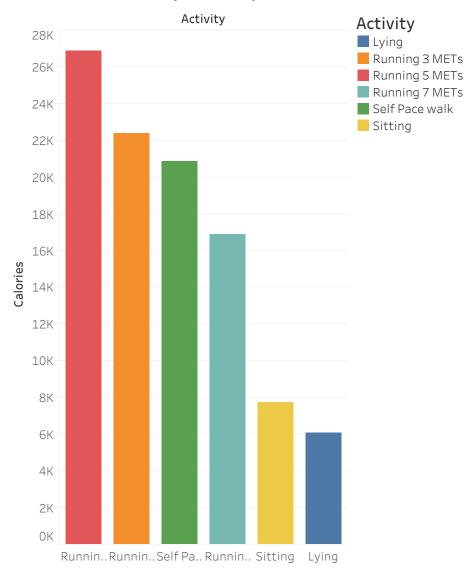
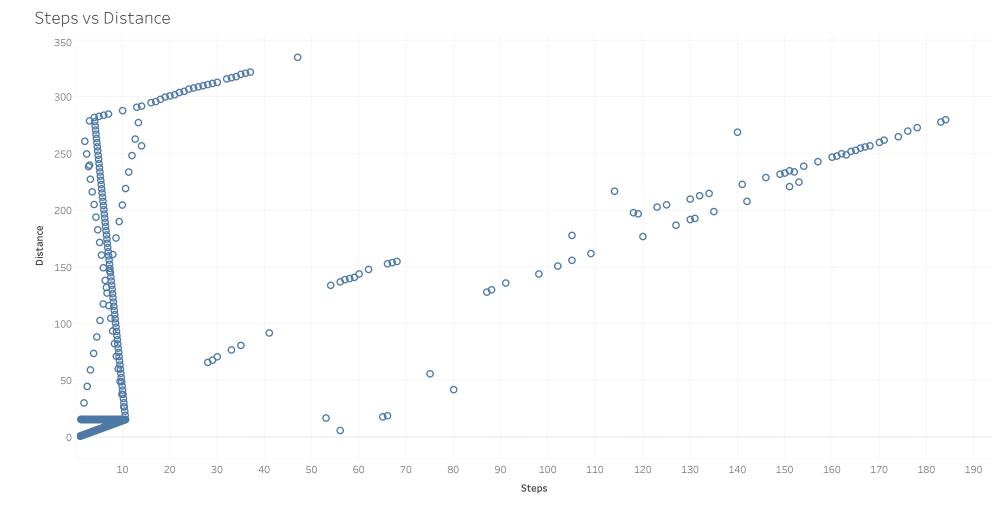
## Calories Burned by Activity



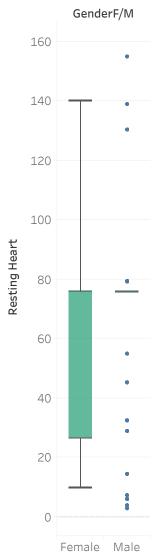
Sum of Calories for each Activity. Color shows details about Activity. The data is filtered on Age and Device. The Age filter ranges from 18 to 56. The Device filter keeps fitbit.

### Steps vs Distance



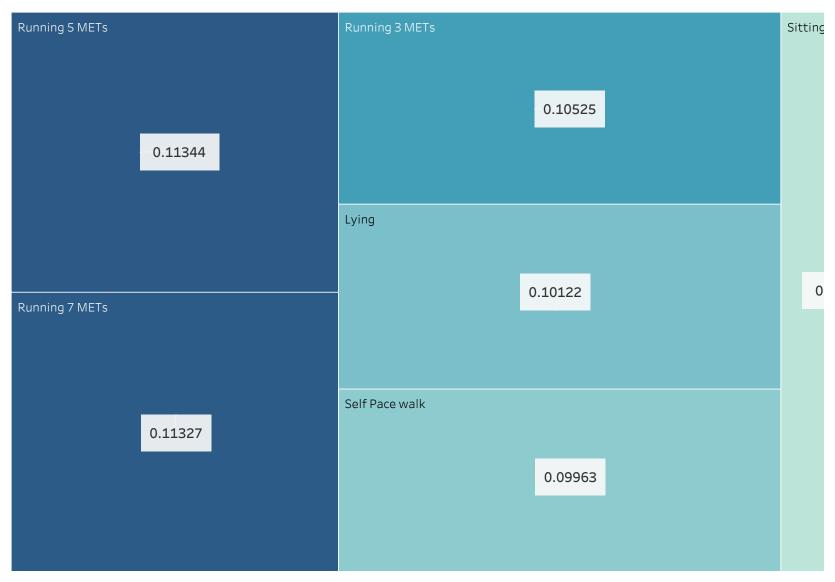
Steps vs. Distance. The data is filtered on Age and Device. The Age filter ranges from 18 to 56. The Device filter keeps fitbit.

# Resting Heart Rate Box Plot



Resting Heart for each GenderF/M. The data is filtered on Device and Age. The Device filter keeps fitbit. The Age filter ranges from 18 to 56.

## Average Intensity of the Physical Activity



Activity. Color shows average of Intensity Karvonen. Size shows average of Intensity Karvonen. The marks are labeled by Activity. The data is filtered on Device and Age. The Device filter keeps fitbit. The Age filter ranges from 18 to 56.

Avg. Intensity Kar..

0.09635 0.11344

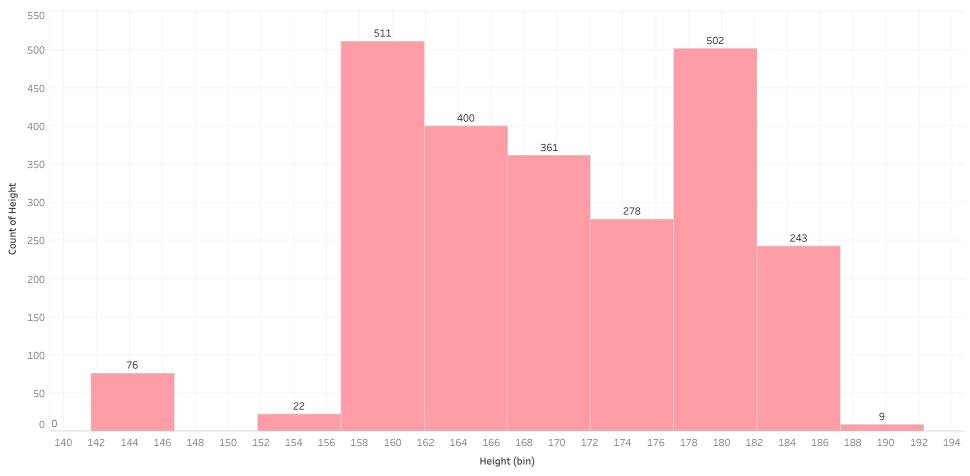
## Average Intensity of the Physical Activity

Avg. Intensity Kar..
0.09635 0.11344

.09635

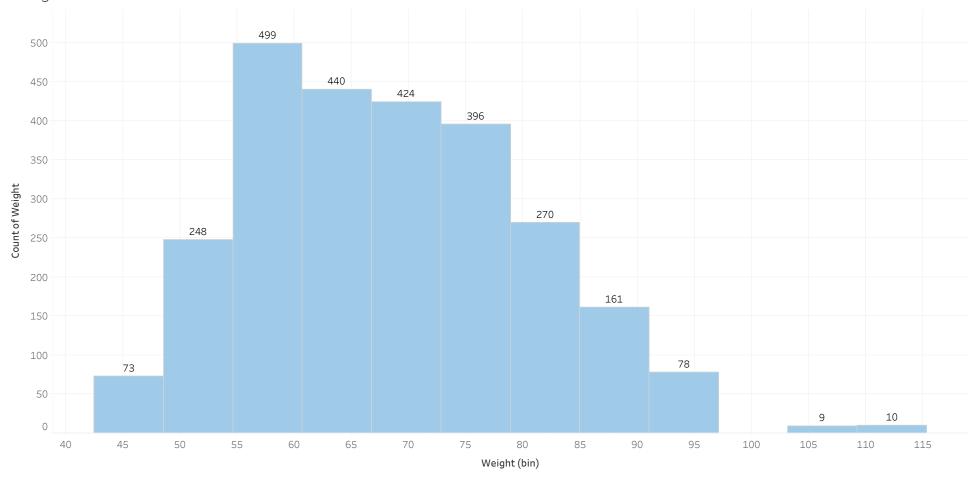
Activity. Color shows average of Intensity Karvonen. Size shows average of Intensity Karvonen. The marks are labeled by Activity. The data is filtered on Device and Age. The Device filter keeps fitbit. The Age filter ranges from 18 to 56.

### Height Distribution



The trend of count of Height for Height (bin). The data is filtered on Device and Age. The Device filter keeps fitbit. The Age filter ranges from 18 to 56. The view is filtered on Height (bin), which keeps non-Null values only.

## Weight Distribution



The trend of count of Weight for Weight (bin). The data is filtered on Device and Age. The Device filter keeps fitbit. The Age filter ranges from 18 to 56.

# Avg Calories

# **Average Calories Burnt**

Avg Calories Burnt

38.66

38.66

Avg Calories Burnt . Color shows Avg Calories Burnt . The data is filtered on Device and Age. The Device filter keeps fitbit. The Age filter ranges from 18 to 56.

# Correlation between Heart Rate and Steps

## Correlation b/w Heart Rate & Steps Avg. Corr Heart St.. 0.7274

0.7274

Average of Corr Heart Steps. Color shows average of Corr Heart Steps. The data is filtered on Device and Age. The Device filter keeps fitbit. The Age filter ranges from 18 to 56.

# Heart Rate Variability

# **Heart Rate Variability**

5.899

Entropy Heart

15,385

Average of Entropy Heart. Color shows sum of Entropy Heart. The data is filtered on Device and Age. The Device filter keeps fitbit. The Age filter ranges from 18 to 56.

## **Activity Tracker Dashboard**

Device fitbit

## **Average Calories Burnt**

38.66

#### Correlation b/w Heart Rate & Steps 0.7274

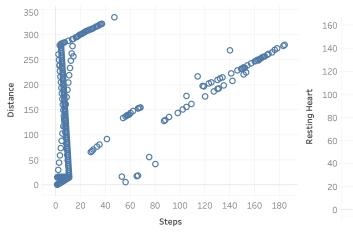
**Heart Rate Variability** 5.899

Age 18 to 56

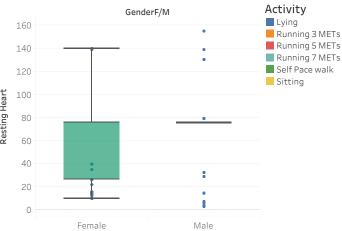
#### Average Intensity of the Physical Activity Steps vs Distance



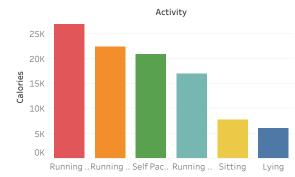




#### Resting Heart Rate Box Plot



### Calories Burned by Activity



Height Distribution



#### Weight Distribution

