HEALTHY PROGRAM

OBJECTIVE

This program help the person to follow his/her healthy rountine
.Time table of schedule is set in the program after running our code
its will executed just like alarming clock and notify user to follow the
updated schedule of their daily rountine .This program helps user for
follow its daily time table rountine which is most important now a
days and also help in tracking the data.

METHODOLOGY

This program is in python language and we use different python module for making as alarming clock to notify user to follow the healthy timetable and make data record of day to day activity.

Use of pygame module for playing alaraming song to remin person to follows his/her timetable and user use stopper command to the alarming song after that date and time saved in txt file for track the record .Program helps user to follow his daily rountine in time and also make data record so that user analysis his day activities and also have a track record with date and time for future analysis and tracking the records of day to day activity



