

# DO YOU WANT TO KNOW YOUR **SMOKING** **BEHAVIOUR?**

Have you ever wondered about your smoking behavior, and why you find it challenging to change smoking behavior and even to quit, participate in this important UCT Research that may change your life.

- A. *Are you a regular smoker of cigarettes or e-cigarettes?*
- B. *Are you between the age of 20 and 35 years old?*
- C. *Do you live in the Western Cape Province?*
- D. *Would you like to know your smoking behaviour?*

If you answered yes to the above questions, you qualify to participate in this University of Cape Town's Research on smoking behavior that may change your life, **AND ITS FREE**. The knowledge you will gain may even help you understand your daily smoking behavior.

You will have access to the study results. Compensation is R1500 for your time if you complete the research programme.



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My name is Dr Ayanda Vilakazi (MBA, DBA), and I am conducting research towards a doctoral degree at the University of Cape Town.

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I want to gain insight into your smoking behaviour, which may also help you understand your motivation to smoke, daily! You will be compensated for your participation.

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You may receive a Twisp Cue or similar - which is Ultra-portable and easy-to-use for 30 days, as you monitor smoking behaviour.

**OR**

You can use e-cigarette brand of your choice for 30 days.

**To participate, contact me:**

WhatsApp: **082 645 7277**

Email: **[ayandav@icloud.com](mailto:ayandav@icloud.com)**

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**We look forward to hearing from you, soon!**