

# **"PEACE"** (A relaxation in your pocket)

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**PEACE** is a meditation app that helps and process a depressed, anxiety and stress soul to a healthy, shine and beautiful mind. For those we make this app in an art to visible and virtual world.

Our motto- 'A relaxation in your pocket'

**PEACE**

# Solution&Planning:

**In there will be two panel:**

1.System Admin

2.User

**The functionalities will be:**

1.Onboarding

2.Social Sign up & Profile Management

3.Meditation Exercise Sessions

4.Audio/Video for guided meditation

5.Favorite meditation tracks and sessions

6.Meditation sessions based on level (beginner, intermediate or advanced)

## Scope:

Specifically, the app will be useful for helping people who are in stress, anxiety and depression.

Along with this app user get segment of:

- Anxiety & Stress Reduction
- Deep Sleep
- Concentration & Focus
- Tracking Habits and Goals
- Mindfulness

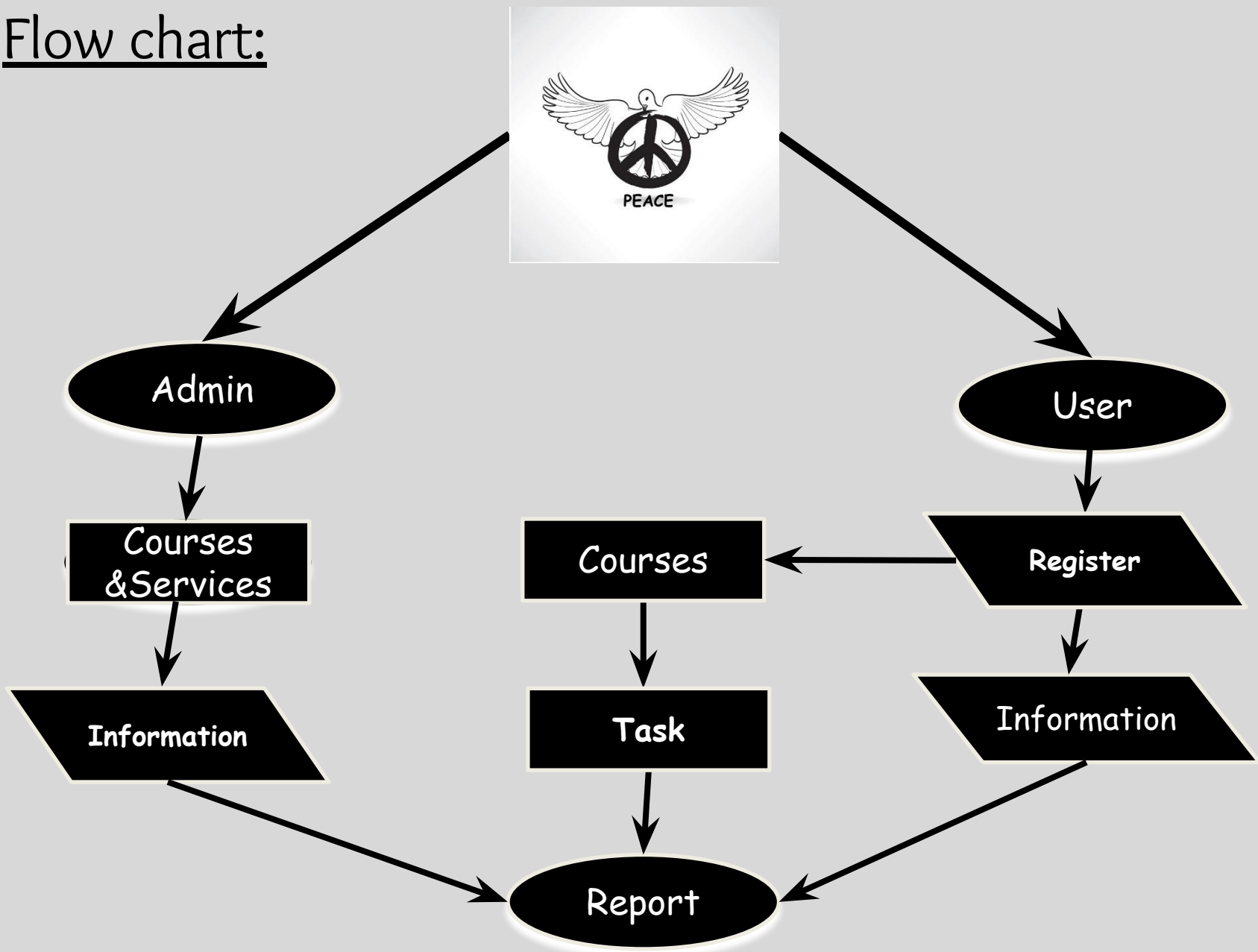
## Assumption&Constraints:

- lacking in English skill will face difficulty in using the system.
- Login and password is used for identification of user and there is no facility for guest.
- Subscription monetization model is used for this app.

## Dependencies&Risk:

- **Main risk** behind implementing the project is design.
- **Another concern** is having common bugs such as the common users are having the same functionalities.

# Flow chart:



# System:

- **Front End**

HTML

CSS

JS

- **Backend**

Python

Django

- **Database**

## Reference:

1. HowTo: Write a project proposal [Online] URL:

**<http://mogadalai.wordpress.com/2007/05/28/howto-write-a-project-proposal>**

(Accessed on 07.02.2022)

2. Savvycom [Online] URL:

**<https://savvycomsoftware.com/meditation-app-development/>**

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Thank you for concerning!