

Activity 1.2

- a) → The team behind the video produced it with the objective of educating the current generation about the negatives of the current economy of the world. They are explaining to us the harmful effects of the material driven people of the material driven society, that we now live in. From how our society reached its current stage from the initial start. The video also explains how we can make it better and live more healthy and peaceful life.
- b) → This video made me conscious of my own lifestyle choices. From ~~my~~ my shopping habits to the advertisements and the way we discuss material goods in our personal as well as professional circles. It made me think of all the time I have been coerced subconsciously into buying something just to be felt included in a particular group. It also made me think of ways to change my own lifestyle.
- c) → Their activities are motivated by their notion of happiness which is physical facilities = happiness, while the notion is highly endorsed by advertisements who change the thinking to more shopping = more happiness. Before these times when media influence was less, the notion of more shopping is equal to more happiness was vague. People are definitely getting into loop of work, home, television which makes you feel unaccepted



and useless and takes you back to store where you shop more, thus creating more waste and damaging the environment further. People are craving for physical facility while the aim should be mental peace.

d) → My happiness only depends on me and my actions. I can make people to whom I connect with happy then yes this make me happy. The idea of happiness varies from person to person. We can never have control over what happens to us. So if we can find an ounce of gratitude or meaning in all scenarios. We can thrive and be happy regardless of what circumstances may be. It is the small thing that ultimately leads to happiness.