

Providing accessible and affordable healthcare is fundamental to the development of a country. Maintenance of quality of life can be achieved through physiotherapy.

Osteoarthritis of the Knee is a degenerative disorder, with lifelong rehabilitation needed to ensure high quality of life.

Most of the tele-physiotherapy techniques that cater to OA Knee are clinic facing and require substantial infrastructure. This is not suited for a resource constrained Indian context.

## **Background**

The solution is designed for adoption by Indian middle class families.

It is primarily targeted at educated individuals who would be capable at understanding graphs that inform them of their improvements and errors being made.

## **Target Audience**