

# Ridge Regression

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# Ridge regression: Definition

- As mentioned in the previous lecture, ridge regression penalizes the size of the regression coefficients
- Specifically, the ridge regression estimate  $\hat{\beta}$  is defined as the value of  $\beta$  that minimizes

$$\sum_i (y_i - \mathbf{x}_i^T \beta)^2 + \lambda \sum_{j=1}^p \beta_j^2$$

# Ridge regression: Solution

**Theorem:** The solution to the ridge regression problem is given by

$$\hat{\beta} = (\mathbf{X}^T \mathbf{X} + \lambda \mathbf{I})^{-1} \mathbf{X}^T \mathbf{y}$$

Note the similarity to the ordinary least squares solution, but with the addition of a “ridge” down the diagonal

**Corollary:** As  $\lambda \rightarrow 0$ ,  $\hat{\beta}^{\text{ridge}} \rightarrow \hat{\beta}^{\text{OLS}}$

**Corollary:** As  $\lambda \rightarrow \infty$ ,  $\hat{\beta}^{\text{ridge}} \rightarrow \mathbf{0}$

## Ridge regression: Solution (Cont'd)

**Corollary:** In the special case of an orthonormal design matrix,

$$\hat{\beta}_J^{\text{ridge}} = \frac{\hat{\beta}_J^{\text{OLS}}}{1 + \lambda}$$

- This illustrates the essential feature of ridge regression: *shrinkage*
- Applying the ridge regression penalty has the effect of shrinking the estimates toward zero – introducing bias but reducing the variance of the estimate

# Ridge vs. OLS in the presence of collinearity

The benefits of ridge regression are most striking in the presence of multicollinearity, as illustrated in the following example:

```
> x1 <- rnorm(20)
> x2 <- rnorm(20,mean=x1,sd=.01)
> y <- rnorm(20,mean=3+x1+x2)
> lm(y~x1+x2)$coef
(Intercept)          x1          x2
  2.582064    39.971344   -38.040040
> lm.ridge(y~x1+x2,lambda=1)
          x1          x2
2.6214998 0.9906773 0.8973912
```

# Invertibility

- Recall from BST 760 that the ordinary least squares estimates do not always exist; if  $\mathbf{X}$  is not full rank,  $\mathbf{X}^T\mathbf{X}$  is not invertible and there is no unique solution for  $\hat{\beta}^{\text{OLS}}$
- This problem does not occur with ridge regression, however
- **Theorem:** For any design matrix  $\mathbf{X}$ , the quantity  $\mathbf{X}^T\mathbf{X} + \lambda\mathbf{I}$  is always invertible; thus, there is always a unique solution  $\hat{\beta}^{\text{ridge}}$

# Bias and variance

- **Theorem:** The variance of the ridge regression estimate is

$$\text{Var}(\hat{\beta}) = \sigma^2 \mathbf{W} \mathbf{X}^T \mathbf{X} \mathbf{W},$$

where  $\mathbf{W} = (\mathbf{X}^T \mathbf{X} + \lambda \mathbf{I})^{-1}$

- **Theorem:** The bias of the ridge regression estimate is

$$\text{Bias}(\hat{\beta}) = -\lambda \mathbf{W} \beta$$

- It can be shown that the total variance ( $\sum_j \text{Var}(\hat{\beta}_j)$ ) is a monotone decreasing sequence with respect to  $\lambda$ , while the total squared bias ( $\sum_j \text{Bias}^2(\hat{\beta}_j)$ ) is a monotone increasing sequence with respect to  $\lambda$

# Existence theorem

**Existence Theorem:** There always exists a  $\lambda$  such that the MSE of  $\hat{\beta}_\lambda^{\text{ridge}}$  is less than the MSE of  $\hat{\beta}^{\text{OLS}}$

This is a rather surprising result with somewhat radical implications: even if the model we fit is exactly correct and follows the exact distribution we specify, we can *a/ways* obtain a better estimator by shrinking towards zero



# Bayesian interpretation

As mentioned in the previous lecture, penalized regression can be interpreted in a Bayesian context:

**Theorem:** Suppose  $\beta \sim N(\mathbf{0}, \tau^2 \mathbf{I})$ . Then the posterior mean of  $\beta$  given the data is

$$\left( \mathbf{X}^T \mathbf{X} + \frac{\sigma^2}{\tau^2} \mathbf{I} \right)^{-1} \mathbf{X}^T \mathbf{y}.$$

# Degrees of freedom

- Information criteria are a common way of choosing among models while balancing the competing goals of fit and parsimony
- In order to apply AIC or BIC to the problem of choosing  $\lambda$ , we will need an estimate of the degrees of freedom
- Recall that in linear regression:
  - $\hat{\mathbf{y}} = \mathbf{H}\mathbf{y}$ , where  $\mathbf{H}$  was the projection (“hat”) matrix
  - $\text{tr}(\mathbf{H}) = p$ , the degrees of freedom

## Degrees of freedom (cont'd)

- Ridge regression is also a linear estimator ( $\hat{\mathbf{y}} = \mathbf{H}\mathbf{y}$ ), with

$$\mathbf{H}_{\text{ridge}} = \mathbf{X}(\mathbf{X}^T\mathbf{X} + \lambda\mathbf{I})^{-1}\mathbf{X}^T$$

- Analogously, one may define its degrees of freedom to be  $\text{tr}(\mathbf{H}_{\text{ridge}})$
- Furthermore, one can show that

$$df_{\text{ridge}} = \sum \frac{\lambda_i}{\lambda_i + \lambda}$$

where  $\{\lambda_i\}$  are the eigenvalues of  $\mathbf{X}^T\mathbf{X}$

If you don't know what eigenvalues are, don't worry about it. The main point is to note that  $df$  is a decreasing function of  $\lambda$  with  $df = p$  at  $\lambda = 0$  and  $df = 0$  at  $\lambda = \infty$ .

# AIC and BIC

Now that we have a way to quantify the degrees of freedom in a ridge regression model, we can calculate AIC or BIC and use them to guide the choice of  $\lambda$ :

$$\text{AIC} = n \log(\text{RSS}) + 2df$$

$$\text{BIC} = n \log(\text{RSS}) + df \log(n)$$

# Introduction

- An alternative way of choosing  $\lambda$  is to see how well predictions based on  $\hat{\beta}_\lambda$  do at predicting actual instances of  $Y$
- Now, it would not be fair to use the data twice – once to fit the model and then again to estimate the prediction accuracy – as this would reward overfitting
- Ideally, we would have an external data set for validation, but obviously data is expensive to come by and this is rarely practical

# Cross-validation

- One idea is to split the data set into two fractions, then use one portion to fit  $\hat{\beta}$  and the other to evaluate how well  $\mathbf{X}\hat{\beta}$  predicted the observations in the second portion
- The problem with this solution is that we rarely have so much data that we can freely part with half of it solely for the purpose of choosing  $\lambda$
- To finesse this problem, *cross-validation* splits the data into  $K$  folds, fits the data on  $K - 1$  of the folds, and evaluates risk on the fold that was left out

## Cross-validation figure

This process is repeated for each of the folds, and the risk averaged across all of these results:



Common choices for  $K$  are 5, 10, and  $n$  (also known as *leave-one-out* cross-validation)

# Generalized cross-validation

- You may recall from BST 760 that we do not actually have to refit the model to obtain the leave-one-out (“deleted”) residuals:

$$y_i - \hat{y}_{i(-i)} = \frac{r_i}{1 - H_{ii}}$$

- Actually calculating  $\mathbf{H}$  turns out to be computationally inefficient for a number of reasons, so the following simplification (called *generalized cross validation*) is often used instead:

$$GCV = \frac{1}{n} \sum_i \left( \frac{y_i - \hat{y}_i}{1 - \text{tr}(\mathbf{H})/n} \right)^2$$



## Prostate cancer study

- An example, consider the data from a 1989 study examining the relationship prostate-specific antigen (PSA) and a number of clinical measures in a sample of 97 men who were about to receive a radical prostatectomy
- PSA is typically elevated in patients with prostate cancer, and serves as a biomarker for the early detection of the cancer
- The explanatory variables:
  - `lccavol`: Log cancer volume
  - `lweight`: Log prostate weight
  - `age`
  - `lbph`: Log benign prostatic hyperplasia
  - `svi`: Seminal vesicle invasion
  - `lcp`: Log capsular penetration
  - `gleason`: Gleason score
  - `pgg45`: % Gleason score 4 or 5

# SAS/R syntax

To fit a ridge regression model in SAS, we can use PROC REG:

```
PROC REG DATA=prostate ridge=0 to 50 by 0.1 OUTEST=fit;
  MODEL lpsa = pgg45 gleason lcp svi lbph age lweight lcavol;
RUN;
```

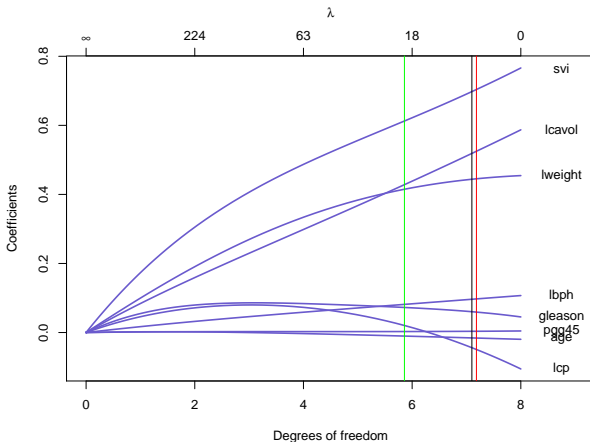
In R, we can use `lm.ridge` in the MASS package:

```
fit <- lm.ridge(lpsa~., prostate, lambda=seq(0, 50, by=0.1))
```

R (unlike SAS, unfortunately) also provides the GCV criterion for each  $\lambda$ :

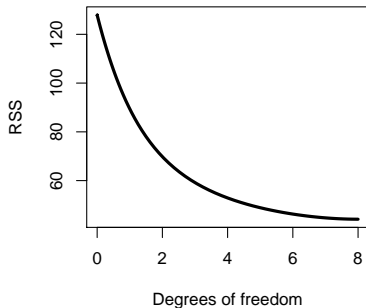
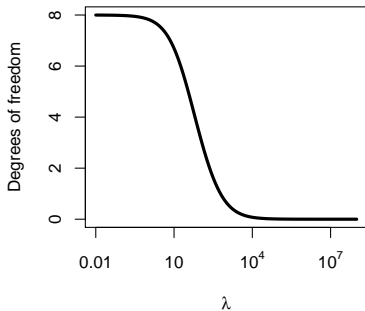
```
fit$GCV
```

# Results



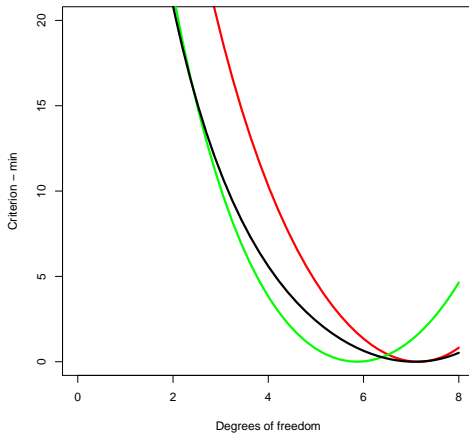
Red=AIC, black=GCV, green=BIC

## Additional plots



## Model selection criteria

Red=AIC, black=GCV, green=BIC:



# Ridge vs. OLS

	Estimate		Std. Error		z-score	
	OLS	Ridge	OLS	Ridge	OLS	Ridge
lcavol	0.587	0.519	0.088	0.075	6.68	6.96
lweight	0.454	0.444	0.170	0.153	2.67	2.89
age	-0.020	-0.016	0.011	0.010	-1.76	-1.54
lbph	0.107	0.096	0.058	0.053	1.83	1.83
svi	0.766	0.698	0.244	0.209	3.14	3.33
lcp	-0.105	-0.044	0.091	0.072	-1.16	-0.61
gleason	0.045	0.060	0.157	0.128	0.29	0.47
pgg45	0.005	0.004	0.004	0.003	1.02	1.02