

Cultural Safety, Midwifery Care and Health Outcomes of Black Mothers

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HEALTH OUTCOMES OF BLACK MOTHERS

Health Outcomes of Black Women in North America: Literature Review

Black pregnant women have the **worst mortality and morbidity rates** in Canada and North America. Racial discrimination plays a major role in the health outcomes of pregnant women of colour. The midwifery model of care could provide culturally safe health services to improve maternal and child health outcomes of Black women.



MIDWIFERY MODEL

Non-authoritarian, collaborative approach founded on evidence-based, informed choices and continuity of care.

Opportunity to develop a relationship based on trust and respect lays foundation for culturally safe care delivery.

NEXT STEPS

Midwifery Care model in Ontario has the potential to address these issues, but pressure to mainstream this model could negatively impact that potential.

More research is needed to determine how **discrimination affects health outcomes** of racialized groups and pregnant Black women.



ISSUE

CHALLENGE

SOLUTION

DISCRIMINATION

50% of health care providers do not recognize that racism influences the way they provide care. Denying physical, physiological and socio-economic peculiarities of specific population leads to a lack of knowledge about their medical impact on these populations.

ACCESS

When accessing equivalent health services, Black women receive inferior care:

- late diagnosis and late management
- Leads to over-representation of Black women in acute care.

CULTURAL SAFETY

Good understanding of one's own culture. Respect for difference. Awareness of power dynamic. Beneficiary defines safe cultural practices.
Health outcomes improve where cultural safety defines relationships between service providers and beneficiaries.

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