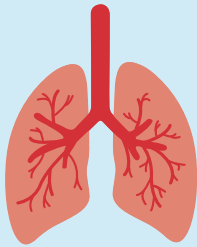


Let's be **IDLE FREE** **253**



Why be idle free?



For your health.

Idling fumes can cause serious diseases like asthma, heart disease, chronic bronchitis, and cancer.



Protect the planet.

Idling cars release harmful chemicals, gasses, and pollutants that contribute to regional haze and global climate change.



Save fuel and money.

It takes less gas to restart your engine than to idle for 10 seconds or longer.

Help us all breathe clean air!

Ways to be idle free:

- Turn off your engine if you are waiting more than 10 seconds.
- Warm up your engine by driving your car.
- On cold or hot days, idle for a few minutes to warm or cool the car then turn the engine off until needed again.

In partnership with:



DEPARTMENT OF
ECOLOGY
State of Washington



Learn more at tpchd.org/idlefree253

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Tacoma-Pierce County
Health Department
Healthy People in Healthy Communities