

“Improve meetings with AI”

Whether you work at a start-up or global enterprise, we're all in meetings, all the time.

Stanford Virtual Human Interaction Lab looked at the psychological consequences of spending long days videoconferencing and in virtual meetings. The popularized term “Zoom fatigue,” is the result of maxing out cognitive load and even reducing effectiveness.

The University of North Carolina surveyed 182 senior managers and 65% of them felt meetings kept them from completing their own work, 71% felt meetings were inefficient and unproductive, and 64% felt meetings undercut deep thinking.¹

Since the pandemic, meetings happen mostly online, so it's clear that artificial intelligence will be an important part of the way we communicate and collaborate in the foreseeable future.

So, how can AI make meetings smarter/better?



¹ Forbes.com