



Provisional Status

Information Sheet

What is provisional status?

Provisional status is given to members of REPs UAE who are currently employed in the fitness industry and hold a fitness qualification but we are not sure that the qualification meets the REPs UAE Fitness Occupational Standards. Further evidence is needed to prove competence against the standards and convert to full status.

Can you give more details about that?

REPs UAE is based on a set of Occupational Standards which describe the skills and knowledge needed to do certain job roles in the fitness industry such as gym instructor, group exercise instructor or personal trainer. These Standards can be found on the REPs UAE website at www.repsuae.com under the section called "About REPs".

REPs UAE is a guarantee to the public and the fitness clubs that everyone on the register has met the Standards and is qualified and competent in their job.

When instructors apply to join REPs UAE they submit the certificates from the qualifications which they hold. Where we are not sure that the qualifications meet the Standards the instructor is given "provisional" status. They can still join REPs UAE and receive a membership card. Provisional status does not mean that the instructor is not qualified, it just means that during their first year of REPs membership they will have to gain a REPs UAE fitness certification matched to the UAE Standards.

How to I move from provisional to full status?

REPs has worked with the local training providers to put in place training and assessments for provisional REPs members to gain a REPs UAE accredited qualification. REPs is passing the contact details of the providers to provisional members and the providers can give provisional members details of the method to achieve full status with that provider.

Why have I been given provisional entry?

REPs UAE uses the principle of “entry by qualification” but we are not familiar with every qualification with links to fitness from every country in the world. Therefore instructors who have qualified outside the UAE and outside other countries which have a fitness register may be given provisional entry. Also instructors who qualified perhaps 20 or 30 years ago may be given provisional entry. Many higher education qualifications also give provisional entry as it is hard to confirm they have matched to the UAE Fitness Standards.

Course approved for full status and entry to REPs UAE have to include practical assessment of skills and competence. So any certification which does not include practical assessment may be given provisional status.

How long have I got to move from provisional to full status?

Provisional members have one year to convert to full status. On re-registration after one year members will be expected to have moved from provisional to full status in order to re-register.

Will I still receive a membership card and web listing with provisional entry?

Yes – REPs members with provisional status receive a membership card, web listing and all benefits from being a member of REPs UAE.

Do other fitness registers around the world use provisional entry?

Yes – this is common practice in all countries where there is a register such as the UK and New Zealand. At the start of REPs in UK around 40% of members were given provisional entry and had to prove they met the UK Standards, now around 5-10% of members are given provisional entry. Using provisional entry to help guarantee that all members of REPs UAE meet the standards helps to make sure that all members are internationally portable and any REPs UAE member can go to UK, Australia, South Africa etc and be recognised.

What happens if I don't move from provisional status to full status?

You will be able to continue in employment and stay a member of REPs until you next come to apply. Upon re-registration it will be expected that the instructor has converted to full status in order to re-register. You may not be able to re-register if you have not moved from provisional to full status.

Do I get provisional status if I have no qualifications?

No, you need to have some fitness based qualifications to get provisional status, and be working in the industry. If you have no fitness qualifications you will not get on the register and will have to start a new fitness qualification from the start.

Who can I contact if I have any questions?

You can contact the REPs office on info@repsuae.com or the REPs UAE Compliance & Standards manager, Julie Willetts on julie@repsuae.com

E mail to Provisional Members

CONVERTING FROM PROVISIONAL TO FULL STATUS ON REPS

If you are given provisional status on REPs UAE in order to continue being a member of REPs you have to take training or assessments to move from provisional to full status within 1 year.

REPs is a compulsory register for fitness professionals in UAE and is transforming the professionalism and standards in the fitness industry. You were given “**provisional status**” and we sent you some information about provisional status with your confirmation e mail. Provisional status is issued by REPs when we are not certain that a member’s certifications completely meet the UAE Fitness Standards.

Provisional members do get a REPs ID card and can continue to work in the industry for one year. As a REPs member with provisional status you must convert to full status within one year of registration.

It has been decided by the UAE fitness industry that to work as a gym instructor or personal trainer a REPs UAE approved fitness certification is required. This is the case even if the trainer has a high level sport degree or a fitness certification that is not accredited by REPs. The decision to obtain specific approved fitness certifications has been taken by the major fitness clubs in UAE who support these regulations, and the need for a specific approved fitness certification is a requirement from ICREPs, which is our parent global body for fitness registers.

In order to convert from provisional to full status you will need to complete a gym instructor or personal trainer certification course or go through a process of assessment with one of the local training providers in UAE.

Each of the local training providers has developed a system to be able to move provisional members to full status. Often this will include something called APA – Accreditation of Prior Achievement (also known as RPL) – which will give you credit for learning you have already done. You will not have to take a full course and pay full price for a course if it is not necessary. The process developed by each provider may be slightly different and have a different cost and you can choose the one that suits you the best, but all of them result in a REPs recognised certification which gives full status.

The following are the provider contact details. You are welcome to contact any of these providers and enquire how they can help you move to full status on REPs as either Gym Instructor or Personal Trainer – they have all been working with us to develop their systems for provisional REPs members.

| TRAINING PROVIDER | WEBSITE / EMAIL ADDRESS | CONTACT NO. |
|----------------------------------|--|------------------|
| Inspire/BFit Academy | www.bfitme.com | +971 50 452 0944 |
| Body Hack | www.bodyhack.co | +971 52 482 5462 |
| Career Sport Fitness Academy | www.careersport.net | +971 4 360 4530 |
| EMPIRIC (Test Centre) | www.empiricuae.com | +971 52 289 1013 |
| Fit First Class (Abu Dhabi) | www.fitfirstclass.com | +971 56 8267266 |
| GCC Training | www.gcctraining.net | +971 55 6050378 |
| Impact British Training Solution | www.impactbts.com | +971 50 5216590 |
| MEFITPRO | www.mefitpro.com | +971 4 323 3232 |

REPs is happy to help and work with you on the process. If you have any questions about provisional entry or would like to speak to us at REPs you can contact us on info@repsuae.com or phone +971 4 340 7407. You are also welcome to meet us in the REPs office.

When you convert to full status on REPs you also cover all your continuing education requirements for the year by collecting 10 CPD Points.

Please contact me if you have any questions and we look forward to changing your status to full status on REPs and continuing to work closely with you as a committed exercise professional in UAE.

Best wishes