

The following is the frequency table for the distribution of x.

Heart rate (x)	$70 \le x < 90$	$90 \le x < 110$	$110 \le x < 130$	$130 \le x < 150$	$150 \le x < 170$	$170 \le x < 190$
Frequency	5	12	20	14	11	3

2. Bar chart:

