

MEDICAL EXAMINATION REPORT

Patient Information:

Name: John Smith

Date of Birth: 01/15/1980

Date of Examination: 06/15/2024

Examining Physician: Dr. Emily Rodriguez, MD

Physical Examination:

Height: 72 inches (6'0")

Weight: 180 lbs

BMI: 24.4 (Normal)

Blood Pressure: 118/76 mmHg

Pulse: 68 bpm (regular)

Temperature: 98.6°F

Vital Signs Assessment:

- Blood pressure within normal limits
- Heart rate regular, no murmurs detected
- Respiratory rate: 16 breaths/min
- Oxygen saturation: 98% on room air

Laboratory Results:

Total Cholesterol: 185 mg/dL (Normal)

HDL Cholesterol: 55 mg/dL (Good)

LDL Cholesterol: 110 mg/dL (Normal)

Triglycerides: 100 mg/dL (Normal)

Fasting Glucose: 92 mg/dL (Normal)

HbA1c: 5.2% (Normal)

Physical Assessment:

- General appearance: Well-developed, well-nourished male
- HEENT: Normal
- Cardiovascular: Regular rate and rhythm, no murmurs
- Pulmonary: Clear to auscultation bilaterally
- Abdomen: Soft, non-tender, no masses
- Extremities: No edema, normal range of motion
- Neurological: Alert and oriented, normal reflexes

Medical History Review:

- No significant past medical history
- No current medications except multivitamin
- No known allergies
- Family history: Father - hypertension (controlled)
- Social history: Non-smoker, occasional alcohol use

Recommendations:

- Continue current healthy lifestyle
- Annual physical examinations
- Maintain current exercise routine

- No restrictions for insurance purposes

Physician Signature: Dr. Emily Rodriguez, MD

License #: CA123456

Date: 06/15/2024