

Medical Record

Patient Information:

Name: John Doe

Age: 45

Gender: Male

Blood Group: O+

Medical History:

- Hypertension (Diagnosed in 2018)
- Type 2 Diabetes (Diagnosed in 2020)
- History of Allergies: Penicillin

Current Medications:

1. Amlodipine - 5mg (For Hypertension, daily)
2. Metformin - 500mg (For Diabetes, twice daily)

Recent Medical Visits:

- 01/10/2025: Routine checkup. Blood pressure was slightly elevated. Advised to monitor daily.
- 15/11/2025: Complaint of fatigue. Diagnosed with mild anemia. Supplements prescribed.

Recent Tests:

1. Blood Test (01/11/2025)
 - Hemoglobin: 12.1 g/dL
 - Fasting Blood Sugar: 132 mg/dL
 - Cholesterol: 220 mg/dL (Borderline high)
2. ECG (15/11/2025): Normal sinus rhythm.

Doctor's Notes:

Patient advised to maintain a healthy diet, exercise regularly, and avoid stress. Follow-up in 3 months.

Emergency Contact:

Name: Jane Doe
Relationship: Wife
Phone: +1-234-567-8901