

PHARMACIST ASSSESMENT – TINEA CRURIS (JOCK ITCH)

Patient			
Name:	HSN:		
Address:	DOB:	☐ male ☐ female	
Telephone:	☐ Pregnant ☐ Lactating		
Medical History:			
☐ Diabetic → refer			
\square Immunocompromised (disease or drug-induced) \rightarrow re			
\square Previous diagnosis of tinea cruris \Rightarrow helps confirm pa	itient self-diagnosis		
Drug History:			
Review of Symptoms			
Any red flags present?			
☐ Fever, fatigue, swollen lymph glands or other	symptoms of systemic illness		
☐ This may be a previous infection that did not fully clear, despite proper treatment			
One week of previous antifungal therapy has y			
Lesions exhibit any severe characteristics:	·		
\square On the penis, scrotum or vulva			
☐ Severely inflamed			
☐ Weeping or purulent			
☐ Painful	☐ Painful		
☐ Disabling		1	
☐ Yes → refer			
Does the patient have risk factors for tinea cruris?			
☐ Previous tinea cruris infection			
☐ Participates in sports or is prone to sweating			
☐ Wears tight-fitting clothing for extended period	ods of time		
☐ Yes → helps confirm patient self-diagnosis			
Are symptoms consistent with diagnosis of tinea cruris?			
☐ Large round, red spots in groin area, with bumpy or scaly edges			
☐ Reddened areas can extend down inner leg or upwards to stomach or buttocks			
\Box Usually prominent itch \Box Predominately yes \rightarrow Continue \Box No \rightarrow con	scider other conditions / refer		
Predominately yes 7 Continue 1 No 7 Con	sider other conditions / refer		
Has the patient tried any non-pharmacologic or pharmacologic treatment for tinea cruris?			
\square No \square Yes \rightarrow What?	fect?		

Treatment		
☐ Non-pharmacologic treatment measures		
☐ OTC topical - clotrimazole, miconazole, or tolnaftate	BID for 4 weeks	
 □ Prescription antifungal (slightly more effective / more rapid acting) Options: □ Terbinafine 1% Cream (children ≥12 and adults) Apply adequate amount of cream to cover affected area and approximately 2cm beyond visible edge of 		
lesions ONCE daily for 7 days. Massage in gently. Mitte: 30g	ned area and approximately Zem Beyond visible eage of	
☐ Terbinafine 1% Spray (children ≥12 and adult Spray sufficient amount of solution to cover treat Mitte: 30ml	ts) atment area and surrounding skin ONCE daily for 7 days.	
☐ Ketoconazole 2% Cream Apply adequate amount of cream to affected area and approximately 2cm beyond visible edge of lesions ONCE daily for 2 to 4 weeks. Massage in gently. Mitte: 30g		
Prescription Issued for minor ailment		
Rationale for prescribing:		
Rx: Quantity (7 days for terbinafine; 2-4 weeks for ketoconazole): Directions: pseudoDIN: 00951101		
Counseling ☐ May have prescription filled at pharmacy of choice ☐	PAR will be communicated to primary care provider as part of collaborative practice	
☐ Adjunctive measures to ensure positive outcomes☐ Duration of therapy (and to extend 1 week after symptoms resolve unless using terbinafine)☐ Appropriate application area		
\square If no improvement after 1 week of pharmacologic treatment, or if symptoms worsen, refer		
Follow-up scheduled in 7 days:		
☐ In pharmacy ☐ Telephone		
\square If worsening or no improvement, refer		
	ropriate duration and for 1 week after symptoms resolve	
(unless using terbinafine)		
Prescribing Pharmacist:	Cignotura	
Name: Pharmacy:	Signature: Telephone:	
	Fax:	
Email:	Date:	
Primary care provider:	Fax:	

Pharmacist Minor Ailment Prescribing Record

То				
This document is to inform you I met with your patient below who presented with a tinea cruris.				
After an assessment, a prescription was issued for				
The prescription details and rationale for my decision are documented below. This is for your information to keep your records for this patient up to date.				
Patient Demographics				
Name:	HSN:			
Address:	DOB:	Gender: □ male □ female		
Telephone:	☐ Pregnant ☐ Lactating			
Prescription Issued on				
MEDICATION:				
WEDICATION.				
DIRECTIONS:				
QUANTITY:				
Rationale for prescription / relevant patient info	ormation			
I will follow-up with the patient on	and discuss these ite	ems:		
☐ If worsening or no improvement, refer ☐ If improving, encourage continued treatment for appropriate duration and for 1 week after symptoms resolve (unless using terbinafine)				
Prescribing Pharmacist				
Name:	Signature:			
Pharmacy:	Telephone: Fax:			
Email:	Date:			
Primary care provider notified				
Name:	Fav.			