# Existentialism

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# Contents

		residue of Other reopie	3
	1.1	Hyperbolic Doubt	3
		The Look	
	1.3	Photography	3
	1.4	Solitary Confinement	3
	1.5	Eternal Awakeness	4
_	_		
2 Readings		4	

<u>Teacher</u>: Mazzurco

## 1 The Problem of Other People

### 1.1 Hyperbolic Doubt

1.

#### 1.2 The Look

- 1. Arthur Aron's study emphasizes that intimacy and trust are needed in a relationship, and can be created by stimuli, and the look facilitates this idea of trust, forced by the questions, so that the other person can properly understand about their partner, without a facade<sub>2</sub>
  - (a) The goal of a relationship is to form a proper understanding, rather than a two-dimensional image, combining how they see themselves with how you percieve them
    - i. It is also noted that to form a relationship based on this, one has to be looked for, providing the willingness, which is one of the reasons the experiments works, by taking those willing, such that they wouldn't close off
  - (b) It is especially emphasized by the author that the interesting thing is not to look into the eyes of the other, but to be seen
  - (c) In addition, the emphasis on sharing aspects that are liked creates an atmosphere of absorbing without reflection, forced by the situation, but then a confirmation of what the other actually thinks, emphasized further by sharing three things they agree on

### 1.3 Photography

1.

#### 1.4 Solitary Confinement

- 1. The effects of solitary confinement are shown to be hallucinating voices, talking to themselves 1, due to long term lack of human contact, with even automated systems to provide food 1
  - (a) Senses began to become redundant, due to the unchanging light  $_1$  and grey walls  $_1$ , making time and sight pointless, with the exception of being able to leave for an hour each day to exercise  $_1$ 
    - i. There is nothing to think about other than yourself, but no objective standard to observe based on, such that you lose the reason for existence, and lose your ability to define yourself or those around you
    - ii. Thus, people often cling to minute details of the world around 1
    - iii. Desperately working to preserve senses 1, such that on some level, he must believe it is real
  - (b) There is no method of protecting himself or confirming any information, at the mercy of the guards 1, such that he only trusts things he and others can see
  - (c) Lack of the feeling of existance, along with the space itself, due to not being percieved by anyone other than himself 1
    - i. There are no necissary actions, such that there is no reason for existing, and no way of affecting anybody outside of the cell, such that they are fully forgotten 1

- A. This leads to experiments where isolated infants eventually stop eating and starve themselves, and relates to the experiment that humans are evolutionarily strengthened through society, and are not able to survive otherwise
- ii. Humans rely on others to confirm the existance of phenomenon, such that if nobody else can see something, there is no proof it exists in his eyes
- 2. This is related to the feeling that time moves faster during faster music and slower during slower music, such that time is observed in relation to other factors, rather than objective

#### 1.5 Eternal Awakeness

- 1. Before Inez's entrance, Garcin emphasized both the fear of neverending awareness, but also having to live with his own thoughts  $_5$ 
  - (a) Sleeping is a way to escape, as well as blinking, turning off sight of the world 5
  - (b) Harsh light that is always present, never letting one forget they have work to do, forced to remain aware 5
- 2. Life without breaks is similar to solitary confinement, without a proper passage of time, nonstop listening to ones own thoughts
  - (a) The removal of mirrors removes the last attempts to percieve other people, and prevents awareness of ones self as an object
  - (b) Lack of eyelids prevents the ability to prevent oneself from being observed, such that only others can observe

## 2 Readings

- 1. "The Concrete Abyss" by Lisa Guenther
- 2. "To Fall in Love with Anyone, Do This" by Mandy Len Catron
- 3. "Action Philosopher #133 Rene Descartes" by Fred Van Lente
- 4. "NY Rethinks Solitary Confinement" by NYT Editorial Board; Feb 20th, 2014
- 5. "No Exit by Jean-Paul Sartre"