```
#include <fstream>
#include <iostream>
using namespace std;
int main () {
   char input[75];
   ofstream file;
   file.open("database.txt");
   cout <<"Writing to a text file:" << endl;</pre>
   cout << "Please Enter your name: ";</pre>
   cin.getline(input, 100);
   file << input << endl;</pre>
   cout << "Please Enter your age: ";</pre>
   cin >> input;
   cin.ignore();
   file << input << endl;
   file.close();
   ifstream is;
   string line;
   is.open("database.txt");
   cout << "Reading from a text file:" << endl;</pre>
   while (getline (is,line))
   cout << line << endl;</pre>
   is.close();
   return 0;
}
```