

Here's a detailed one-year roadmap for mastering English and French with a focus on maximizing your 2-hour daily study time. This plan is designed to build a strong foundation in both languages while progressively advancing your skills.

Year-Long Roadmap for Mastering English and French

Month 1-3: Establishing a Strong Foundation

Goals: Build basic vocabulary, grammar, listening, speaking, reading, and writing skills.

Daily Breakdown (2 hours):

- **1 hour:** Course Work
- **30 minutes:** Listening Practice
- **30 minutes:** Speaking and Writing Practice

English:

1. Courses:

- **Duolingo/Babbel:** 30 minutes daily to build vocabulary and grammar.
- **Coursera - English for Beginners:** 1-hour course, focus on basic communication (4-6 weeks).

2. Listening:

- **Easy English** (YouTube channel): Watch 2-3 videos per week.
- **Podcasts:** Start with *EnglishClass101* (10-15 min episodes).

3. Speaking & Writing:

- **Speaking:** Use **Tandem or HelloTalk** for language exchange (3-4 times a week).
- **Writing:** Keep a daily journal, write 3-5 sentences about your day.

French:

1. Courses:

- **Duolingo/Babbel:** 30 minutes daily for vocabulary and grammar.
- **Français Authentique - Débutant:** Listen to 1 episode per week (4-6 weeks).

2. Listening:

- **Français Authentique** (YouTube): Watch 1-2 beginner videos per week.
- **Podcasts:** *Coffee Break French - Season 1* (10-15 min episodes).

3. Speaking & Writing:

- **Speaking:** Use **Tandem or HelloTalk** for language exchange (3-4 times a week).
 - **Writing:** Keep a daily journal, write 3-5 sentences about your day in French.
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Month 4-6: Expanding Skills and Building Fluency

Goals: Improve conversational skills, grammar, comprehension, and vocabulary.

Daily Breakdown (2 hours):

- **1 hour:** Course Work
- **30 minutes:** Listening Practice
- **30 minutes:** Speaking and Writing Practice

English:

1. Courses:

- **Coursera - English for Everyday Life:** 4-week course (1 hour per week).
- **BBC Learning English - Basic English:** Watch 1 video per week.

2. Listening:

- **TED Talks** (YouTube): Watch 1 talk per week.
- Continue with *EnglishClass101*.

3. Speaking & Writing:

- Join local English conversation clubs (1-2 times a month).
- Write a weekly summary of your journal entries or interesting topics.

French:

1. Courses:

- **Coursera - Learn French: Beginner Level:** 4-week course.
- **Français Authentique - Intermédiaire:** Listen to 1 episode per week.

2. Listening:

- **Easy French** (YouTube): Watch 2-3 videos per week.
- Continue with *Coffee Break French - Season 2*.

3. Speaking & Writing:

- Attend local French conversation clubs (1-2 times a month).
- Write a weekly summary of your journal entries or interesting topics in French.

Month 7-9: Enhancing Fluency and Advanced Skills

Goals: Develop fluency, complex vocabulary, and writing skills.

Daily Breakdown (2 hours):

- **1 hour:** Course Work
- **30 minutes:** Listening Practice

- **30 minutes:** Speaking and Writing Practice

English:

1. Courses:

- **Coursera - English for Career Development:** 4-week course.
- **BBC Learning English - Intermediate English:** Watch 1 video per week.

2. Listening:

- **Listen to audiobooks** (choose beginner-friendly titles).
- Continue TED Talks and *EnglishClass101*.

3. Speaking & Writing:

- Join a Toastmasters club for public speaking practice (1-2 times a month).
- Write essays or short stories (1-2 per month) and seek feedback.

French:

1. Courses:

- **Coursera - French for Business and Entrepreneurship:** 4-week course.
- **Français Authentique - Avancé:** Listen to 1 episode per week.

2. Listening:

- **French Movies** with French subtitles (1-2 per month).
- Continue with Coffee Break French and podcasts.

3. Speaking & Writing:

- Participate in French theater or improv groups if available.
- Write essays or reflections on cultural topics (1-2 per month).

Month 10-12: Mastery and Specialization

Goals: Achieve fluency, prepare for advanced topics, and specialize in areas of interest.

Daily Breakdown (2 hours):

- **1 hour:** Course Work
- **30 minutes:** Listening Practice
- **30 minutes:** Speaking and Writing Practice

English:

1. Courses:

- **Coursera - Academic English: Writing Specialization:** Focus on academic writing (4-6 weeks).

- **BBC Learning English - Advanced English:** Watch 1 video per week.

2. Listening:

- Listen to advanced podcasts (e.g., *This American Life*).
- TED Talks: Choose more complex topics.

3. Speaking & Writing:

- Continue Toastmasters or join a debate club.
- Write articles or blog posts (1-2 per month) on topics you enjoy.

French:

1. Courses:

- **Coursera - Advanced French: Grammar and Composition:** Focus on writing and grammar.
- **French for Business or Travel** courses (if relevant).

2. Listening:

- Listen to advanced podcasts (e.g., *FrenchPod101*).
- Watch French films without subtitles.

3. Speaking & Writing:

- Participate in discussions or workshops focused on French literature or culture.
- Write essays or research papers on topics of interest (1-2 per month) and seek feedback.

Ongoing Activities:

- **Daily Practice:** Continue using Duolingo or Babbel for daily language practice in both languages.
- **Cultural Engagement:** Attend cultural events, music concerts, or cooking classes related to English and French cultures.
- **Language Exchange:** Maintain regular contact with language partners for speaking practice throughout the year.

Expected Outcomes

By the end of the year, with consistent effort and practice, you should expect to:

- **Conversational fluency** in both languages.
- Increased vocabulary and grammar understanding.
- Improved listening comprehension and writing skills.
- Enhanced ability to express thoughts and opinions clearly.

Following this roadmap with dedication and a focus on immersion will help you achieve a high level of proficiency in both English and French within a year!