

Home based Telerehabilitation for Patients with Osteoarthritis of the Knee through ICT based Feedback

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Providing accessible and affordable healthcare is fundamental to the development of a country. Maintenance of quality of life can be achieved through physiotherapy.

Osteoarthritis of the Knee is a degenerative disorder, with lifelong rehabilitation needed to ensure high quality of life.

Most of the tele-physiotherapy techniques that cater to OA Knee are clinic facing and require substantial infrastructure. This is not suited for a resource constrained Indian context.

Background