

6 POST GRADUATE DIPLOMA PROGRAMMES

6.1 Post Graduate Diploma in Rural Development (PGDRD) School of Continuing Education (SOCE)

The Post Graduate Diploma in Rural Development provides comprehensive knowledge of socio-economic factors affecting the transformation of rural society. The contents are designed to impart an integrated understanding to learners about the crucial dimensions of rural development. It aims at enabling the learners to acquire skills related to planning, formulation, monitoring and evaluation of rural development projects and programmes. The Programme also introduces the learner to the basic aspects of research and project-work. The Project Work provides its learners an opportunity to study rural development problems, which enables them to develop necessary skills to undertake research work in rural development. The learners of PGDRD interested in Master of Arts (Rural Development) (MARD) are entitled for credit transfer except RDD5.

Eligibility: * Bachelor's Degree.

Medium of Instruction: English & Hindi

Programme Details:

Course Code	Title of the Course	Credits
A) Compulsory Courses		
MRD 101	Rural Development : Indian Context	6
MRD 102	Rural Development Programmes	6
MRD 103	Rural Development Planning and Management	6
B) Optional Courses (Choose any one from the following electives)		
MRDE 101	Rural Social Development	6
MRDE 06	Rural Health Care	6
MRDE 07	Communication and Extension in Rural Development	6
C) Project Work		
RDD 05	Research and Project Work	6
Total Credits	(A+B+C)	30

Programme Coordinator: Dr. Balkar Singh, balkarsingh@ignou.ac.in, Ph. 011-29573066

6.2 Post Graduate Diploma in Counselling and Family Therapy (PGDCFT) School of Continuing Education (SOCE)

The Post Graduate Diploma in Counselling and Family Therapy is aimed at developing professionals in this vital field, which is gaining greater salience in the present times both from social and employment perspectives. The contemporary social scenario has resulted in an increased need and demand for professional support in terms of counselling and family therapy, which is being increasingly recognized as an effective approach both for promoting positives like strengthening families, fostering positive parenting, and increasing resilience of individuals in vulnerable situations as well as for addressing negative aspects such as socio-psychological problems, maladaptive behaviours, declining mental health, and psychosomatic disorders that are being increasingly witnessed in the present times. However, though the need for counselling and family therapy professionals is being increasingly felt, there is a dearth of professional support and experts who could lend a helping hand in promoting positive family processes and help individual family members in distress in a comprehensive way. As a result, there is a tremendous felt need for education and training in this area. By developing the requisite knowledge, understanding, attitudes and skills in the area of Counselling and Family Therapy, this unique programme of study would help to train professional cadres in the field, equipping them for both wage-employment and self-employment, and thus fill the existing lacuna.

A unique feature of this programme of study is that on successfully completing it, the learner can enroll for the second year of M.Sc. in Counselling and Family Therapy [M.Sc. (CFT)], in subsequent session through credit transfer, as per University Rules.

Eligibility: Bachelor's degree in any subject from a recognized University.

Medium of Instruction: English

Programme Details:

Course Code	Title of the Course	Credits
MCFT 1	Human Development and Family Relationships	4
MCFTL 1	Human Development and Family Relationships - Supervised Practicum	2
MCFT 2	Mental Health and Disorders	4
MCFTL 2	Mental Health and Disorders-Supervised Practicum	2
MCFT 3	Counselling and Family Therapy: Basic Concepts and Theoretical Perspectives	4
MCFTL 3	Counselling and Family Therapy: Basic Concepts and Theoretical Perspectives -Supervised Practicum	2
MCFT 4	Counselling and Family Therapy: Applied Aspects	4
MCFTL 4	Counselling and Family Therapy: Applied Aspects-Supervised Practicum	2
MCFT 5	Counselling and Family Therapy: Research Methods and Statistics	4
MCFTL 5	Counselling and Family Therapy: Research Methods and Statistics-Supervised Practicum	2
MCFTL 8	Reflective Journal	2
Total Credits		32

Programme Coordinators: Prof. Neerja Chadha, neerja_chadha@ignou.ac.in Ph. 011-29572959, 29534066 and Dr. Amiteshwar Ratra, amiteshwar@ignou.ac.in

6.3 Post Graduate Diploma in Early Childhood and Foundational Stage Education (PGDECFE)

School of Continuing Education (SOCE)

Globally, it has been recognized that the period of early childhood comprises the period from birth to 8 years. There is developmental continuity in the period of birth to eight years and it is important to respond comprehensively to the child's health, nutrition, stimulation and learning needs simultaneously. Also in terms of pedagogical principles underlying planning and transacting learning experiences, there needs to be a continuity in terms of adopting the play based and activity based approaches of the preschool years into the early primary grades, specifically classes 1 and 2. The NEP, 2020, has given explicit recognition to the period of birth to eight years as the period for Early Childhood Care and Education and has called this period as the 'Foundation of Learning'. Structurally the NEP has clubbed the period from 3 to 8 years as the Foundational Stage of Education.

Objectives:

- To provide learning experiences that will prepare the students for effective participation in varied contexts such as crèches, preschools, and early primary classes.
- To provide opportunities to functionaries and teachers working in the sector to critically examine their practice and enhance it, by exposing them to the developmental and pedagogical basis of designing early development, learning and educational experiences.

Practicing teachers/ professionals in the sector, supervisors, curriculum developers, and those aspiring to be teacher educators for Early Childhood Care and Education and Early Primary Classes (Grades 1 and 2) will find the programme useful.

Programme Details:

This 40 credits programme comprises 8 courses of which 5 are theory courses with compulsory assignments, 1 field-based practical course and 2 internship courses. One internship has to be carried out in a pre-primary section / preschool and the second internship in classes 1 or Class2. The sites for internships will need to be identified by the student on their own, according to stated guidelines.

The student can appear for the examinations of the theory papers for the first time in December 2023. The Internship 1 can be carried out after student studies Courses 1, 2 and 4; and Internship 2 after studying Courses 1, 3 and 4.

At a later stage, the students who complete the PG Diploma can enroll for the Master's Programme in Early Childhood Care and Education, when the same is launched in the near future.