

DOCUMENT TITLE: Breast Cancer Screening and Testing
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OVERVIEW OF BREAST CANCER SCREENING

Screening aims to detect breast cancer before symptoms appear.
Early detection improves survival and treatment outcomes.

SCREENING METHODS

Common screening methods include:

- Mammography
- Breast ultrasound
- Breast MRI for high-risk individuals

SCREENING RECOMMENDATIONS

- Women aged 50-69: routine mammography
- High-risk individuals: earlier and more frequent screening
- Screening recommendations may vary by country and risk level

SCREENING VS DIAGNOSTIC TESTING

Screening is performed in asymptomatic individuals.

Diagnostic testing is used when symptoms or abnormal screening results are present.