



Welcome Lori



Welcome to the ETS Sponsorship Program



Service Member Messages
You have 3 unread messages from your members



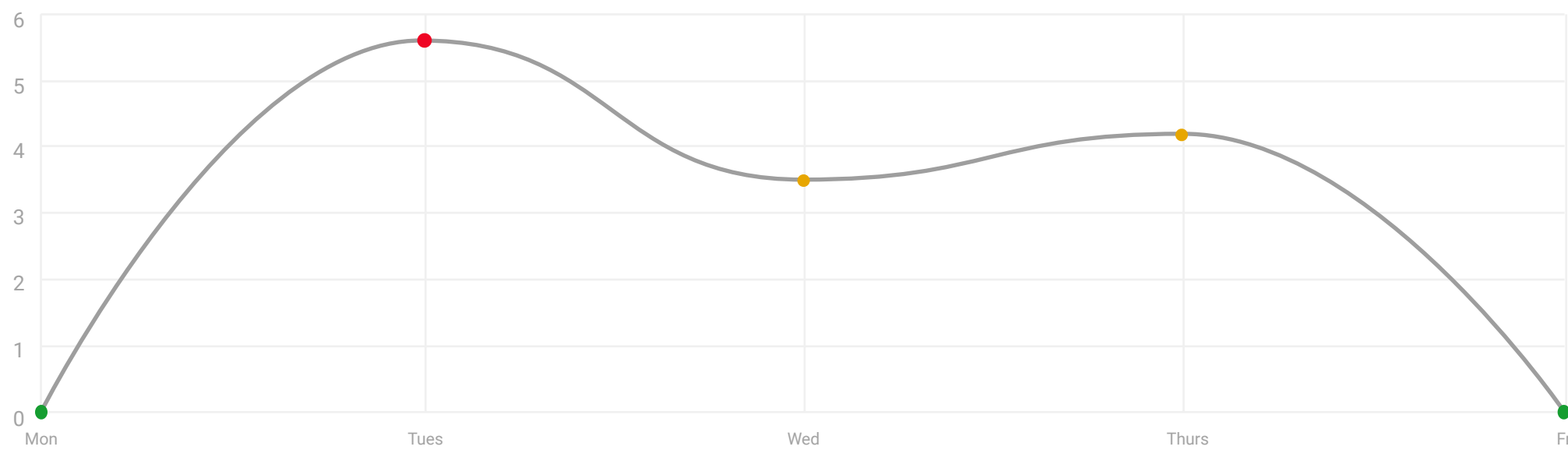
Sponsor Training
Education and training resources



Welcome Basket
View offers and gifts available to your members



Weekly Trend



Service Members



Katie Baker



Allison Peters



Sean Nowak



Upcoming Training & Meetings

ETS Refresher Training

Virtual Training

September 7
12:30 PM - 1:30 PM



[View Details](#)

Family Financial Plan

Virtual Meeting

September 29
11:00 AM - 12:00 PM



[View Details](#)

My Action Plan

Service Member Action Items

3 of 17 Tasks Complete

Employment

- ☒ Resume
- ☒ Corporate Hiring

Health

- ☒ Register with VA
- ☐ Health Insurance Concerns

Family

- ☐ Transitioning Family Needs
- ☐ Child Care

Suggested Transition Checklist

12 months or more

- ☐ TAP Scheduled
- ☐ ITP-Individual Transition Plan
- ☐ Pre-Separation Counseling
- ☐ Create LinkedIn Account
- ☐ Begin Exploring Career Options
- ☐ Explore SkillBridge Program
- ☐ Review Finances

6 - 12 Months

- ☐ Begin and refine job search
- ☐ Use master resume to begin drafting target resumes
- ☐ Schedule household goods counseling
- ☐ Schedule medical checkups



Service Member Reporting



September Newsletter: ETS Transition Tips

Transitioning from military to civilian life can seem like a daunting task. If you need some transition inspiration, here are some of our top tips for a successful military transition... [See More](#)

Referrals



Virginia Employers Commit to Hire More Vets

More than 900 businesses, state and local agencies, and educational institutions are part of the Virginia Values Veterans (V3) Program to hire more Veterans and provide better... [See More](#)

Training



Creating a Self Care Plan

Need resources to help you create a self care plan this National #WellnessMonth? The Health and Wellness page on the Soldier For Life website has dozens of resources to... [See More](#)

Destination Community Events



Washington D.C. Job Fair
Sept 6 - 5:30 PM

4101 Crain Highway
Bowie, Maryland 20716



September Bike Book Club
Sept 7 - 9 AM

2100 Wilson Blvd
Arlington, VA 22201



Sushi, Sake, and Stories
Sept 14 - 6 PM

2121 North Westmoreland St
#A-2 Arlington, VA 22213



Yoga & Beer Social
Sept 19 - 10:30 AM

2709 South Oakland Street
Arlington, VA 22206

Helpful Resources

[VA Home Page](#)

[eBenefits](#)

[My HealtheVet](#)

[Home Loan Guaranty](#)

[Education Benefits](#)

[VA Forms](#)

[Homeless Veterans](#)

[Military Records](#)

[VA State Departments](#)

My Action Plan

My Action Items

3 of 6 Tasks Complete

Employment

Task Name	Status	Comments	Attachments
Complete Master Resume	Complete	I completed the first draft of my master resume. Can you take a look and let me know what you think? Thanks!	master_resume.pdf

Task Name	Status	Comments	Attachments
Corporate Hiring	Complete	<div>Enter comments for your sponsor here</div>	<div>Upload Attachment</div>

Health

Task Name	Status	Comments	Attachments
Register with VA	Complete	<div>Enter comments for your sponsor here</div>	<div>Upload Attachment</div>

Task Name	Status	Comments	Attachments
Health Insurance Concerns	In Progress	<div>Enter comments for your sponsor here</div>	<div>Upload Attachment</div>

Family

Task Name	Status	Comments	Attachments
Transistioning Family Needs	In Progress	<div>Enter comments for your sponsor here</div>	<div>Upload Attachment</div>

Task Name	Status	Comments	Attachments
Child Care	Need Assistance	<div>Enter comments for your sponsor here</div>	<div>Upload Attachment</div>

Suggested Transition Checklist

12 months or more

- ☐ TAP Scheduled
- ☐ ITP-Individual Transition Plan
- ☐ Pre-Separation Counseling
- ☐ Create LinkedIn Account
- ☐ Begin Exploring Career Options
- ☐ Explore SkillBridge Program
- ☐ Review Finances

6 - 12 Months

- ☐ Begin and refine job search
- ☐ Use master resume to begin drafting target resumes
- ☐ Schedule household goods counseling
- ☐ Schedule medical checkups
- ☐ Decide if going to "opt out" of VA Health benefits
- ☐ If retiring, meet with Service Retirement Office

4 - 6 Months

- ☐ Complete baseline wellbeing and separation health assessment
- ☐ Career Fairs
- ☐ Review and update legal documents
- ☐ Submit pre-discharge disability claim - benefits delivery at discharge (BDD) or decision ready claim(DRC) (if applicable)

0 - 3 Months

- ☐ Schedule Capstone with Commander
- ☐ Review Pre-Separation Checklist (DD2648)
- ☐ Research Health Insurance Options
- ☐ Research Life Insurance Options
- ☐ Get copies of health/dental records
- ☐ Complete VA registration
- ☐ VA Benefits Advisor
- ☐ If retiring, complete DD2656

Move to My Action Items