HEMORRHOIDS Assess patient Are any of the following present? YES REFER factors - <12 years old - Risk factors for colorectal cancer: - >50 years old - Inflammatory bowel disease - Personal or strong family history of **YES** polyps / colorectal cancer -Pregnant with severe discomfort NO Are any of the following present? Assess patient for red-flags - Hemorrhoid is protruding from the anus and requires manual replacement - Black, tarry stool - Small amounts of blood persisting for >6 weeks, or substantial amounts of blood - Rectal bleeding occurring with change in bowel habits (loose stool and increased frequency) for >6 weeks - Symptoms have persisted for >7days, despite treatment, without improvement - Frequent recurrent episodes of bleeding hemorrhoids - Hemorrhoids causing severe discomfort for pregnant patients NO Review symptoms: - Anal pain - Itch **Unsure of patient self-diagnosis** - Small amounts of blood on toilet REFER paper or in toilet bowl - Straining with defecation - Constipation or diarrhea - Palpable lump +/- previous diagnosis of hemorrhoids by physician No improvement **REFER** - Non-pharmacologic measures; AND, - Recommend OTC product; OR, Follow up in 7 days - Prescribe combination hydrocortisone product - Stop pharmacologic treatment - Continue non-pharmacologic Symptoms resolved measures to prevent recurrence