| **Certainty assessment** | | | | | | | | | **№ of patients** | | | | **Effect** | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **№ of studies** | **Study design** | | | **Risk of bias** | **Inconsistency** | **Indirectness** | **Imprecision** | **Overall certainty** | **Intervention** | **Comparison** | | **Assumed risk** | | **Relative (95% CI)** | | **Absolute (95% CI)** | |
|  | | | **Name of outcome** | | | | | | | | | | | | | | | | |
| 2 | 1 randomised trial and 1 non-randomized study of an intervention | | | serious | Serious | Not serious | serious | Very low |  | | | | | | | | |
| [RCT] – change to details of the study | | | | | | | | | 16/114 (14.0%) | | 68/114 (59.6%) | | **596 per 1000** | | **RR 0.24** (0.15 to 0.38) | | **453 fewer events per 1000 people**  **(from 507 fewer to 370 fewer)** | |
| [Non-randomized study of intervention] - change to details of the study | | | | | | | | | 50/250 (25%) | | 40/280 (14%) | | **142 per 1000** | | **aOR 1.1**  (0.5 to 3.8) | | The absolute effect was not calculated because an adjusted analysis was used. | |
|  | | | **Name of outcome** | | | | | | | | | | | | | | | | |
| 1 | Meta-analysis  (12 studies) | | | Not serious | Serious | Not serious | Not serious | Moderate | 100 | 100 | | The mean score ranged in the control groups from 45 points to 84 points | |  | | **The MD was 5 points higher (4 points lower to 7 points higher)** | |
|  | | **Name of outcome** | | | | | | | | | | | | | | | | | | |
| 1 | RCT | | | Not serious | Not serious | Not serious | Not serious | High | 50 | | 50 | The mean score in the control group was 35 | | |  | | **The MD was 55 points higher (45 points higher to 77 points higher)** | |

**CI:** Confidence interval; **RR:** Risk ratio; **SMD:** Standardised mean difference; **MD**: Mean difference; **aOR**: adjusted odds ratio.