I) 
$$l_{q}(A) = U \Lambda U^{T}$$

$$= U \int_{0}^{\infty} \left( \left( I + \times I \right)^{-1} - \left( \operatorname{diag} \left( \Lambda_{i}(A) \right) + \times I \right)^{-1} dx \right) U^{T}.$$

$$= \int_{0}^{\infty} \left( \left( I + \times I \right)^{-1} - \left( A + \times I \right)^{-1} dx \right) U^{T}.$$

$$= \int_{0}^{\infty} \left( I + \times I \right)^{-1} - \left( A + \times I \right)^{-1} dx$$

$$l_{q}(B) - l_{q}(A) = \int_{0}^{\infty} -(B + \times I)^{-1} + (A + \times I)^{T} dx \geq 0.$$

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$$l_{q}(B) - l_{q}(B) = 0.$$

$$l_{q}(B) - l_{q}(B) = 0.$$

$$l_{q}(B) - l$$

2). 
$$E(\lambda_{max}(\frac{1}{2}X_{i})) = \frac{1}{6}E \int_{Q} (e^{\lambda_{max}(e^{\frac{1}{2}}X_{i})})$$

Some  $\frac{1}{6}\log E e^{\lambda_{max}(e^{\frac{1}{2}}X_{i})} \int_{Q} Ser 6 > 0$ 
 $= \frac{1}{6}\log E \lambda_{max}(e^{\frac{1}{2}}X_{i})$ 
 $\leq \frac{1}{6}\log E \lambda_{max}(e^{\frac{1}{2}}X_{i})$ 

Lemm  $\leq \frac{1}{6}\log E \lambda_{max}(e^{\frac{1}{2}}X_{i})$ 

Then conclude by taking inf of  $G$ .

3a A= Zaigeiej deline P{X=mn. dijeiej } = In.n. We use Corollary 6.2.1 in Introduction to Matrix Conventation Inequalities (Ingpieds) which can be found in Morable Bucks / references. 1 2 L ly ( n+m) E[ || Xs -All2] < \ \frac{2mc(x) ly(n+m)}{6}  $M_2(x) = mux { ||E(x x*)||, ||E(x*x)||}$ where L > 11×11 L= MM max laijl , and Ellxx\* | = | [ (mn)aijeiei ] = | I mn aij eiei |

||E(x\*x)||=|| Zmraij ejej

32)
$$\frac{2^{m_{2}(R)} \int_{\mathbb{R}^{2}} \int_{\mathbb{R}^{2$$

Section 6.32 for more