Microsoft SQL Server Express:

SQL Tutorial: http://www.w3schools.com/sql/default.asp

SQL Tutorial: http://www.techonthenet.com/sql server/

SQL Server Express:

https://www.microsoft.com/en-us/sql-server/sql-server-editions-express

SQL Server Tutorial:

https://msdn.microsoft.com/en-us/library/hh231699.aspx

MySQL:

MySQL Tutorial: http://www.mysqltutorial.org/

.NET Framework Guide:

https://docs.microsoft.com/en-us/dotnet/framework/index

MSDN library with detailed information for technical information and sample code, tutorials, etc. for .NET and other tools.

http://msdn.microsoft.com/en-us/library/

https://docs.microsoft.com/en-us/dotnet/

C# Programming Guide: https://msdn.microsoft.com/en-us/library/67ef8sbd.aspx

PHP Tutorial: http://www.w3schools.com/php/default.asp

JavaScript: http://www.w3schools.com/js/default.asp

jQuery Tutorial: http://www.w3schools.com/jquery/