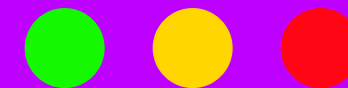


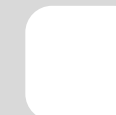
Criar Plano



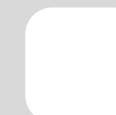
Exercício Anaeróbico



Exercício Aeróbico



Dança



Luta

