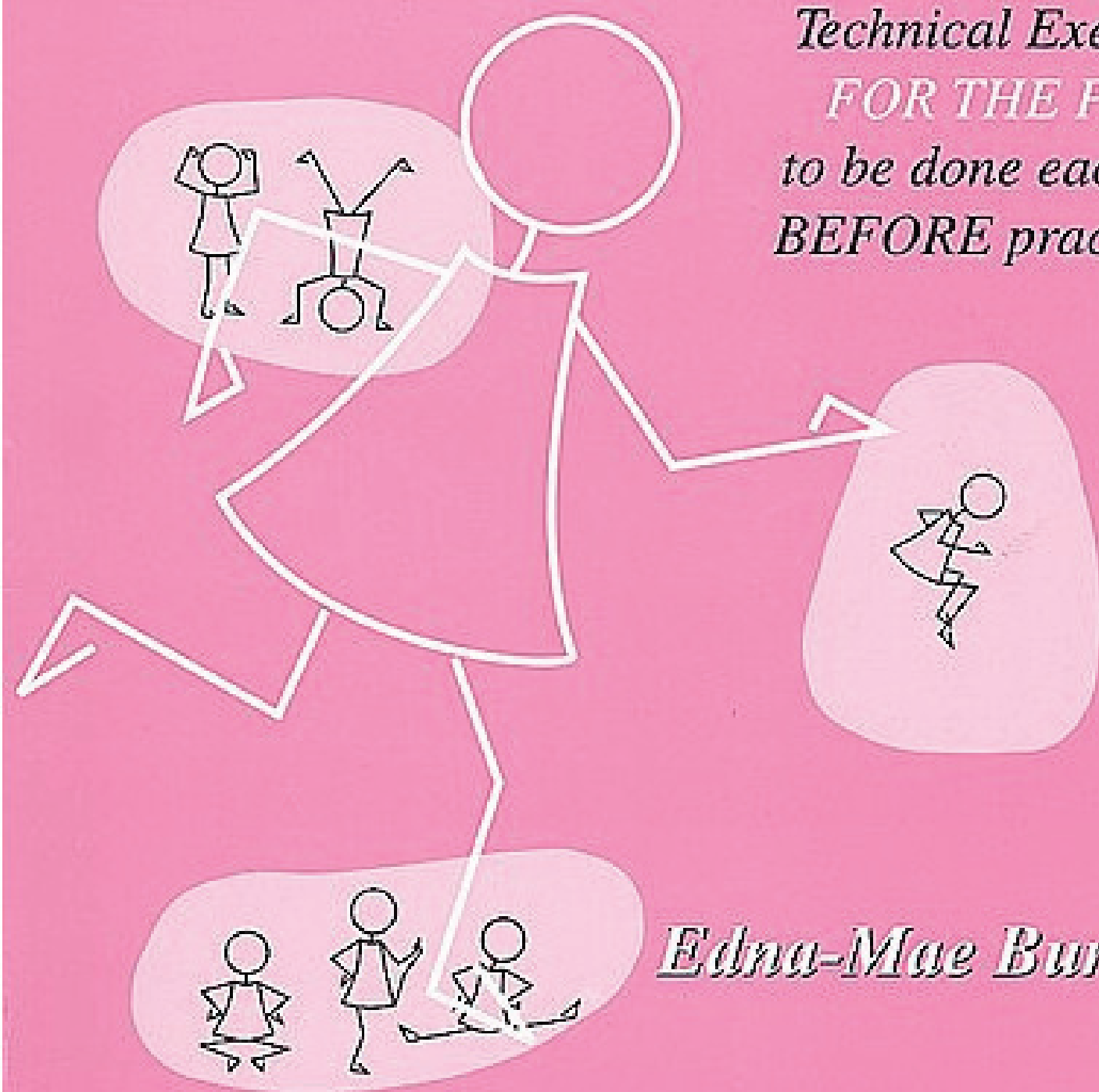


MINI BOOK

A DOZEN A DAY

*Technical Exercises
FOR THE PIANO
to be done each day
BEFORE practicing*



*by
Edna-Mae Burnham*

MINI BOOK

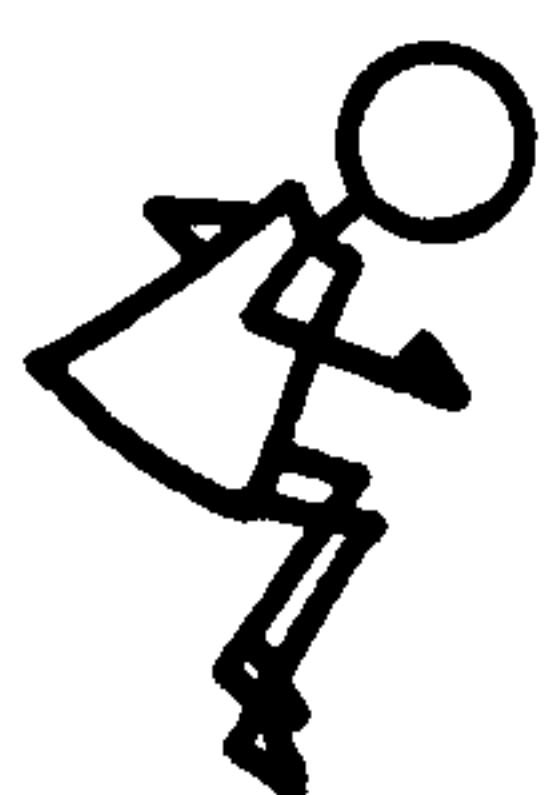
A DOZEN A DAY



*Technical Exercises
FOR THE PIANO
to be done each day
BEFORE practicing*

by

Edna Mae Burnam



The Willis Music Company
Cincinnati · Ohio 45201

WMCo. 10015

A DOZEN A DAY

The Dozen A Day—Mini Book is planned to precede the Dozen A Day—Preparatory Book.

In my many years of teaching piano to the young student, I have found that he has a strong need for technical exercises right away, when he *begins* his piano lessons.

In the past I have been giving my beginning students technical exercises by rote until they were able to *read* the notes in a Dozen A Day—Preparatory Book.

Now I feel there is a need for a Dozen A Day—Mini Book to be used when they are beginners.

The Dozen A Day—Mini Book is designed for use with any beginning method or series book one—for either class or private instruction.

The exercises are built on the notes the student is learning to read so he will be able to read the notes in the Mini Book as he enjoys doing his Dozen A Day Mini exercises.

When a student has completed this book he will be ready to enjoy A Dozen A Day—Preparatory Book.

EDNA MAE BURNAM

A DOZEN A DAY

Many people do exercises every morning before they go to work.

Likewise—we should all give our fingers exercises every day BEFORE we begin our practicing.

The purpose of this book is to help develop strong hands and flexible fingers.

Do not try to learn the entire first dozen exercises the first week you study this book! Just learn two or three exercises and do them each day *before* practicing. When these are mastered, add another, then another, and keep adding until the twelve can be played perfectly.

When the first dozen—or Group I has been mastered and perfected—Group II may be introduced in the same manner.

When the entire book is finished, any of the groups may be transposed to different keys. In fact, this should be encouraged.

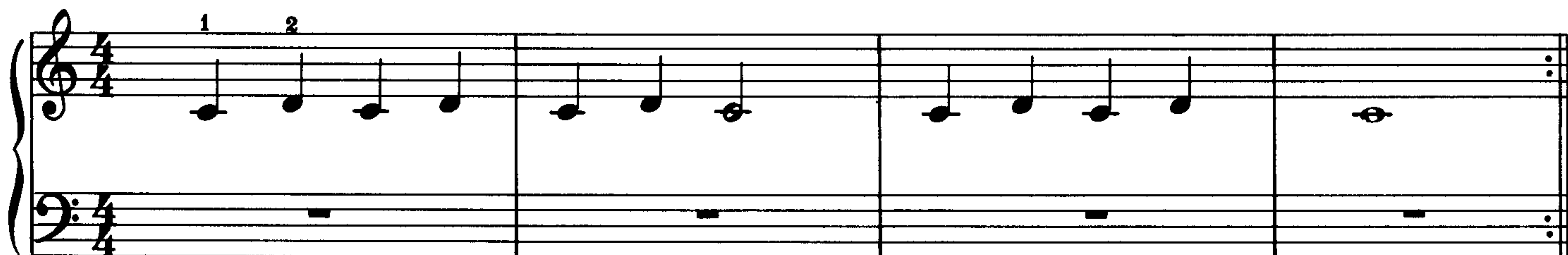
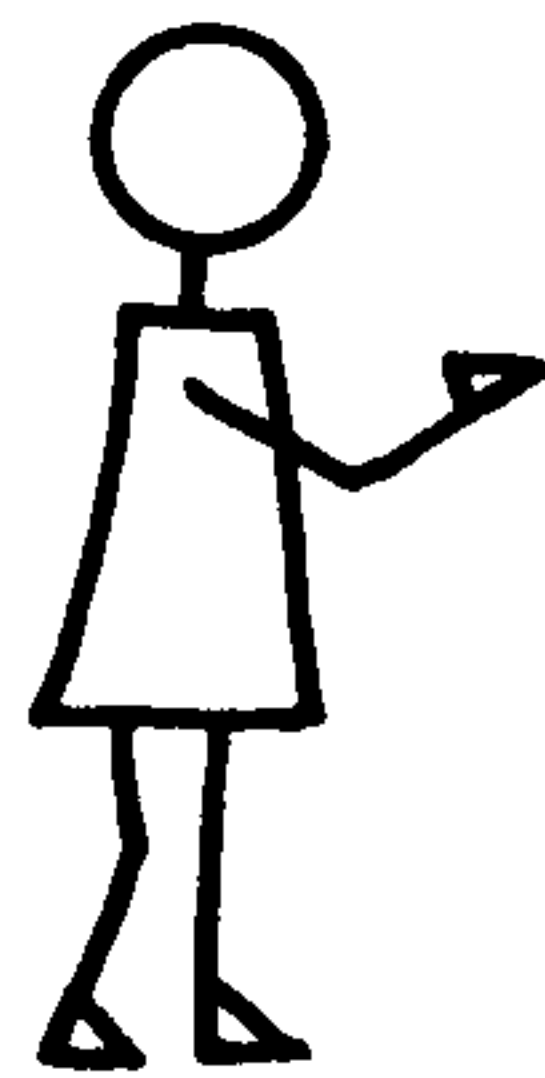
EDNA MAE BURNAM

INDEX

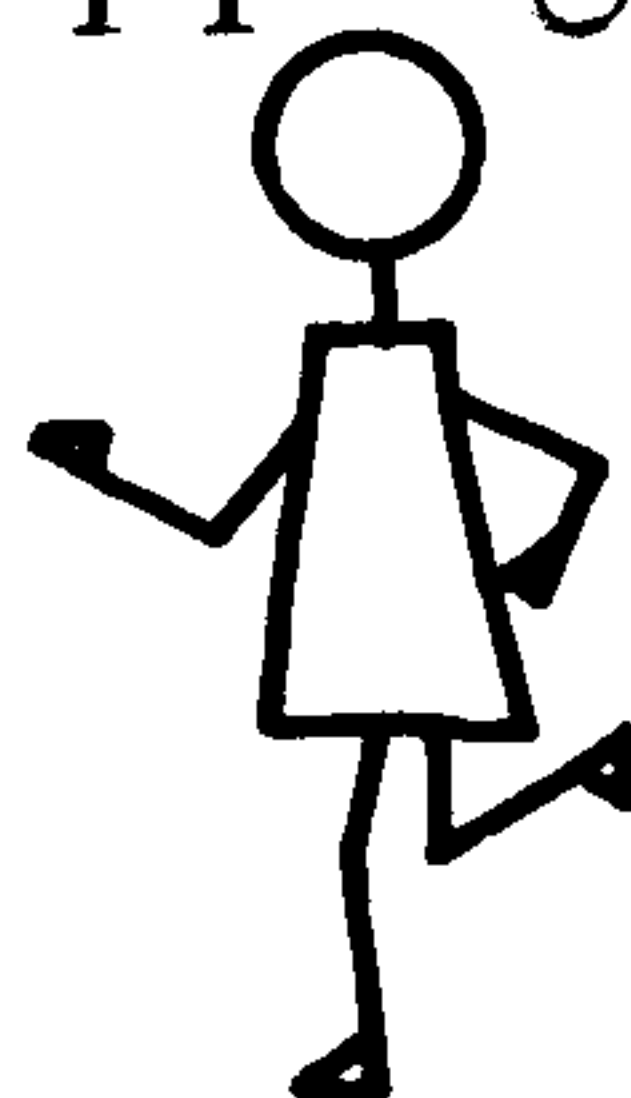
	PAGE
GROUP I	5
GROUP II	9
GROUP III	13
GROUP IV	17
GROUP V	21

To my family
Group I
1. Walking

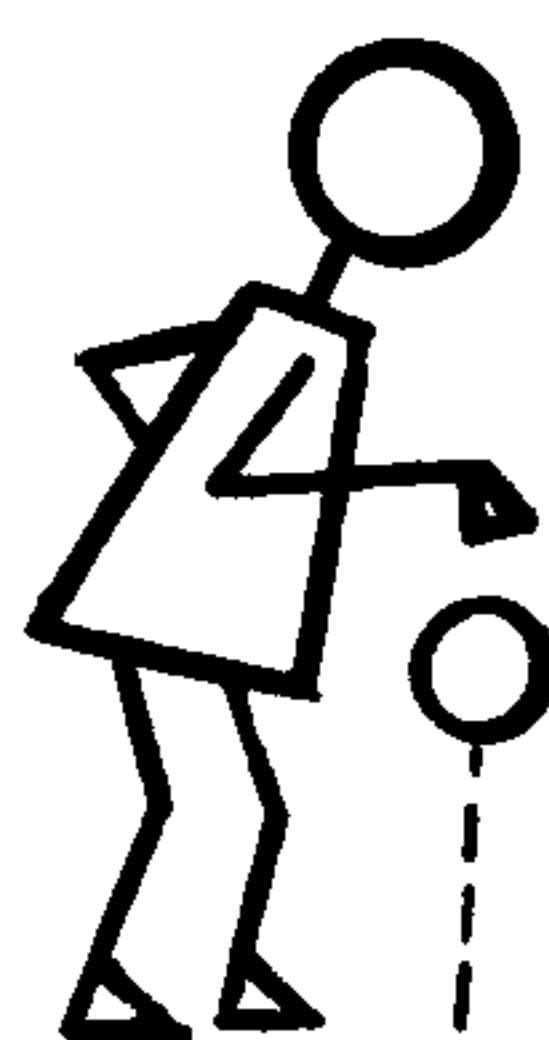
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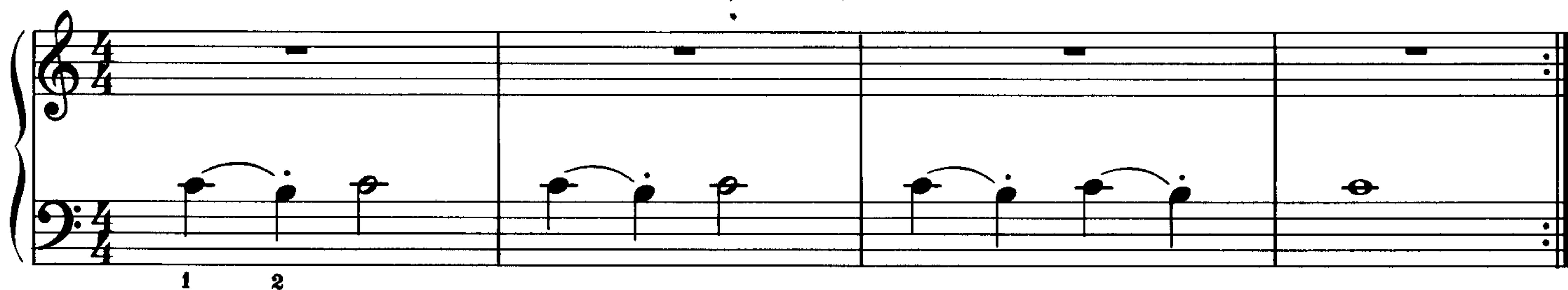
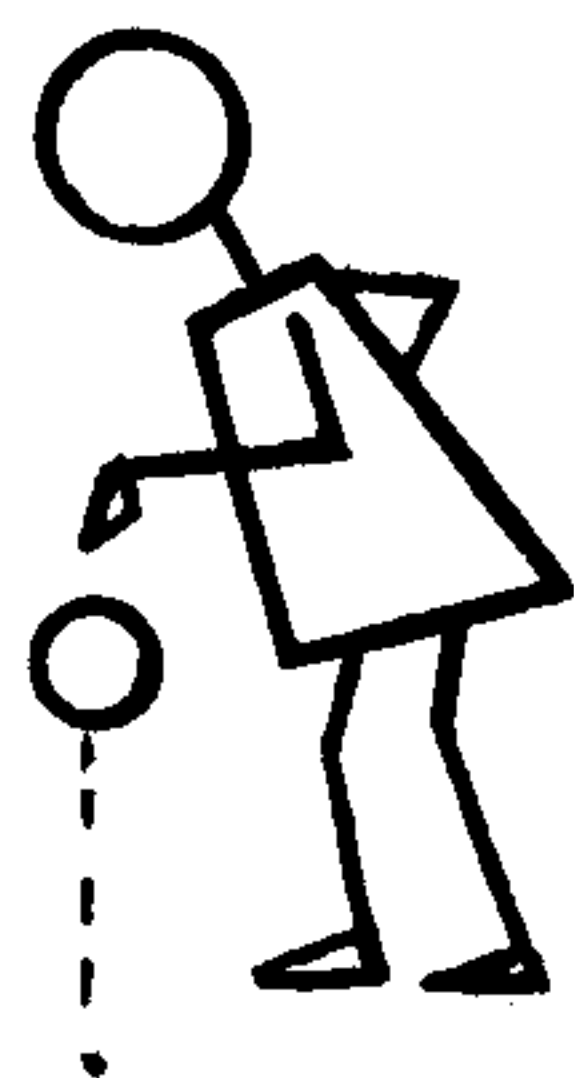
2. Hopping



3. Bouncing A Ball With Right Hand



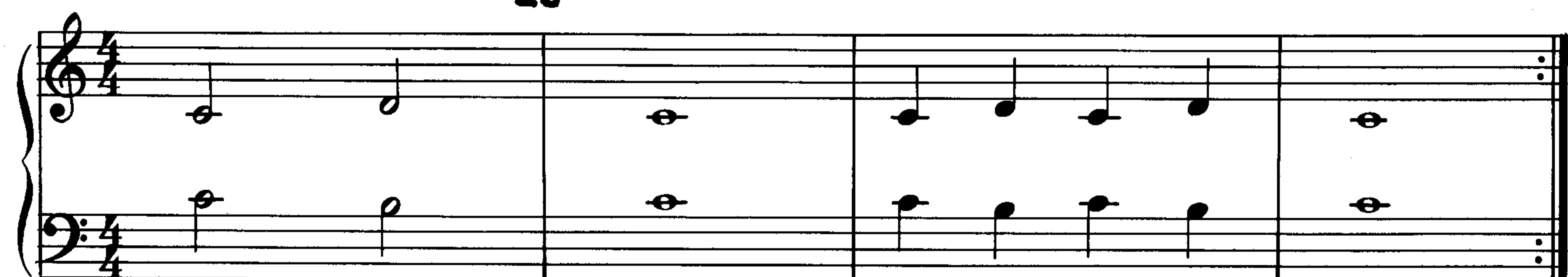
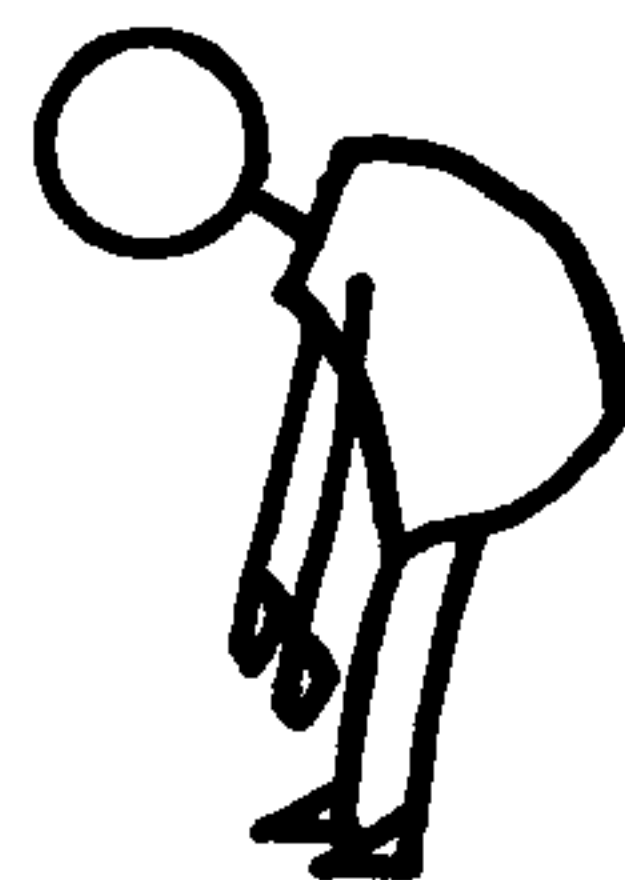
4. Bouncing A Ball With Left Hand



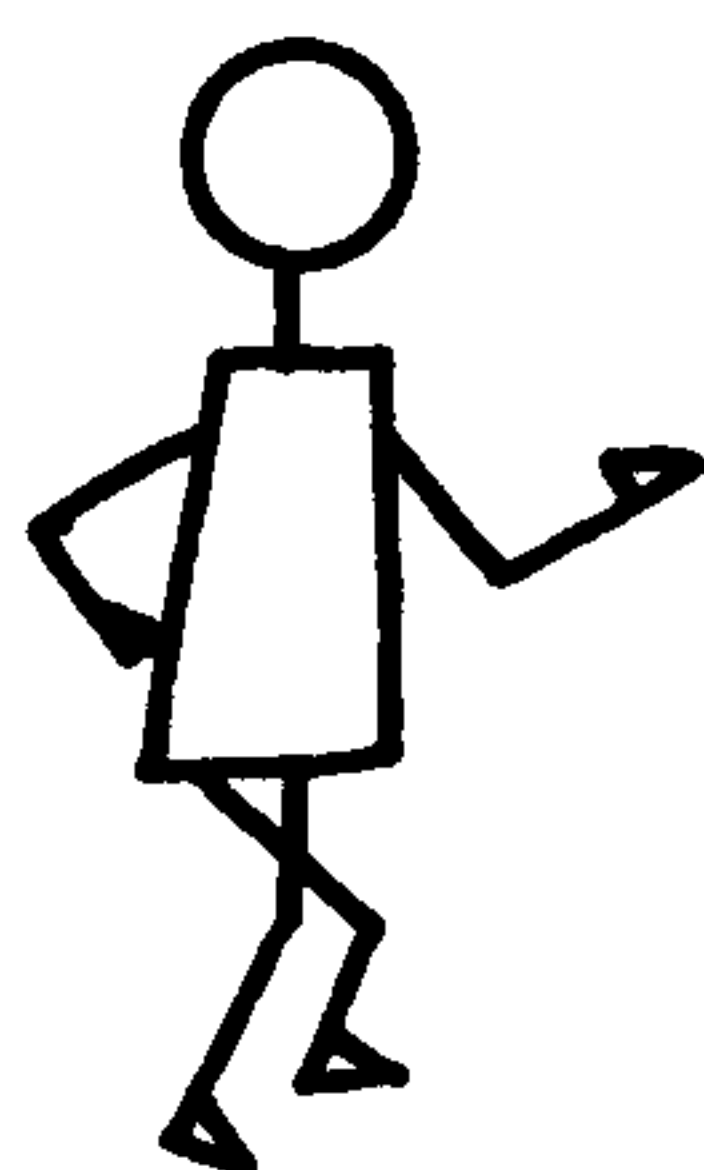
5. Rolling



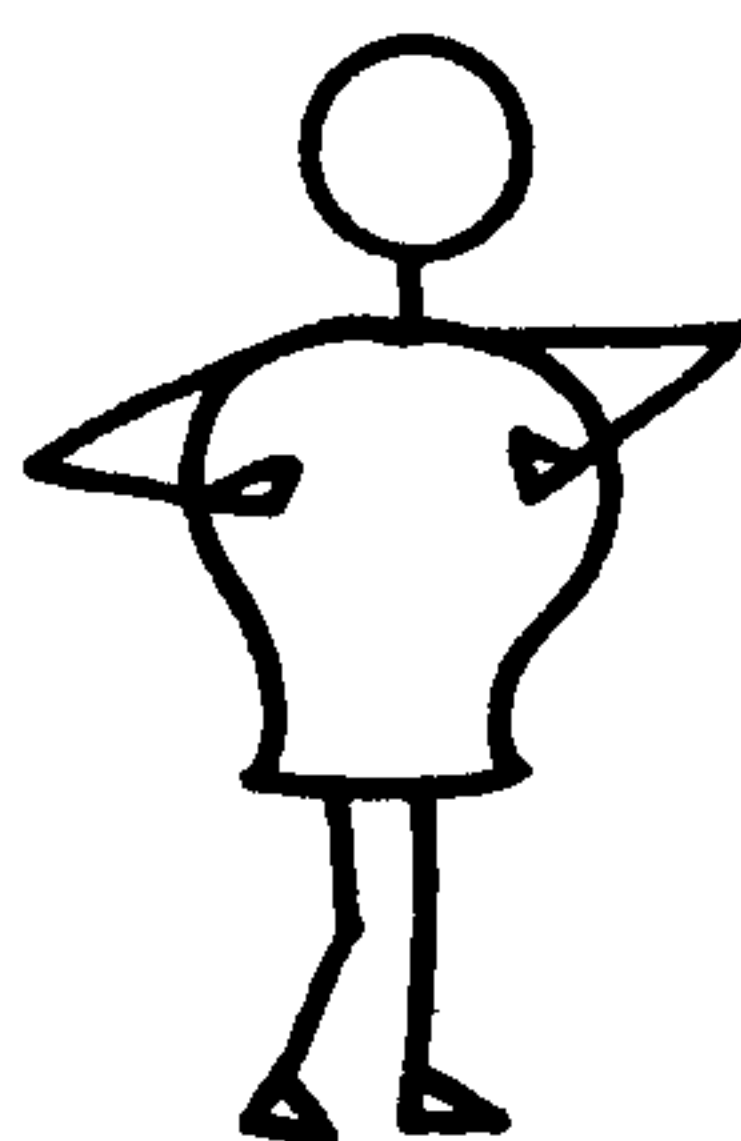
6. Arms Up And Down



7. Skipping



8. Deep Breathing



9. Hammering With Right Hand



Set thumb down silent
Hold down throughout exercise



10. Hammering With Left Hand



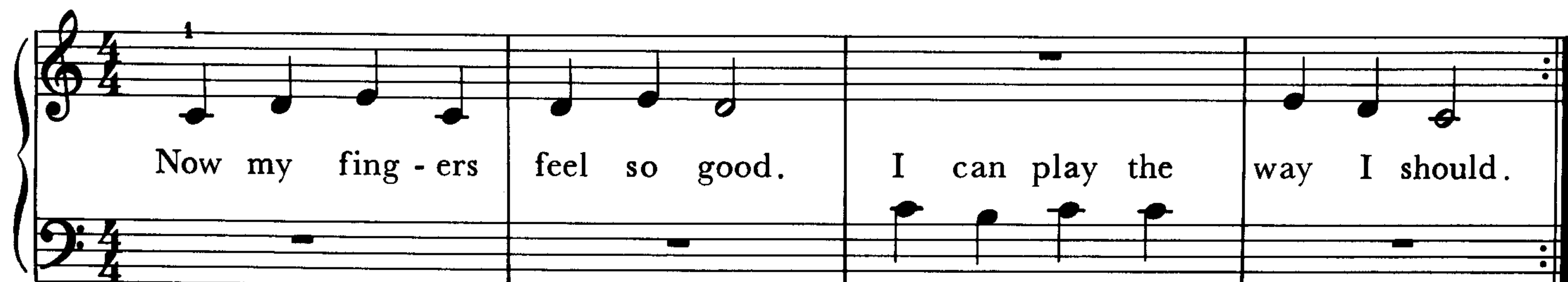
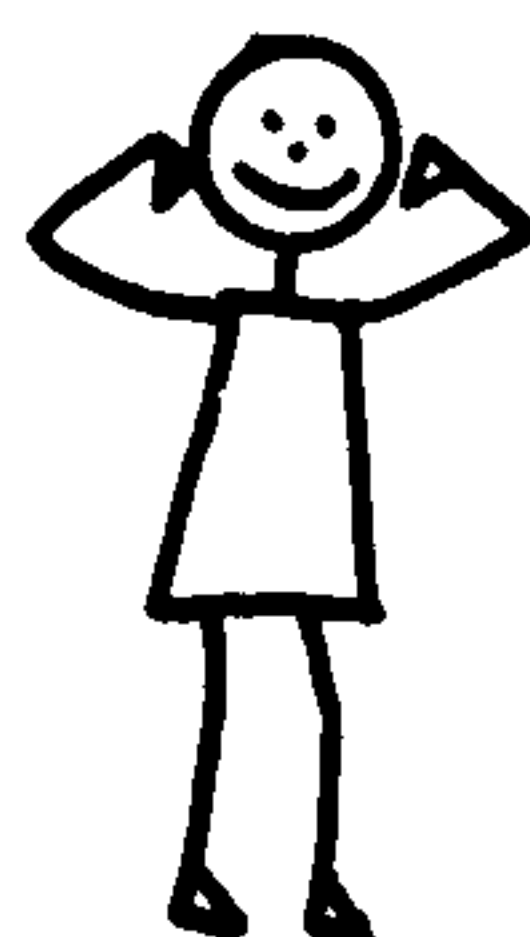
Set thumb down silent
Hold down throughout exercise



11. Walking In A Water Puddle In Boots



12. Fit As A Fiddle And Ready To Go

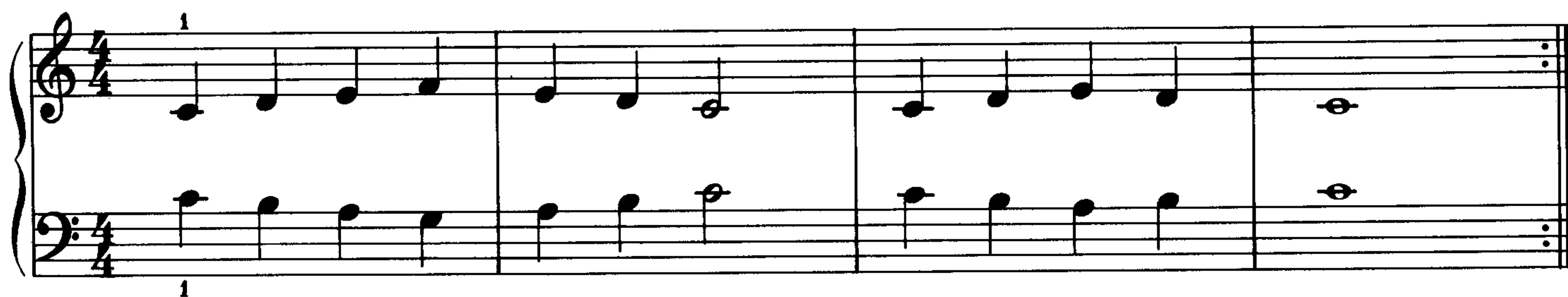
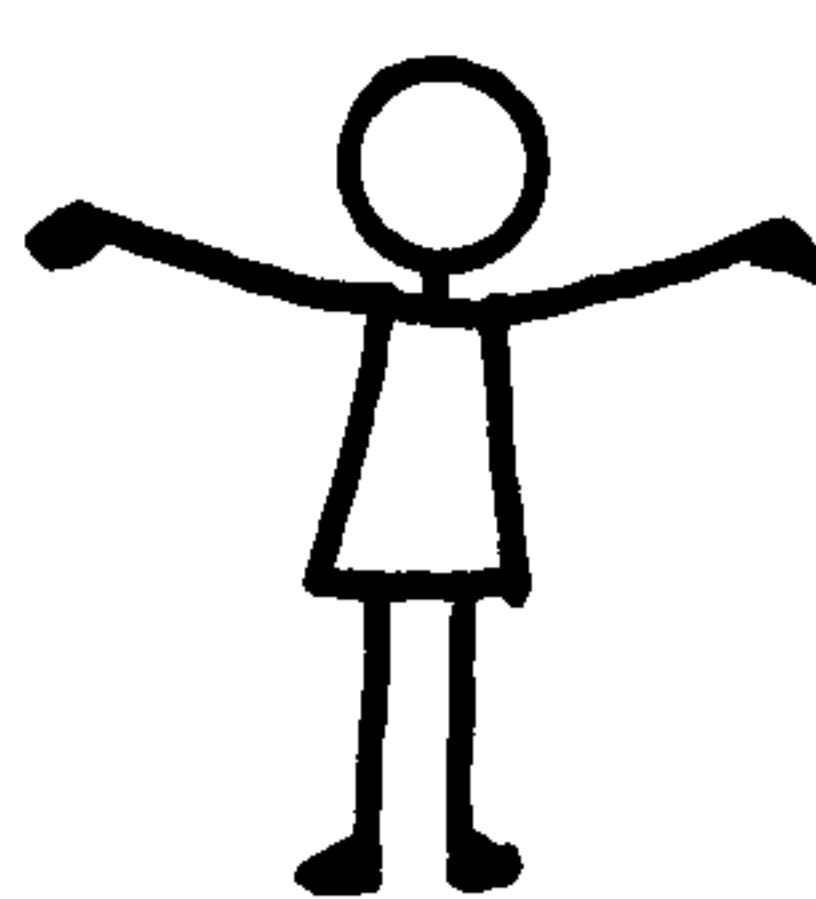
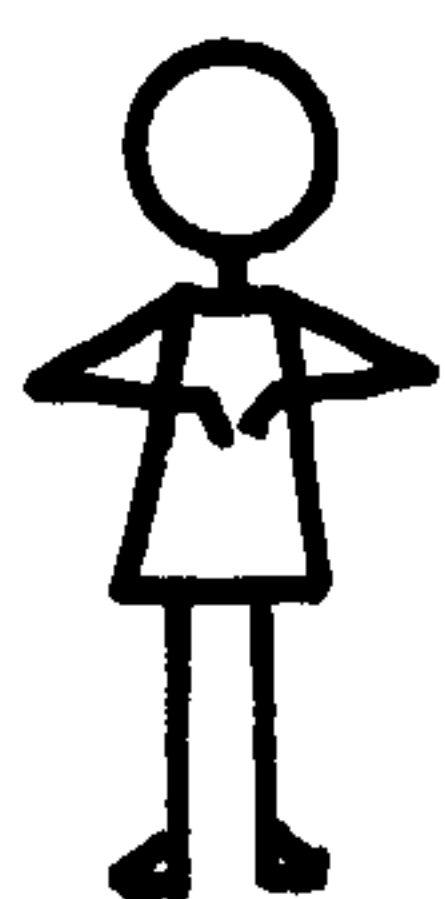


Group II

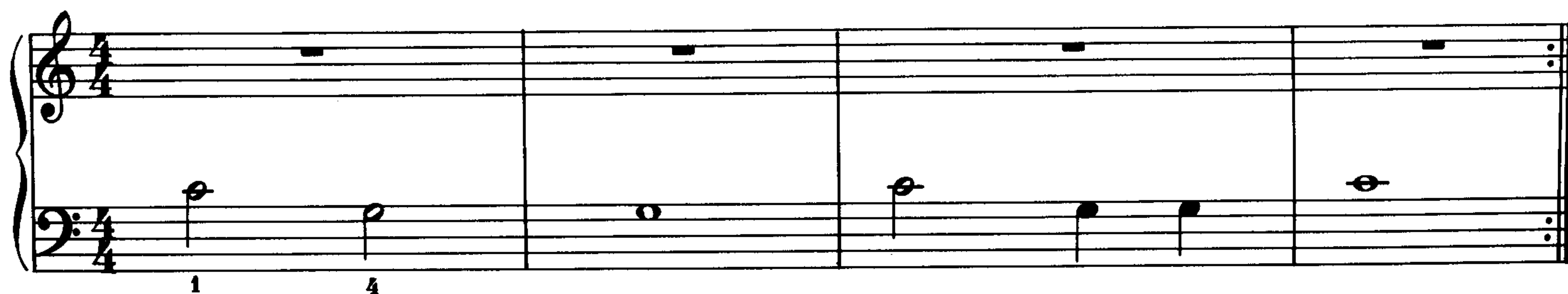
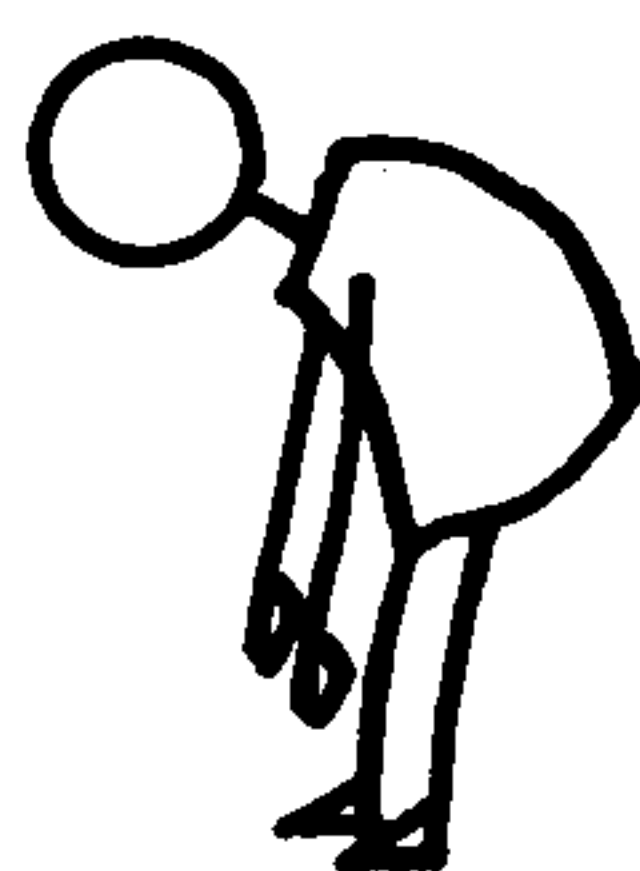
1. Twisting Right And Left



2. Flinging Arms Out And Back



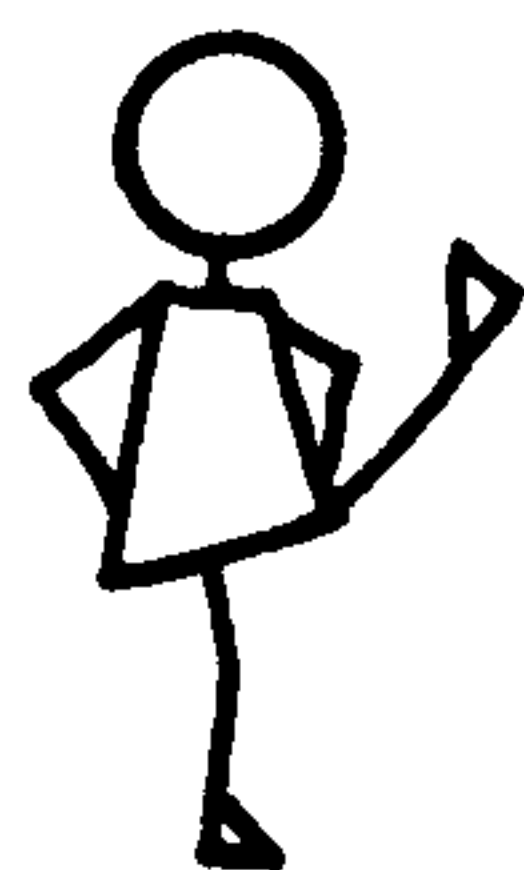
3. Touching Toes



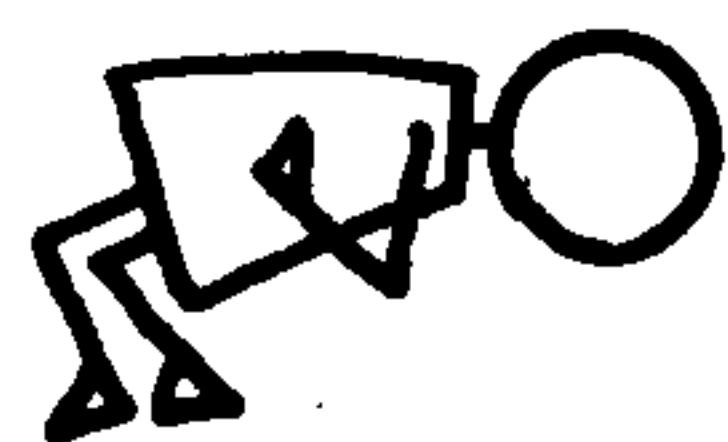
4. Kicking Right Leg Up



5. Kicking Left Leg Up



6. Backward Bend

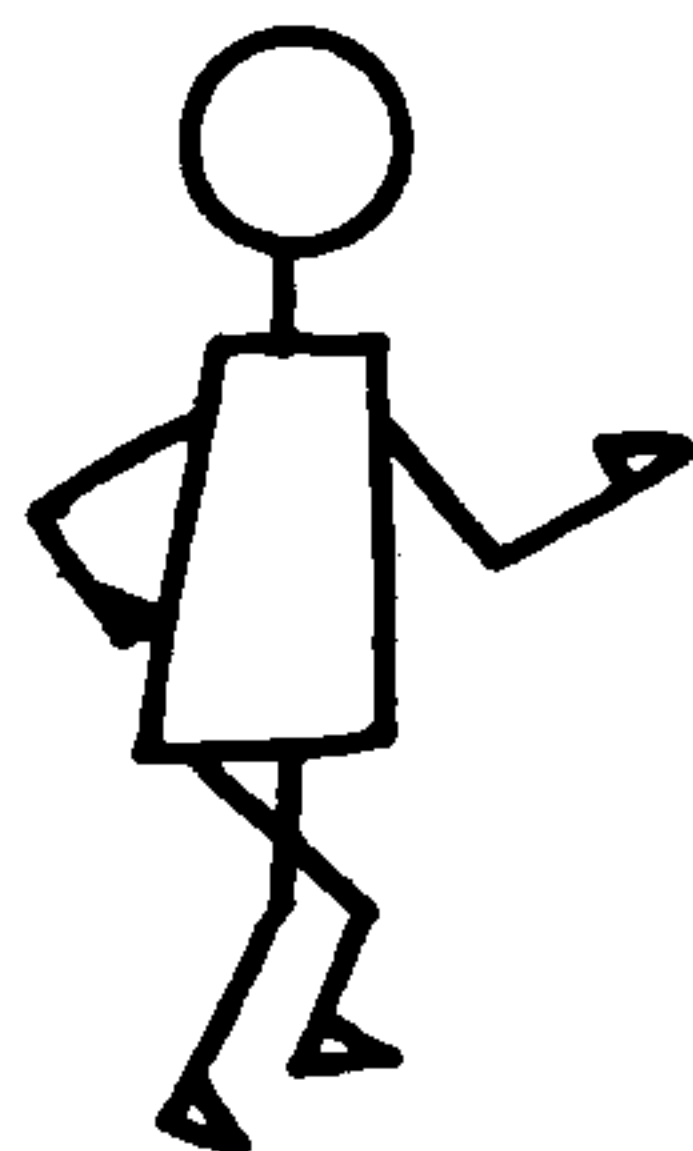


7. Stretching Legs Out And Back (sitting down)

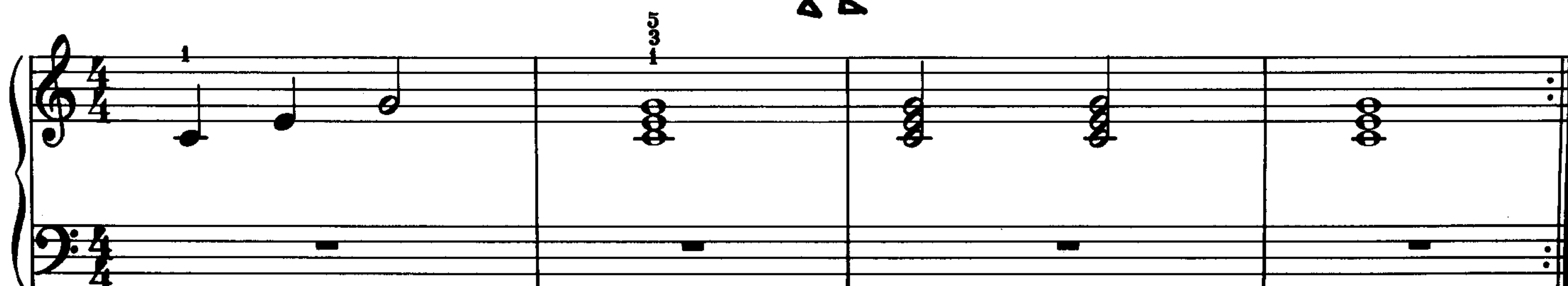
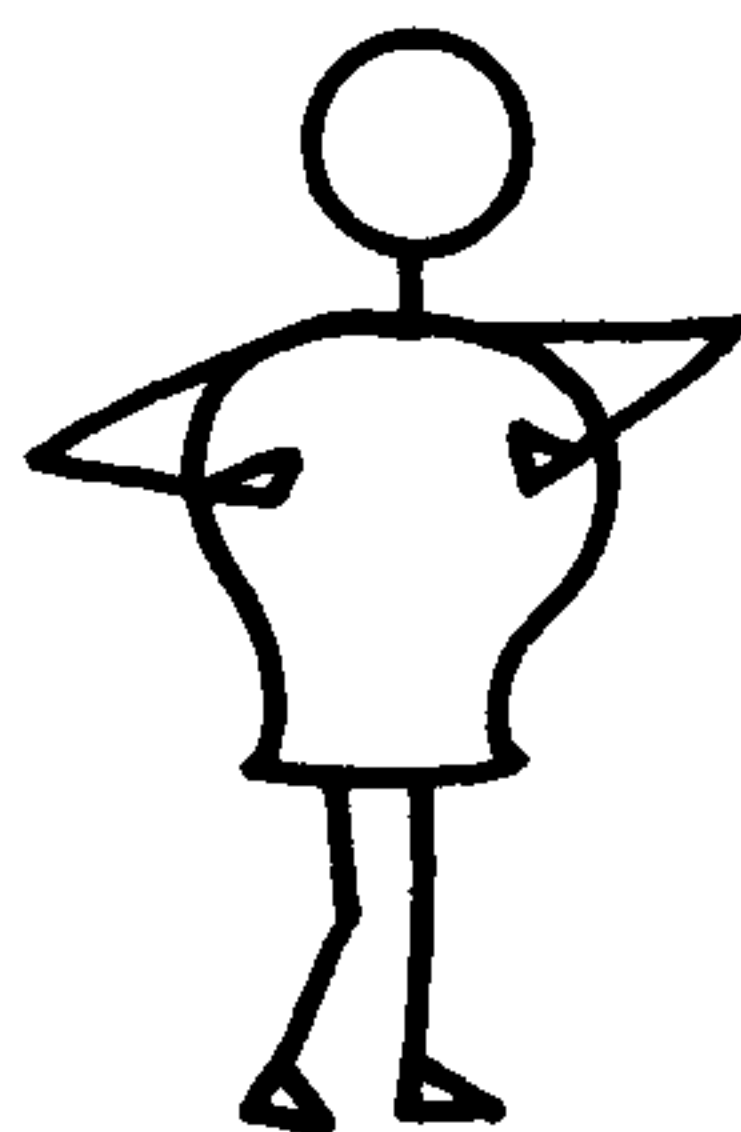
11



8. Skipping



9. Deep Breathing

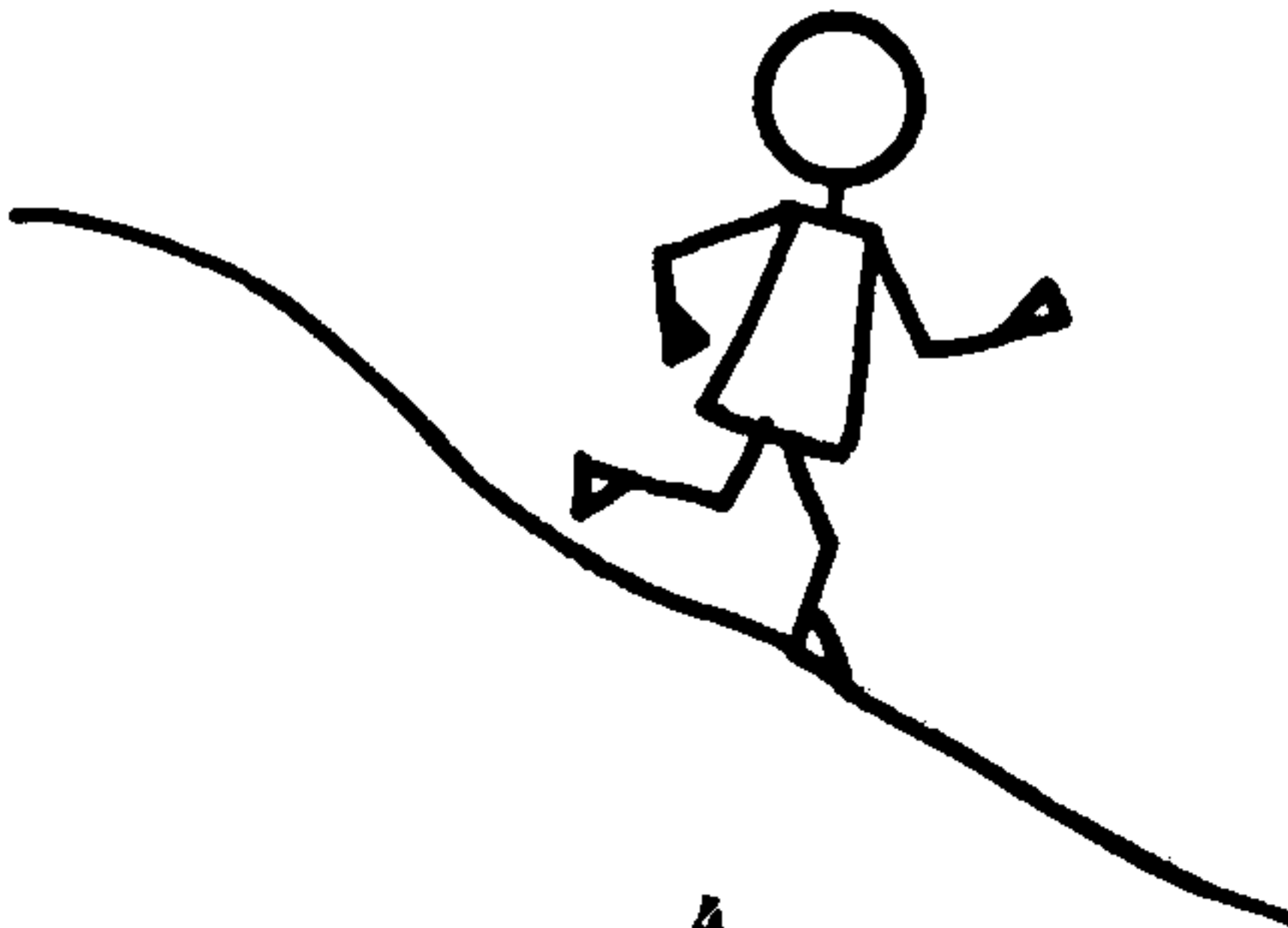


10. Jump Rope



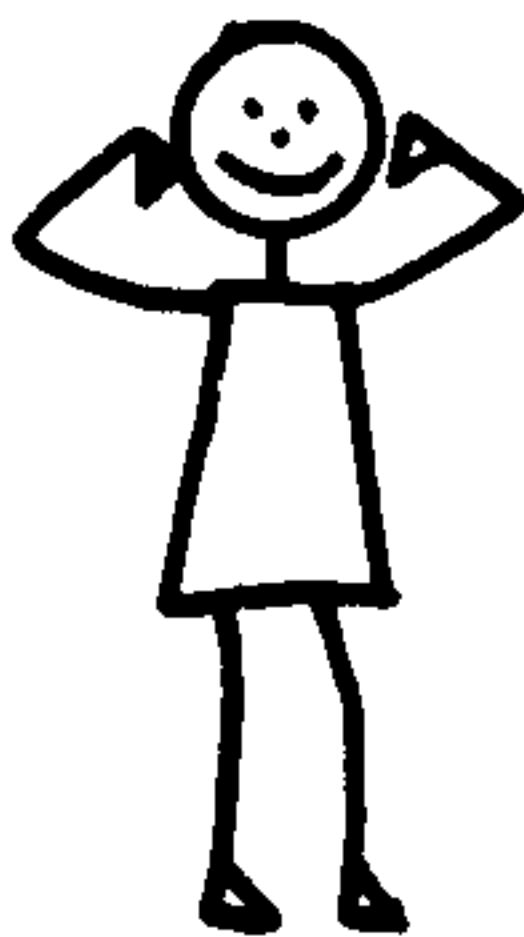
Musical notation for 'Jump Rope' in 4/4 time. The melody starts on a treble clef with a '1' above the first measure. The bass line provides accompaniment. The piece ends with a double bar line and repeat dots.

11. Walking Down A Hill



Musical notation for 'Walking Down A Hill' in 4/4 time. The melody starts on a treble clef with a '5' above the first measure. The bass line provides accompaniment. The piece ends with a double bar line and repeat dots.

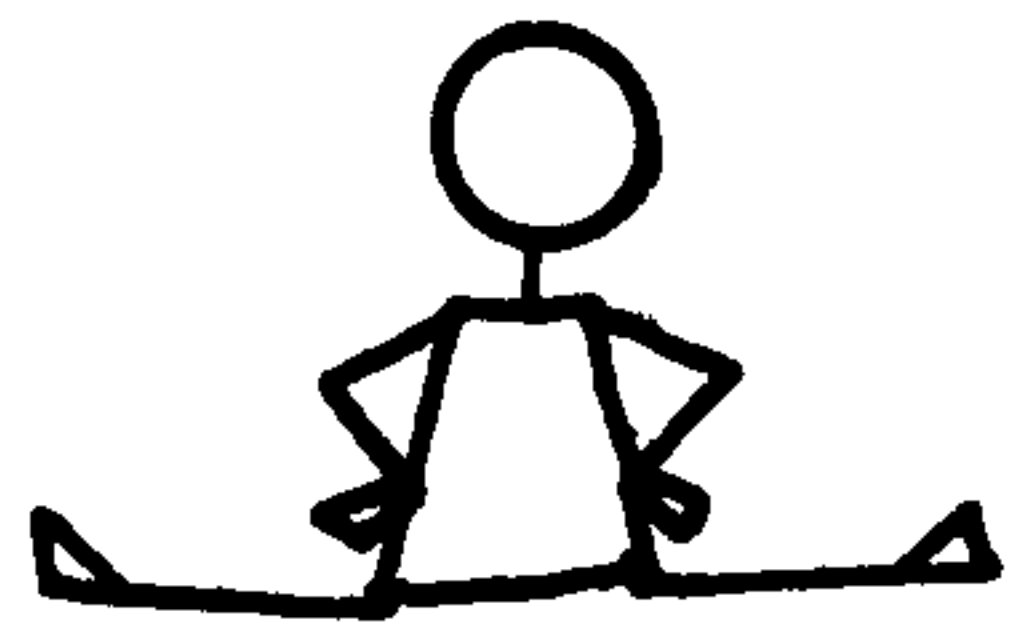
12. Fit As A Fiddle And Ready To Go



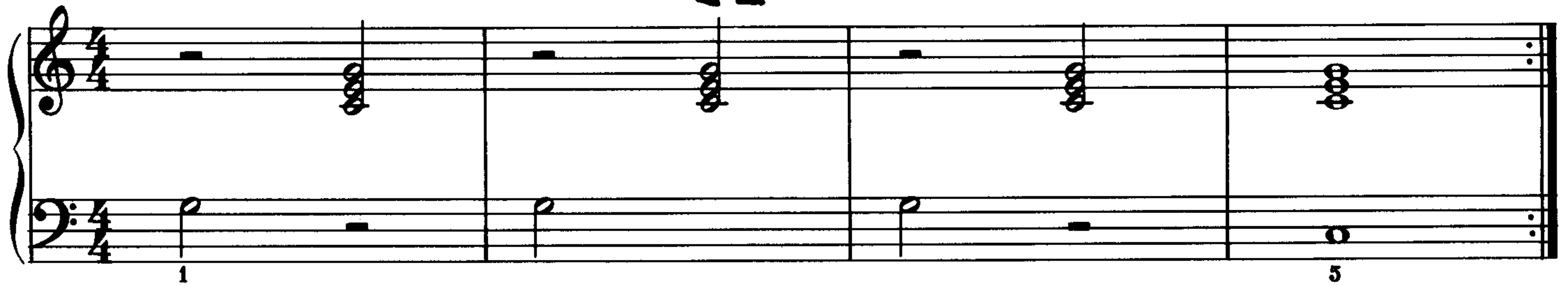
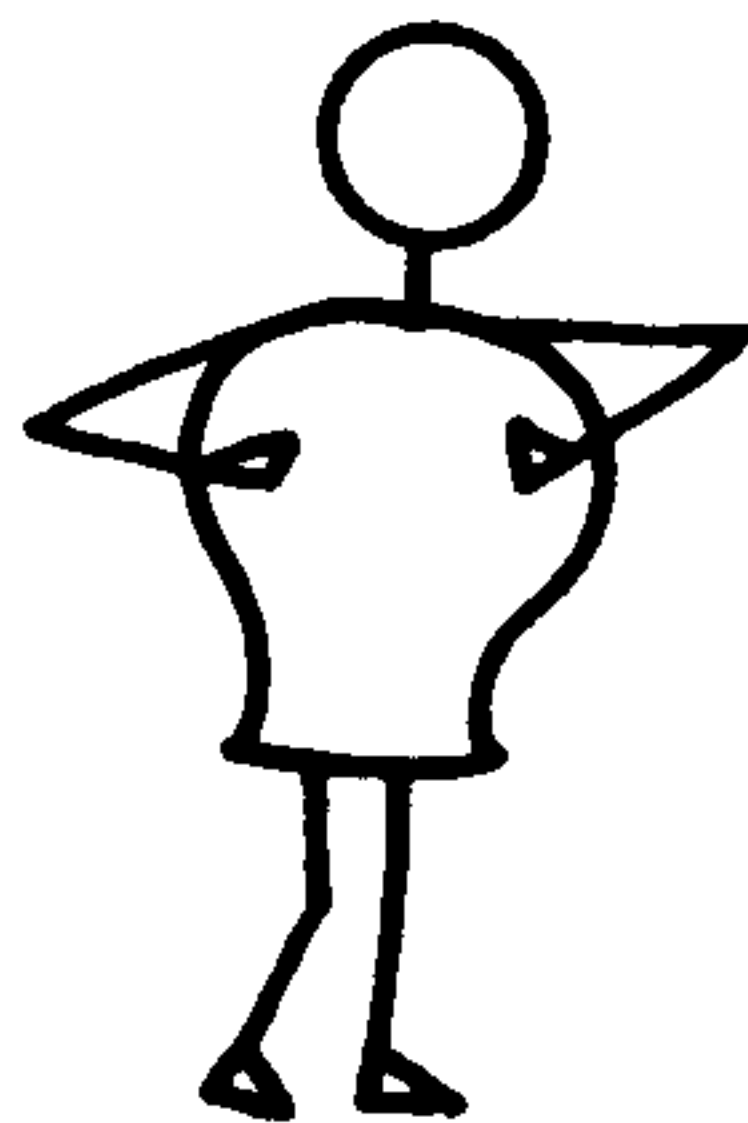
Musical notation for 'Fit As A Fiddle And Ready To Go' in 4/4 time. The melody starts on a treble clef with a '1' above the first measure. The lyrics are: "Now I'm nim - ble as can be. I can play this mel - o - dy". The bass line provides accompaniment. The piece ends with a double bar line and repeat dots.

Group III

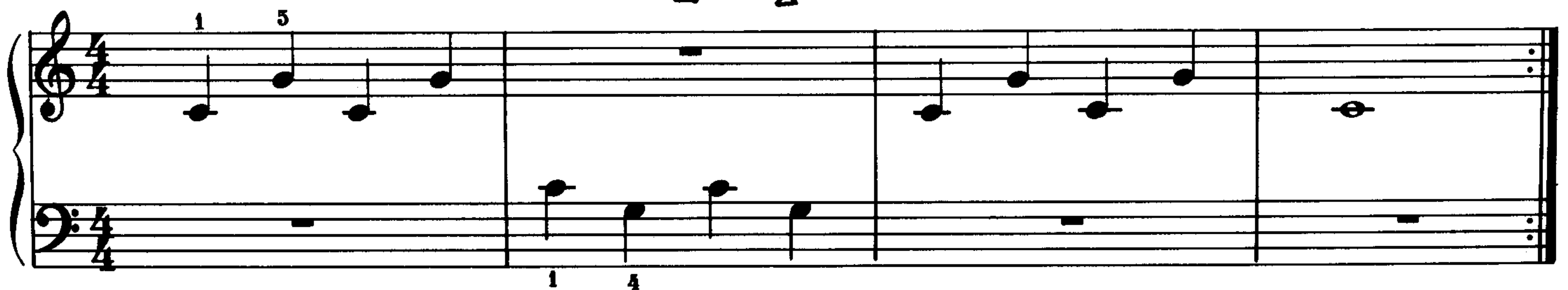
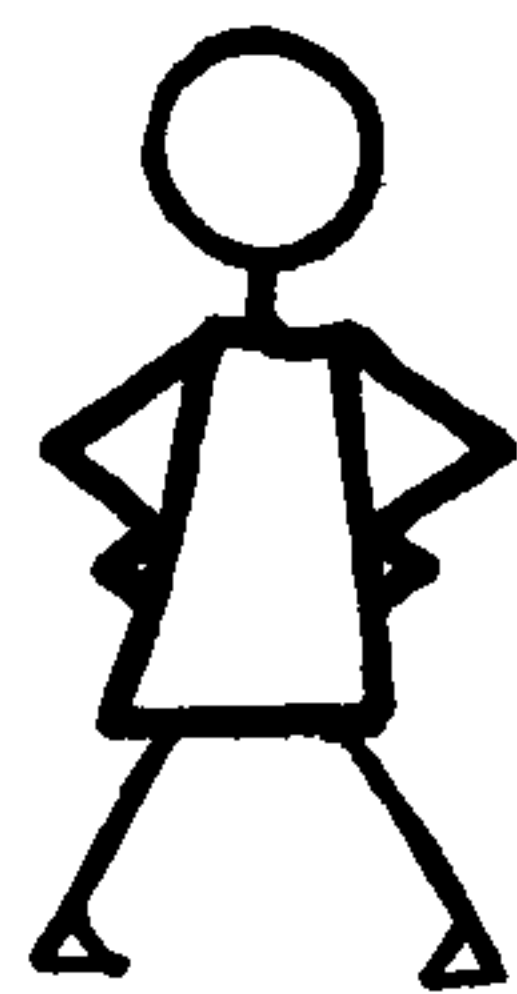
1. The Splits



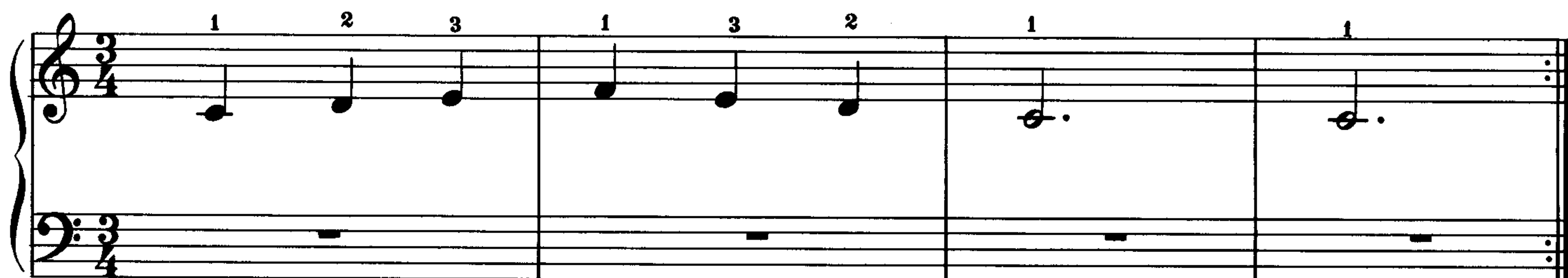
2. Deep Breathing



3. Wide Walk (Stiff Legged)



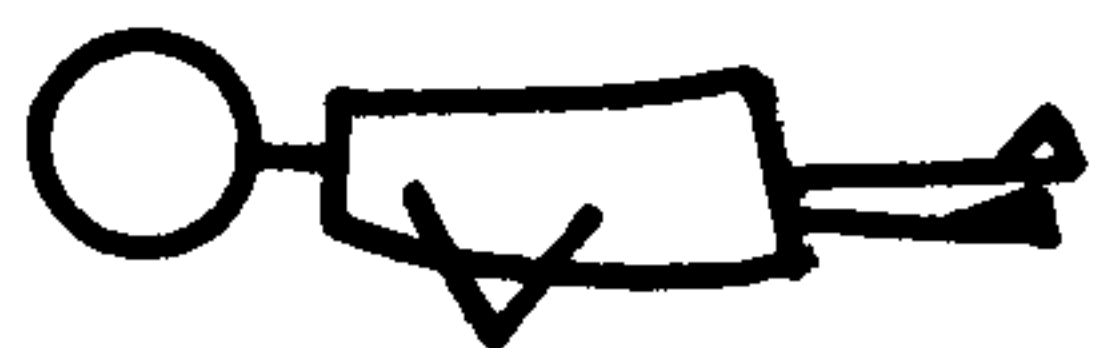
4. Right Knee Up And Back (Lying Down)



5. Left Knee Up And Back (Lying Down)

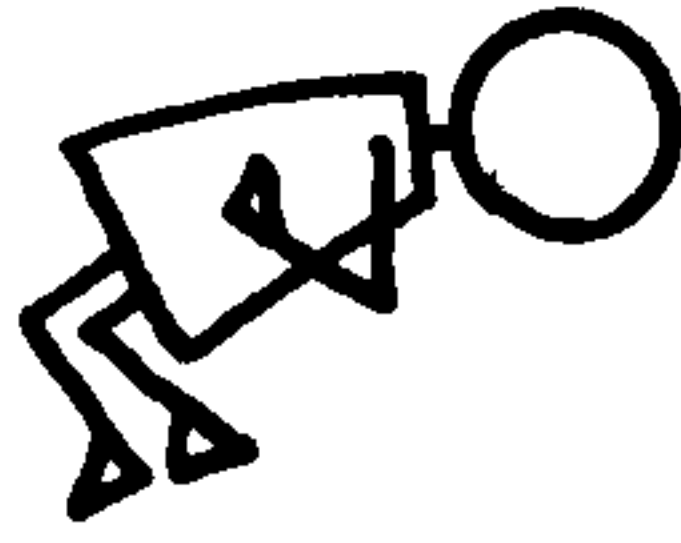


6. Both Knees Up And Back (Lying Down)



7. Backward Bend

15



The first system of the musical score is written in 4/4 time. The treble clef staff contains a single whole note chord in the first measure, which is sustained across the entire system. The bass clef staff contains a sequence of notes: a quarter note (1), a quarter note (2), a quarter note (3), a quarter note (1), a half note (5), a quarter note (1), a quarter note (2), a quarter note (3), a quarter note (1), and a half note (5). The notes are numbered 1 through 5, indicating fingerings for the right hand.

8. Twirling To The Right



9. Twirling To The Left



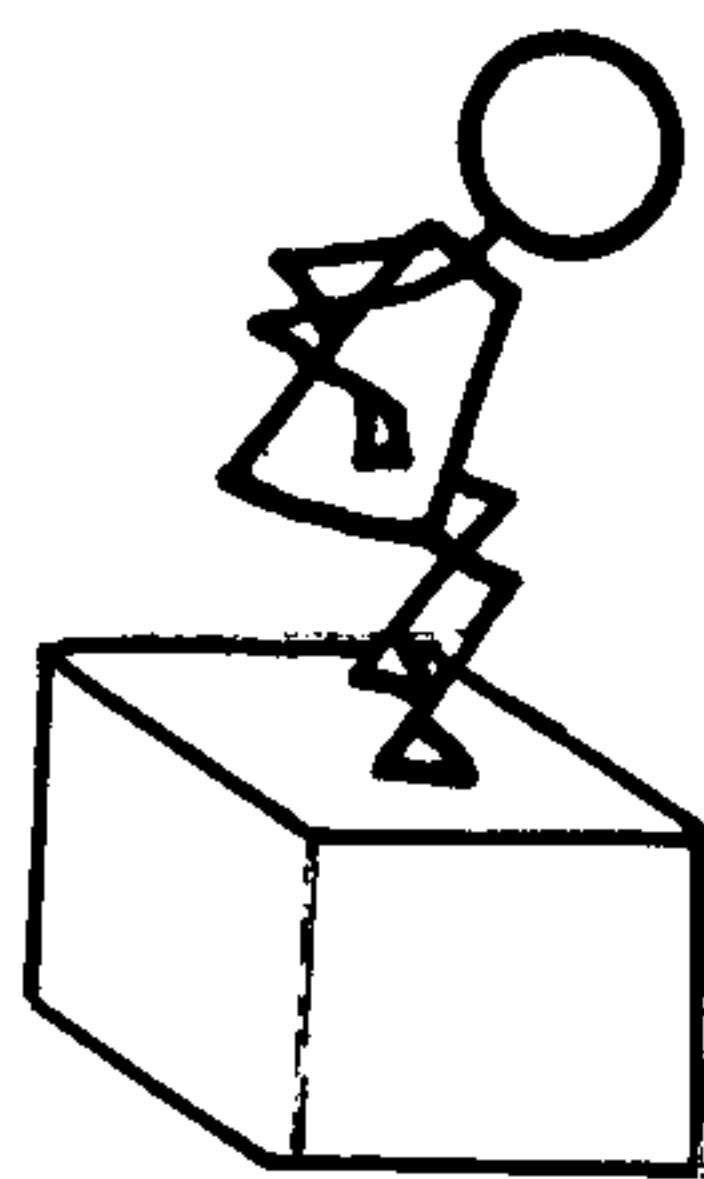
A musical score for the song "The Rose Tree". The score is written for a piano, with a treble and bass staff. The key signature is one flat (B-flat) and the time signature is 3/4. The melody is in the treble staff, and the accompaniment is in the bass staff. The melody consists of a series of eighth and sixteenth notes, while the accompaniment features a steady eighth-note bass line. The score is divided into four measures, with a final double bar line at the end.

10. Jumping Over A Bench



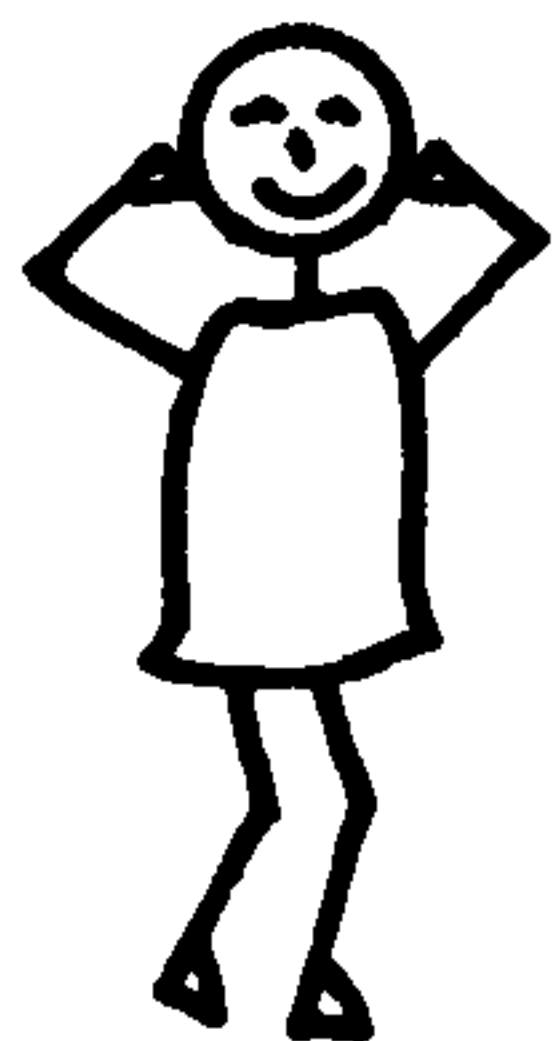
Musical notation for exercise 10, featuring a treble and bass staff in 4/4 time. The melody in the treble staff consists of three measures, each containing a dotted half note (G4) followed by a quarter note (A4), with a dashed line indicating a jump. The bass staff provides a simple accompaniment with quarter notes. A finger number '5' is written below the first measure of the bass staff. A '3' is written above the first measure of the treble staff, and 'L.H.' is written below the first measure of the treble staff.

11. Jumping Off A Big Box



Musical notation for exercise 11, featuring a treble and bass staff in 4/4 time. The melody in the treble staff consists of three measures, each containing a dotted half note (G4) followed by a quarter note (A4), with a dashed line indicating a jump. The bass staff provides a simple accompaniment with quarter notes. A finger number '1' is written below the first measure of the bass staff, and a '3' is written above the first measure of the treble staff.

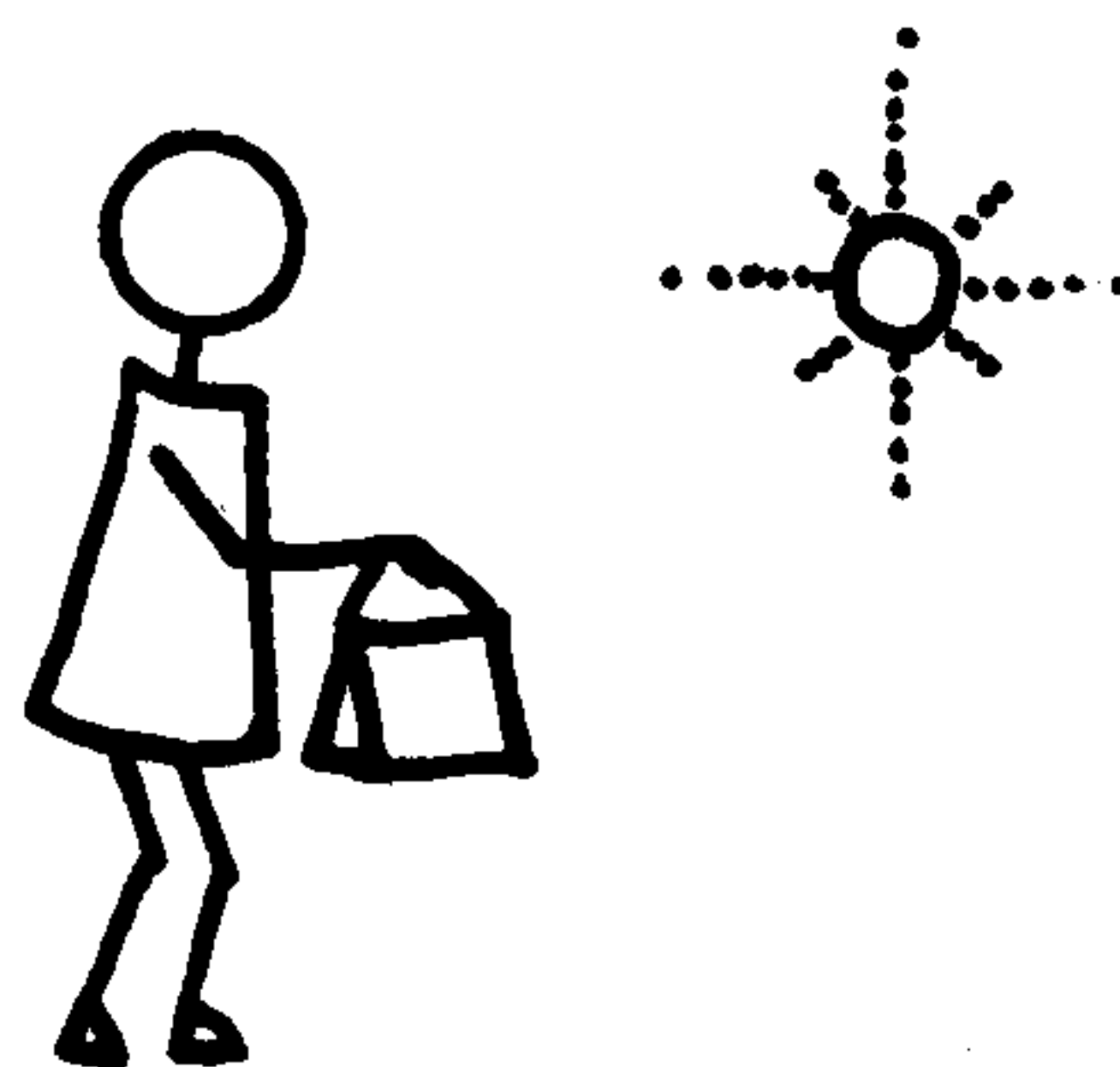
12. Fit As A Fiddle And Ready To Go



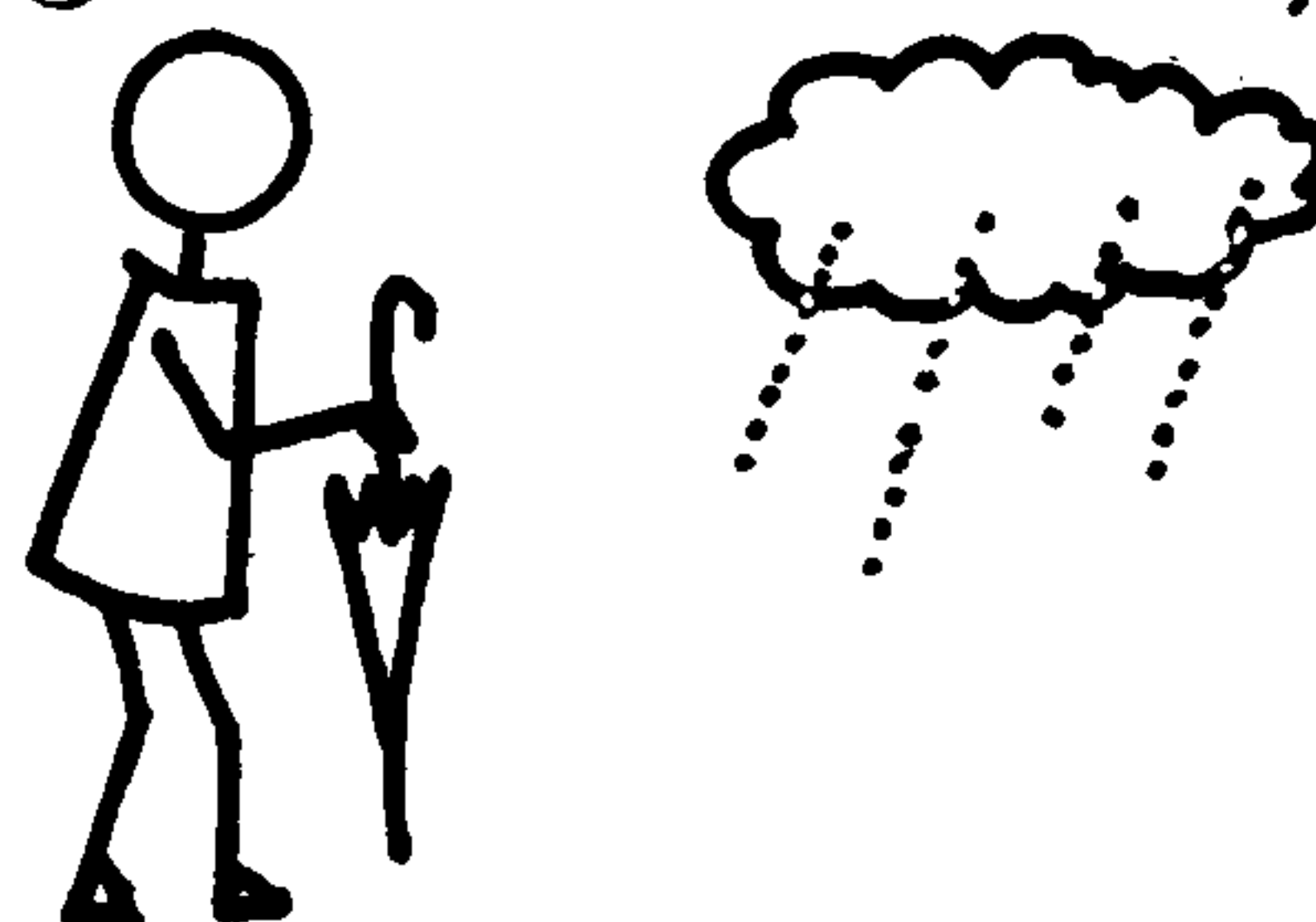
Musical notation for exercise 12, featuring a treble and bass staff in 4/4 time. The melody in the treble staff consists of three measures, each containing a dotted half note (G4) followed by a quarter note (A4), with a dashed line indicating a jump. The bass staff provides a simple accompaniment with quarter notes. A finger number '5' is written above the first measure of the treble staff. The lyrics "Read - y to go, Play - ing mu - sic I know." are written below the treble staff.

Group IV

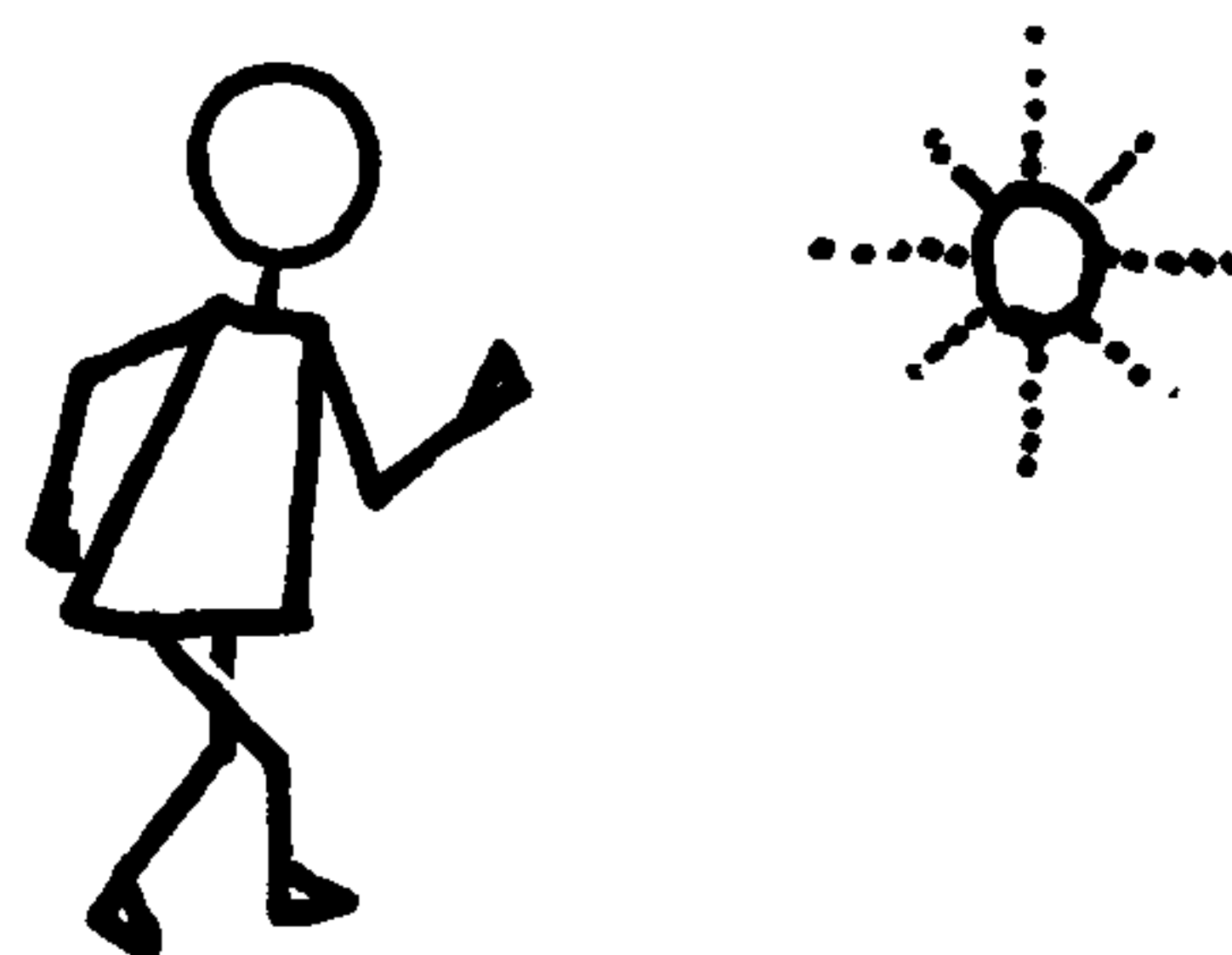
1. Walking On A Sunny Day



2. Walking On A Cloudy Day



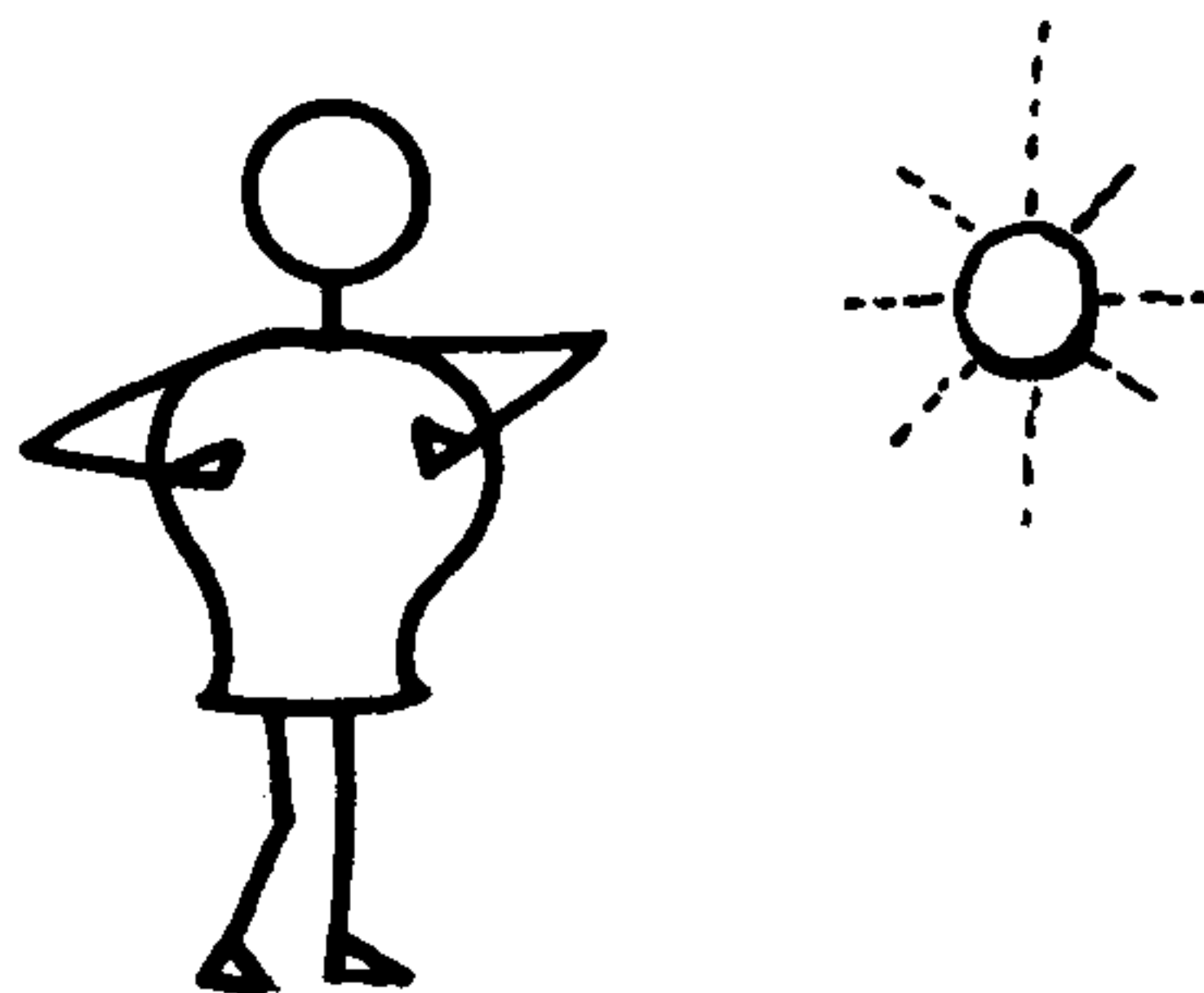
3. Skipping On A Sunny Day



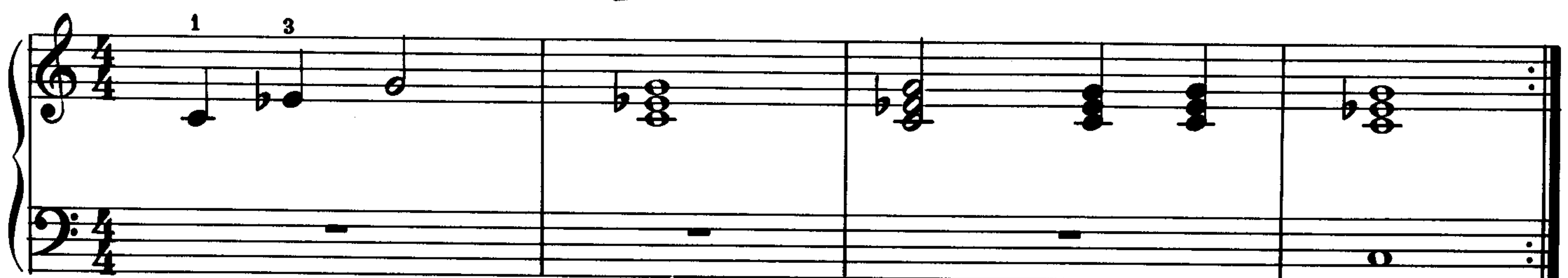
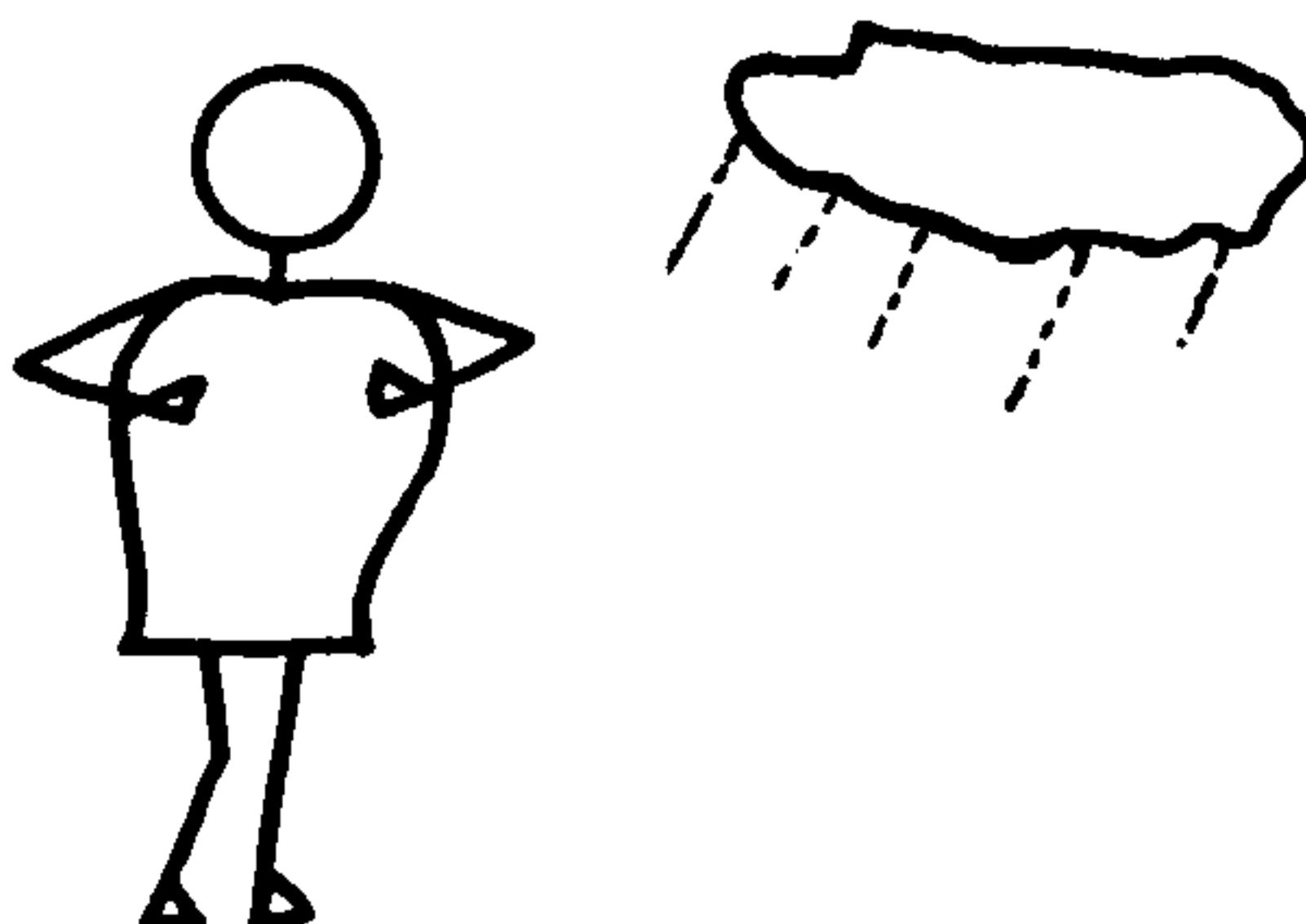
4. Skipping On A Cloudy Day



5. Deep Breathing On A Sunny Day



6. Deep Breathing On A Cloudy Day

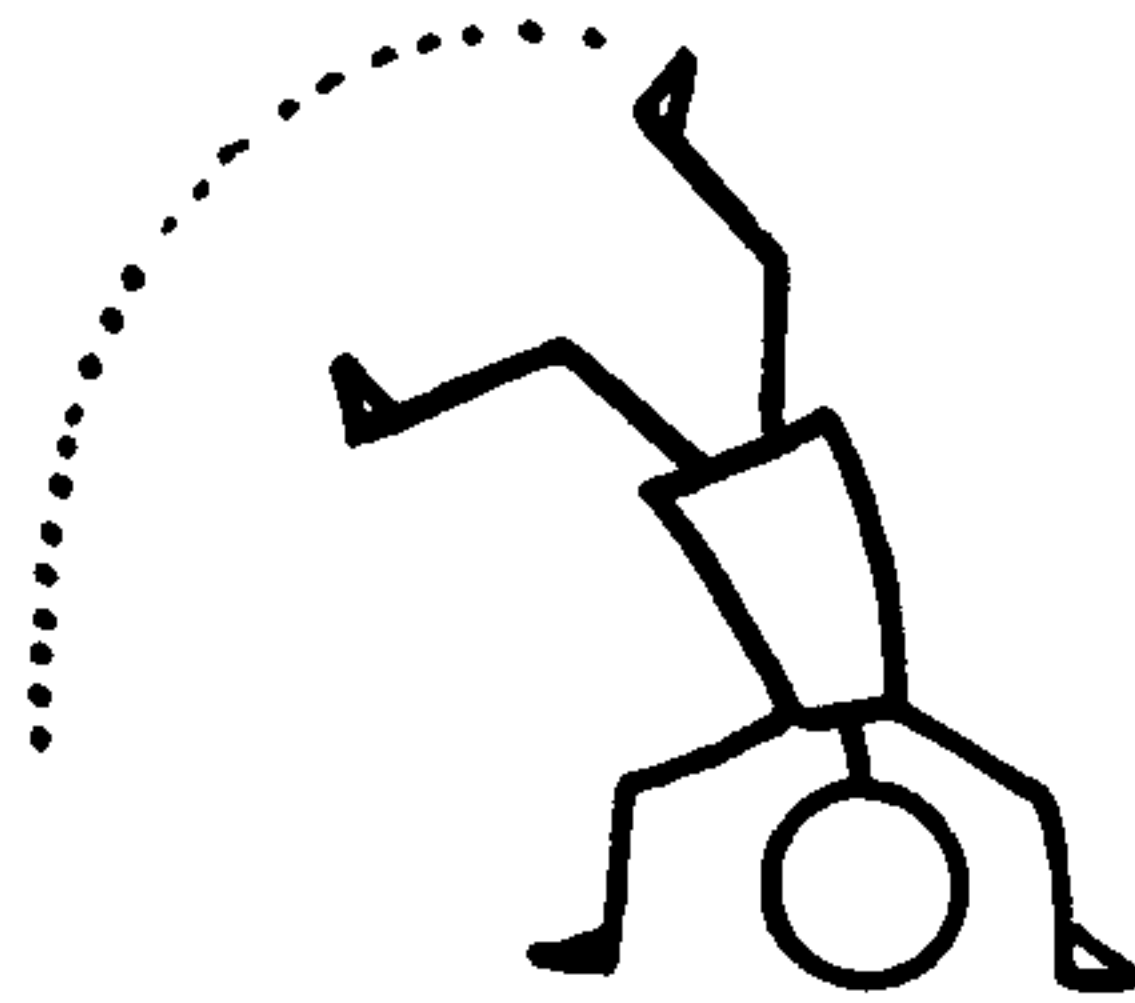


7. Baby Steps

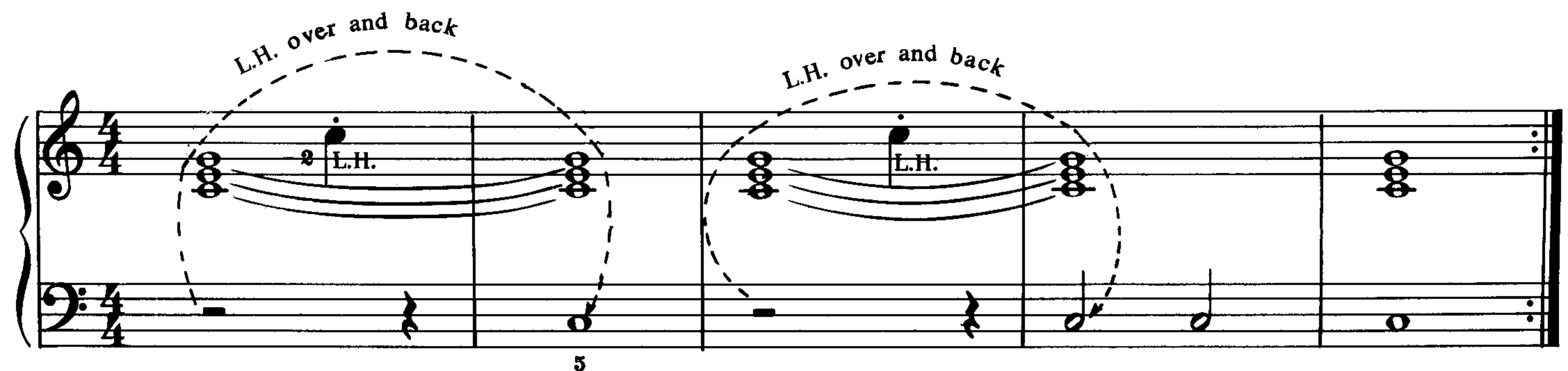
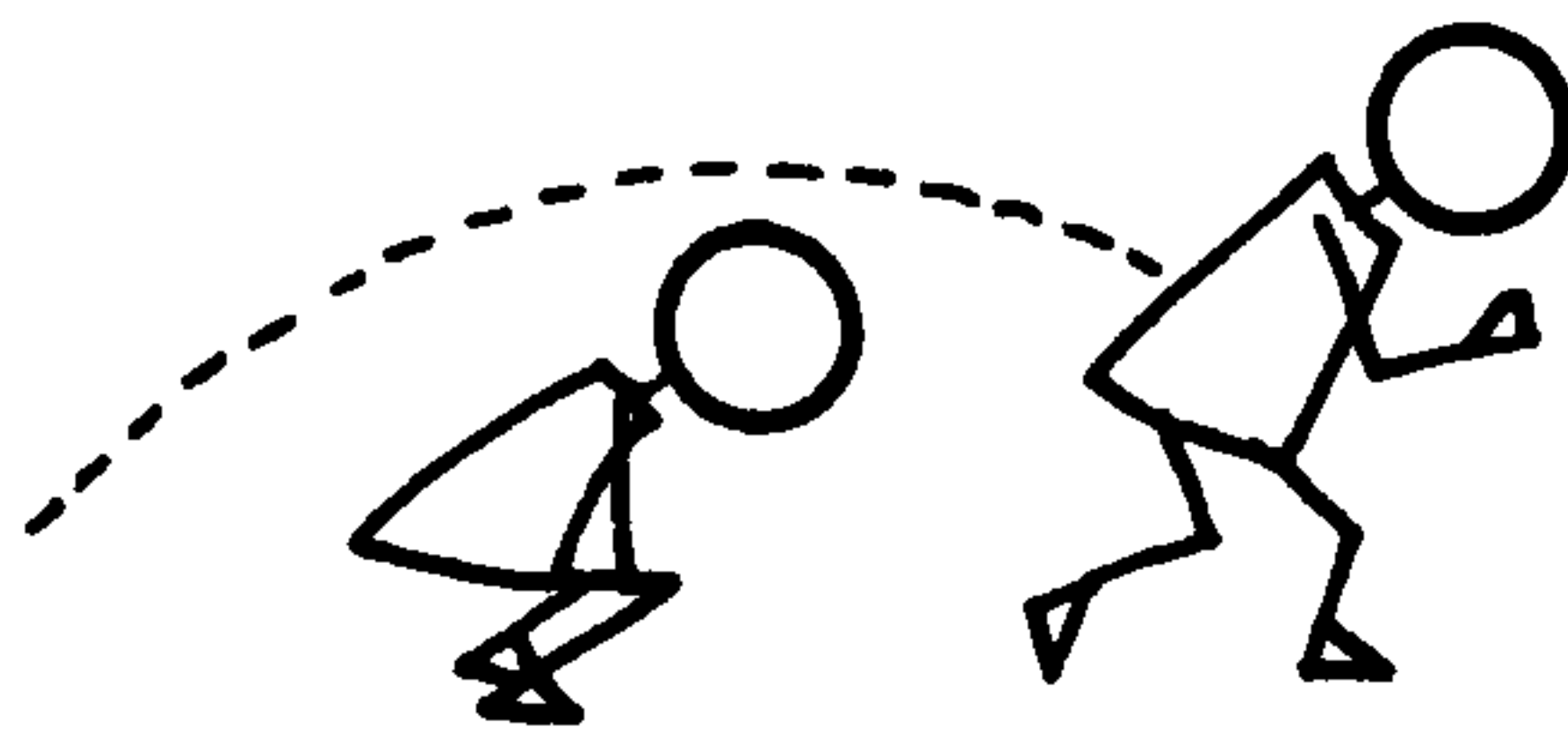
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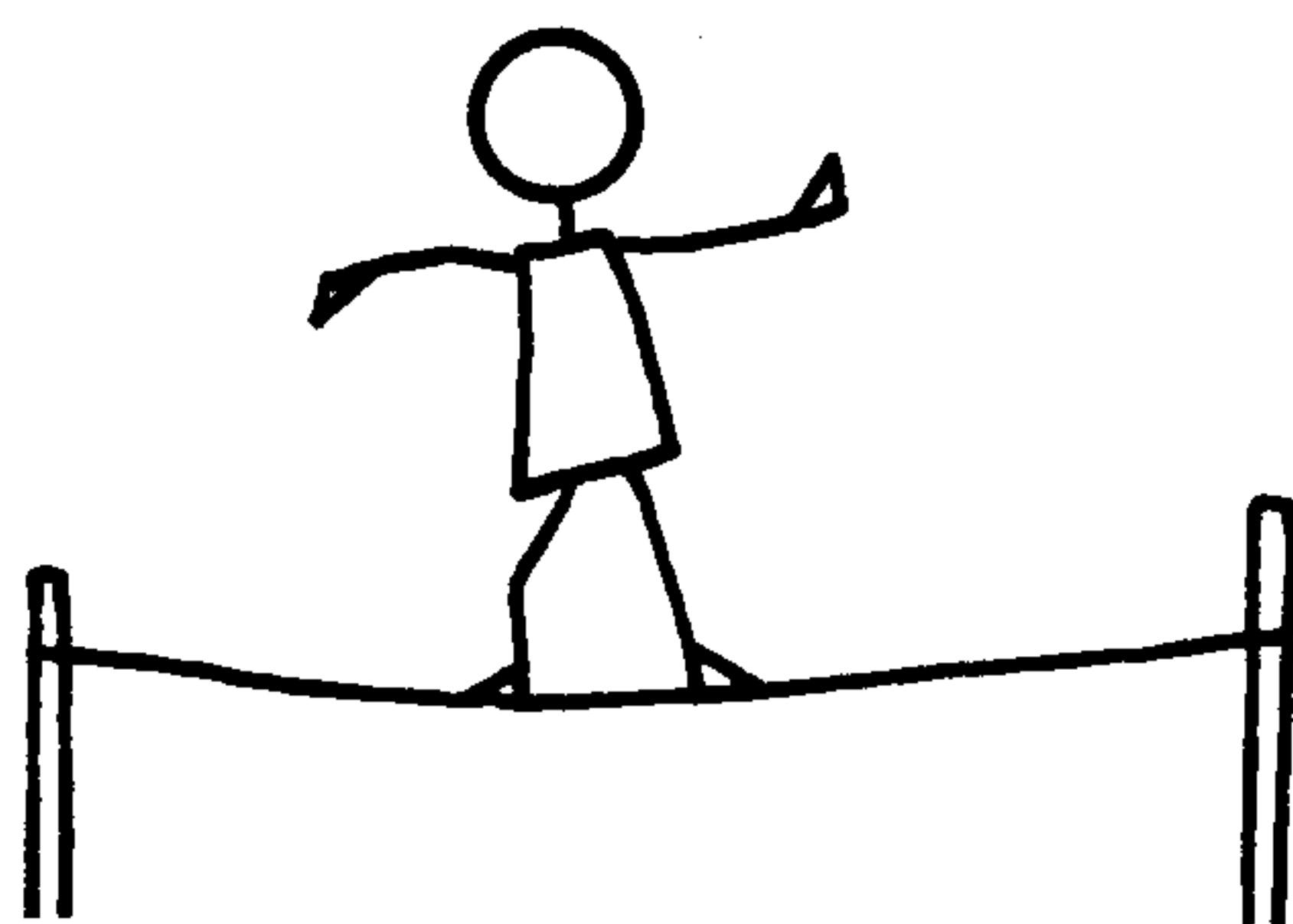
8. Cartwheels



9. Leap Frog



10. Tight Rope Walking

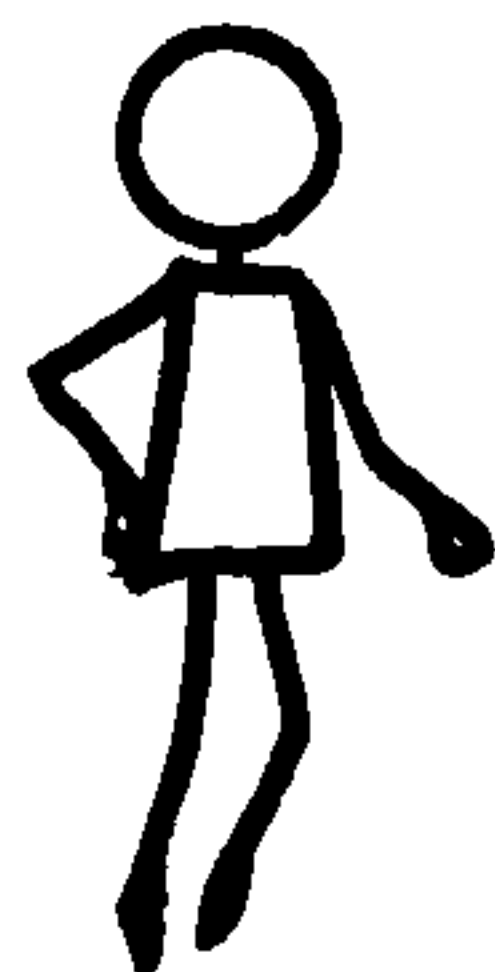


Silent change
Keep key down while
changing fingers

2-1 2-1 2-1 2-1 2-1 2-1 2-1

 Musical notation for 'Tight Rope Walking' in 4/4 time. The piece consists of four measures. The first two measures feature a melody in the treble clef with eighth notes, while the bass clef has whole rests. The last two measures feature a melody in the bass clef with eighth notes, while the treble clef has whole rests. Fingering numbers (2-1) are written above the treble staff notes in the first two measures and below the bass staff notes in the last two measures.

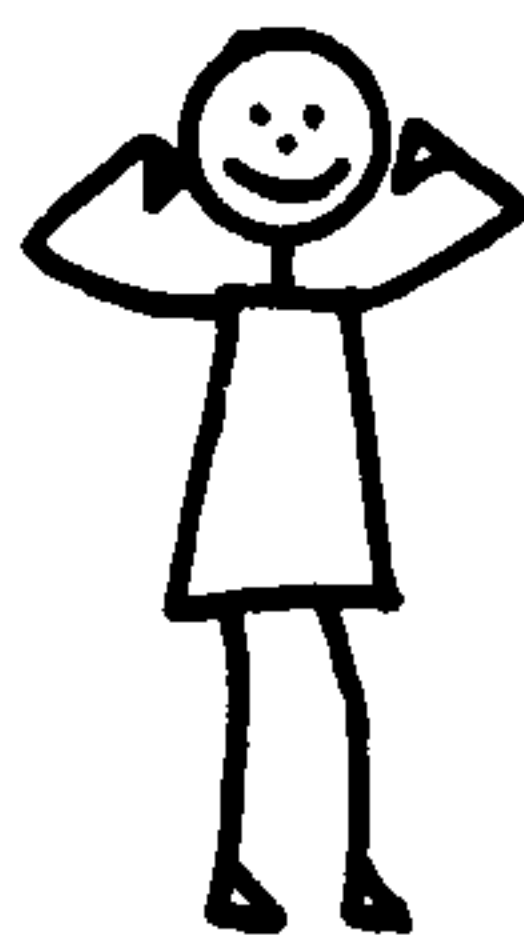
11. Walking On Tip Toes



2 1 2 1 2 1 2 1 2 1 2

 Musical notation for 'Walking On Tip Toes' in 4/4 time. The piece consists of four measures. The first two measures feature a melody in the treble clef with eighth notes, while the bass clef has whole rests. The last two measures feature a melody in the bass clef with eighth notes, while the treble clef has whole rests. Fingering numbers (2, 1) are written above the treble staff notes in the first two measures and below the bass staff notes in the last two measures.

12. Fit As A Fiddle And Ready To Go



1 4

Fing - ers read - y as can be. Play - ing mus - ic just for me.

4

 Musical notation for 'Fit As A Fiddle And Ready To Go' in 4/4 time. The piece consists of four measures. The first two measures feature a melody in the treble clef with eighth notes, while the bass clef has whole rests. The last two measures feature a melody in the bass clef with eighth notes, while the treble clef has whole rests. Fingering numbers (1, 4) are written above the treble staff notes in the first two measures and below the bass staff notes in the last two measures.

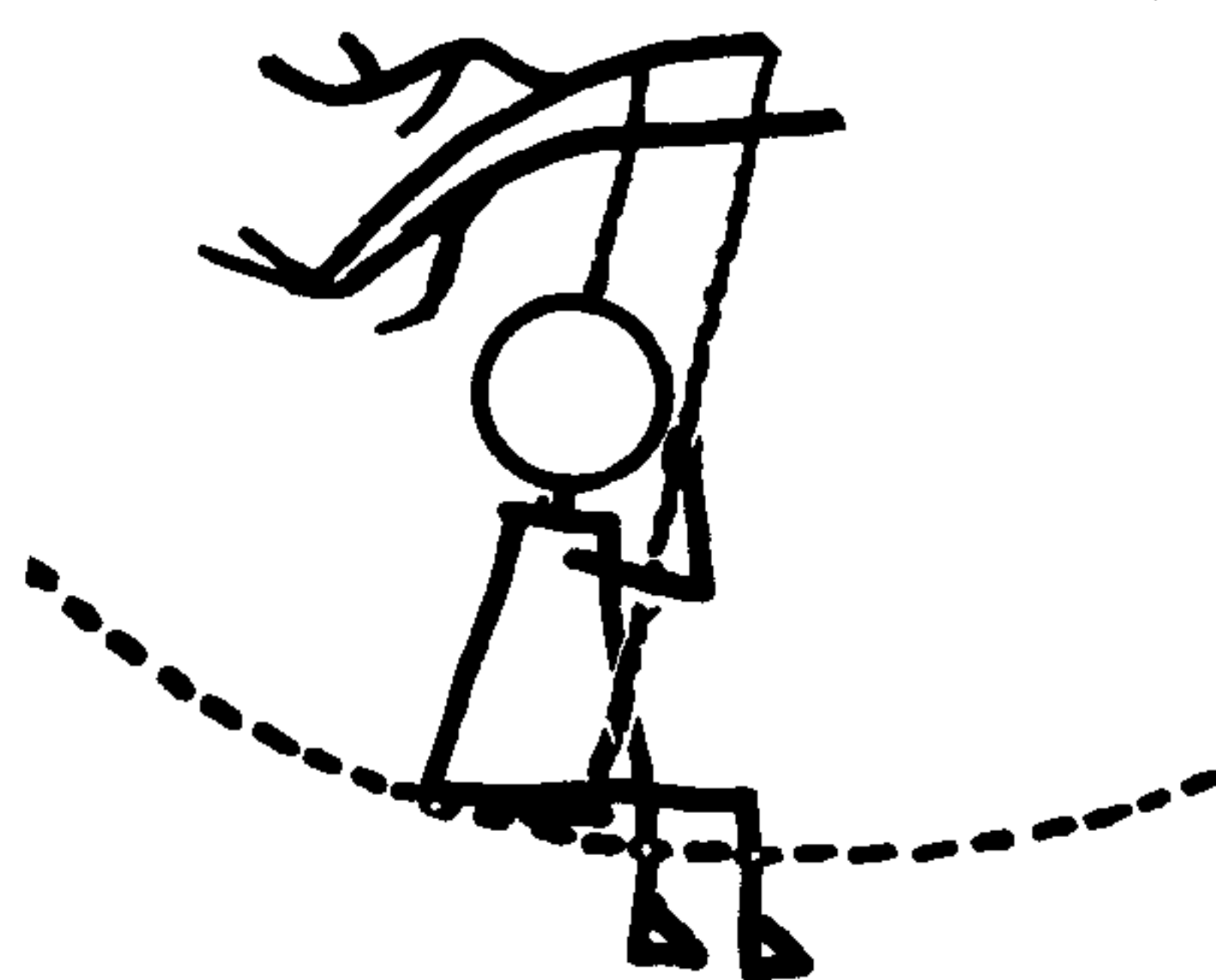
Group V

1. Running

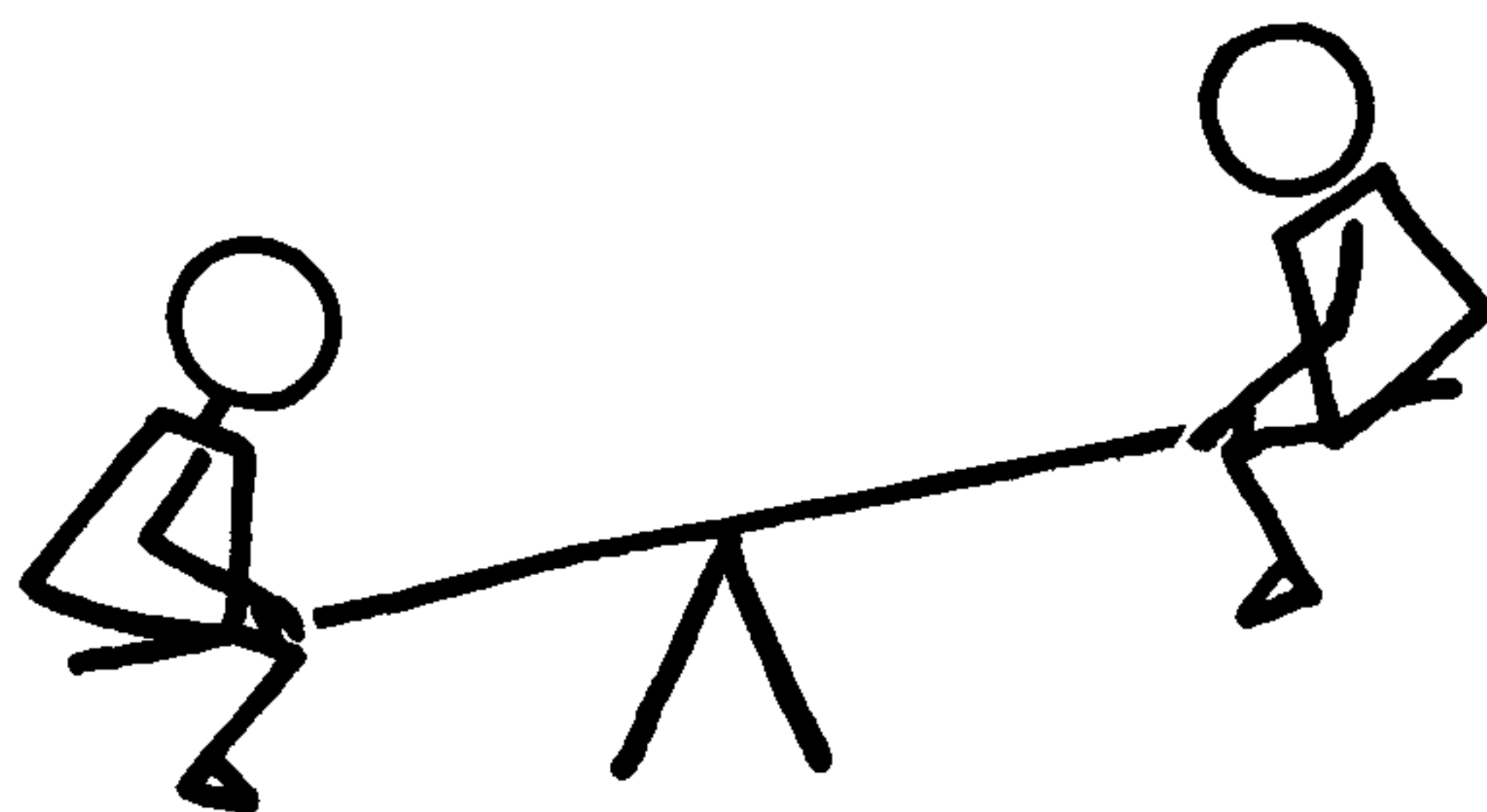
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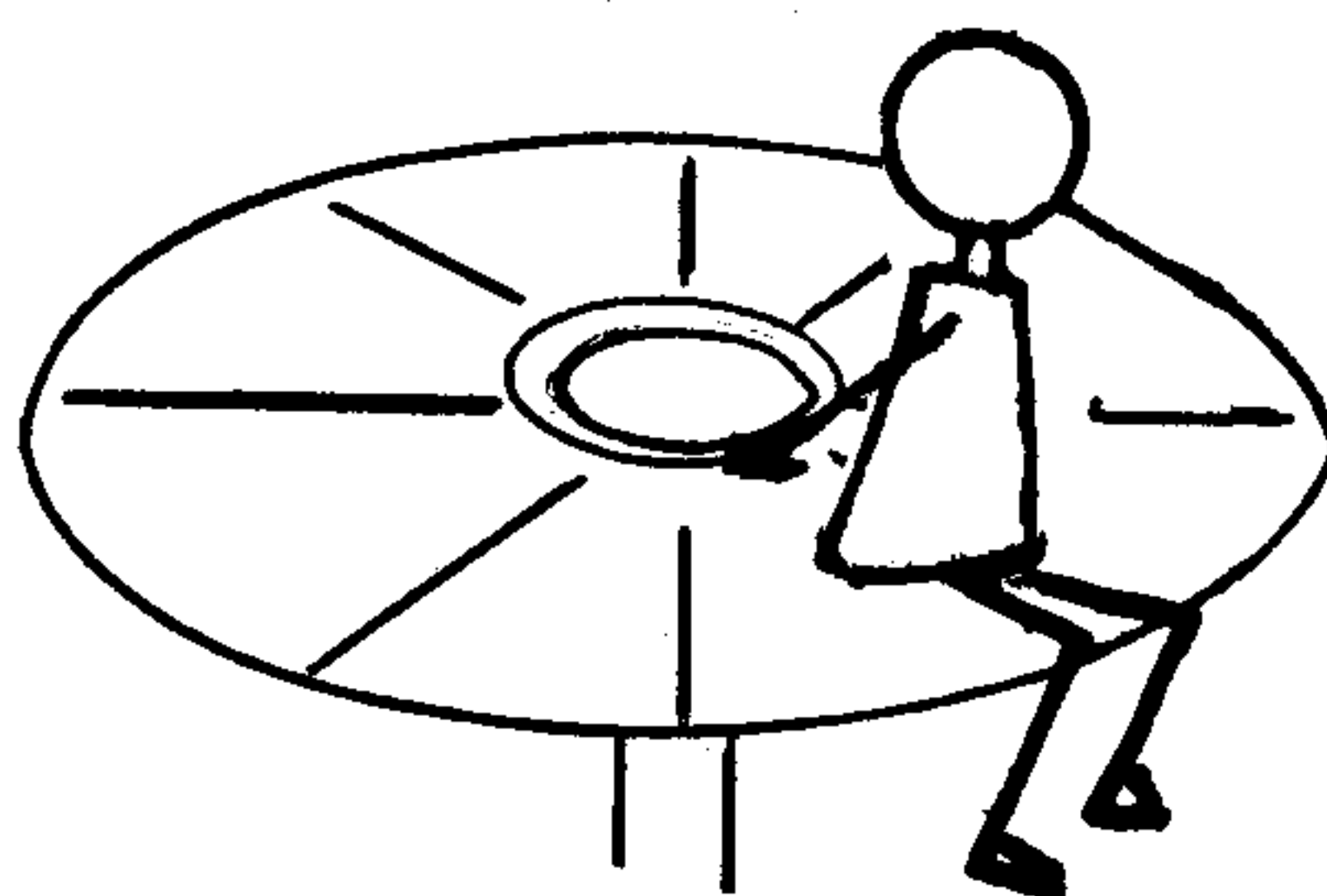
2. In A Swing



3. Teeter Totter



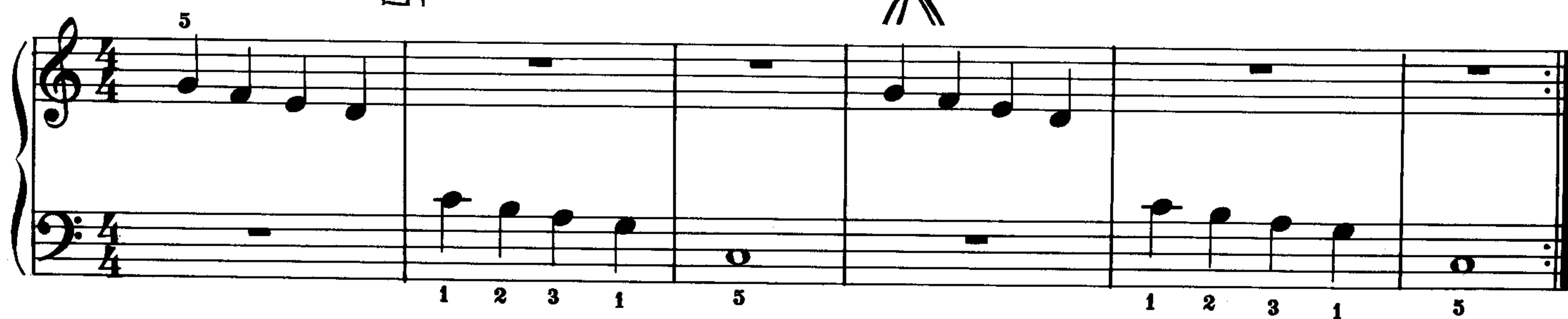
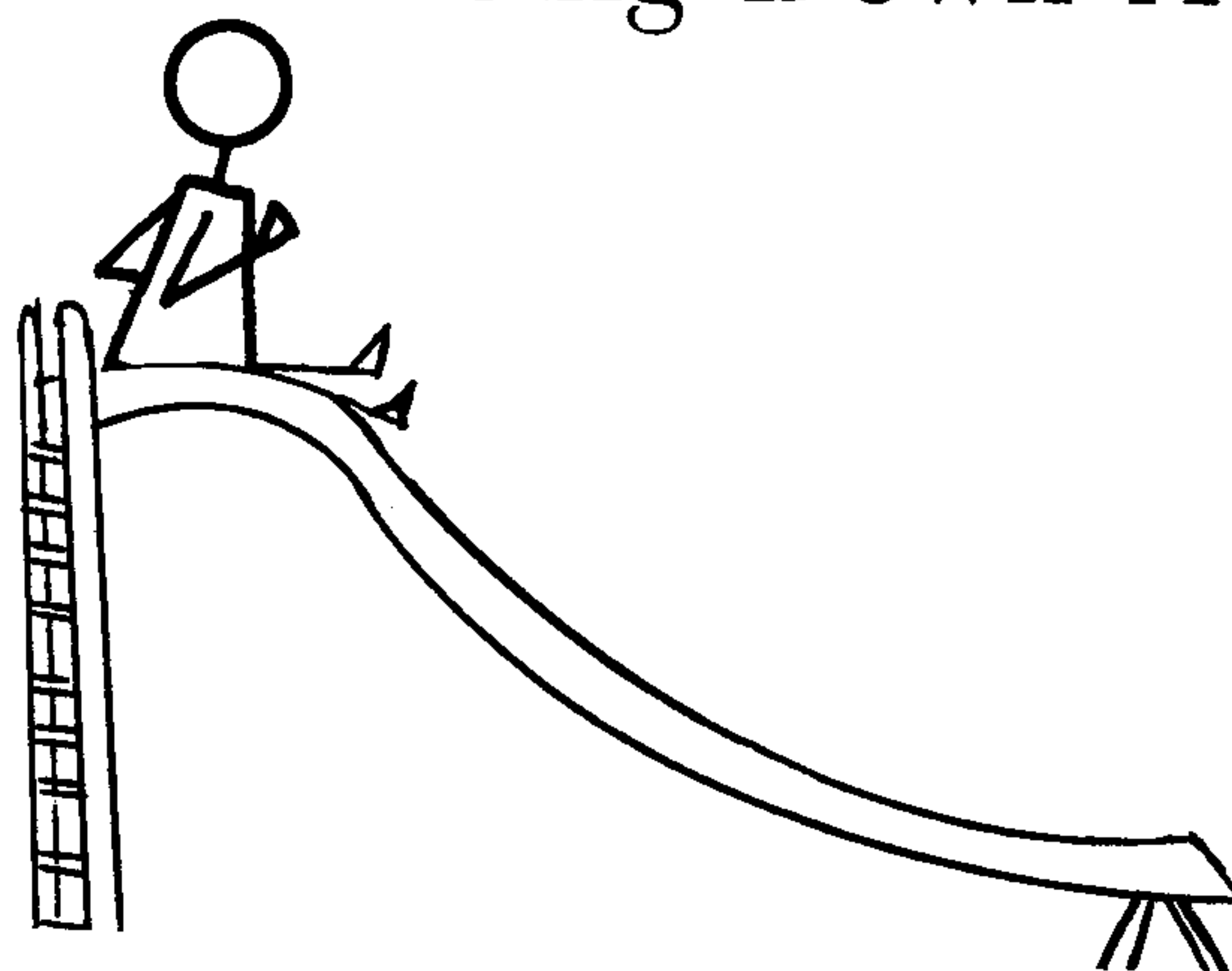
4. Whirly Gig Ride



5. Swimming

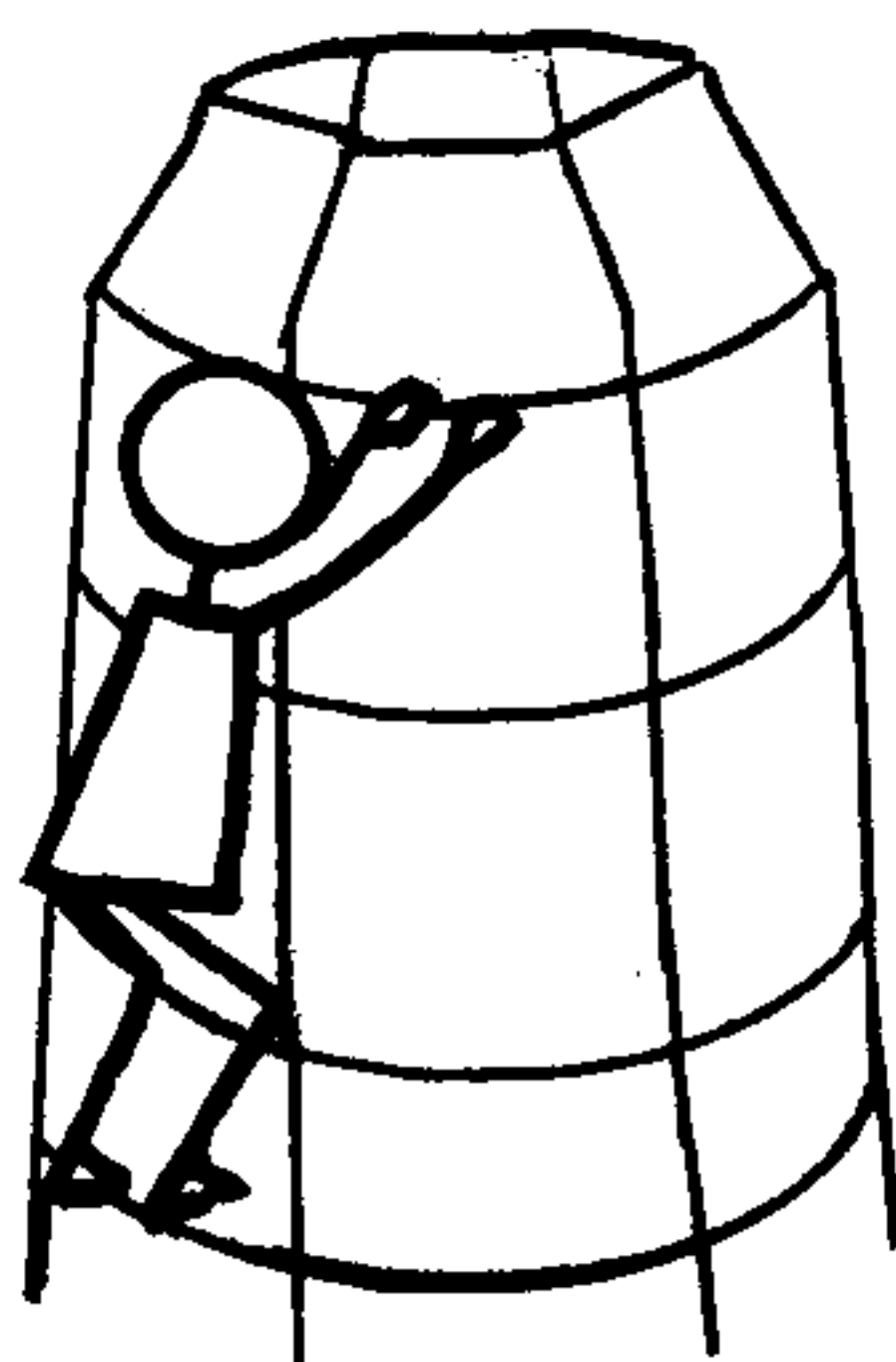


6. Going Down A Slide

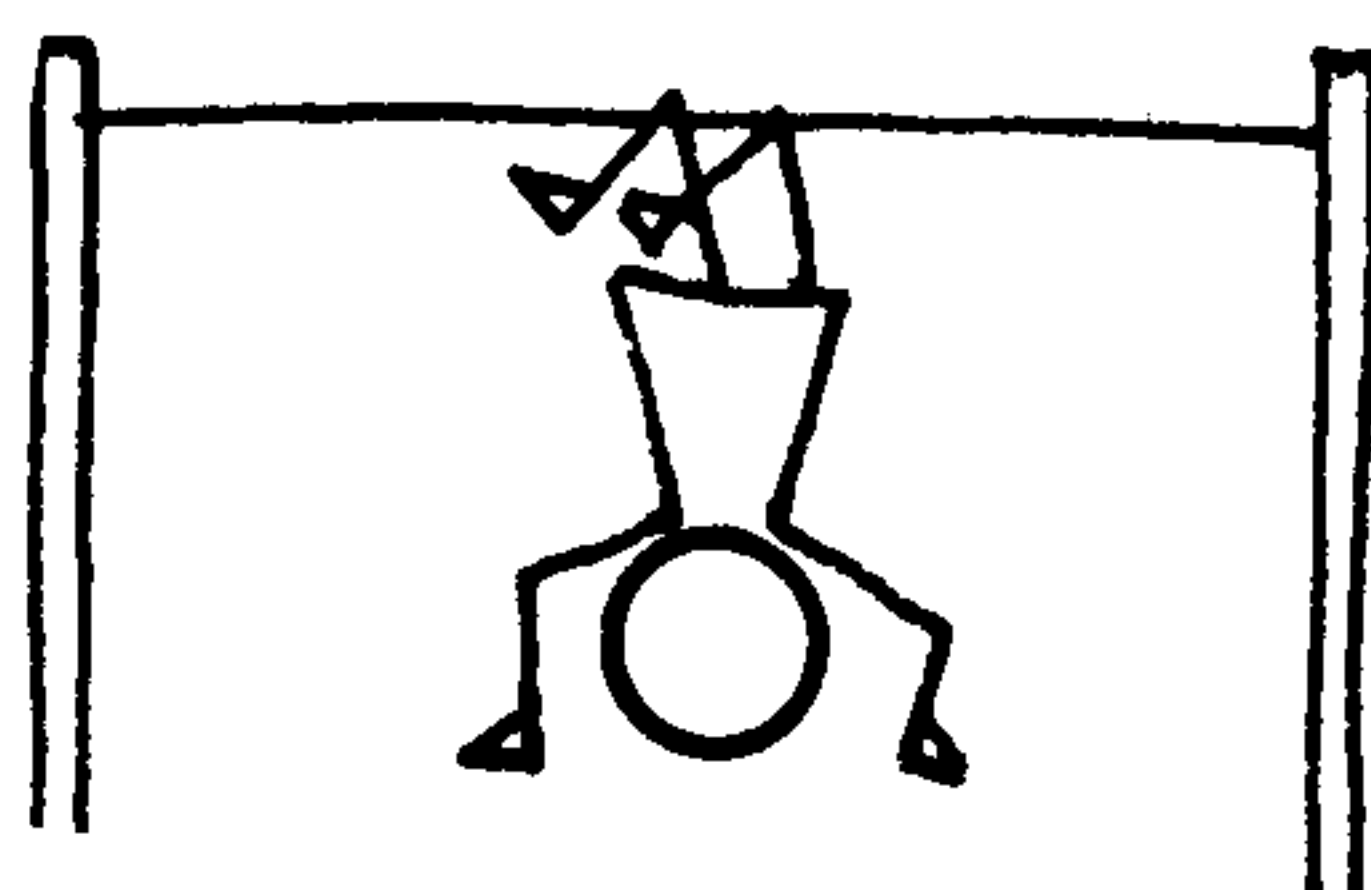


7. Climbing Monkey Bars

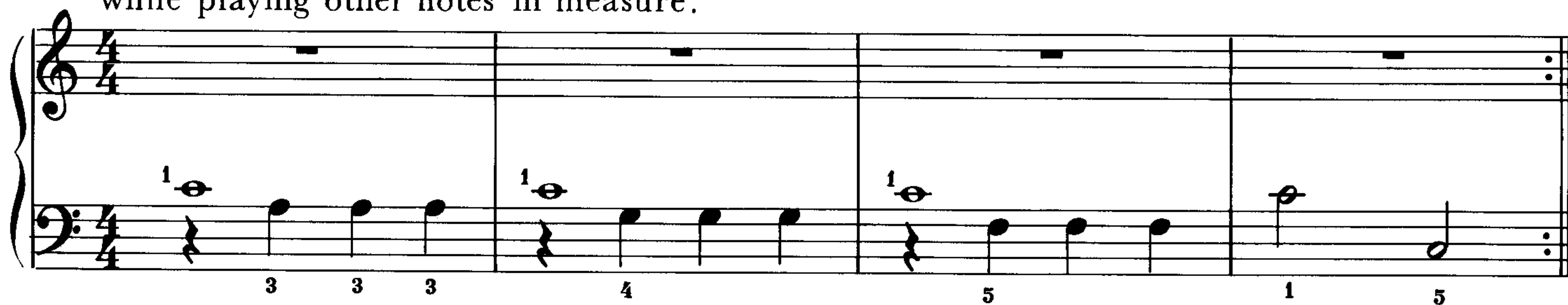
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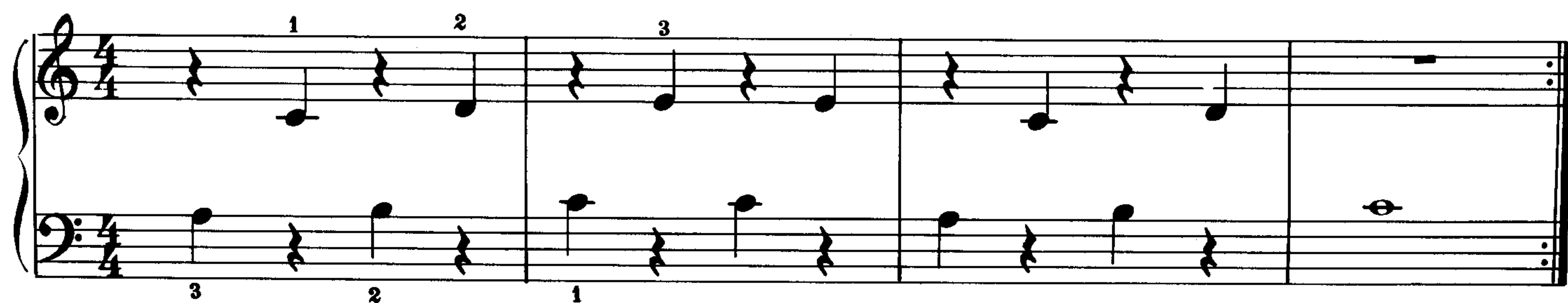
8. Hanging By Knees On Acting Bar



Hold middle down
while playing other notes in measure.



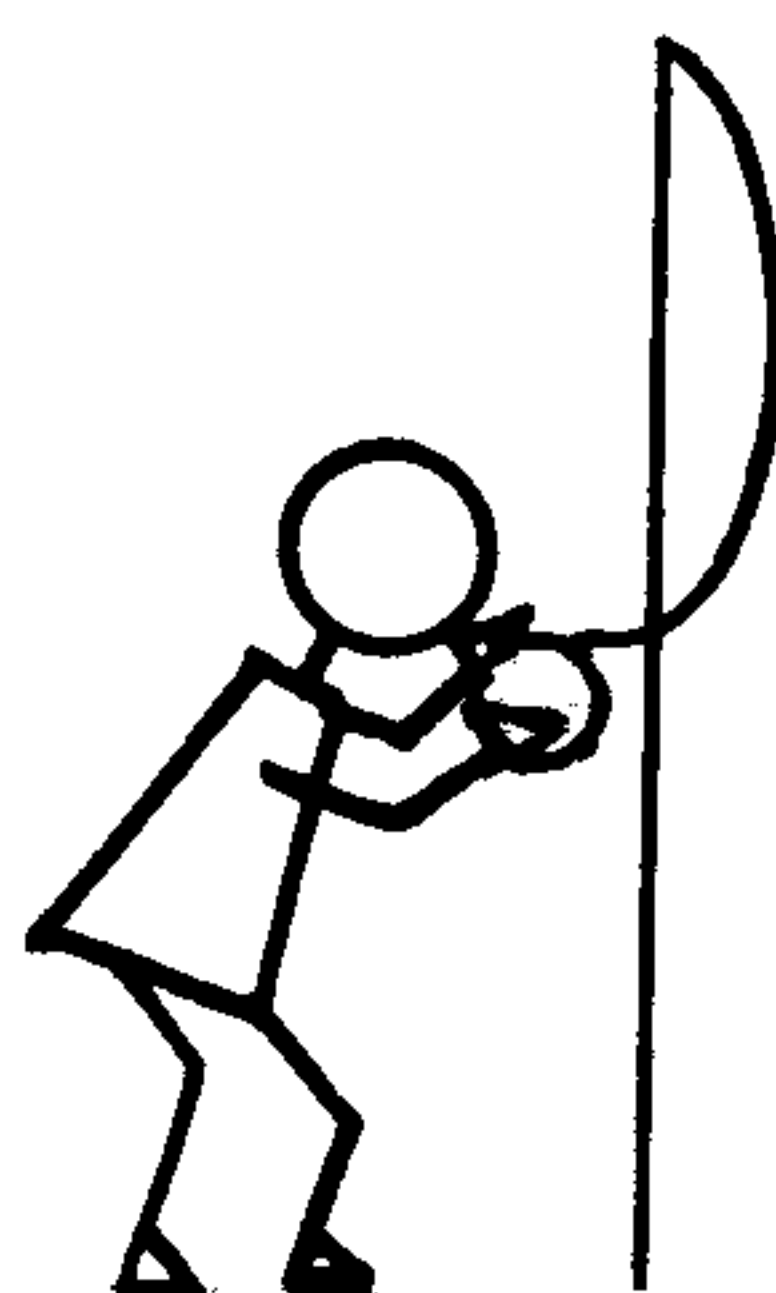
9. Walking On Trapeze Rings



10. Jump Rope



11. Tether Ball



12. Fit As A Fiddle And Ready To Go

