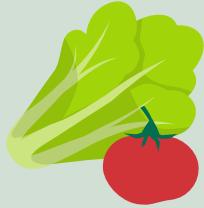


# Feed Your Friends and Neighbors Safely

## Do you want to help feed people in need?

Here's how you can safely help in the community.

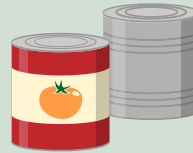
### Food you can share without registering as a food bank or pantry:



Whole, uncut produce.



Dry goods.



Canned goods.

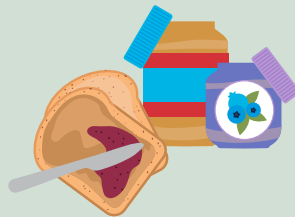


Commercially packaged food—no refrigeration needed.

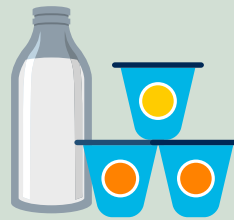
### You need to be a registered food bank or pantry if you:



Cut or prepare produce.



Unpackage ready-to-eat food.



Need to keep food hot or cold.



Cook or heat food.

### Work with existing organizations:



- Volunteer at a food bank or pantry.
- Ask your local food bank or pantry what they need and what kind of food you can donate.
- Organize a food drive for a local food bank or pantry.
- Reach out to schools and ask to donate food or volunteer your time.

### Or you can create your own food bank or pantry.

Registration is free, but you need to apply to become a nonprofit organization.

Learn more at [tpchd.org/food](https://tpchd.org/food).



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