CAREER
EXPLORATION
(CLASS 8TH – 12TH)

Client Details

Name : Harshit Garg

Nature : School Student Class 8th

Date of Birth : 2009-08-09

Gender : Male

MobileNo : 9823146370

E-mailId : bharatipatil946@gmail.com

Address : B 502 Jenseva chs goregaon west mumbai 400104

Submission : 03-05-2022 19:24 (GMT + 5:30)

CounsellorDetails

Name : Merak Guidance Services

Contact No :

E-mail Id :

Mobile No :

Address :

Career excellence model

Respicite
Solutions for Life

ABSTRACT REASONING

ABILITIES

INTERESTS

VALUES

JOB PERFORMANCE = CAREER GROWTH

WORK PERSONALITY = CAREER ADJUSTMENT

JOB MOTIVATION = CAREER SATISFACTION

SELF-AWARENESS

CAREER EXCELLENCE

Work interests :	What you like
Work personality :	How you deal with data and people
Abstract reasoning :	Abstract reasoning
Abilities :	Critical abilities for satisfactory work performance
Learning styles :	Your preferred methods of acquiring information

Career Exploration Process

01

SELF-AWARENESS

02

CAREER AWARENESS
• Career clusters
• Career paths
• Professions & roles

03

CAREER READINESS
• 11/12th stream
• UG/PG Courses

Career decision making situation

This represents your current state of your beliefs, self-awareness and information relevant to make career decisions.

Beliefs
These are self-limiting beliefs about your own capability to make sound career decisions. These prevent you to undertake career decisions freely and with confidence.
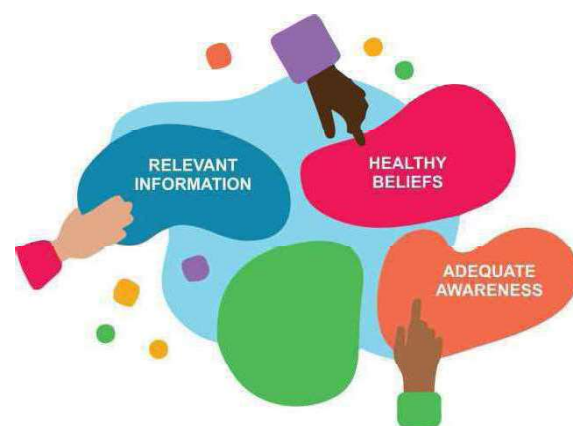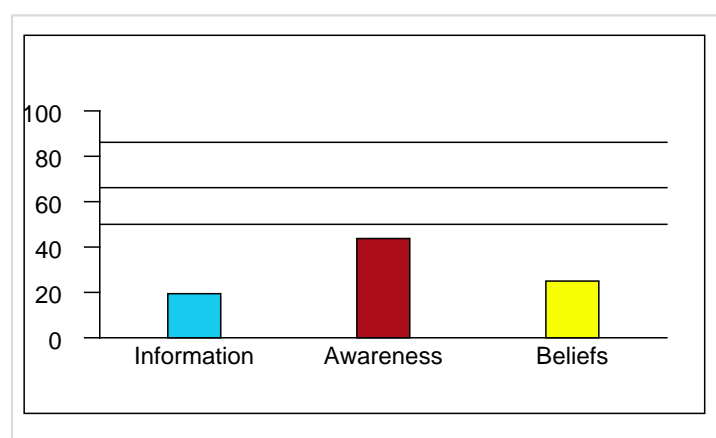
Self-awareness
This is an indication of your own awareness that is relevant in making healthy career decisions.

Information
This is an indication of presence or absence of relevant information required to make healthy career decisions.

Your career decision making situation

Information: 20
Awareness: 44
Beliefs: 25

RELEVANT INFORMATION
HEALTHY BELIEFS
ADEQUATE AWARENESS

<50% Low   50–75% Moderate   >75% High

Observations & suggestions

Beliefs
You need to relook your beliefs as they do not display enough confidence.

Awareness
Your need more awareness of your career relevant characteristics and the preferred occupations. You should utilize this systematic assessment process as a way to become self-aware.

Information
You need to get information about various careers and opportunities to make informed choices that shall suit you.

Work Interests

REALISTIC (R)

Being "Hands-on" - Working with machines, tools and things.

INVESTIGATIVE (I)

Preference to understand, analyze and predict.

ARTISTIC (A)

Preference for literature, music or other artistic and creative activities.

SOCIAL (S)

Preference to help, facilitate or guide.

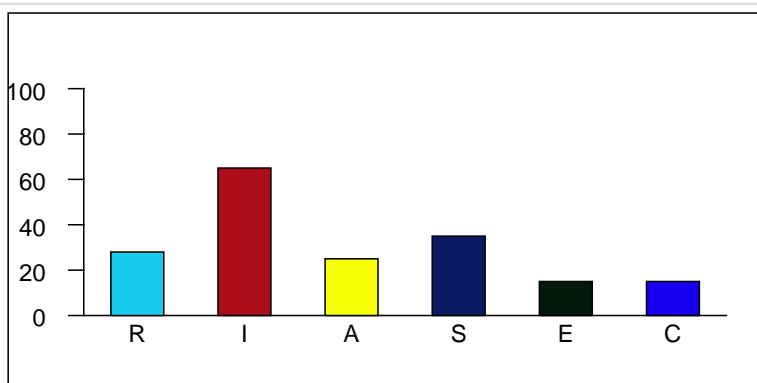**ENTERPRISING (E)**

Preference to influence - to sell or to persuade.

CONVENTIONAL (C)

Preference to create and maintain orderliness.

Your Work Interests
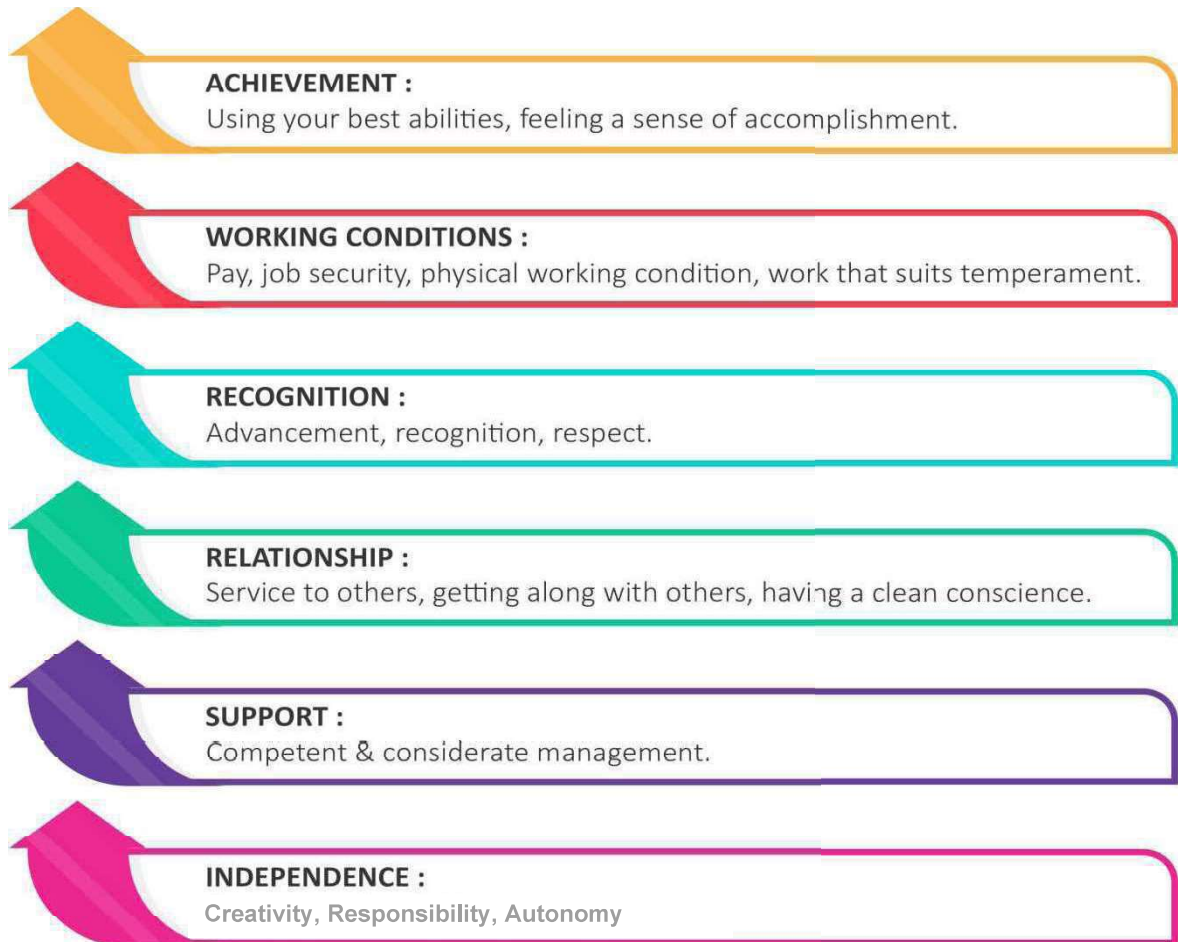

DOMAIN CODE :

I(Investigative)

S(Social)

R(Realistic)

Work Values

An individual's work personality is determined by his or her needs and abilities. Similarly, ability requirement and possible reinforcement are important characteristics of a work environment. Job satisfaction of an individual depends on alignment of her needs to the reinforcement offered by the work environment. We identify 21 needs, grouped into 6 work values.

ACHIEVEMENT :
Using your best abilities, feeling a sense of accomplishment.

WORKING CONDITIONS :
Pay, job security, physical working condition, work that suits temperament.

RECOGNITION :
Advancement, recognition, respect.

RELATIONSHIP :
Service to others, getting along with others, having a clean conscience.

SUPPORT :
Competent & considerate management.

INDEPENDENCE :
Creativity, Responsibility, Autonomy

Your Top Needs

1. Social service - I could do things for other people
2. Co-workers - my co-workers would be easy to get along with
3. Variety - I could do something different every day
4. Company policies - I would be treated fairly by the company
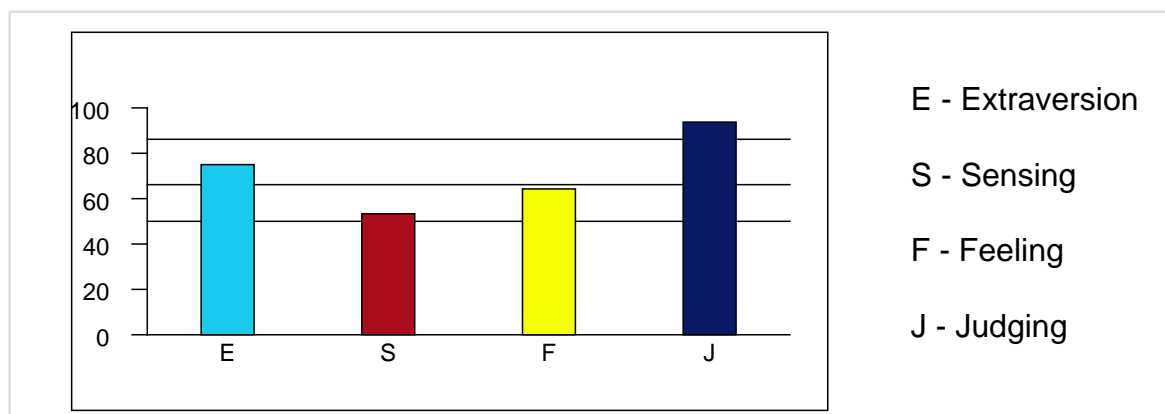5. Ability utilization - I make use of my abilities

Type Indicators

MB type indicators are used to identify one of the sixteen personality types that an individual belongs to. The type influences identification of careers where the person is expected to contribute most as well as where she can find fulfilment. None of the types is superior or inferior to any other type. Below are the components of the 16 personality types.

Energy	Extraversion (E) Energy through people	Intraversion (I) Energy through Self-reflection
Information processing	**Sensing** Through 5 senses (observing)	**Intuiting** Understanding meaning & pattern
Decision making	**Thinking** Based on logics & facts	**Feeling** Based on empathy
Managing external world	**Judging** organizing and seeking closure	**Perceiving** Flexibility, spontaneity and openness to experience

Your type indicator – ESFJ

E - Extraversion

S - Sensing

F - Feeling

J - Judging

PCI

E	S	F	J
Medium	Medium	Medium	High

Inference

E-I Dimension - Your natural preference is Extraversion, You are Open,Accessible,Energetic,Enthusiastic,Outgoing

S-N Dimension - Your natural preference is Sensing, You are Practical,Matter of fact,Observant,Realistic,Preference for actualities over possibilities

T-F Dimension - Your natural preference is Feeling, You are Supportive,Compassionate,Friendly,Harmonious,Warmth & sympathy towards people

J-P Dimension - Your natural preference is Judging, You are Dutiful,Methodical,Organized,Determined,Preference on coming to conclusions and complete tasks at hand

Inference of PCI

% High

You make real-life choices in accordance to your natural preferences. This may or may not always be most appropriate to manage the current situation. However, this saves you from putting additional efforts in exercising a choice that you are not comfortable with.

You inconsistently make real-life choices in accordance to your natural preferences. At times, you make choices that are not aligned to your natural preferences. This may be when you consider doing so more appropriate to manage the situation
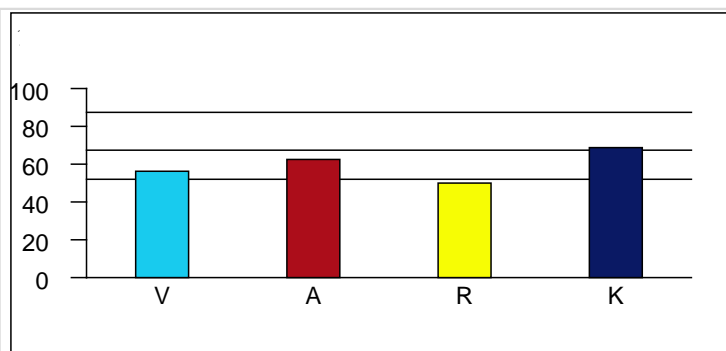
Medium

% Low

You have not been able to clearly identify your preference or you are making a lot of make real-life choices opposite to your natural preferences. This may be possibly because your learnings about how to effectively manage a situation differ from your natural preference.

Learning Preferences

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Visual (V)
- Preference towards Graphical information - maps, charts, graphs, flow charts, labelled diagrams and symbols representation of words.
- Use of designs, patterns and shapes to convey information.
- Does not include still pictures or photographs that do not convey information or patters.

Auditory (A)
- Preference for learning by hearing & speaking
- Lectures, group discussions, radio, telephone calls, web-chats and talking things through
- Talking out loud and talking to self.

Read/ Write (R)
- Preference for information displayed in words
- Emphasis on text-based inputs
- Manuals, reports, essays, books, assignments, text dominant internet research

Kinesthetic (K)
- Preference for concrete personal experiences
- Learning by grasping, holding, feeling, doing
- Learning through demonstrations, simulations, videos

Your learning preference(s)

The graph shows the proportion of responses where you displayed a particular learning preference. This is an indicator of the mode you generally prefer in real life.

Cognitive abilities

Ability	Description	Your assessment
Numerical ability	Ability to understand and work with quantitative concepts	Very High
Verbal reasoning	Ability to understand concepts framed in words	Low
Spatial ability	Ability of 3D visualization from 2D representation	Medium
Computations	Facility with numbers	Very High
Clerical Perception	Quickly recognizing information presented in letters & words	Very High
Form Perception	Quick recognition of visual information	Very High

Critical workplace abilities

Ability	Description	Your self-assessment score
Leading & Influencing	Leading, Coordinating, Negotiating, Influencing, Social management, External environment management	Very High
Helping & facilitating	Social perceptiveness, Active listening	Very High
Organizing and closing	Task structuring, Planning, Being methodical, Doing repetitive activities, Working with deadlines, Punctuality, Closure	Very High

Your Top Career Clusters

Health Science

While working in this cluster, you shall be involved in providing support Services, therapeutic Services, biotechnology research and development
diagnostic Services as well as health informatics. It includes professions such as medical doctors, nurses and medical technicians.

Education & Training

In this cluster, you shall work in teaching or training, education administration as well as professional support services. Professions include elementary, middle or primary teachers, lecturers or professors, special education teachers, school or college administrators, librarians, interpreters or translators

Your Top Streams

PCB

Science , Science/Math Stream

Career Suggestions

Profession Name	Cluster	11Th / 12Th	Higher Education	Recommendation
Physician Assistant	Health Science	PCB	Science with Physics Chemistry Biology+B.sc in Physician Assistant+M.Sc in Physician Assistant/Science+B.Sc in Physician Assistant+Post Graduate Diploma in Physician Assistant	Top Choice
Nutritionist	Health Science	PCB	Science+B.Sc. Nutrition & Dietician+M.Sc. Dietician & Nutrition/Science+Diploma in Nutrition & Dietetics+B.Sc. Home Science+M.Sc. Home Science/Science+B.Sc. Nutrition+M.Sc in Nutrition	Top Choice
Doctor	Health Science	PCB	Science with Physics Chemistry &Biology+MBBS+MD/MS in Any Specialization	Top Choice
Ayurvedic Doctor	Health Science	PCB	Science with Physics Chemistry Biology+Bachelor Of Ayurveda &Medical Surgery+Post Graduate Diploma in Ayurvedic Medicine+Certificate Of Pre Ayurvedic Course	Top Choice
Clinical exercise expert	Health Science	PCB	Science+Bachelor in Sports Psychology+Master degree in Sports Psychology+Doctorate Degree in Sports Psychology.	Top Choice
Family and General Practitioners	Health Science	PCB	Science With Biology+MBBS(Bachelor Of Medicine Bachelor Of Surgery)+Doctor In Medicine(MD)/Science with Biology+MBBS+Master In Surgery	Top Choice
Anesthesiologists	Health Science	PCB	Science+MBBS+Doctor of Medicine (MD) in Anesthesia/Doctor of Medicine (MD) in Anesthesiology/Science+MBBS+Post Graduate Diploma in Anesthesia:/Science+Diploma in Anesthesia+B.Sc. Anaesthesia Technology/B.Sc. Operation Theatre and Anaesthesia Technology/B.Sc. Anaesthesia and Operation Theatre Techniques+Post Graduate Diploma in Anesthesia	Top Choice

Profession Name	Cluster	11Th / 12Th	Higher Education	Recommendation
Exercise Physiologists	Health Science	PCB	Science+Bachelor in Sports Psychology+Master degree in Sports Psychology+Doctorate Degree in Sports Psychology.	Top Choice
pediatrician	Health Science	PCB	Science+MBBS+M.D in Pediatrics/Science+MBBS+MS in Pediatrics	Top Choice
Staff Nurse	Health Science	PCB	Science With Biology+B.Sc Nursing/Science With Biology+Care Home Nursing: Changing Perceptions	Top Choice
Pulmonologist	Health Science	PCB	Science Physics Chemistry Biology+MBBS+MD in Pulmonology/	Top Choice
Nurse	Health Science	PCB	Science With Biology+B.Sc Nursing/Science With Biology+Care Home Nursing: Changing Perceptions	Top Choice
Gynaecologist	Health Science	PCB	MBBS-(Bachelor of Medicine, Bachelor of Surgery)+M.D in Gynecology & Obstetrics/Science+MBBS-(Bachelor of Medicine, Bachelor of Surgery)+M.S in Gynecology & Obstetrics/Science+MBBS-(Bachelor of Medicine, Bachelor of Surgery)+P.G. Diploma in Gynecology & Obstetrics	Top Choice
Audiologist	Health Science	Science , Science/Math Stream	Science+B.Sc. In Audiology+M.Sc. Audiology+PhD. Audiology/Science+B.Sc. In Speech language Pathology+M.Sc. in Speech Language Pathology+PhD. Language Pathology	Top Choice
Homeopathic doctor	Health Science	PCB	Science with Physics Chemistry Biology+Bachelor of Homeopathic Medicine and Surgery(BHMS)+M.D. Homeopathy	Top Choice

Profession Name	Cluster	11Th / 12Th	Higher Education	Recommendation
Physiotherapist	Health Science	PCB	Science with Physics Chemistry Biology+B.Sc in Physiotherapist+M.Sc.in physiotherapist	Top Choice
Engineering Teachers, Postsecondary	Education & Training	PCM	Science+B.Tech in Any Field Of Engineering+M.Tech In Any Field Of Engineering+PhD. Field Of Engineering+UGC NET, State Level Eligibility Test(Appeared After Master Level)	Good Choice
Orthodontists	Health Science	PCB	Science with Biology+Bachelor Of Dental Surgery(BDS)+Master In Orthodontics+PhD. In Orthodentistry/Science with Biology+Bachelor Of Dental Surgery(BDS)+Post Graduate Diploma in Dentistry	Good Choice
Nuclear medicine technologist	Health Science	PCB	Science with Biology+B.Sc. Nuclear Medicine+Post Graduate Diploma in Nuclear Medicine/Science With Biology+B.Sc in Nuclear Medicine+M.Sc in Nuclear Medicine	Good Choice
Radiation Therapist	Health Science	PCB	Science with Biology and Chemistry+Diploma in Radiography/ RadioTherapy+B.Sc in Radiography+Post Graduate Diploma in Radiography & Ultrasonography/12th Science With Biology And Chemistry+Diploma in Radio-Diagnostic Technology+B.Sc (Hons.) in Medical Radiotherapy Technology+Post Graduate Diploma in Radiotherapy Technology+Post Graduate Diploma in Radio-diagnosis and Imaging Sciences	Good Choice