

Activity Tracker Dashboard

Device
apple watch

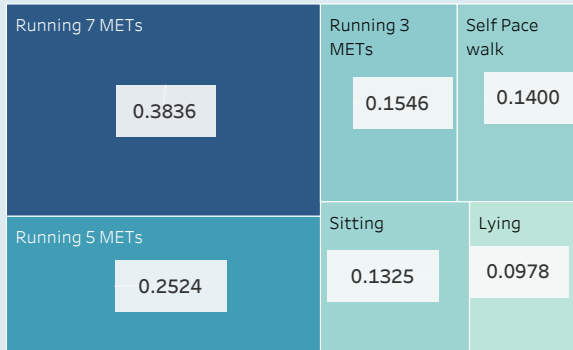
Age
18 to 56

Average Calories Burnt
5.784

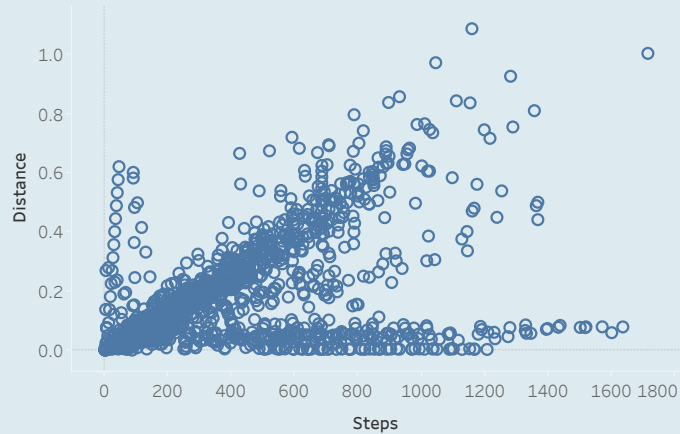
Correlation b/w Heart Rate & Steps
0.006167

Heart Rate Variability
6.124

Average Intensity of the Physical Activity



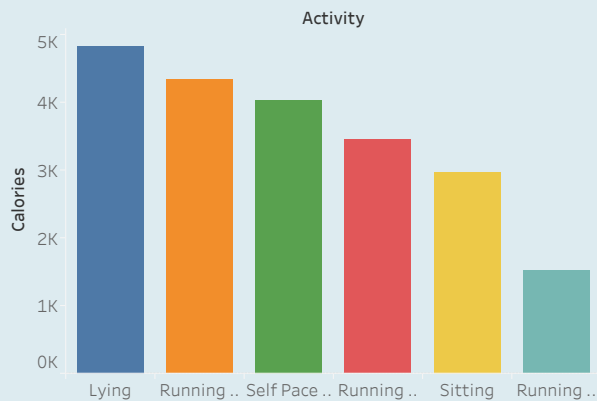
Distance vs Steps



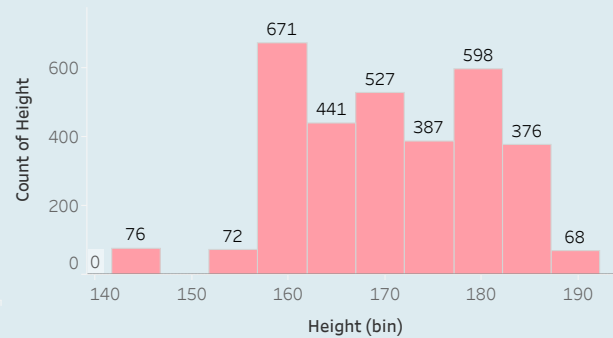
Resting Heart Rate Box Plot



Calories Burned by Activity



Height Distribution



Weight Distribution

