

DOCUMENT TITLE: Breast Cancer Screening and Testing  
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## OVERVIEW OF BREAST CANCER SCREENING

Screening aims to detect breast cancer before symptoms appear.  
Early detection improves survival and treatment outcomes.  
## SCREENING METHODS

Common screening methods include:

- Mammography
- Breast ultrasound
- Breast MRI for high-risk individuals

## SCREENING RECOMMENDATIONS

- Women aged 50-69: routine mammography
- High-risk individuals: earlier and more frequent screening
- Screening recommendations may vary by country and risk level

## SCREENING VS DIAGNOSTIC TESTING

Screening is performed in asymptomatic individuals.  
Diagnostic testing is used when symptoms or abnormal screening results are present.