, r is the distance between them, G is the universal gravitational constant, and F_g is the gravitational force pulling each of the objects toward the other
 - (a) The universal gravitational constant (G) is $6.67 * 10^{-11} N * m^2/kg^2$
 - (b) The force always acts on both bodies with equal and opposite magnitude
 - (c) Spherically symmetric bodies have the same gravitational force acting on external point masses, as if the mass was concentrated at the center
 - (d) On the inside, it can be thought to be a smaller body, and thus less force
 - (e) Rigid bodies are broken into small masses, such that the integral is taken to find the force or gravitational field
- 2. As a result, on larger bodies, the particles are pulled into a symmetrical, spherical shape, such that the larger, the more spherical
 - (a) Thus, while a body may be spherically symmetrical, it is not uniform
- 3. Forces that act at a distance are typically described in terms of a field, or a disturbance in space caused by the body, including gravity
- 4. Weight is the gravitational force exerted on a body by the other bodies in the universe, though the effect of most is typically negligible
 - (a) The gravitational field is the graviational force on a body with 1 kg mass at a specific point, such that $m_{body}g = F_q$
- 5. Gauss's Law of Gravitation can be used to calculate the graviational field at a point, by creating a gaussian surface including that point
 - (a) Gaussian surfaces must be closed (compact/effectively-continuous without boundary in any direction), 3D surfaces, such that they are the boundary of a 3D region with a constant field throughout (symmetrical)
 - (b) The gravitational field must also be parallel to the normal of the tangent plane, A_N , on the surface A
 - (c) $\Phi_g = \oint g dA = -4\pi G M_{enclosed}$, where M is the mass of the body inside the surface creating the field, the negative signifies direction, and the surface integral of dA is the surface area, where g can be removed as a constant
 - (d) Φ_g is the gravitational flux, or the number of field lines passing through an specific area, simplifying to $\Phi_g = g \cdot A_N$ for uniform surfaces

12.2 Gravitational Potential Energy

- 1. $W_g = \int_{r_1}^{r_2} F_g \cdot dr = -\Delta U_g$
 - (a) For ease of calculation, it is often assumed that only one particle is moving due to gravity, while the other is stationary
 - (b) Thus, $U_q = -\frac{Gm_Em}{r}$, based on the convention outward force is positive, inward negative (called a bounded state, pulled toward a center mass), such that gravitational potential is always negative, equal to 0 as distance from the center mass is infinite, measured from infinity
 - (c) Close to the surface of the Earth, the potential energy formula can reduce to the simpler form of the formula, due to r_1 is almost equal to r_2
- 2. Escape velocity can be calculated as a result by conservation of energy, such that at infinity distance, U is 0, and KE is 0
 - (a) If the escape velocity is the speed of light, the body is a black hole
 - (b) $v_{ex} = \sqrt{\frac{2Gm}{r}}$, where m is the weight of the body, not the object

12.3 **Satellite Motion**

- 1. Horizontal projectile motion at a high enough velocity allow it to move far enough that the curvature of the Earth becomes a factor, create an orbital motion
 - (a) Open orbits are those where the projectile velocity is high enough to escape gravity, and never return to their starting point, shaped as parabolas or hyperbolas
 - (b) Closed orbits are those where velocity is low enough that they continue to orbit in an ellipse, shaped as ellipses
- 2. Circular orbits are those where the satellite revolves by uniform circular motion
 - (a) $v_{projectile} = \sqrt{\frac{Gm_E}{r}}$
 - (b) $E_{orbit} = K + U = -\frac{Gm_Em}{2r} = \frac{U}{2}$
 - (c) In the atmosphere, mechanical energy is used up by air resistance, until the orbit decays and the satellite falls
- 3. Kepler's laws are proven by assuming eccentricity of 0, such that circular motion formulas can be used, generally used on planets around the Sun
- 4. Kepler's First Law states that each planet moves in an elliptical orbit, with the sun at one focal point of the ellipse
 - (a) The distance from each foci to the center is ea, where a is the semi-major (half the major axis) length, and e is the eccentricity (from 0/circle to 1/parallel lines)
 - (b) The end of the major axis near the sun is the perihelion, while the other side of the ellipse is the aphelion
- 5. Kepler's Second Law states that a line from the sun to a given planet sweeps out equal areas in equal times ($\frac{dA}{dt} = \frac{L}{2m_{satellite}}$
- 6. Kepler's Third Law states that the periods of the planets are proportional to the $\frac{3}{2}^{rd}$ power of the semimajor axis length of the orbits $(\frac{T^2}{r^3} = \frac{4\pi^2}{GM_{sun}})$ (a) Thus, in constant velocity (circular orbit), $v = \frac{2r\pi}{T}$ can be used

 - (b) Due to the second law, this does not depend on eccentricity, such that it is true for elliptical orbits, although the velocity is not constant in that case

12.4 Constants

- 1. $G = 6.67 * 10^{-11} N * m^2 / kg^2$
- 2. $M_e = 5.97 * 10^{24} kg$
- 3. $M_s = 1.98 * 10^{30} kg$
- 4. $M_m = 7.35 * 10^{22} kg$
- 5. $R_e = 6.37 * 10^6 m$
- 6. $R_s = 6.95 * 10^8 m$
- 7. $R_m = 1.73 * 10^6 m$

13 Chapter 15 - Periodic Motion

13.1 Oscillation

- 1. Displacement (x), typically one-dimensionally, is the displacement of the body from equilibrium, such that the coordinate system origin is equilibrium
 - (a) Oscillation occurs when there is a restoring force on a body to move it back toward equilibrium when displaced, such that while force is 0 at equilibrium, velocity is at maximum, causing it to move past
- 2. Amplitude (A) is the maximum magnitude of displacement from equilibrium
- 3. Period (T) is the time for a single cycle, while frequency (f) is the number of cycles per second, measured in Hertz (Hz)/ s^{-1} , such that $f = \frac{1}{T}$
- 4. Angular frequency $(\omega) = 2\pi f$

13.2 Simple Harmonic Motion (Mass-Spring System)

- 1. Simple harmonic motion is oscillation such that the restoring force is directly proportional to the displacement from equilibrium, such as that of an ideal spring
 - (a) Bodies that undergo SHM are called harmonic oscillators
 - (b) While most vibrations are not strictly SHM, under small displacements, they behave as SHM and can be represented as such
 - (c) $a_x = \frac{d^2x}{dt^2} = -\frac{kx}{m}$
- 2. Simple harmonic motion can be thought of as the projection of uniform circular motion onto the x-axis, such that the circle is the reference circle, and the vector to the point on the circle is the phasor
 - (a) As a result, angular speed (ω) of the circular motion is equal to the angular frequency of the SHM, though not directly proportional to the velocity, but rather only the horizontal component is the velocity
 - (b) Thus, $\omega = \sqrt{\frac{k}{m}}$, such that frequency and period are independent of amplitude, explained by larger restoring forces with greater amplitude
- 3. $x = A\cos(\omega t + \phi)$, where ϕ is the phase angle, or the point on the circle the motion was in at t = 0
 - (a) Thus, displacement can be determined in terms of the differential equation from the force, after which angular frequency is derived by the resultant expression (x" + ω^2 x = 0)

- (b) This formula is then derived from when it is released from a phase angle of 0, such that it begins at x = A when t = 0
- (c) Thus, $\mathbf{v} = -\omega A \sin(\omega t + \phi)$ and $a = -\omega^2 A \cos(\omega t + \phi)$
- (d) In addition, $\phi = \arctan(\frac{-v_0}{\omega x_0})$ and $A = \sqrt{x_0^2 + (\frac{v_0}{\omega})^2}$
- 4. $E = \frac{1}{2}mv^2 + \frac{1}{2}kx^2 = \frac{1}{2}kA^2$ by conservation of energy
 - (a) Thus, $v = \pm \sqrt{\frac{k}{m}} * \sqrt{A^2 x^2}$, with the sign depending on the direction the body is going

13.3Applications of SHM

- 1. Vertical spring-mass systems, such that the effect of gravity is still present, can be solved such that the equilibrium position is simply shifted down by $\frac{mg}{k}$
 - (a) All other values are the same on the other hand, due to being a constant added to the position
- 2. Simple pendulums can be simplified to the equation $l\theta$ " + gsin(θ) = 0, which as θ approaches $0, \frac{\sin(\theta)}{\theta}$ approaches 1, such that $\sin(\theta)$ approaches θ
 - (a) Thus, $\omega = \sqrt{\frac{g}{l}}$, where l is the length of the pendulum, and θ is the angle measured from
- 3. Rigid pendulums are done by the net torque formula instead, such that $I\theta$ " + mgDsin(θ) = 0, or $\omega = \sqrt{\frac{mgD}{I}}$, where I is based from the axis
- 4. Torsion pendulums are build as a mass fixed to a flexible material able to be twisted, which follows a law similar to Hooke's Law for Angular Motion, or $\tau = -k\theta$, such that $\omega = \sqrt{\frac{k}{I}}$
 - (a) I must be the combined moment of the mass and the material rod, centered around the center rod axis

Damped Oscillations 13.4

- 1. Damped oscillations are caused by a nonconservative force acting on the body, generally friction or drag force, which is assumed to be F = Dv for calculation
- 2. The differential equation comes out such that $r = \frac{-D}{2m} \pm \frac{M}{2} \sqrt{D^2 4km}$, when $x = Ae^{rt}$, such that if the discriminant is positive, it is overdamped, if equal to 0, it is critical damping, and if negative, it is underdamped
 - (a) Overdamped and critically damped bodies do not oscillate, rather just decaying toward equilibrium
 - (b) Underdamped bodies can be solved similarly to non-damped oscillations, such that x = $e^{\frac{-D}{2M}t}(A\cos(\sqrt{\frac{k}{m}-\frac{D^2}{4m^2}t})$
- 3. ω_D , or damped angular frequency = $\sqrt{\frac{k}{m} \frac{D^2}{4m^2}}$, such that f_D , or damped frequency = $\frac{\omega_D}{2\pi}$, while regular angular frequency is generally termed ω_0 under those cases
- 4. $A = A_0 e^{\frac{-D}{2M}t}$ and $E = E_0 e^{\frac{-D}{M}t}$ using the previous displacement equation

 (a) $\frac{-D}{m}$ is often written for the latter formula as $\frac{-t}{\tau}$, where $\frac{m}{D}$, where τ is the time con-
 - (b) Quality Factor for the System (Q) = $2\pi * \frac{E_{initial}}{E_{lost}}$, where the denominator is the energy lost in one period, such that as x approaches 0, since e^x approaches 1 + x, $Q = \omega_0 \tau$,

such that the total quality factor is the a measure of the percent of energy lost in each period