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# **Spectrum**

# Mobile app prototype for bipolar disorder management

# **Course Project**

MHI2004 Human Factors and Change Management



Usability testing
Wireframing
Interaction design
Information architecture

### **Deliverables**

PowerPoint prototypes Final presentation Final paper

#### **Tools**

Google Docs Google Sheets Microsoft PowerPoint Microsoft Word

#### **Process**

Our semester-long project was to develop a mobile health application for a mental health issue. We created the concept of an app for the management of bipolar disorder.

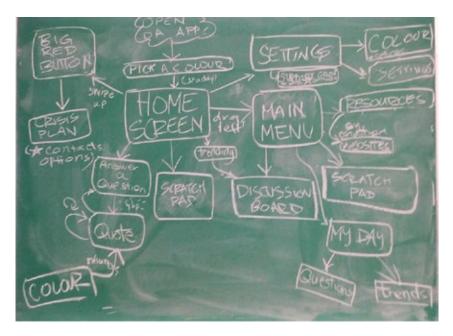
- Gathered user needs requirements, through literature reviews and interviews
- Sketched application flow and created paper wireframes

Main features of an Android application:

- 1. Mood indicator
- 2. Scratchpad/diary
- 3. Forum
- 4. Important contacts
- 5. Resources
- 6. Mood trends
- 7. Emergency call button
- 8. Settings (of the application)



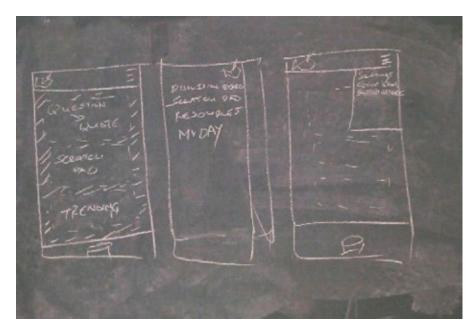
- Designed an interactive, high fidelity prototype in PowerPoint
- Incorporated suggestions from external heuristic analysis into further updates
- Conducted usability testing at the Centre for Global eHealth Innovation's Human Factors labs
- Produced usability scenarios
- Scribed comprehensive time-stamped notes on participant feedback, expressions, and usage
- Submitted final report and presentation outlining the design and development process



Information architecture diagram of app



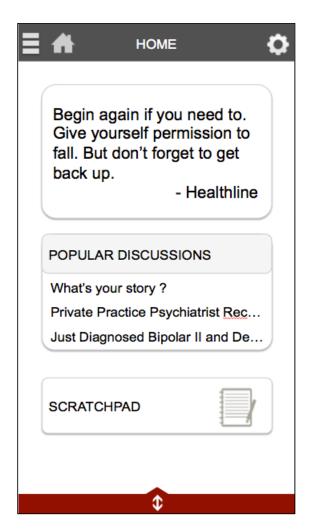
Paper wireframes and additional IA diagrams



Initial chalk wireframes



Prototype day tracker summary screen.



Prototype home screen.

# **COPD** Management Application

Adapting a paper flowchart into a responsive web application

## Client

Health Quality Ontario

#### **Roles**

Assisting with usability testing Wireframe prototyping Information architecture Interaction design

#### **Deliverables**

Axure wireframes
Prioritized usability results
Project management documentation

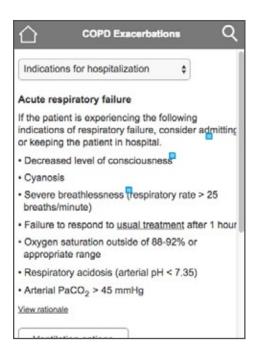
### **Tools**

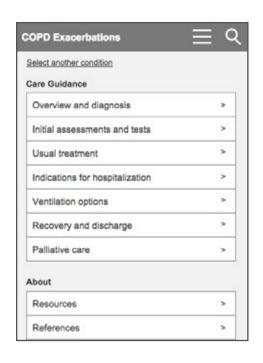
Axure RP 7 Microsoft Excel Redmine

#### **Process**

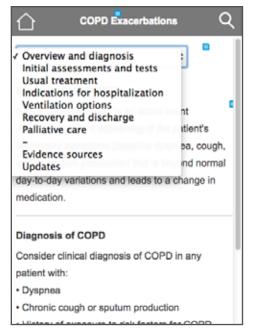
Healthcare Human Factors was asked to transform paper-based medical guidelines for chronic obstructive pulmonary disease into a responsive web application. To begin, we consulted with health professionals on the accuracy and usefulness of the guidelines.

- **Interviews** conducted by colleague with health professionals on COPD practices
- Colleague created **mobile Axure prototype** based on HQO care guidelines and interviews
- Based on mobile prototype, I created the desktop prototype in Axure
- Optimized and simplified the userflows further for both mobile and desktop prototypes, based on clinician feedback
- Wrote 10 usability testing scenarios
- Recorded participant observations, eliciting open-ended feedback, pre- and post-surveys
- Improved the prototypes using feedback, resulting in **positive stakeholder feedback**





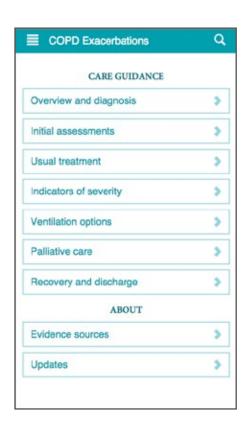


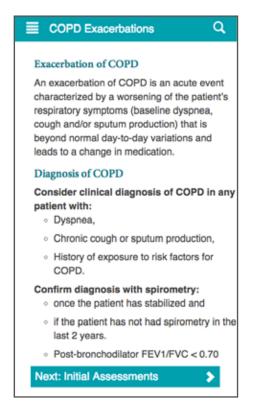


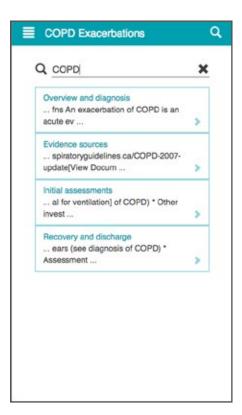
Initial mockups illustrating (clockwise from bottom-left):

- Two initial Axure wireframes of mobile appearance of app, with dropdown menu
- Hamburger menu implemented after usability testing
- Two wireframes of desktop appearance









Prototype with visual treatment by Laura Parente.

# **Purchasing Service Design**

Optimization of healthcare procurement services

### Client

HealthPRO

### **Roles**

Field work Literature review Synthesizing results Layout design

### **Deliverables**

Literature review
Prioritized issue list
Booklet of prioritized business
decisions and rationale

#### Tools

Adobe InDesign CC Adobe Illustrator CC Microsoft Excel PubMed Google Scholar

#### **Process**

HealthPRO wanted to update their pharmaceutical reviewing software as part of their procurement process. We (Healthcare Human Factors) discovered that we needed to examine the other aspects of the process to improve the overall experience of pharmaceutical purchasing and reviewing.

- Conducted structured interviews with previous buyers (healthcare professionals)to understand the purchasing process
- Gathered client's informational material and conducted **field work** at their offices
- Completed literature review to examine the current state of purchasing and ideal conditions
- Colleague carried out heuristic analysis on client's software
- **Synthesized** themes from analyses of results

- Determined potential business decisions and prioritized them
- Designed easy-to-read and visually appealing booklet for the client
- **Presented results** to client in a conference call, supporting my colleagues
- Invited by client to present on human factors principles to their stakeholders at seminar

# Bye Bye Meltdown

Mobile health application prototype for young children

## Competition

Hacking Health for Kids @ Sick Kids 2014



Usability testing Wireframing Visual design Interaction design

#### **Deliverables**

Interactive prototype Graphics, wireframes PowerPoint presentation

## **Tools**

Adobe Illustrator CS6 Adobe Photoshop CS6 Microsoft PowerPoint

#### **Process**

The clinical psychologist on our team wanted to create an interactive mobile adaptation of an existing child psychology method to manage children's emotions before they got out of hand.

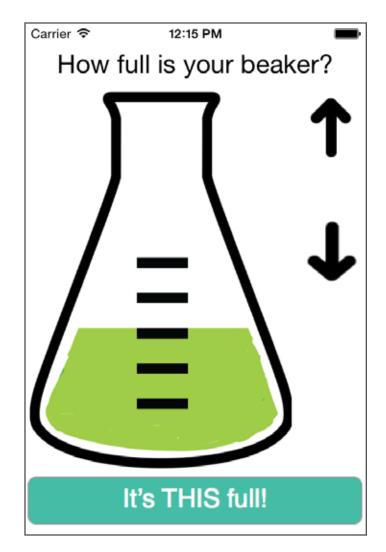
- Conducted **environmental scan** on existing mood tracking apps for children
- Interviewed adults and children about meltdowns

The main features of the app included:

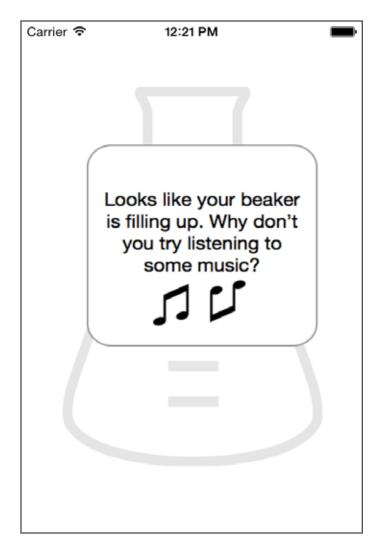
- 1. Interactive beaker to be filled or emptied on touch
- 2. Tailored suggestions on how to calm down based on one's emotion level
- 3. Profile page for the child to input their stressors and calmers



- Designed interactive, cute and playful elements ito evoke a **positive emotional response** from intended audience
- Bye Bye Meltdown was awarded with the Pivot Design Group Award for Best Design
- Received much positive feedback from Hacking Health participants and the general public
- Collaborated with Pivot Design Group to define user stories and personas for future iterations



Early hackathon prototype of beaker screen.



Early hackathon prototype of calming suggestion screen.



Later interactive prototype of onboarding process, with design by Samantha Beekie

# LIBRAR-e: The TPL App

Bringing library services to the forefront in an accessible app

# **Personal Project**

Collaboration with Crystal Chin

#### Roles

User experience designer Graphic designer Environmental analysis Information architecture

#### **Deliverables**

Screen mockups Presentation boards Concept write-up

#### Tools

Adobe Illustrator CS6 Adobe Photoshop CS6

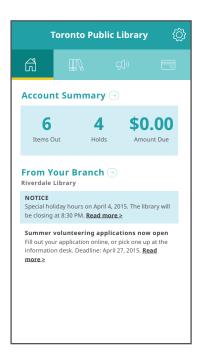
#### **Process**

My partner and I created a concept for a Toronto Public Library app in order to address needs of usability and adaptation to current technology.

- Conducted environmental analysis of client habits, service gaps and existing library applications around the world
- **Target audience**: Students, technology savvy people who haven't used the library in a while

User requirements were distilled into three main app features:

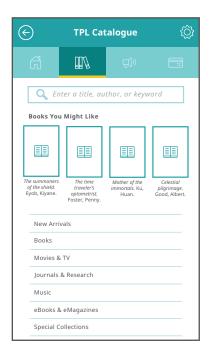
- 1. Digitize the library card
- 2. Personalize the library experience
- 3. Context-specific, relevant information
- Consulted accessibility standards in Ontario
- Incorporated library accessibility needs including font size, contrast, language
- Created paper wireframes and applied visual treatment on Illustrator mockups

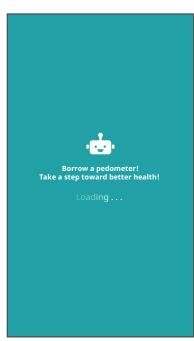


**Check Out** 

Please scan your code at the check-out counter.

**(** 







Initial mockups illustrating (clockwise from top-left):

- Main screen with account summary details
- Library catalogue screen
- Library catalogue detail page
- Loading screen with library tidbit
- Digitized library card



thank you!