

AFTER

SKOOL

SESSIONS



AN AFTER SCHOOL PROGRAM  
PRESENTED BY



THE  
**BREAKING  
ACADEMY**

# WHAT IS BREAKING?

"**BREAKING**," IS SOMETIMES REFERRED TO AS "BREAKDANCE." IT IS AN ART FORM THAT ORIGINATED IN THE BRONX, NY IN THE MID-60'S & HAS NOW SPREAD INTERNATIONALLY WITH DANCERS FROM ALL ACROSS THE GLOBE.

MEN WHO BREAK ARE REFERRED TO AS "**B-BOYS**" & WOMEN ARE REFERRED TO AS "**B-GIRLS**," WHO DANCE TO THE DRUM BREAKS OF THE MUSIC (**THE BREAKBEATS**).

BREAKING GOES BEYOND THE DANCE ITSELF. THE PROCESS OF LEARNING THIS ART FORM ALSO TEACHES **SELF-CONFIDENCE, SELF-EXPRESSION, STRENGTH & CONDITIONING**, AS WELL AS **DISCIPLINE**.

# DID YOU KNOW?

**BREAKING** IS ALSO THE NEWEST DISCIPLINE THAT HAS BEEN PROVISIONALLY **ADDED TO THE PARIS 2024 SUMMER OLYMPIC GAMES?** IT IS SET TO DEBUT IN TOKYO FOR THE 2020 GAMES!

CELEBRITIES SUCH AS **JOAQUIN PHOENIX, COMMON, SOFIA BOUTELLA, CAITY LOTZ, PASQUALE ROTELLA & CAMERON BOYCE** WERE ALL B-BOYS & B-GIRLS!



# WHO WE ARE



**ETIENNE "ATN" CARREIRA (CO-FOUNDER & INSTRUCTOR)** IS CURRENTLY A FEATURED DANCER IN **CIRQUE DU SOLEIL'S SHOW "MJ ONE."** HE HAS PREVIOUSLY WORKED FOR **JENNIFER LOPEZ, PINK & THE JABBAWOCKEEZ** & HAS TAUGHT BREAKING AT PROGRAMS FOR **MILLENNIUM DANCE COMPLEX & THE JOFFREY BALLET SCHOOL.** HE HAS WON NUMEROUS COMPETITIONS BOTH NATIONALLY & INTERNATIONALLY AS A SOLO DANCER & WITH HIS BREAKING CREW, **BATTLE BORN.**



**GUILLAUME "GEOM" CARREIRA (CO-FOUNDER & INSTRUCTOR)** IS CURRENTLY A SOLOIST IN **CIRQUE DU SOLEIL'S SHOW "BEATLES LOVE."** HE HAS PREVIOUSLY WORKED & TOURED WITH THE SHOW **"STOMP"** & DANCED FOR **THE JABBAWOCKEEZ** SHOW **"MUS.I.C."** HE HAS ALSO BEEN FEATURED IN FILM **"BATTLE OF THE YEAR"** ALONGSIDE **CHRIS BROWN & CAITY LOTZ.** GEOM IS A CO-FOUNDING MEMBER OF THE B-BOY CREW **BATTLE BORN,** WHO HAD WON THE COMPETITION **"BATTLE OF THE YEAR"** USA QUALIFIER AGAINST HUNDREDS OF CREWS IN THE UNITED STATES & PLACED 2ND OVERALL IN THE WORLD FINALS IN MONTPELIER, FRANCE.

ALL OF OUR INSTRUCTORS  
ARE FIRST AID, CPR & AED

## CERTIFIED





**KAREEM GWINN (CO-FOUNDER & INSTRUCTOR)** IS CURRENTLY A PROFESSIONAL DANCER & A COMPETITIVE B-BOY WITH HIS CREW, **ROCK FORCE**. ORIGINALLY FROM THE BAY AREA, HIS ACCOLADES INCLUDE "**B-BOY OF THE YEAR**" FROM **WORLD OF DANCE** & WAS AN **OFFICIAL PERFORMANCE SELECTION AT THE SUNDANCE FILM FESTIVAL** IN PARK CITY, UTAH. KAREEM HOLD BOTH NUMEROUS **NATIONAL & INTERNATIONAL CHAMPIONSHIP TITLES** FROM WARSAW, POLAND TO LOS ANGELES, CALIFORNIA. HE ALSO WORKS AS A PHYSICAL THERAPY ASSISTANT IN THE LAS VEGAS AREA WHEN HE IS NOT TRAVELLING.



**ALEX DELGADO (INSTRUCTOR)** IS CURRENTLY A PROFESSIONAL DANCER & A COMPETITIVE B-BOY WITH HIS CREW, **BATTLE BORN**. DELGADO WAS PART OF THE BREAKING CREW WHICH REPRESENTED THE USA IN THE **R-16 BREAKING TOURNAMENT IN SEOUL, SOUTH KOREA**. HE ALSO DANCES SALSA COMPETITIVELY WITH **SIN CITY SALSEROS DANCE COMPANY & LATIN STREET FUSION** & ALSO HEADS THE **BREAKING ACADEMY AFTER SCHOOL PROGRAM AT CLARK HIGH SCHOOL**.

# WHERE WE ARE

- MERRY HILL ELEMENTARY SCHOOL (GRADES K-5TH GRADE)
- AT CLARK HIGH SCHOOL (9TH-12TH GRADE)
- **& YOUR SCHOOL HERE!**

# WHAT WE TEACH

- TOP ROCKS
- TRANSITIONS
- FOOT WORK
- FREEZES
- POWER MOVES
- TECHNIQUE
- STRENGTH TRAINING
- SELF CONFIDENCE
- ARTISTIC EXPRESSION THROUGH MOVEMENT
- MUSICALITY
- **+ MORE!**

# FOR MORE INFO

## PLEASE CONTACT:

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