

WHAT IS THE MERIT?

*Essence of Values and decision through Stages of
Human Life*

WHAT IS THE MERIT

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NYAKERI**

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For permission requests or inquiries, contact:
ratemogeoffrey17@gmail.com

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INSPIRATION BEHIND THE BOOK

As a software engineer, interacting with logics and algorithm in a day in day out activities make one come across various problems and challenges that even requires more often the critical thinking to solve either part all fully the problem that is presented before them. Finding myself engaging in daily activities that engage mind more rather than physical muscles when developing software solutions, I have always been forced to look behind and scrutiny further life around me as a result of the interplay between the human behavior and the societal values.

This book emerges from the desire to dig deep and address the growing disconnection between the actions we engage in and the fundamental principles of integrity and empathetical actions that we claim to hold. I note the need to revise and reaffirm the core values that we tend to uphold, being inspired by the challenges and complexities of modern life. Therefore, the need to define the actions and shape the legacy for the future generation.

The title, “What Is the Merit”, reflects a pivotal question that emerges through the entire book. It challenges us to consider lasting impact our decision has on our lives and most important the life of our brothers and sisters. Through are assured the reign of internal peace in our hearts and be able to take our life responsibilities fully on our hands without necessarily blaming anybody for our failures no matter the situation that we are in.

Like a wood stork a kind of a bird that catches a finicky fish at the middle of deep water and the question remains, will it be able to swallow the slippery fish with the help of its sharp pointed like peak?

STRUCTURE AND PURPOSE

This book is organized into four major sections, each section outlines a unique and specific stage following the development stages of human life, that is as a child grows or a river meandering over hills and valleys to reach its destination. This includes childhood stage, Adolescence for bearing finding, Adulthood for carrying out the designated personal responsibility and lastly parenthood for passing the values and morals.

While writing this book I suggested the need to use a real-life scenario from which to extract a valuable lesson, Further, a content of exploration and lastly a need for a call to action to bring out the true essence of the true Merit. This will act as a bearing that can help someone to navigate through life complexities that life has presented beforehand.

Whether the situation is extremely bad or good which is not the case at all times one should be able to make personal deep decision on how to handle problems about life and be able to avoid obstruction that may lead to lose of hope, having a negative mindset or ending of life prematurely in most cases.

Key Scenario.

This include a real-life scenario that I have observed or come across, examining common challenges that one goes through and the dilemmas that increases the complexity of making decisions. Further, need to shed some light to the personas involved in the scenario, this in return can help us make choices at the right time and solve problems that could end up killing our future dreams.

Content

This is a content that brings out the essence of the true merit; by exploring the scenario and thus readers are posed a reflective question which offers them a driving force for contemplating their worn-out morals and actions

Lessons

Each scenario is defined to draw out the lessons about our morals and values that are hinged on the Author's mind. This often offers a compass to navigate life's complexity more especially this modern world challenges that keep recurring.

Call to Action

These are suggestions on the actions the persona will take, the steps that will give the reader practical guidance to apply the lesson in real life scenarios to solve the life challenges alone or seek necessary guidance at the right time. This in return will help in fostering personal growth and have a world where empathy and good morals such as ethics will have common place to dwell on.

ACKNOWLEDGEMENT.

I'm sincerely grateful to those who have contributed to the development of this book. This includes freelancing Clients and reader's feedback. Special thanks to my family members. Above all thanks to the Almighty.

DEDICATION

This book is a dedication to my grandmother Keremensia Kerubo. She lived a humble life full of empathy. Observing her action since childhood and her ability to solve complex problem alone. She lived to expect her family to grow in love, unity and harmony.

Her desire to deserve her children rely on education was her main mission despite the family challenges that she faced e.g. financial constraints that let her drop out of school. Leaving behind a family that followed their life desires and most important being concerned of their brothers and sisters around.

Her hard work and persistent soul in all her activities was the spirit that dwell in her veins and ability to multitask and further taking long time to think of complex problems which required multidimensional thinking. At the the time she was born education was not fully grasped by many therefore will deny by saying she had entered a computer algorithm class and learn how to solve complex problem rather does she knew what computer algorithm meant in such environment she grew up. Or live by deny by saying she attended any computer science class to learn such

But from my observation later I can relate the powerful computer algorithm technics such as define and conquer method approach that are employed in computer algorithms to solve complex computer problems.

May she R.I.P.

INVITATION TO ENGAGE.

As you read this book “What Is the Merit?”, I encourage you to reflectively and humbly read the scenarios. Consider how the morals and values discussed, apply to your life and the actions it requires to reciprocate and practice. See where you have failed and mend the crack, through this let us pass good morals to the future generation.

This book is not just a showcase of scenarios that the author has experienced or rather came across, but just a call to action that is, what you as a reader is intended to do in order to make life of you and the surrounding such appealing. By reflectively reading the scenario and learning lessons we can contribute to the better world and leave a long-lasting impact.

It is my hope that this book will inspire you to consider the true merit of choices and decisions that you make and in return brings an impactful contribution characterized by good values such as integrity and empathy.

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INTRODUCTION

What is the merit?

Remembering those lonely morning, waking up as early as 1.00am trying to fix up software itches which sometimes end up not to be fixed at all. It required persistent and disciplined mind to take up the responsibility fully without anybody's blame. Further, I put limitation on myself in order to achieve set timelines and milestones, cancelling unnecessary trips, vacations that involved me which didn't matter anymore. I did this for the benefits of others.

But at last, what was the due I got in the return?

Self-centeredness reigned, People who I sacrificed for disappeared and some changed their phone numbers for the simple reasons like avoiding payments of the services that I offered wholeheartedly. They were not bothered of the trust that we had strived to make all this time through engaging in these online activities together. To my surprise some of this people we had never met before or no one knew each other's physical location nor their origin but the services we involved bonded us together.

At midnight you will get a random call, check I have sent a task.

Then you, after checking and doing the necessary.

Follows a response either," not doable "or "Done and submitted". This was our common origin.

Some disappeared never to be seen again, some returned paying half of the agreed money giving excuses onwards.

Forwarding calls become a common religion. People taking advantage of the innocence.

But I appreciated the unknown for coming up to my consolation, the little we shared and what we learnt from each other was just enough to me.

During the interaction period, I was the one who was calling to inquire about the progress of the tasks and no any given instance I failed to offer the services that was presented before me. I took the tasks both simple and complex ones as my own. Not giving any excuse despite challenges that a lose like power pluck out (which I went up to an extent of purchasing a backup generator for such cases), distress and stress that led one not to concentrate. I buried all those problems and assumed all is normal and solved the tasks presented before me like anything else. I got pleasure giving all round tutoring all over the world from just a single point of sitting, offering endless consultation and even debugging of codes at my own pleasure.

What then are we looking for in this world, if you can't even pay for the services you are yearning for?

The truth is, the Maker created us to toil and moil to make ends meet but why should your daily bread contain some blood of suffering?

People don't fear anymore...

This is probably due to entering into marriages, influence of societal pressures, ranks in the society and unnecessary competition from hopeless colleagues who are classified as "doomed generation". Youths who have chosen to settle for less due to some personal reasons.

Like a tree that is subjected through thorough cuts and now sprouting again.

Loosing hope sometimes remains the only option to choose from and has become a norm nowadays due to problems that arise every now and then. Naturally being a silent and secretive individual has helped me to solve internal problems and pressures without seeking more of outward personal involvements and consultation.

I will go somewhere a cool place far away from building and people who can cause unnecessary interruptions. Take a nap for some few hours with Packed lunch inside my laptop bag. Take deep breaths, looks at the sky and the beautiful sceneries around me and think of positive thing that life has for me.

Why receiving all these unnecessary objections?

Why unworthy competitions?

Why people trying to copy someone's life at all means without understanding the price beneath the life one is living?

I took this break in order to excise my mind since this was the only tool I had.

The reason I never lost hope is that I began realizing earlier in life, that life has got something big for me. Suddenly, at the middle of all this deep pressures, deep thinking and taking deep breaths about some couple of hours I will get a random call, “kindly check WhatsApp for a project and let me know whether we can find a solution? “When I check I be like, ah this is just a simple task!

Immediately I initiate a response and the client sets a milestone initiating a payment agreement and deadline and the work begins as usual. That is the time I got the new self and immediately I resume to the task again since the skill is inside me and I need to put it under work.

Training our children to handle problems and being able to call for help when in need is the best gift a parent or guardian can give out.

It is the worst choice to let down the tools.

As a software engineer letting down the tools because society around you gives pressures, families are engaging in endless marital conflicts, and even friends who have bad behaviors are seeking your attention for their wreck less decisions. If you can develop and solve software problems or any problem that requires your creativity that no one around you can't even solve, just move on and continue to impact the world. Anyway, it is the world that is giving you peace of mind and a place to live in without paying back.

Don't fight back.

Just build yourself and change yourself from your own capacity and capability.

Adopt the spirit of taking rather giving out more. This will reduce life anxieties and ghost friends who act as hosts and thinking more of themselves.

They will only appear when they have a problem but when you finish their problem they disappear forever. Either they return when the problem reappears again in the future or never.

They are only living for selfish gain.

A time will come when people will learn and change their bad behaviors and find their best place without necessary causing harm to innocent souls. A life that their conscience entails and leave behind good marks that the generations they are leaving behind will find joy and comfort in.

CHAPTER 1

Selfless and Delayed Kindness

Planting the seeds of Empathy

Imagine a community water source point in a rural place, where two women have come to fetch water under the scorching sun. The first woman has a handful of containers to fill since the surrounding depended on the government water flows that they paid bills every month, so water was that limited and of value, the second one has only one to fill. The water flow slowly from the tap. The woman with plentiful containers is at the front line. As she fills the 4 th container, the water ceases flowing, leaving the second woman with her only container with no water to take back since she arrive late at the water point.

Later at that day, as the second woman who failed to get some water from the water point struggles to prepare food without water, she yearns for help from her intermediate neighbor's first woman whom they were at the water source point hearing the distress, reluctantly offers one of her filled containers that she had filled and stocked without caring the neighbors who were behind her at the waterpoint. The woman helped but this act of giving comes too late despite her generous giving. The first woman could have allowed the second woman to fill her only container while at the water tap in order to avoid the distress in its entirety. But now she acts to offer help but at the last moment when someone is distressed and lost hope. Even making a decision of asking help which from my view would have been solved at the water tap point.



In this modern world, we are at a certain level where we are witnessing a growing trend where people have become self-centered. That is, thinking of themselves first no matter what it takes. Lending a hand is not enough but lending a hand at the right time when the receiver needs the lend is the best thing any giver can do.

The worst place to be, is an environment that lacks peace which often is as a result of poor decision making or making rushed decisions which at last affects not only us but the surrounding at large. People are people and obvious people are different. Raising focus groups so as to make someone forget his or her dreams or change focus to the problems that are not necessary at that same point. The people who are at the state of lending help, often delay the act of kindness until the moment has passed, time has elapsed and their action has lost value.

A child misses important exam and ends up repeating the same class. Good Samaritan comes to help but often at the late hour. How will the child's lost time be recovered if he/she is helped after their classmates have done exams and promoted to the next level. This brings distress to the child and more often end up losing hope in achieving their dreams.

This tendency even extends to children themselves. The act of sharing or helping coming too late. Take an instance of this day primary school life, A child forget to submit his assignment because he was late from home afternoon for many unaffordable reasons but his desk mate cannot make an effort to notify their class rep about the matter when collecting assignment books. Only when the teacher comes back with the books to find your name being called that you didn't do the submission and what follows is a punch of punishment.

In a society where people are more concerned with their own interests, we see instances until someone is on the brink of losing hope whether from hunger, social exclusion or joblessness before offering help. Someone needs only a 10 cent lend to finish all the problems but at a times ends up being categorized under the same cluster as someone who owes Sacco loans of billions of money. This is because we are different and life puts us in a different dimension. Through navigating these problems or making necessary action to fulfill the needy desires on the right time when the help is needed makes someone live.

“From my religious belief, treating each other as brother and sisters, carrying each other’s heavy load without blaming each other in any way is the way to go. Having sympathy even to animals that are hungry and feeds them is what I lived to practice. The need to console the creatures even at their lowest moment is the spirit that I yearned for.

Not that I had been taken to a law class and study the complexities of what the law of the country pertained about the wildlife and domestic animals that existed around us.

No!

or rather I learnt that there are laws that govern creatures and pets around us, but I was happy seeing them around me.”

This help or what we refer to as delayed kindness, mercy, charity...often does not address the underlying issue that was created when the person needed the help. It only ends covering a deep wound that will never heal.

Take for example in our country how job opportunities are distributed. They are most of the time not based on the merit, what someone can do but based on the connections and who you know.

A highly qualified individual may be look down upon maybe because the applicant failed to provide the right contacts in her resume whom maybe they will have followed using other means to give him/her the merit he might deserve. When opportunities are given by means of favors, it does not only undermine the potential of those who deserved the job but develops a cycle of inequality that is endless and infinite which most of a time causes a lot of distress. This makes those missed the chance do little to make up for the lost chance.

What is the merit in such actions?

You will defend your skill or rather the knowledge you have gathered but only if you lack a strong base of faith you end up leaving your skill lot under the empty fields. It will be of no value since at the end you will have the skill but of no value since you lack the necessary support to put it on place or practice.

This has led to killing of dreams or someone parting to a different field in order to fulfil the needs of the stomach. This has led to degradation of a country's progress since the right job force is not recruited based on the value that one can offer but given in exchange of material possessions.

Take also a day-to-day trend, we have moved from the traditions where children entertained their parents at home maybe after work through singing, dancing, poetry, verses and through these activities the parents were able to track and take into account the progress of their children. Nowadays, we have moved to social media platforms like TikTok, YouTube, Facebook etc. Where our ways and actions are not even tracked due to complexities that have been brought by these complex technologies.

It is a Blackbox which only surface over the UI and most supportive functionalities are laid deep in the backend.

Take this scenario for instance in the past moments we saw our parents' capturing moment like when a person is hurt, when a child walks for future memories and remembrances. But nowadays we see mothers and fathers capturing moments of their children's lives, not for the sake of preserving memories anymore, but to exploit these moments for worldly measures such views and likes on social media platforms like TikTok.

It is likes again.

It is downloads again.

It is sharing again.

Not preserving memories.

The platforms have attached some values like payments, fame like introduction of blueticks on X space. But what is the merit for exploiting the memories for your child in what is classified as irresponsible way.

“A child often finds himself at the middle.”

Take for instance this family having one child, a father is seen sitting at the sitting room serious scrolling over the phone and the mother is seen making some reels and short videos over her phone at the bedroom. At the realm of these two parents lays a young girl lying down on the floor mercilessly which you can tell from her facial expression. Quickly the girl moves to the bedroom and comes with her coloring toolbox and makes these fun drawings. She draws one object that from the observer's view seems like a woman trying to dance on front of a camera and to the right side another object a man holding a phone sitting. Then suddenly picks up the art and presents it to the dad who was near her.

Sometimes our actions have led to hurting young individuals who may be needed help and guidance from the parents but the one necessary for providing guidance tend to be busy all the time.

But as a result, it has led to leaving behind unforgettable memories which most of times is not a good picture that is being portrayed.

The parents priotise the potential fame and financial gain over well-being and privacy of their children. What is disgusting you find someone's child weakness becoming the funny part and is traded for fleeting internet fame, and the true value of this moments is lost.

What is the merit of such behaviors?

Like see, just meeting an insane man across the street is normal, until one day the insane, turns to be your close relative or friend that you know.

As we explore this modern world it is becoming clear that actions, we take are not only harming others but ourselves also. The actions may be driven by the bad habits like greedy, selfish gain and most worrying desire for validation.

Currently we can't by any chance see the merit of action but the long impact is on ourselves and the society as a whole.

We need to ask ourselves, are our actions building a better future or we are busy killing the future by causing deep wounds which will remain in the souls of the future generation entirely.

From the observer's view the young girl's art was not just fun objects. But her father's view sitting and scrolling over the phone and her mother's view in the bedroom who was dancing and making some reels to post on social media. This had deep meant, and to my view this child had many thoughts before presenting what was in her mind.



Delayed kindness and any form of help, favours and exploitation of vulnerable moments for personal gain this all have a common origin.

Communities have been disconnected from the moral behaviors that have been inclined through the ages. Values such as compassion, empathy and integrity are looked down upon nowadays as long as someone does not find satisfaction in the activity that he engages in.

To understand the merit, we need to turn to logics and critical thinking. Let us question our conscience. When we strip away emotional and social justifications for these actions, what remains is a reality where these behaviors are unsustainable. This bad behavior erodes the trust that exist, weakening the bonds that bind the people together.

In this modern world where people act primary for self-interest. The relationship has become transactional even am surprised how do we transact relationships?

“Which bank has many transactions?”

And of course, what are the true names of those banks. Do they even exist?

Friendships nowadays are maintained not out of genuine care but what someone stands to gain. Trust has been eroded where someone who has been pinched from this awful behavior never wants to associate with the actors anymore even if it is a family member.

Awful behaviors like nepotism may seem harmless. Like imagine helping a lover, a family member or a close relative? However, when this is examined through a sieve of fairness, it becomes a killer of progress.

“Take this software engineering mentorship”

Imagine a scenario where a CEO of a startup company like GitlabsValy Software company, needs a team of programmers but due to spirit of nepotism recruits closely related people without considering their skill in software discipline, availability of technical skills to handle software problems in the software company.

Being from software discipline I understand what a skill entails to software development industry. Being able to turn the skill and solve underlying problems of the target software company is the desire of every IT recruiter.

At last, the company will fail and there will be no progress since the employees will not be able to comprehend what the software company entails.

This will end up outsourcing developers to do the job to cover the nakedness of the incompetent employee, this means as a manager you will spend more—As you know, no manager will take that step no matter what. It will be a loss.

By prioritizing connections over qualification and knowhow of the discipline, we hinder innovations that will make our lives easier. The long-term effect will be suppression of excellence since we have allowed the empty values to pave the way.

Further Taking advantages of the innocence of others more especially children for personal gains will not affect the rather only, but also the future generation too.

Children who grow in environment where their excellence and progress are measured in terms of likes, views and downloads are likely to develop a skewed of self-worth. They come to believe that their value is measured by means of external validation not their inside qualities and abilities.

This may lead to loosing of moral compass for the future generation.

A generation of views, likes and downloads...



Let us encourage children when young to dive in more actions that are empathy driven rather than self-interest. Let us learn to leave long term impact since if the first generation did not set good standards there could be no generation now. Let us not only educate but let us be good example.

In terms of job opportunities advocate systems and practice merit over connection. Let the system sieve according to what you are able to do, not to what extent are you related. This enhances transparent hiring and equal opportunities. Give the merit to where it belongs not to how much I know you.

From the cybersecurity point of view an existence of a vulnerability is a major threat to a system and this can lead to attacks. If you find a child is hungry to the extent of counting the ribs don't take advantage of that just look away to feed the child first and that moment will be preserved.

Don't delay the kindness or the empathy kind of practices. Encourage parents to preserve the sanctity of childhood rather than exploiting them on the social media for personal and selfish gain.

Let us build the relationship based on mutual respect and trust and shift it from a transactional one. Let us have honest motive and seek meaningful connection. Let us not base friendship as a transactional and dig deep to the givers without even considering their ending state after satisfaction of taker needs.



As we reflect on the modern world let us continuously ask ourselves what is the merit? Let our actions align with the values we tend to uphold. Or we are contributing to the very problems we lament?

Imagine a young man who is ready to marry laments over a problem that his father could have given advice or solved earlier before making the decision on marriage.

These sections encourage readers to examine their own behaviors and impact they have on others. Let us strive for deeper approach to life.

CHAPTER 2

Adolescence stage

Bearing finding

Take this scenario in affluent apartment, which is known for the luxurious and high standards, a young couple with two children decided to introduce a rather different approach into their lives they began raising chickens right in the heart of their living environment. This decision raised concerns among their neighbors, who were annoyed by this decision of introduction of pets into such a cool and well varnished setting. Laments circulated about how the couple was bringing what we refer to” bad Oduor” into the surrounding and disrupting the clean nature of the neighborhood.

This brought chaos and even some neighbors were complaining and placing notice to leave the apartment.

However, the couple had a purpose behind their decision, one that went beyond the physical look of the neighborhood or rather beyond that the decision of raising chickens in an apartment. Rather than raising their voices every now and then over their children for wasting time after school or getting distracted on their way home, the parents cleverly turned the care of these chickens into a daily responsibility for their kids.

The parents called themselves for a meeting calculated the time their children were typically released from school and set a specific task to be done till they are back from work. This was to ensure that the chickens were safely indoors by 6:00 PM every day. This responsibility extended beyond just bringing the chickens inside. The children were also required to clean the area where the chickens slept,

feed them, and make sure they had fresh water in the morning before they step out of the compound to school. These tasks became a daily routine, and the children gradually embraced this responsibility, To the parent's surprise they observed how their children further went down and divided the jobs among themselves.

Over time, the children became more punctual, focused, and less idle and more responsible. The simple act of taking care of these chickens instilled in them a sense of duty and purpose. It gave them a task to look forward to each day, reducing their chances of getting involved in unproductive activities which may have resulted from acts such as being idle and time wastage. The neighbors, initially critical, began to see the wisdom in the couple's decision as they noticed the positive changes in the children's behavior.

Most neighbors were complaining always of their children spending more time at the roadside instead of making an effort of going home quickly to carry out other more duties.



In this modern world where children loss the compass of life anytime, this may be due influence of technology, drug abuse, bad company, societal pressures, spirit of adventure etc. This may endanger the future species by dropping out of schools, getting early pregnancies, diseases and failure to achieve most important dreams so that they make the world a better place to live in.

It is a parent's responsibility to guide their children. It is not necessary taking them to school in the morning, taking them lunch to school and getting them back home. We have to do more than these societal formulae that were instilled previously—just let us make some changes as the world changes.

Take this scenario of this virtual software company, realizing people have a tendency of posting more on social media for fame even when in danger. So, under their notice they place a warning note saying:

“In case of fire in the building just leave the building before posting it on any social media platform”

Instead of spending more time in school work, children require rest and some exercise. I was exercised when I meet this child engage in mind teasing activities.

Imagine meeting a certain boy at a water spring with his rubics and takes some few seconds to solve. So, by calculating the time is getting water he could have solved his rubics and return home with water. Instead of him just sitting and relaxing waiting for the next activities.

Children are equal but what you let your child consume is what determines the future of the child. Good parents know how to treat their children without necessary using brute force of any kind. Let a child learn from the actions. You want your girl be a respective wife in the future as a woman let your girl see your reaction in the house when you are with your husband. When you are not in good terms try to hold your anger, take time to make the right decision. This goes the same to boys it is the responsibilities of both parents to mould their child behavior.

The scenario illustrated in this section “hen problem” it does not necessarily mean that the other neighborhood to also turn to chicken rearing in order to keep their children responsible. That is not the case, but the author suggests that the parents or those who are responsible to navigate through life complexities and see what is right to the children under their care.

I remember my father used to take me when I was young to help in outside chores like fencing. So, one day he told me to be hammering some nails as he looks for good posts to mend the fence that was destroyed by tree felling. I manage some and I didn't manage the others, when he came back, he said actually I didn't even think you will manage that task, but only wanted to keep you busy until I come back. This made me feel motivated.

As we will be fencing or of a sudden, we will come across animals like chameleon. I expect him to kill, but he carefully uses a stick to make the chameleon walk and he instructs me to take it to nearby push carefully not to harm it.

From this I learnt by just seeing what my dad was doing. It really encouraged me to extend that compassion to my friends even in school. I see some friends harming animals then I will be like, “no don’t do that”. I always felt pity.

Mothers were not left behind she molded me and instilled discipline and responsibility. Further, she took time to give advice in a good and a simple way. I remember one day I asked her,” what Is that objects on the Electricity poles that looks like a bunch of mushrooms?”

She kept quiet for a while, then all of a sudden, she said, “you see if you just take time at any nearby electric pole or have just a stare on electric wires or just point a finger from a distance. You will get stuck there”. From that day I feared even reaching near electric post.

A good way as parents is to teach children when they are young using practical lessons. Don't seem to be busy. More especially this time parents have no time for their children. If not in TikTok, is in Facebook or WhatsApp. Just have a control over this digital platform. Have time to mould these behaviors as you balance with the online platforms in the good way, at last we need this social connection to make ends meet, or even connect with our families all over the world. Remember the child is growing and you will miss this golden chance which was the right time to teach and mould your child.

Somedays back I was astonished by a certain act. A certain woman was like,” the way I love children I will not want to see anything bad happening to my child”. Children are a blessing from the Almighty. So, one time the child wet his clothes and the woman was like,” now be like that the whole day, you are disturbing and disgusting!” . Actually, the woman was in TikTok and was watching some reels. The child lied down there helplessly.

It has become a common religion to only say but when it comes to actions no one wants to portray the actions they are claiming to uphold. What Is the merit for such actions.



Giving children tangible responsibilities can significantly enhance their development. More often in this time where we have a distraction of technology and other idle initiative just let it be your routine to give your child a purposeful task. Through this task they will learn discipline, know how to manage their time well, adapt the spirit of teamwork, learn to ask help when the problems are bigger than their capability and also learn the value of hard work as they await their right time to interact with the technology and such.

Actually, the couples deciding to rear pets in the luxurious apartment was not necessary. It is not that they wanted to have a Kienyeji chicken meat or lacked money to buy chicken when in need. The act of commitment was instilled in their children's growth.

At first the neighborhood sued to leave the apartment on seeing the chicken the first day, but as time goes by, they even didn't see the 'bad Oduor' anymore. The place was orderly and the chicken waste was cleaned and disposed safely in the apartment's dustbin and a garden nearby. The neighborhood saw the sense at a later time and watched as the children grew up being responsible children.

As parents there is need to strive for essential skills that goes beyond the academic knowledge that a child gains through learning in school. The act of caring, accompanying parents in outside chores promotes practice life skills that needs to be embraced.

Most of a time in this modern world it is not easy to start something more especially when that thing is in a unique environment.

This scenario highlights how initial resistance may kill useful opportunities but learn to turn the resistance into opportunities and make the world a better place to live in.



As parent or guardian let us uphold the actions which we tend to uphold. Seek to give responsibilities to children that align with their abilities and interests. These responsibilities can help children to find the compass of direction without necessarily using force or harm.

It is also a good practice to incorporate practical skills in the daily routines. This will help the children to be prepared for the real-world challenges they will encounter as they prepare to enter to adulthood.

Even in your absence a child will create a solution from relating a past practical skill and as a result he finds a solution.

Furthermore, teach your children that there are problems bigger than them so that they know the exact time to seek help so as to avoid distress in their lives.

To handle critics in anything you engage, let the results speak for themselves and let the critics see for themselves and learn. Don't ever become defensive in anything but let the result take the course and post out the outcome.



It's important to prioritize the well-being and development of children over conforming to social expectations. Parents should feel empowered to make unconventional decisions if they believe it will benefit their children in the long run, even if it initially draws criticism from others.

CHAPTER 3

World of Responsibilities

The Weight of decision

Imagine a couple, after several years of marriage, standing on the brink of divorce. Their relationship, once full of promise and love, has declined due to unresolved issues and a growing lack of trust. Despite having made promises during their wedding, a ceremony intended to unite them in a holy bond at the future life they find themselves blaming each other for the problems that have surfaced Infront of their eyes. The trust that was supposed to be the foundation of their marriage has eroded, leaving behind disappointments.

In their decision to divorce, the couple faces the painful reality that their children whom they rejoiced as a result of their bonding, whom they brought into the world with hope and love, will now be left to navigate the complexities of life without the unified support of both parents.

The children, still in the midst of their education and far from making their own life decisions, are suddenly forced to enter situations that they had no hand in creating. The weight of the parents' decisions now falls heavily on their shoulders. The father now seeing no value in the woman whom he sacrificed for. Some women who also forced by unaffordable circumstances like early pregnancy which led to school dropping and earlier marriages now ends up in vain. Someone now changes focus to another thing not the marriage that they were excited to start.



Life is changing so quickly; People are empowered and are made to realize their responsibility when they enter into the adulthood.

But who is ready to live and spend their rest of the life with such empowered people?

Most of the time things don't go as expected. Couples may meet when empty handed and take vows to begin life. They take everything as their responsibility. As time goes by, children come into their life, some realize they need to move on with their careers. As family increases the first objective that they instituted during their relationship starts to erode.

The relationship and the unity that was once felt in marriage starts to fade away. Couples see their careers are important some also transfer their love to the children, without knowing one day the children will grow, begin their own life at the future. As all this life requires all this, it needs us couple to maintain the distance from each other, let not the responsibilities keep you away from developing and growing your marriage together. Remember you began as two and all the same you will remain the two of you when children will also walk out to build their families.

But what was the merit? Of creating a series of families that have no morals in it.

Good couples will help their children to solve cracks that are in the recent families without inheriting to their future families.

However, most couples realize later when they are only two in the house is when now you are supposed to pass the salt to each other, but to the surprise the candle that was once lit is now off. There is no peace in the house only blames that you can never tress the root cause.

There is no unity anymore in the families. The couples taught transferring their love to children instead of growing their relationship was the better option.

Now see, everything has turned bitter!

Some children delay marriages even after they are at the right age to marry because they don't see any value in the marriage anymore. Their families had a lot of chaos every now and then this led to some of them hating the other gender since they felt all of them are the same. This result to divorce which come unplanned, children are left alone to explore the complexities of life alone.

In today's fast-paced world, where one problem often leads to another before the first is even resolved, the weight of our decisions has never been heavier. The challenges we face as adults—particularly in the context of marriage, family, and personal responsibility are multiplied and broadened by societal pressures, religious expectations, and the ever-increasing complexity of modern life which no one is understanding.

Yet, despite these challenges, the merit of our actions is often lost in the rush to keep up with societal norms and expectations so as to cover the wrong rushed decisions that was made.

We have seen in this pace changing world where there is a disconnect between the religious beliefs and the actions we tend to uphold. Religion is compass for several moral lessons and it is to our expectation that beliefs should hold to what their religion entails.

Yet, in the modern world, there is a growing disconnect between what we profess to believe and how we actually live our life.

Take, for example, the individual who rushes to attend a morning mass, eager not to miss a single prayer or sermon. In their haste, they may step over a fellow neighbor who is in need, lying on the ground, ignored and forgotten. This existing boundary between religious observance and the failure to live out the principles of compassion and kindness raises a critical question.

“What is the merit of religious believing if it is not a mirror of true nature and meaningfulness of our actions that we portray.

Treating others is the reflection of the religious believes not the rituals and the ceremonies that we uphold. Couples of sound mind asking for a divorce that have even wedded is not a good sign to their families they are creating. This leads to reduced trust and killing of future marriages.

When our actions fail to align with our beliefs, we not only undermine our own integrity, but we also contribute to a world where religious practice becomes an empty shell, devoid of the values it is meant to uphold.

Furthermore, there are cases for rushing to conform to society needs. Some norms and expectations which often expense of personal values and integrity.

Take for example a family that raises barriers for the bride in terms of dowry to the extent he loses hope and fail to get the love of her life. Some couples even advice the children not to marry from certain families because they are not from their class in terms of careers and education, power and rule. Which of cause is true, but where is the merit for the bride?

“The question posed if love is bought then from my view that same love will be sold, but this time it will be sold expensively.”

That is why we have this decay of morals since the couples came together based on some criteria not their decisions. Children are left wondering after break ups which results to lack of parental guidance and care, lack of schooling and even decay of morals.

What is disgusting is that children even loss trust in their parents or guardians since what they are supposed to be doing is against what they expect. Take for example a child noticing her parents who are in a managerial somewhere taking benefits to give job opportunities and these same parents are telling their children to work hard and belief in Almighty.

“What is the merit in such actions.”

The immense pressures in this current world have led to decay of morals, whether it's rushing to church to avoid missing a service or entering into marriage because "time is running out," these actions are often driven by fear rather than genuine desire.

Do we have mercy and pity for the generation we are creating, one of the most significant decisions in life is marriage. A decision that should be made with care putting in mind the responsibilities that awaits you. This should be an individual decision and more or less should not accompany in any compliment, since this is a life time decision that is individually dealt with. However, in the modern world, many people rush to make decisions due to external pressures, such as the fear of aging or societal expectations.

Have something to leave on top of the families that we are rushing to have. Rushed marriages result to divorce that leave children in a deep wound that will not recover. Some families lack peace after marriages since the characters and other personal well-being were not considered when choosing marriage partners.

Furthermore, people are marrying for the wrong reasons, take for example marrying because an institution requires married people to hold certain position since they prefer them as mature.

The desire to be left behind is also killing the marriage, The modern world does not want to uphold with the fast-changing world. A world that expects you to keep more than one thing may it be a family, career or service so as to make the world comfortable, if we think the current world required only to leave behind families to fill the world then people were expected to marry in their adolescents.

We could not leave to fight moods, feelings and desires of the body during adolescent only to come later to adulthood and some people tries to prove that all was nothing, human is to error.

No families stand up nowadays. It is so cruel.

Adulthood welcomes one to full responsibilities where every problem is 100% your responsibility you are ready at any cost to take the responsibilities fully.

Further, if we base marriage on materialism let us not fear breakups that occur later in life. Let the marriage be given with merit and support where necessary.

Give other generations a chance.

If you think when you have done everything in this world and you expect the world will end with you, forget. There is a reason for each and every one in this world.

Let us maintain and take care of life.

Take an example of this pear choker a bird that uses dead logs to store food for winter.

It cleverly drills holes smaller enough in size so that other birds will not steal her food and bigger enough to prevent the food from being spoilt during this long storage period.

The true purpose of relationship and marriage is union not transaction. The excessive demand for dowries from families which even is busy taking care of other youngsters to complete their education is not such worthy. Your life is 100% your responsibility if you don't wake up and comfort yourself no one else will.

What is most worrying is the status and validation that couples are unto, in today's world many people pursue careers and even enter into relationship not out of genuine love. Other take it to prove they are worthy or as a means of competing with the allies who began the journey early. We should have a skilled mindset that aligns to one's true self.

Take an example from software industries and as the pace of the technology increases you need to hurry also to be in place or else you get outdated.

Let us have a purpose and not pursue anything for social validation but have a clear goal that you want to achieve and leave a legacy to this beautiful world that bore you. Have a gift for this world that has been friendly to you.

You won't be surprised why most programming 's books cover is mostly represented using animal's images

...Does it mean that the writer doesn't have their loved ones, children they love and put them as the illustration for the cover on their books?

Why animals on the cover page of programming books? Does it mean we code animals or whatsoever, we code for the animals to understand our code?

No.

All this is done to reduce the complexities of the code and simplifies to what we interact with daily or see and relate the complex code as simple as animals.

Take for example this programming book that has a picture of warthog which we refer to as “the hog -the V-16 turbo acceleration engine”. Aha, Think of this animal, the crazy things it does in the jungle and ,most of all the acceleration speed it possesses even the king of the jungle fears and sometimes fails to catch the hog .It also as this reverse parking capability which no any other animal in the jungle can do it.So when a software engineer deeps his mind across such a programming book he will understand since so far he understands the lifestyle of the warthog. This is a great way of learning and making complex problems seems easier.



Strive to live authentically, making decisions that reflect your true self rather than conforming to societal expectations. By doing so, you contribute to a world where merit is measured not by outward success, but by the integrity and authenticity of one's life.

Let us reflect on the decision that is made in critical areas like marriage and religion, let us be true and avoid external pressures and social validation in what we do.

Let us do something because we want to make the world a better place to be.



The weight of choices that we make most especially in the adulthood ranging from religion, marriage is becoming unworthy. Social pressures are directing our decisions and therefore what we choose to do is not out of passion. By aligning our decisions with our values rather than beneficial gain can assure us a meaningful life and true beliefs are cultivated.

WHAT IS THE MERIT

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CHAPTER 4

Parenthood and Impact

Passing the Values

In their third year of college, three friends who had been inseparable since their first year faced a significant turning point. Together, they had shared many experiences, relying on one another for support and companionship. Sharing almost everything together. Consoling each other even at the lowest moment, no one dared to leave. As the time for their mandatory internship approached, the pressure to secure a placement began to mount.

One day, the three friends decided to visit a cyber cafe to print the necessary documents for their mandatory attachment applications.

Two of them hurriedly prepared their resumes and cover letters, eager to submit them to several companies to try their luck since the slots of mandatory attachment in the companies were limited from the time of Corona pandemic. However, one of the friends appeared unusually relaxed, browsing the internet and making use of the free public internet instead of focusing on the task at hand. Concerned, one of the proactive friends asked, "Why aren't you printing out your documents? We should have several copies to leave with at least three or four companies in case one doesn't work out. "Let us wake up guys.

To their surprise, the relaxed friend responded casually, "Oh, I already secured an attachment position a while ago. You two can go ahead and look for yours."

The other two friends were taken aback. They had always shared information and helped each other out. "Why didn't you inform us earlier?"

We could have prepared better or maybe even asked for your help!"

Without a word, the two friends left the cyber cafe, feeling a mix of disappointment and betrayal. They realized that the friend they had trusted and relied on had chosen to prioritize their own success without considering the collective well-being of their relationship.

What a relationship! They uttered and left bitterly.



This scenario vividly illustrates a common issue in the modern world, where individual success is often prioritized over collective growth. The friend who secured the attachment quietly without informing the others symbolizes a breakdown in the principles of mentorship, support, and responsibility that are vital for passing the values to the next generation.

In this modern world where the success is measured in terms of how your connections is worthy but looking down upon success and efforts of each individual. Often those who lived with poverty are getting more worse even from the families they come from. Lending hand late to someone, is considered more important and all the others lends are forgotten.

Life is considered a competition rather taking responsibilities and handling problem of each individual as ours. Furthermore, ending the existing bonds prematurely that is after the value that you had as been decayed.

We have reached in a situation where the straight ones are hammered more than the limit and the crooked ones are left alone with their crooked ways in the name of human is to error.

Someone comes with a good intention in your life, I need support to conquer this life then you offer help. As days goes by responsibilities increases and the same person wants you to cater for the needs that increases his own life. Creating unnecessary emergence along the way to reduce her own pressures. What is the merit of such actions. We are fearing the deeply rooted traditions and religion but seeing hurting a brother is not a big deal.

Some people taking advantage of the soft hearted people ,where when one exploits the help that he wants then he sees no use for your existence.Because I like being in a clean environment collecting unnecessary placed thrush and putting it on the right place you take the advantage of that and throw the litter everywhere so that I can pick it.Someone's pasts struggles where you helped now does not count anymore.Others end up cursing the future as if they are the one who is responsible for the life choices that one has made.

Remember this thing your youngsters are watching not only from your house holds but the people you interact with daily. What are the values will you be passing to the next generation. If only it was coming to this life to just live in such an awful life like this even worse thinking of bringing a generation that will harm the future in this way, then there is no need. Some people have left wounds in our hearts that will never heal. What is the merit of such actions.



The essence of parenthood and a good legacy is based upon our good actions that impact those around us. As responsible parents we should carefully pass down the values to the next generation.

This also should be accompanied by integrity in anything we do despite of such individual is your friend, family, close relative or such.

There is need for a transparent generation that does not only feed their ego after that they blame you for their fails or unsuccessful life after. Furthermore, we should teach our children to have empathy in all that they do.



This scenario serves as a reminder that the values we pass on whether as parents, mentors, or guardians shape the future.

The art of responsibility, integrity, and empathy must be passed on to ensure that the next generation is not just successful but also grounded in principles that uplift everyone around them.

What is the merit of success if it comes at the expense of those, we could have helped but failed and fed our egos?

As good parents how are we supposed to train our young ones and get them fit in every level of life with any category of people. Are you the one telling your child if I see you playing with those kids, I will cane you mercilessly.

The best thing you will do as a parent or guardian you just have to train your child in all dimension. Remember children are love they often need each other company in many activities. If you will like your children to mingle with the Chess lovers just train your child how to play chess. Tomorrow, you will find him/her in a chess group.

Selecting children based on groups, background, level of education, class is not just a front end but a deep end that glows and result to the bad societal norms like nepotism, tribalism, self-centeredness which affects the progress in the society.

Guide your child and help him navigate through life complexity alone while requiring little or no help, help him know when he needs help and at what time. Most problems may not have answers immediately but at a certain time in the future.

Can the child stand still and maintain the patient despite of the challenges that they face?

Show-off and unnecessary competition is the killer of progress and most often undermines self-esteem. Renown computer scientists will judge their children based on interaction with technology, suggesting to them that your child can weave a basket or recite a 6-page poem will not affect their children.

In this we are not despising field or doing a selection but bringing out that every child has his own capability and let each child be given equal opportunity to pursue his path giving necessary support where necessary.

Tell children that we have different categories some are hard, some are easy, some are definite. Help them learn how to identify themselves in each and every situation.

“From computer science view, under algorithm we have this top-down approach of solving complex problems.

Define and conquer method, where problems are broken down into sub-problem and the sub-problem are solved separated and the solutions combined, by backtracking, computer will have solved large complex problem of any weight. This is how children should be thought”

Through passing good morals to children then we are promised of disciplined generation in the future.

As a parent it will not make sense when a child corrects you, it is my expectation that every parent tries as much as possible to make good decision no matter what situation. Man is to error and therefore man is prone of making errors, but let not the error be the excuse to change what is a tradition or a law. If you see something is not good at all and through temptations you find yourself in, let not your child get even a little know how of such behavior., just cover it in a deep hole and forget. Let the children be clean generation who will be good ambassadors of the good morals in our society.

What are we looking for in this world?

If someone's pain makes us happier or someone's downfall is our celebration. For sure if we are waiting for the end of the world or believing in the life after death so that we can be given new bodies, lets us ask ourself what actions are we embracing in this short term that maker has given each individual.

If you can't practice those good morals to one another don't focus in the other world which so far you haven't seen. Let us focus this life that we have and leave it to the fullest. Let us not bring distractions in the name of the end of the world so that people can focus and forget to leave the life that the maker deserves from each and everyone.

From the background of computer science discipline, all activities are inclined in solving deep challenges of our modern world, I find myself driven by the desire to seek out solutions even for the unseen problems.

Or at least I give the least pathway that leads closer to the solution of the problem. In this period where self-interest has overshadowed empathy and compassion among the society, I hold to the fact that though change is difficult, it is possible. The struggle to come out over the deeply rooted beliefs more especially the ones that intertwine with the religions among us should not be taken lightly.

We live in a world where Someone's suffering is stepped on until it touches us personally. People go to an extent of even borrowing money from their relatives to enjoy the luxury of their life without being bothered of repaying back. Borrowing without an intent of paying back as become a common religion. It is not my aim to change anybody but to live a life in accordance to what my conscience knows to be right.

Being proudly saying that families we come from matters less than the families we create. It is true, but to my claim I think it should be a routine to everyone growing now to first mend the cracks in the foundations if we are aiming to build future and long-lasting families that our conscience finds comfort in.

Conclusion

Life best lived

Let us live a life that is best for the conscience.

People in the past were fighting over physical entities such as lands of their ancestors, communal pathways, marriage partners, worshipping places, of course even nowadays still it is a battle, but this current generation find themselves fighting for services. Take for instance,

A software developer fighting for an application that was deployed in app store to be listed among the best apps, product ideas after it was pulled down due to reasons like failed update to meet the play store and app store service policies.

Another instance, this lady seen having a moody day over her video clip that has been pulled down from TikTok or YouTube since friends reported the account for some unknown reasons.

As a software developer I found myself getting colleagues 's projects work only not to finish mine even nothing works completely.

I believe by lending hand and serving cold I will get the same service in return.

I remember setting up this 6-axis robotic arm together for my colleague which was our final year project in that year in college.

Actually, spending the whole night together towards presentation to get even the minimal work at least to have something to showcase during presentation. It was my responsibility to deal with the software part setting up the android app so as to communicate with the hardware via Arduino board.

My colleague was busy soldering the arms of the robot and setting it up on place. Through this experience we learnt the importance of teamwork and sense of responsibility. Nobody blamed each other but we shared the responsibility equally and lending a hand of help where necessary.

This is the acts that made my life enjoyable during the campus life, I believed by just helping the in need one day the world will be friendly and occupied by empathetic people all around.

Problems are problems whether small or larger in terms of complexity and the funny thing is that problems never cease to happen. Problems can be inherited from one generation to another and it requires persistent solutions and most of all seeking guidance and help from the authorities that can handle such. But people are different knowing when and how to ask for help is a problem.

A father gets nervous if his son solves a problem that he lacked solutions about, and moreover the son's self-esteem declines since his father will doubt his manhood in terms of handling problems around. This leaves individuals in a dilemma, a situation where each and every individual is fighting to solve the problems alone needing no help. This will result to endless problems in the future generations if one fails to solve the problems or a better generation since the solution to problem as already been found.

Navigating life complexity often is a multidimensional task that requires combined abilities and special qualities that often a large group lack. It is often a small group that are classified as deep thinkers that often possess this special quality.

. I remember the night colleague came to the hostel where I used to stay.” Hey” he called out.” I need help setting up android studio for my cryptography application as my final year project?”.

My encryption app is often failing in some sections that I believe they are most important to my application presentation; can you kindly help me set it up. Then I will say,” no problem we can set it up together and get everything running within no minute...”

This is the life I wanted often giving endless solutions to problems expecting nothing in return but believing that one day we can have a world where people can carry each other problems as there's.

Having time to share as friends was a good thing. I even learnt the spirit of collaboration and time management from friends since we were most of the time on computers trying to figure out why are things working and others not working.

There is this activity that we termed as “phone-away-meetup”, at this time we call each other and let's meet at some random places without delay.

We simply uttered the meet point and at the time we scheduled we could meet at that point at that exact time.

We learnt how to set exception and handling cases such as worst-case scenarios like imagine leaving our phones at the hostel and all of a sudden, our class rep sends a message that we have a class. Here we usually set the meeting place to be near the University so that if anyone by any chance meets one of our classmates in any hurry or in an expected way, he can confirm what is going on. This made us learn so many things from each other and it helped us to become untracked since no one could ever locate us in any point at a given time.

Despite all this time I usually found some time alone to meditate about the day's work. Field of computer science taught me to solve problems and seek help where necessary.

A tree that is planted as a seedling goes through modification till it ages. At last people depart to start new life somewhere. I found myself in a lonely world, no help-- working on the projects alone.

My colleagues parted and chosen different pathways. Life taught me a lesson and strengthen me and let me know that life is fully my responsibility

Working smart after graduation was my routine, I continued with programming and coding skills that I gain from the University. But still I found solving other people's problems all over the world while I end up not even finishing my tasks. I got a lot of challenges more especially lack of tools since skill and motive was already in place.

“I remember this one time I met this new client on social media and requested a meeting for a small consultation on setting up Linux and running some few commands.

Then all of a sudden, we had a video call to take him through this process since I was good in the Unix system, but the question was, since the client was new how was I going to help him with no Linux installed on his machine and even if he was going to download one, how much time was he going to take, and who was to be that much patient to wait for that downloading time. When we did introduction and I asked him,” how about Linux sir?” He said,” I can download it now”. All of a sudden, a file of around 4GB was on the machine and he was like now continue, I’m installing it on my second machine. I was left surprised, how faster? then the client realizing this, he was like don’t be surprised sir, my internet bandwidth is actually faster”

That is the time I learnt the dependency of the skill, tool and motive together and how this can make a programmer success in his or her work.

As time goes by some even offered to pay me a tip through GCASH which even I didn't have any know how since I was used to M-Pesa and was convinced everyone in the world uses this till I learnt this new form of payments. I got challenges some of which I took time and found answers and some of which kept recurring in the future.

Take this instance I was using a phone to record a voice and video screen of a task I'm doing. Later I combine them to send to a client to explain what is entailed on the project at the hand. This consumed my time only because I lacked some \$20 to buy headphone which had a mike and earphone to use my laptop at once. But my client was understanding since I even took an extra step of giving a text narration so as to follow and see what to do since one-on-one meeting was impossible at that time.

Things change, also expect people to change also. I remember calling for help from random numbers on my contact list but only a few who could turn and lend help. People giving excuses and more worse giving new problems to be solved making mine minimal or close to zero to be solved at that time.

“People changing focus.”

Today we are here handling some software projects itches, tomorrow you hear from a friend that my car has got a breakdown and I need your help to pay a mechanic. No one wants to know your state whether you existed after the forced departure to continue other life engaging activities. People giving excuses and at the end you are left alone with your problem either half solved or not solved at the end. I didn't lose hope and didn't offer help in order to change one's mind but only to offer help where I felt that help is needed in a good will.

It reached a time no need to blame anybody for not showing fully to your problems as you do since we are not the same at all costs. Take no blame at nobody and ensure your life is fully your responsibility.

Take everything that happens in your life whether good or bad whether you can handle it in time or never.

What surprised me more is the way people can change focus. Today we are here dealing with hunger, fighting for all means to find someone a meal to take. To your surprise tomorrow when the person is full and finds the energy to resume to other things without necessarily thinking of the state of the ones offered help.

You may be surprised to hear someone letting you know that tomorrow I'm getting my girlfriend for a vacation I will not be available for the friend's contribution union to help fellow students maybe who have problems or have not secured any form of employment since graduation or have no penny of income whether from their skill or life.

No any single taker even has time to think that givers also need help but only to feed their egos and walk away stealthily.

“Saying that skills without opportunities is nothing”

Yeah, it is right, but when you are in the right place and see the opportunity and you see your friend is capable of doing it just link him to that opportunity.

If your friend gains you automatically gain also.

Companies are struggling year in, year out to meet their demands but all in fail because they get referrals not based on the skills that people have and what they can do. What is the merit of such actions.

Let us learn to leave a live without necessarily stepping on the vulnerable ones.

End. Thank you.