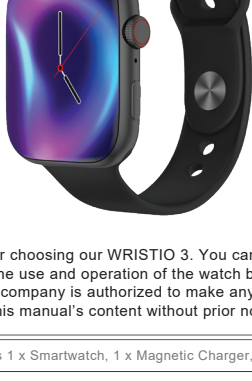


# ULTIMUS WRISTIO 3

## User Manual



Thank you for choosing our WRISTIO 3. You can completely understand the use and operation of the watch by reading this manual. The company is authorized to make any necessary changes in this manual's content without prior notice.

Packaging contains 1 x Smartwatch, 1 x Magnetic Charger, 1 x Warranty Card

### Product Outlook



1. Rotate the button on the dial to explore all the other dials.
2. Subtle press to enter the menu.
3. Rotate the button on the menu page to increase or decrease the size of the icon.
4. To return to the dial page, shortly press the button in other interfaces.
5. To switch styles, double-click the button.

### Product Outlook

#### Power Key

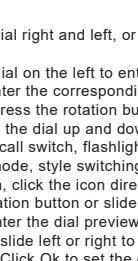
1. Long press the button to turn on/ off the watch.
2. Short press to drop on/ off the watch.



### App Installation & Connection

#### How to download and connect the app

1. Scan the QR code, download it, and install the 'HryFine' app.
2. Now, slide to the right sidebar of the dial page, click settings, and surf through to the bottom of the setting interface. Click to view the Bluetooth address.
3. Switch on the Bluetooth of the mobile phone, open the app and click on 'Add Device'. When the device is found, click the device to be connected and bind.



- Slide bar: Slide the dial right and left, or click the screen to return.
  - Menu list: Slide the dial on the left to enter the menu list, click on a menu icon to enter the corresponding function, slide right to return, or simply press the rotation button to return to the dial.
  - Shortcut Menu: Slide the dial up and down to display shortcut functions (Bluetooth call switch, flashlight, brightness, adjustment, profile mode, style switching, Bluetooth music, etc.)
  - To enter this function, click the icon directly and to return, simply press the rotation button or slide right.
  - Dial Switching: To enter the dial preview interface, long press the dial page. Then, slide left or right to preview and select the corresponding dial. Click Ok to set the dial successfully.
1. Dial-up: Connect the mobile phone and dial out with Bluetooth to call from the watch.
  2. Contact: Add a contact in the app, once it is successfully added, the phone book will be synchronously displayed on the watch. Click on the contact in the phone book to make a call.
  3. Call Record: The call record is displayed at the watch end. Click the phone number to dial.
  4. Information: Push messages can be displayed such as SMS, QQ, WeChat, etc. (SMS reminders will be blocked by default in systems above ios12).
  5. Sports: Enter the sports mode (running, walking, cycling, mountain climbing, indoor running), and then click on the corresponding sports mode data monitoring: sports time, distance, calories consumed, and heart rate data. Record all motion data.
  6. Pedometer: Track the step counting data of the day. Click left to view the step number record, clear the data at 00:00 a.m., or view it on the app. The app can set the step number of a day to reach the standard value. When the set step number is reached, the watch will be prompted to meet the standard.
  7. Sleep Monitoring: Enable sleep detection to monitor sleep quality during sleep, view sleep duration, rapid eye movement, deep sleep, light sleep, and other data.
  8. Sedentary Reminder: Set the sedentary time. When it's too long, the watch will have a vibration reminder and the interface will have a prompt icon.

### Intriguing Functions

9. Heart Rate: Heart rate: Stick the watch close to the wrist and the ideal wearing position is above the wrist bone and arm. The real-time heart rate value can be measured. The normal value of ordinary people is 60-100 times/min. Slide left to view the heart rate record.
10. Blood pressure: Stick the watch close to the wrist. The best wearing position is above the wrist bone and arm. You can measure real-time blood pressure. Adult diastolic blood pressure: 60 ~ 80 (mmHg) adult systolic blood pressure: 100~120 (mAH). Slide left to view the blood pressure record.
11. Blood oxygen monitoring: Stick the watch close to the wrist and the best wearing position is above the wrist bone and arm. The real-time blood oxygen value can be measured. The normal range of value is generally 95% to 100%. Slide left to view the blood oxygen record.
12. Temperature: Displays the current body temperature (the normal body temperature is 36 ~ 37 °C)
13. Bluetooth photographing: When the mobile phone is not locked and the app interface is opened, the watch enters the Bluetooth photographing, and the mobile phone enters the photographing interface, the watch clicks to take photos, and stores the photos on the mobile phone.
14. Bluetooth Music: It can control the music playing on the mobile phone, press "+" and "-", "-" to adjust the volume.

### Intriguing Functions

15. Settings: Include time setting, profile, brightness, language setting, password lock, sidebar, and restoring factory settings, of the machine.
16. Find a mobile phone: When the watch is connected to the mobile phone, click the "start" button, and the mobile phone will ring and pop up a prompt box.
17. Weather: If the app is not connected, enter the weather display prompt, and the degree of the current weather temperature will be displayed after connecting the app.
18. Water drinking reminder: Set the water drinking reminder time. When the time is up, the watch will have interface prompt icons.
19. Stopwatch: Start and end timing.
20. Calculator: Can perform numerical calculations
21. Calendar: View the calendar
22. Alarm: You can customize the alarm clock. Long press to delete the alarm clock.
23. Style: You can set or change the UI style.
24. Siri: Press and hold to realize the remote control.

### Things to take care of

- Avoid wearing the watch in the hot shower, sauna, or diving in daily use. When the water meter is stained with water, please wipe the surface water stains with a soft cloth before operation.
- The measurement results of this product are for reference only, and the data provided by the product are not used for any medical purpose and basis.
- If the power adapter is used for charging, the power adapter meeting the requirements of corresponding safety standards shall be used to avoid bursting or fire caused by fake and shoddy power adapters.

### Basic Parameters

**Product Name:** WRISTIO 3  
**Body material:** Zinc + Alloy  
**Battery capacity:** 200MAH  
**Body size:** 44mm \* 37.5mm \* 10.6mm  
**Strap material:** Liquid Silica Gel  
**Bluetooth:** BT3 0+5.2  
**Supporting system:** Android 5.0 or IOS 9.0 or above

#### Supported languages:

English, simplified Chinese, Italian, Portuguese, polish, Spanish, French, Greek, Persian Hungarian, Czech, Russian, Turkish, Dutch, German, Thai, Vietnamese, Indonesian, Malay, Filipino, Arabic, Hebrew, Finnish, Ukrainian