To insert data via postman:

Step 1:

Download and require following things

```
const express = require('express');
const mongodb = require('mongodb');
const bodyParser = require('body-parser');
```

Step 2:

Setup the environment

```
const MongoClient = mongodb.MongoClient;
const url = "mongodb://localhost:27017";
const databaseName = 'shopping-api';
```

```
const app = express();
app.use(express.json());
```

```
app.use(bodyParser.urlencoded({ extended: false }));
```

Step 3:

Receive the data and insert into the collection

```
MongoClient.connect(url, {useNewUrlParser : true}, function(err, res){
   if (err){return console.log("database connection error!");} const db =
   res.db(databaseName);

app.post('/test', function(req, res){
   console.log("our first api");
   console.log(req.body.pname);
   res.send("this is for your my client");
   db.collection('staffss').insertOne(req.body);
   console.log(req.body);
```

```
})
```

```
Now to send data from Client html form :

<form action="http://localhost:3000/upload" method="post">

<input type="text" name="username" />

<input type="submit" name="ss" />

</form>

In the js file :
```

Install and require cors

```
const cors = require('cors');
app.use(cors());
```

Now to get the data at the backend:

```
app.post('/upload', function(req, res){
console.log(req.files.filess.name);
})
```

Now you can easily insert into the database or whatever you want