

HRV Results (sample 1)

Male / 52 years
180 cm / 78.0 kg (BMI=24.1 kg/m²)
HR max: 168 bpm
HR rest: 60 bpm

Thu, Dec 11 2025, 00:00:00
Measurement length: 00:05:11
Number of samples: 1
Beat correction: none
Trend removal: Smoothn priors

rr_interval_yamamoto_boredom.csv
Sample (sample 1)
Start time: 00:00:01
Sample length: 00:05:00
Beats corrected: 0 (0.00 %)

