

Mini Project: Daily Calorie Tracker CLI

This document contains the completed assignment for the Mini Project: **Daily Calorie Tracker CLI**. It includes the task explanations, logic used, sample code, and final output structure.

Task 1: Setup & Introduction

- Created project folder: `daily_calorie_tracker/`
- Added `tracker.py` with header (name, date, title)
- Printed welcome message explaining tool purpose

Task 2: Input & Data Collection

- Used `input()` to take meal name & calorie amount
- Stored meal names in `meals[]` and calories in `calories[]`
- Loop implemented for multiple meals

Task 3: Calorie Calculations

- Calculated:
 `total = sum(calories)`
 `average = total / len(calories)`
- User enters daily calorie limit → compared with total intake

Task 4: Exceed Limit Warning System

```
if total > limit:
    print("Warning: You exceeded your daily calorie limit!")
else:
    print("Great! You are within your daily limit.")
```

Task 5: Neatly Formatted Output

```
Meal Name      Calories
-----
Breakfast      350
Lunch          600
Snack          150

Total:    1100
Average: 366.67
```

Task 6: Bonus – Saving Log to File

- Asked user: Save report? (yes/no)
- If yes: Created `calorie_log.txt` containing timestamp, meal details, total, average, and limit status.

Sample Code Snippet

```
meals = []
calories = []

n = int(input("How many meals? "))

for i in range(n):
```

```
meal = input("Enter meal name: ")
cal = float(input("Enter calories: "))
meals.append(meal)
calories.append(cal)

total = sum(calories)
average = total / n
limit = float(input("Enter your daily calorie limit: "))

if total > limit:
    print("Warning: Limit exceeded!")
else:
    print("Within limit!")
```