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MPOX OUTBREAK DECLARED AN EPIDEMIC BY THE WORLD HEALTH ORGANISATION

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#BLACK LIVES MATTER POLITICAL MOVEMENT

A movement founded in 2013 in the united states on the basis of racial discrimination has changed the way the nationals talk about race in general.

Over the years black people who relocated to white nations have been victimised in many different ways including police brutality and so many others. This prompted the rise of freedom fighter like Martin Luther king, Nelson Mandela among others who fought for equality.

Several years later the foundation laid by the great freedom fighters paved way for movements like the "black lives matter" movement that has stood out to prevent victimisation of several black people not only in the founder nation but also in the whole world.

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A woman with BLM written on her cheeks poses during a BLM

THE RETURN OF THE UGANDAN AIRLINES

The Ugandan airlines operated from 1977 until 2001 after which it went silent only to re-emerge in the month of august 2019. In its return, the Ugandan airlines pose quite a show for a bigger and brighter future with quite exciting offers.

It has bounced back with increased number of destinations including europe and DRC, new establishment of services to china, nigeria etc.

The airlines have acquired collaboration from various entities for instance the chinese who granted the airlines access to landing at Guangzhou International Airport once every week. With all these exhilarating offers and more Ugandan Airlines can't wait to host you...

MENTAL HEALTH AWARENESS

Mental health a concept used to refer to the state of a persons psychological wellbeing.- Mental health has greatly become a great cause for concern as it affects everybody with no discrimination basing on any boundary whatsoever. In the earlier days it was neglected in the African continent but due to the influence of western culture, there have emerged numerous eye openers.

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