

# WHAT IS THE MERIT?



Essence of Values and decision through  
Stages of Human Life

Geoffrey Nyakeri

## About the Author

Born in a family inclined in Christian faith, **Geoffrey Nyakeri** from Nairobi-Kenya is a passionate Computer Science Elite &



reader who views life as an opportunity to uplift each other. A graduate of Chuka University with a Second-Class Upper Division in Computer Science,

Geoffrey Nyakeri developed a strong foundation of discipline and empathy during their formative years at Pope Benedict XVI Minor Seminary in Kisii.

Guided by a deep commitment to fostering a world where people carry each other's burdens, writes with the aim of inspiring lives that are not only meaningful but also reflective of true merit. Through a mix of critical thinking, moral values insight, and personal conviction, they invite readers to embrace a life that is worthy living.

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# **Book summary**

What Is the Merit? is a reflective exploration of the morals and principles that mark our actions and the decisions that we make in our daily lives. In a rapidly changing world, where the societal norms and personal prioritization evolve, this book seeks to uncover and bring to the surface the essence of true merit and the impact that our choices hold for us and the future generation.

The book offers valuable insights of value, further giving different ways to handle life problems that are posed by this modern world. It explores the works of compassion and finding common ground for problems around us.

The Author also gives ways to separate deeply rooted past acts that are inclined in deeply rooted beliefs. It emphasizes the need to live a life that is empathy driven. From the book we can learn the following major lessons.

Empathetical activities are not inherited rather they are instilled and passed from one generation to another. More often passing these values is not easy task since there are obstacles in the way. But the author suggests no matter the obstacles that hinders decision making it is good enough to pass the morals to children and give them necessary support to practice this act of empathy throughout their lives as

they grow up. As a result, we will leave a long-term impact to the future generation we are creating.

The author suggests good methods of breaking some awful barriers that hinder someone's progress. More often than not most of the barriers ranging from cultural, religious have been there for a long time. To break some of the bad barriers from such category it needs a lot of humility and humbleness. Showing the people around you the right path to follow or coming up with solutions to problems that has existed through the eternity will not receive a warm welcome but rather a punch of rejections. It needs persistence and starting in a simple and consistency manner. Let us not sit and being constrained by the bad barriers, rather wake up and take actions.

The author further suggests that life is made up of more dimensions. Getting to understand all the dimensions of life is more complicated. Therefore, as a result the author suggests let the guardians or parents try as much as possible to balance the life of their children. We understand we have talents, education and careers that more often compete in this modern world. But the author suggests it is good enough to have a balance for both. Taking a scenario of education, it will better to have some basic education if chance, glow talent, engage in outside cores or engage in the work that is beyond your career or even talent for this will bring the whole humanism.

How do we handle critic? Imagine a client who comes to a cybercafe and needs a copy of a book that has double duplex 40pages. He is in hurry and even alerts the cyber attendant to increase the speed of the printer which is impossible in that case. As the cyber attendant take time to print the client says he is late to work, to an extent he says,” what if you are near an institution where crowd of students visits often who needs many copies, what will you do with that speed? “But slowly as the cyber attendant study the book he finds a good way to get him the copy. Then he later suggests I can see you have presented the book in a good way? At the end all the chaos and chants fade away. The solution to a problem persists. And moreover, is the quiet group or mind that has the solution. Taking time to internalize the solution to a problem even when under pressure is the basics that every individual should yearn for. We should have a common base for this.

The author also insists the need to stand firm more especially in this modern world where greedy and self-centeredness have reigned. Someone can't determine the person that needs help and at what time? In such situation take time to think about the problem at hand and make right decision. Lend if you

have more than and share if you have less than your needs if the person next to you is really in need. But remember take care of takers people who can take advantage of your generosity and empathy. In this dilemma make deep decisions further you can do background check before making the personal choice. The author urges the parents to take responsibilities at hand and able to give care where necessary. More especially when their children are away from them whether in school for studies or other ventures of figuring their careers.

The author also curses awful behaviors such as unnecessary competitions. Most of the time this current age more often compete each other. How do you handle such situation? Some also going to an extent of proving they know much than you who acquired a skill. The author suggests it is better to humble oneself and get ready to learn any time. Let us share and be able to embrace the skill within ourselves. Let us avoid creating unnecessary boundaries among ourselves that will not help us at all.

Remember we have one enemy at hand to fight, the problems around us which keep on evolving...why must you burn for others to get the warmth from your burns.? Rise up now and act. Let us not entertain ungrateful souls anymore.

Let people learn from their mistake and live a life that is worthy.

Lastly, it is of the past and will be of the past. As current generation ‘Gen Z’ there is a need to leave the good in the future generation. Let us end the curses, the awful nature of our ancestors here and embrace the good in them. Let us carry good heart and pass it to next generation. Let it be our responsibility. Let us push each other and blame no one.