

# Perioperative Thirst Discomfort Scale

Record ID \_\_\_\_\_

My mouth is dry

- ☐ Not bothered
- ☐ Slightly bothered
- ☐ Very bothered

My lips are dry

- ☐ Not bothered
- ☐ Slightly bothered
- ☐ Very bothered

My tongue is thick

- ☐ Not bothered
- ☐ Slightly bothered
- ☐ Very bothered

My saliva is thick

- ☐ Not bothered
- ☐ Slightly bothered
- ☐ Very bothered

My throat is dry

- ☐ Not bothered
- ☐ Slightly bothered
- ☐ Very bothered

I have a bad taste in my mouth

- ☐ Not bothered
- ☐ Slightly bothered
- ☐ Very bothered

I want to drink water

- ☐ Not bothered
- ☐ Slightly bothered
- ☐ Very bothered

Please rate your current level of thirst discomfort

- ☐ Extremely uncomfortable
- ☐ Very comfortable
- ☐ Moderately comfortable
- ☐ Comfortable
- ☐ Moderately comfortable
- ☐ Very comfortable
- ☐ Extremely comfortable