# The National Food Security Act, 2013

# What is the National Food Security Act?

The National Food Security Act (NFSA), 2013, is a landmark legislation enacted by the Government of India to ensure food security for all citizens by providing them with access to adequate quantities of quality food at affordable prices. It aims to address hunger, malnutrition, and food insecurity by guaranteeing subsidized food grains to eligible beneficiaries through the Targeted Public Distribution System (TPDS).

# **Legal Framework:**

The NFSA provides the legal framework for the implementation of various food security measures, including the identification of eligible beneficiaries, the allocation of food grains, and the distribution mechanisms. It mandates the central and state governments to undertake measures to ensure the availability of food grains to targeted populations at subsidized rates.

# **Key Provisions:**

#### **Entitlements under the Act:**

The NFSA guarantees legal entitlements to subsidized food grains to priority households and beneficiaries under the Antyodaya Anna Yojana (AAY) and the Priority Households (PHH) categories. Priority households are entitled to receive 5 kilograms of food grains per person

per month, while AAY households receive 35 kilograms of food grains per family per month.

#### **Identification of Beneficiaries:**

The NFSA outlines criteria for the identification of eligible beneficiaries, including priority households, AAY households, and other vulnerable groups. State governments are responsible for identifying and issuing ration cards to eligible beneficiaries based on socio-economic criteria and household characteristics.

#### **Distribution Mechanism:**

The NFSA mandates the establishment of Fair Price Shops (FPS) or ration shops to distribute subsidized food grains to eligible beneficiaries. It requires state governments to maintain transparent and efficient distribution systems, ensure timely delivery of food grains, and prevent leakages and diversions in the distribution process.

# **Nutritional Support:**

In addition to subsidized food grains, the NFSA emphasizes the provision of nutritional support to vulnerable groups, including pregnant women, lactating mothers, and children under the age of six. It mandates the implementation of supplementary nutrition programs, maternity benefits, and child feeding programs to address malnutrition and improve maternal and child health.

# **Monitoring and Grievance Redressal:**

The NFSA establishes mechanisms for monitoring the implementation of food security measures and addressing grievances related to the distribution of food grains. It requires state governments to set up State Food Commissions and District Grievance Redressal Officers to oversee the functioning of the TPDS and address complaints from beneficiaries.

### **Impact:**

The NFSA has had a significant impact on reducing hunger, malnutrition, and food insecurity in India by ensuring access to subsidized food grains for millions of vulnerable households. It has helped improve food availability, stabilize prices, and enhance nutritional outcomes, particularly among marginalized communities and disadvantaged groups.

# **Challenges and Concerns:**

Despite its benefits, the NFSA has faced challenges related to the identification of eligible beneficiaries, leakages in the distribution system, and inadequate coverage of vulnerable populations. There have been concerns about the quality of food grains, delays in delivery, and issues with transparency and accountability in the implementation of food security measures.

# **Conclusion:**

The National Food Security Act, 2013, represents a significant step towards ensuring food security for all citizens of India by guaranteeing access to subsidized food grains through the Targeted Public Distribution System. While the NFSA has made important strides in addressing hunger and malnutrition, there is a need for continued efforts to strengthen its implementation, improve targeting mechanisms, and enhance the nutritional support provided to vulnerable populations.