

# HRV Results (sample 1)

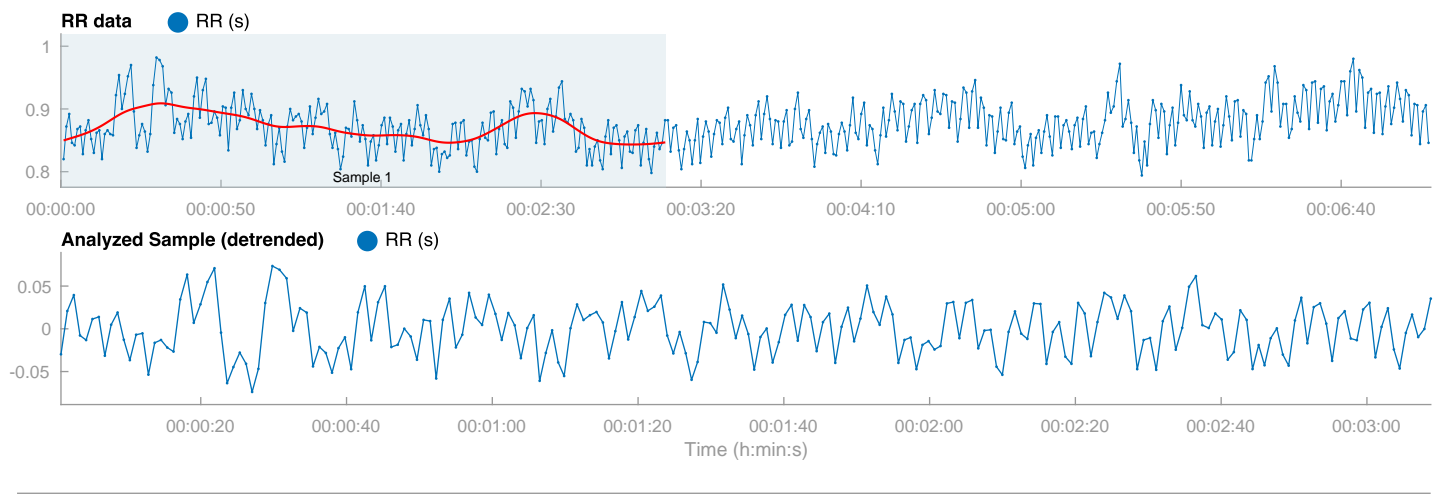
Male / 52 years  
180 cm / 78.0 kg (BMI=24.1 kg/m<sup>2</sup>)  
HR max: 168 bpm  
HR rest: 60 bpm

Mon, Dec 29 2025, 00:00:00

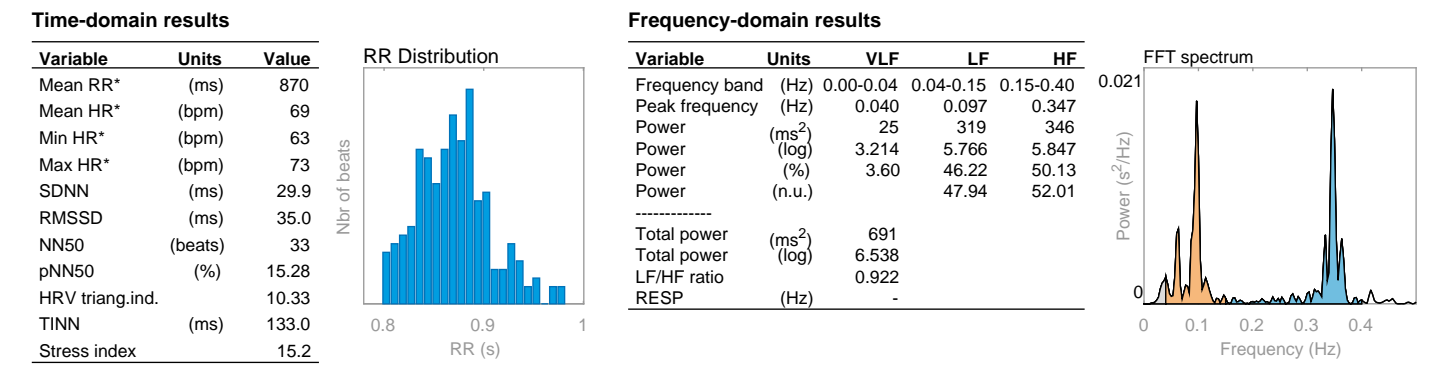
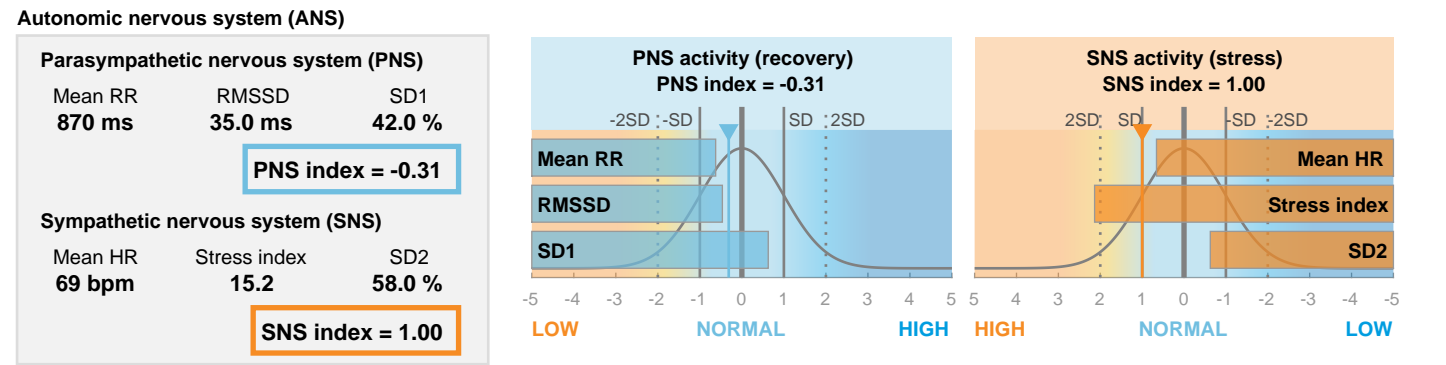
Measurement length: 00:07:08  
Number of samples: 1  
Beat correction: none  
Trend removal: Smoothn priors

Sample (sample 1)  
Start time: 00:00:01  
Sample length: 00:03:09  
Beats corrected: 0 (0.00 %)

rr\_interval\_mio\_flow.csv

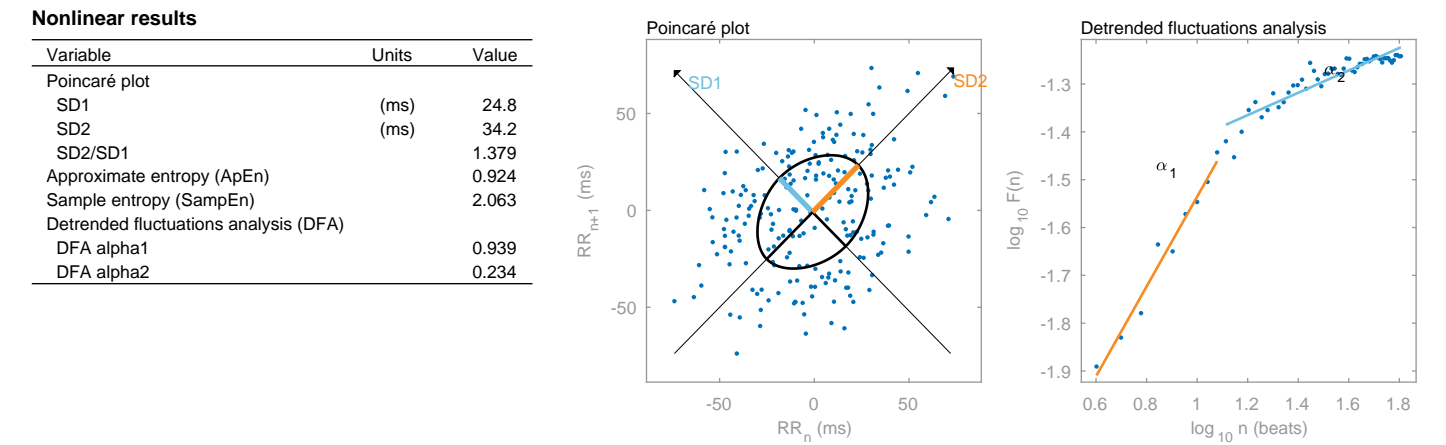


Time (h:min:s)



Frequency-domain results

FFT spectrum



Detrended fluctuations analysis

\*Results are calculated from non-detrended RR data