

thinkTribe Proposal

Community participation, involvement and interpersonal socialization are well known to be positive influences on successful rehabilitation outcomes and all require effective and positive communication techniques. Well developed and thoughtful therapeutic practices exist to retrain patients on effective communication techniques and typically employ some form of situational awareness training or role playing, both of which however typically take place outside actual direct communication encounters. While the training and coaching is first rate, there is no real way to assess the actual daily communications of patients with their community. The problem of developing proper communications is compounded by existing commercial social media applications which encourage and enable raw, rapid responses. Our goal is to use current software technology to create a real-time channel between therapist and patient to make possible the daily coaching of and outcomes measure of productive social interactions via the internet. To gain the ability to coach patient social media communications in real time, we are proposing to create a web application specification and prototype which defines and demonstrates the necessary functionality to allow a therapist to help a patient redevelop their internal mechanisms to support positive social interactions.

A wireframe of thinkTribe can be viewed [here](#)

Project Management and Breakdown of Tasks

As I am working alone, I am using [airtable's](#) calendar functionality to both have a compiled project management with a completion timeline. I am able to categorize tasks, add notes and various fields to each record.

