

Healing Beyond Healing A Complete Course in Holistic Healing for Yourself and the World

**By
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Inspired by Jesus**

Week 1 What is Healing?

Day 1: Monday An Introduction to Healing

You are interested in healing. That much can be gathered from the fact that you are reading these pages. But what is healing? How does one heal? Is healing even possible today? And, what does it mean to become a healer?

My name is Rev. Brandon Olivares. I've been interested in healing for nearly 11 years, and I've seen and experienced many different healing techniques. I started by simply working with energy healing, and just last year became a Reiki master in the tradition of Usui Reiki. My wife Christine has introduced me to healing via prayer and the laying on of hands, so I've been rather familiarized with Christian healing through her own path as well.

Through all of this, I realized that healing is universal. It doesn't matter the technique that you use. Reiki can be just as effective as Christian prayer, which can be just as effective as pranic healing or any other technique you might learn.

But I also knew that there must be something beyond all of these systems. Holy men, enlightened masters, and saints of various religious paths never require training in a healing modality, but simply *heal*. So why do we need all of these techniques?

The Technique Beyond All Techniques

We don't. Healing is a natural gift that God has granted each one of us, because all of us have a divine connection back to God, who is the supreme healer of all. We heal in spite of ourselves, not *because* of ourselves. Healing occurs when we get out of the way of God's divine healing power. We act as merely a vessel for that power to manifest itself in another's life.

In this book, then, I will essentially be teaching you how to move beyond all techniques. I will not only teach you how to heal, but to live and breathe healing. It is not just something you do in half-hour sessions, but is an integral part of every healer's life.

Yes, you will learn some techniques, especially for intuitively reading the root causes of a person's issues, but as we move through the course, you will learn to drop more and more of these crutches and allow God's healing power to flow freely through you.

The Healing Light of Christ

In August 2010, Christine prophesied that I would start my own healing "system." I put the word "system" in quotes, because I was interested in going beyond healing systems to healing itself.

When she made that prophecy, I thought she was crazy. It wasn't until February 2011 that it started to be fulfilled in what we now call *The Healing Light of Christ*.

At that time, Jesus began to show himself to me, though I was on a very different path then. He began to reveal things to me, many of which were direct fulfillments of prophecies from the year before. He had once told me that my path was very unique, and that he alone would guide me down that path. This proved true as our relationship grew stronger.

One of the things he began to show me was the beginnings of this system, which I now call *The Healing Light of Christ*. It was a system that I had to learn myself directly from him, and I knew that one day I would have to teach it myself, which I have been doing through *the School of the Healing Light of Christ*¹, offered through *Christ's Light Ministries*².

It came to be a system that transcends all systems. It is a system that is accessible to all people of all religious and spiritual paths, regardless of your beliefs. It is only necessary that you believe in goodness and in our essential divine connection with God. The Light of Christ is this divine connection available to all, and it is this Light of Christ into which you enter through this course. It is this Light of Christ that heals all and brings peace to all who accept it. Your experience with this Light will trump all beliefs you could possibly have, so I only ask that you proceed with an open mind and a ready heart.

About This Course

¹ <http://www.christs-light-ministries.org/school-of-the-healing-light-of-christ.html>

² www.christs-light-ministries.org

Now we will cover some more practical details. This book will cover 75 lessons in holistic healing, from the most basic to the most advanced. How far you can progress with it depends only on your own effort. If the self-discipline and motivation is present, there is no reason you can't become a professional healer by the end of this book, if that is your desire. If instead you simply want to heal yourself and progress in your spiritual growth, this book will help you with that, too.

Each lesson is meant to be covered in one day. It is not recommended that you cover more than one lesson in a day, and it is not recommended that you do more than 5 lessons per week. Our motto is slow and steady wins the race. Even if you believe you have covered some of this material before, bear with me, as you may learn more than you expect.

The lessons are labeled Monday through Friday, but as long as you do them on separate days, it doesn't matter on which days you read them. It is preferred that you have a day or two of rest between weeks of lessons so that you can integrate the material, concepts, and practices better, and in this way you will not become overwhelmed. This should be a steady process that eases you into greater depths of spirituality and healing.

Doing this, you should finish the lessons in 15 weeks. If you are a busy person or just feel more comfortable at a slower pace, you may finish them in 30 weeks or more (about two to three lessons per week). Pace yourself as necessary so that you can keep up with the lessons and not become burned out. It is better that you finish in a longer amount of time than to never finish at all, or to arrive confused, not really understanding what you learned.

And remember, if you have questions throughout the lessons, feel free to call Christ's Light Ministries at (888) 989-3544 or e-mail your questions to HealingBeyondHealing@christs-light-ministries.org.

Summary

In this lesson, we saw that to truly be able to heal, we must move beyond any technique, system, or modality. It is not by ourselves that we are able to heal, but by the power of God that flows through us and blesses the life of another. For this reason, no technique can really be used, because it is not us doing the healing; we only have to get out of the way and let healing happen.

This method, the *Healing Light of Christ*, has its roots directly in Jesus and his revelations to me. He brought me out of a completely different path, and taught me everything I would come to know as truth.

It is only for the reason that my physical body is writing this book that I claim authorship. However, in truth, I recognize that this entire course of healing is inspired by Jesus himself, and in that way he is the true author.

Since Jesus is the author, you can be sure that you will be having some major experiences throughout this book. It is not unusual that readers of this book have personal encounters with Jesus, and even that he occasionally gives them personal instruction and assistance in overcoming the issues in their life. Even if you have no such personal encounter, you can be sure that he is with you, aiding you in your progress and your growth as you continue through these lessons. When you associate with Jesus, major things happen, so get ready for the ride!

Practice

As we enter into the first week of lessons, simply begin to think about your goals for this course. Why do you want to learn healing? Do you want to learn to heal for the joy of helping others, for the ability to help yourself, for power, for status, or for some other reason? Do you plan on becoming a professional healer, offering your healing to friends and family, or using it to help overcome your own issues? Look for opportunities of healing in your life, whether for yourself or others.

These goals and motivations will almost certainly change as you get deeper into the course and grow as a healer. However, it is useful to clarify these to yourself now so that you have an idea of your direction in the future. Do not judge yourself for your own motivations and goals, nor pretend that they are something that they are not. This process requires radical honesty with yourself, so that you may truly come face-to-face with the issues that you must accept and overcome.